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DIGITAL EDITION

14-20 SEPT 2024

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LOVERS AT LAST...

Will Steve make his move?

NEW Nightsleeper

NEW All Creatures Great and Small

NEW The Wives

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What's on TV

whattowatch.com

The Killing Kind 9

TVweek 7

Look who's back 12

EastEnders 17

Soapweek 17

Soap diary 20

Real life 23

Filmweek 29

Football 33

Listings 34

Fun! 97

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DIGITAL ISSUE

HOT TV THIS WEEK!

Sat14 Sun15 Mon16 Tue17 Wed18 Thu19 Fri20

Race against time... Can Joe prevent disaster?

Nightsleeper NEW

Sun & Mon, 9pm, BBC1 Drama (box set, BBC iPlayer)

Joe Cole and Alexandra Roach lead the cast of this modern twist on the runaway-train genre as off-duty cop Joe Roag and cybersecurity expert Abby Aysgarth. The six-parter is set on a sleeper train from Glasgow to London. As the train comes under attack and hurtles towards what could be its final destination, the two strangers must work together to stop disaster, while dealing with the rapidly escalating events on board. Other cast members include David Threlfall, Ruth Madeley and Sharon Rooney.

P11

Tech wizard... Abby teams up with Joe

On the menu... Judges John (left) and Gregg

Celebrity MasterChef IT'S THE FINAL!

Tue & Thu, 8pm, & Fri, 9pm, BBC1 Cookery

It's the last week of competition and the remaining celebrities must first cook a dish inspired by a renowned chef, such as James Martin or Heston Blumenthal, before preparing lunch on a train. Thursday sees them work at the luxury Coworth Park hotel in Berkshire. Then, on Friday, the finalists must wow judges John Torode and Gregg Wallace with their ultimate dinner-party menu.

PHOTOS: BBC, ITV

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/whatsontvuk @whatsontvuk @whatsontvuk

HOT TV

LIVE!

Tradition... The Proms come to an end. Inset: Host Katie

Last Night of the Proms

Saturday, 7.05pm, BBC2, & 9pm, BBC1 Music

It's a night of pomp and celebration as award-winning American soprano Angel Blue and British pianist Sir Stephen Hough take to the stage for the flag-waving musical extravaganza at London's Royal Albert Hall. We'll also hear favourites *Land of Hope and Glory* and the always emotional *Auld Lang Syne*. Katie Derham hosts.

Rewind TV

NEW LAUNCH

From Wed 18 September (Freeview channel 95)

Rewind TV comes to Freeview this week, offering a big nostalgia trip as we can catch up with some big shows from yesteryear. These include classic 1970s drama *Jason King* starring Peter Wyngarde, and the revealing documentary *Britannia*, about the naval career of the then Prince Charles.

Service... Charles in the navy. Main image: Jason King

Keeeeeeep dancing..! Hosts Claudia (left) and Tess (centre) welcome back Amy Dowden

Happy family... Helen and James with baby Jimmy

NEW

All Creatures Great and Small

Holding the fort... Siegfried

Doing his bit... James (centre) is now flying for the RAF

Thursday, 9pm, Channel 5 Drama

World War Two brings fresh challenges in this fifth series, which starts in spring 1941. Yorkshire vet James (Nicholas Ralph) and wife Helen (Rachel Shenton) are adjusting to being new parents to son Jimmy, but this first episode sees James away from his loved ones, preparing to fly out on his first mission as a bomber pilot... Back in Darrowby, Helen is getting childcare help from housekeeper Mrs Hall (Anna Madeley), while Siegfried (Samuel West) and eager trainee Carmody (James Anthony-Rose) are struggling on with the busy local veterinary work.

P9

Grace

Sunday, 8pm, ITV1 Drama

When construction workers find skeletal remains under 25-year-old concrete at their site near Hove Lagoon, it looks like they've unearthed a dark secret that sets off an unnerving set of events. Detective Superintendent Roy Grace (John Simm) is convinced a prolific serial killer could be on the loose! Meanwhile, young woman Logan Somerville (Freya Parks) is kidnapped. Are the two cases linked?

Detectives... Roy Grace (left) and Glenn Branson (Richie Campbell)

PRINTED BY WALSTEAD UK LTD. REGISTERED AS A NEWSPAPER AT THE POST OFFICE

THIS WEEK!

What's on TV

Glitterball glory... (From left) Montell, Jamie, Toyah and Shayne

NEW

Strictly Come Dancing

Saturday, 7.20pm, BBC1 Entertainment

Strictly foxtrots into its milestone 20th year with 15 stars ready for a packed autumn of salsa, sequins and spray tans. Among those in contention are Toyah Willcox, *Gladiators* star Montell Douglas, AKA Fire, ex-Corrie star Shayne Ward and *EastEnders*' Jamie Borthwick, and this week sees them paired with their pro partners. Judges Craig Revel Horwood, Shirley Ballas, Motsi Mabuse and Anton Du Beke are back, too, while Tess Daly and Claudia Winkleman return as hosts. This launch show will feature a special pro group dance to celebrate the return of Amy Dowden after her break for cancer treatment. For the first time, this series will feature live signing for the deaf, available on BBC iPlayer and Red Button.

P13

Playing Cupid... Davina (fourth from right) oversees proceedings

My Mum, Your Dad

NEW

Monday-Friday, 9pm, ITV1 Factual

Davina McCall hosts again as the heart-warming dating show returns for weeknightly episodes. More grown-up kids nominate their single parents to head to a luxury country retreat in the hope of finding love later in life. But there are plenty of twists as the kids ultimately decide whether to give their blessing to any matches...

P23

Dead worried... (From left) Stars Tamzin, Jo and Angela

The Wives

Mon-Wed, 9pm, Channel 5 Drama

NEW

Tamzin Outhwaite, Jo Joyner and Angela Griffin star in this six-part drama series as three friends who always spent summers in Malta together along with their pal Annabelle (Christine Bottomley). But then Annabelle disappears, and when her husband turns up the following summer with a new woman who looks just like her, the trio wonder if there was more to events than meets the eye...

P8

Questions to answer... Ruth Wilson and Michael Sheen re-create the infamous interview

A Very Royal Scandal

NEW

From Thu 19 Sept, Prime Video Drama

Ruth Wilson and Michael Sheen star as Emily Maitlis and Prince Andrew in a drama based on the real-life 2019 *Newsnight* interview that saw Andrew quizzed over his friendship with sex offender Jeffrey Epstein. The three-parter follows the run-up to the interview, as well as the event itself and the ripple effects that would change their lives for ever. Joanna Scanlan and Claire Rushbrook co-star.

P14

What's on TV

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FUTURE

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Farewell...

What's on TV EXTRA

Brian Trueman 1932-2024

Best known for...
Brian was one of the writers of the hit ITV cartoon series *Danger Mouse* (above), which ran from 1981 to 1992. He also worked on the 2015 reboot.

Other achievements...
He presented the BBC1 children's show *Screen Test* from 1979 to 1983, and had previously hosted shows such as 1970s current-affairs series *Brass Tacks* and film-review series *Cinema*. Brian narrated the animated series *Jamie and the Magic Torch* and wrote for *Chorlton and the Wheelies*, *Count Duckula* and *The Wind in the Willows*.

Sad passing...
Brian died on 1 September, aged 92, after a short illness.

Where to watch Brian's shows...
You can watch the original *Danger Mouse* on ITVX Premium. The reboot series is available on BBC iPlayer.

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Recycle

TV week

8 pages of all the shows

Inspiring ideas... Nadiya cooks up some family favourites

NEW

Waste not, want not!

Heart of Britain

Nadiya Hussain on how to transform leftovers into delicious meals...

NADIYA'S COOK ONCE, EAT TWICE
Tuesday, 7.30pm, BBC2 Cookery

Q What's the inspiration for this series?
A The cost of food has gone up so much and we're more aware than ever of how much we're spending and how little we are getting for it. I come from an immigrant household where nothing is wasted and I want to show people that using leftovers is easy, cost-effective, good for the environment and fun.

Q The premise is you take one recipe and create two meals. How does that work?
A So, if I'm making a carrot soup, I'll make double the amount and turn the second batch into a curry. Doubling up and making meals you can put in the freezer saves time, energy and money.

Q Which recipes are your family's favourites?
A My kids love the cheesy-chowder corn pies. Other family favourites include Mongolian beef leftovers that I turn into beef sushi wraps with sticky rice, and also sloppy joes, for which I use mince with pickled egg and red onions.

Q What sweet treats can we look forward to?
A Lots! One of my favourites is banana doughnuts using leftover bananas and a really simple raspberry pudding. There's also a delicious trifle for which I do no cooking but use leftover cake, strawberries, custard out of a can and lemonade for a zingy jelly.

Treasuring trash... Banana and potato peel can be used

Super-savers... Banana bark (top) and carrot soup

Q Which are the most commonly thrown-away foods that we can make use of?
A Bags of soggy salad can be transformed into great pasta sauces and potato peelings are brilliant for thickening soup. Stale bread can be used to make a granola and banana peel can make great curries.

Q What else can we expect in the series?
A In each of the six episodes, there will be a special guest who will be showing some of the things we can do to make food go further. In the first episode, we have cookery author Elly Cushen, who's created a successful blog about it.

WORDS: NATASHA HOLT, TESS LAMACRAFT. PHOTOS: ALAMY, BBC, SHUTTERSTOCK

Investigating... What will (from left) Sylvie, Natasha and Beth discover?

NEW

Sun and secrets!

Tamzin Outhwaite, Angela Griffin and Jo Joyner team up for a Maltese mystery...

THE WIVES
Monday-Wednesday, 9pm, Channel 5 Drama

The lives of three sisters-in-law unravel as they return to their sunny bolthole in Malta, where a fourth mysteriously disappeared a year earlier, in Channel 5's six-part thriller *The Wives*.

Every summer for the past 15 years, four sisters-in-law – the Morgans – and their families have holidayed at their lavish apartments in Malta. Sylvie (Tamzin Outhwaite) was happily married, Natasha (Angela Griffin) was rich, while Beth (Jo Joyner) and Annabelle (Christine Bottomley) were thick as thieves.

This year, however, everything's different. Sylvie's single, Natasha's cash-strapped, Beth's at a crossroads and Annabelle's missing, presumed dead!

Cocktail hour... (From left) Sylvie, Natasha and Beth enjoy a drink

Big changes

'As Beth hits middle age, and her sons are heading off into the world, she's struggling with what her place is,' says Jo. 'She's really missing Annabelle; it's becoming her obsession. Something doesn't feel right.'

So, when Annabelle's husband Charlie (Jamie Bamber) arrives with his new girlfriend, Jade (Katie Clarkson-Hill), who looks just like Annabelle, a suspicious Beth wants Natasha and Sylvie's help to investigate...

'Beth's initially on her own in the belief there's more to Annabelle's disappearance,' says Jo. 'But then Natasha and Sylvie pick up the baton and run with it.'

New girl... Charlie arrives with Jade

Tense times

With corrupt officials and drug cartels on their tails, though, will the wives wish they'd stuck to sun and sipping cocktails?

While the storyline may be tense, the filming experience was far from harrowing...

'Malta has a special place in my heart; I love the people and culture,' says Jo. 'Any scenes with us drinking wine were my favourite. I seem to be all right at drunk acting – I've no idea how!'

Coming soon...

What's on TV EXTRA

What you'll be watching in the weeks ahead

★ ***Paddy and Chris: Road Trippin'*** is a BBC1 series following pals Paddy McGuinness and Chris Harris. The former *Top Gear* presenters are heading to Sweden, Greece and Switzerland, where they'll look at some of the ways our European neighbours have decided to grow old gracefully.

★ ***Apples Never Fall*** **is a US drama arriving on BBC1. Sam Neill and Annette Bening play Stan and Joy, successful tennis coaches on the brink of retirement. But then they help a wounded young woman and Joy suddenly disappears...**

★ ***The Last of the Sea Women*** is an Apple TV+ documentary about the haenyeo divers of South Korea's Jeju Island. These women, aged in their 60s, 70s and 80s, dive to the ocean floor without oxygen to harvest seafood.

★ ***The Hardacres*** **is a Channel 5 period drama set in the late 1800s. Liam McMahon plays fish gutter Sam Hardacre. After an accident, he and his family fall on hard times, then end up moving to a vast country estate in Yorkshire...**

★ ***Four Kings*** is a four-part docuseries on Prime Video about four British boxers who ruled the ring in the 1980s and 90s. Frank Bruno (left), Chris Eubank, Nigel Benn and Lennox Lewis tell their stories of the highs and lows of the sport.

★ **Classic game show *You Bet!* is returning to ITV1 in a reboot where members of the public attempt to pull off the most outrageous challenges for a chance to win £10,000. Holly Willoughby and Stephen Mulhern will host.**

WORDS: NICK CANNON, NATASHA HOLT, VICTORIA WILSON. PHOTOS: APPLE TV+, BBC, CHANNEL 5, GETTY, SHUTTERSTOCK

Domestic life... Helen (left) and Mrs Hall

Busy workload... Head vet Siegfried

Torn... James feels the pull of Darrowby

NEW

Duty calls!

New dad James is missing home as he serves with the RAF...

ALL CREATURES GREAT AND SMALL
Thursday, 9pm, Channel 5 Drama

World War Two continues to cast a shadow over the lives of Skeldale House's residents in the return of *All Creatures Great and Small*.

As the action picks up in spring 1941, caring vet James Herriot, who's now a dad to baby Jimmy, is serving at RAF Abingdon and about to embark on his first mission as a bomber pilot. But while he tries to reassure his crew mates – particularly anxious Banerjee (Samir Mahat) – he's rocked by an unsettling turn of events.

Responsibility

'James is missing so much time with Jimmy, but he's done full bomber training and feels pressure and responsibility to look after the younger recruits,' explains Nicholas Ralph, who plays him. 'The odds are not in your favour on the bombers, though, and it's a tricky time.'

Back home in Darrowby, James' absence is felt as his wife Helen (Rachel Shenton) is busy raising little Jimmy with help from supportive housekeeper Mrs Hall (Anna Madeley). Meanwhile, gruff head vet Siegfried Farnon (Samuel West) and trainee Richard Carmody (James Anthony-Rose) are struggling to negotiate their busy caseload without James and Siegfried's brother Tristan (Callum Woodhouse), who's also away having joined the Royal Army Veterinary Corps.

Learning the ropes... Trainee Richard Carmody

Memories

However, near the RAF base, James is soon given a reminder of his old veterinary life when he has to help a cow give birth on a farm...

'A lot of memories rush back for him,' reveals Nicholas. 'This is what he does best and it hits home.'

Warning signs... John and Ingrid

NEW

Stalker hell?

THE KILLING KIND
Sat, 11.10pm, ITV1 Drama (box set from Thu 12 Sept, ITVX)

Colin Morgan and Emma Appleton headline the cast in a twisty thriller...

Could you trust the word of someone who was once your stalker? That's the dilemma facing a young lawyer in ITV1's new six-part thriller *The Killing Kind*.

Defence barrister Ingrid Lewis, played by Emma Appleton, is slowly getting her life back on track in the wake of an intense relationship with former client-turned-stalker John Webster (*Merlin*'s Colin Morgan), who is a charismatic businessman. When John gets back in touch to warn Ingrid that her life is in danger, her instinct is to ignore him. But then tragedy strikes, and she's unsure whether John is hero or villain...

'When Ingrid tried to leave the relationship, he made her life very hard work,' explains Emma. 'He turns up again after a big event happens and it's a roller coaster!'

● ***Previously shown on Paramount+ in 2023***

You liked...

What's on TV EXTRA

If you enjoyed...

David Tennant (right) as Victorian explorer Phileas Fogg in the series based on the 1872 novel by Jules Verne. The story followed Phileas as he bet that he could circumnavigate the globe in just 80 days, and starred Ibrahim Koma as his valet Passepartout and Leonie Benesch as journalist Abigail.

AROUND THE WORLD IN 80 DAYS
on BBC1 (currently on BBC iPlayer)

Now try...

You'll want to check out...

This 10-part drama, available from Friday 25 October, inspired by Jules Verne's 1869 novel *Twenty Thousand Leagues under the Sea*. Indian prince Captain Nemo (Shazad Latif, right) is robbed of his birthright, steals a submarine and escapes into the Indian Ocean. The cast also includes Richard E. Grant and Georgia Flood.

NAUTILUS
on Prime Video

WORDS: CAREN CLARK, HANNAH DAVIES, IAN MACEWAN. PHOTOS: BBC, CHANNEL 5, ©2024 DISNEY & ITS RELATED ENTITIES, ITV, PRIME VIDEO

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On the line... Can Joe and Abby save the passengers?

NEW

Runaway train!

Joe Cole and Alexandra Roach play two strangers who must foil a terrorist plot...

NIGHTSLEEPER
Sun & Mon, 9pm, BBC1 Drama (box set, BBC iPlayer)

Get ready for the most nerve-jangling train journey of your life in this BBC1 thriller about a sleeper service that's hijacked by cyberterrorists!

Set in real time, the opening episode of this six-parter begins when off-duty cop Joe Roag (*Peaky Blinders* star Joe Cole) takes his seat on an overnight train from Glasgow to London.

However, the service is hijacked – or 'hack-jacked' – by a dangerous group who hold all aboard hostage as they hurtle across the country.

To the rescue..? David Threlfall as cyber expert Paul

'I can't recall any TV show quite like it,' says Joe. 'It's a bit like that Keanu Reeves movie *Speed*, because they're on this runaway train and they're not in control!'

Terrorism

Meanwhile, at the National Cyber Security Centre in London, acting technical director Abby Aysgarth (*No Offence*'s Alexandra Roach) receives a chilling message from a mysterious figure, 'The Driver', threatening to crash the train if their demands aren't met, throwing Abby and Joe together in a desperate race to save the lives of everyone on board.

'Joe and Abby can only talk on the phone,' explains Joe. 'We had a big scene at the start where Alex was on a loudspeaker, which gave us both a sense of each other's tone and pace.'

Gripping... Joe has to leap into action

With a supporting cast including David Threlfall, Ruth Madeley and Sharon Rooney, much of the series was filmed in a group of old train carriages in a Glasgow studio.

'The carriages had these incredible LED screens next to them,' says Joe. 'They'd recorded the exact journey and some people were getting travel sick during the shoot because it looked so real!'

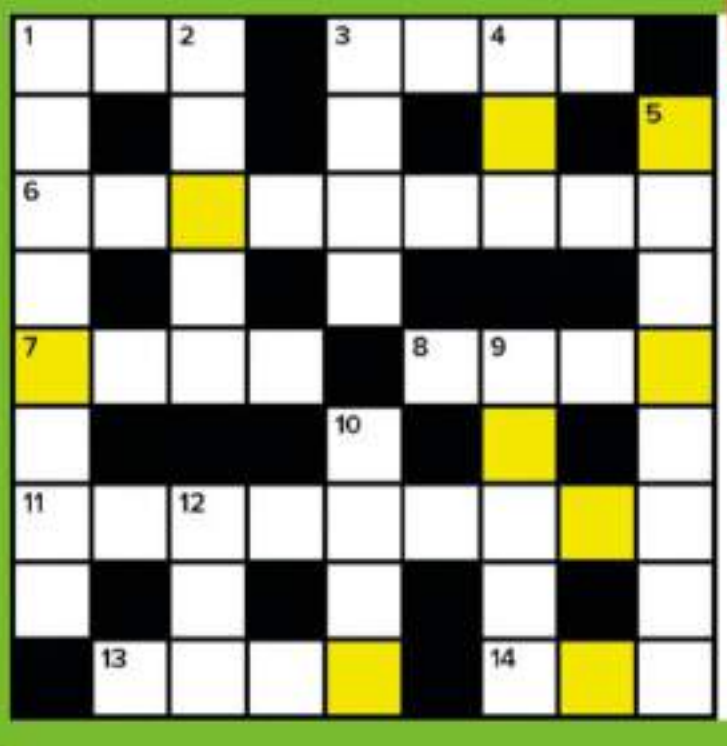
WORDS: SEAN MARLAND. PHOTOS: BBC

What's on TV EXTRA

Mini crossword

WIN £100!

Solve the clues and rearrange the letters in the shaded squares to spell out the name of a US actor (3,6). Turn to page 97 to enter. The winner gets £100. Usual rules apply (see page 97).



ACROSS
1 Glam-rock band who released the hit 1974 single *Tiger Feet* (3)
3 1994 Disney film, *The Lion* ---- (4)
6 Jack ---------, star of *Coupling* and *The Morning Show* (9)
7 Tony Stark's alter ego, ---- Man (4)
8 US sitcom with Danny DeVito that ran from 1978 until 1983 (4)
11 Animated movie from 2006 about a dancing penguin (5,4)
13 1972 album by the Rolling Stones, *Exile on* ---- *St.* (4)
14 *Tarzan* actor, Ron --- (3)

DOWN
1 Dustin Hoffman drama movie from 1969, -------- *Cowboy* (8)
2 Bobby -----, actor and comedian (5)
3 ---- Brockman, news anchor who appears in *The Simpsons* (4)
4 Keanu Reeves' role in the 1999 film *The Matrix* (3)
5 Reality contest on BBC1 since 2004, -------- *Come Dancing* (8)
9 Sang the theme for 2012's *Skyfall* (5)
10 Actor from 1970 movie *Bob & Carol & Ted & Alice*, ---- Cannon (4)
12 American actor, --- Zadora (3)

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Unrecognisable... Colin Farrell as Penguin

NEW

In cold blood!

Colin Farrell stars as Batman's nemesis Penguin, who vows to take over Gotham City...

THE PENGUIN

Friday, 9pm, Sky Atlantic Drama

Following his standout portrayal of supervillain Penguin in 2022 film *The Batman*, Colin Farrell gets under the skin of the Dark Knight's arch-enemy once more in gripping drama *The Penguin* on Sky Atlantic.

The eight-part series finds Gotham City in turmoil after the death of crime lord Carmine Falcone. What follows is the transformation of Oz Cobb – AKA the Penguin – from disfigured nobody to notorious gangster...

'This series looks under the hood of the character,' reveals Colin of the Penguin, a role also made famous by actors Burgess Meredith and Danny DeVito in previous interpretations of Batman. 'It's the story of one man grabbing the power he's dreamt of.'

Making her own play for control of the city, however, is Carmine's daughter Sofia (Cristin Milioti), who's been released from Arkham Asylum. But Oz won't let anyone take over Gotham without a fight...

Rival... Sofia Falcone

'Expect tons of violence and darkness; it's a really twisted eight hours of TV,' says Colin, who spent hours having a prosthetic face, scars, gold teeth, bald wig and bodysuit applied to create the Penguin's extraordinary look.

'It was one of the most exciting experiences I've had making pictures in all my years. I loved it – but I was ready not to sit in the make-up chair any more when filming wrapped!'

Previous Penguins... Danny DeVito (left) and Burgess Meredith

WORDS: HANNAH DAVIES, NATASHA HOLT, VICTORIA WILSON. PHOTOS: ALAMY, BBC, SKY, HBO, GETTY, NBC

Look who's back...

What's on TV EXTRA

Spot some familiar faces appearing in new roles this week

ANDY DAY

***CBeebies Proms*, Saturday, 9.40am, CBeebies**

FACT FILE

THEN

NOW

CBeebies fave Andy is the longest-serving CBeebies presenter, having joined in 2007.

Adventures His shows include *Andy's Wild Adventures* (pictured) as well as *CBeebies House*.

Panto time He also appears in the CBeebies Christmas show and has taken part in the CBeebies Live! arena tours since 2012.

Andy features in this celebration of music at London's Royal Albert Hall, which took place in July and involves an unusual choir with Duggee, Bluey, the Octonauts, Dodge T Dog, plus *Strictly* star Rhys Stephenson and plenty more of the CBeebies gang. Joining them on stage will be the Sinfonia Smith Square, the CBeebies East London Schools' Choir and the BBC Singers to perform a medley of CBeebies theme tunes, as well as *Lovely Day* by Bill Withers and *Winter* from *The Four Seasons* by Antonio Vivaldi.

JENNIFER EHLE

***Law & Order: Organized Crime*, Fri, 10pm, Sky Witness**

FACT FILE

THEN

NOW

Award-winner Jennifer won a BAFTA as Elizabeth Bennet (right) in *Pride and Prejudice* (1995) opposite Colin Firth as Mr Darcy.

Made for movies She's appeared in hit movies such as *The King's Speech* (2011) and *Zero Dark Thirty* (2013).

Big thriller In 2023, she starred in Prime Video's psychological thriller *Dead Ringers*.

Jennifer joins the fifth episode of the latest run of *Law & Order: Organized Crime* as Meredith Bonner, police chief of the town of Westbrook. Against her better judgement, she's forced to team up with detective Elliot Stabler (Christopher Meloni) and the organised-crime team when it appears a serial killer is on the loose after one of Elliot's old informants goes missing. Meanwhile, Jet, Bobby and Samir are all questioned by the Internal Affairs Bureau investigation into Elliot's recent conduct.

CHRIS RAMSEY

***Chris Ramsey: Live from London*, Wednesday, 9pm, Sky Comedy & Sky Showcase**

FACT FILE

THEN

NOW

On the dance floor Comedian Chris was a contestant on *Strictly* (right) in 2019, partnering pro Karen Hauer.

Just Juice He was a regular on ITV2's madcap comedy panel show *Celebrity Juice*.

Double act Chris and wife Rosie hosted the BBC's *The Chris & Rosie Ramsey Show* (2021-23).

It's back to his comedy roots for Chris for this new stand-up special, *Live from London*, which was filmed in the capital's Royal Court Theatre. The show sees the comedian give us an insight into his life with wife Rosie and discusses his disastrous attempts to be a good parent to their sons. He also talks about his time on *Strictly Come Dancing*, in which he and Karen Hauer came fourth, and how it led to his total humiliation both at home and behind the scenes on the show.

STRICTLY COME DANCING
Saturday, 7.20pm, BBC1 Entertainment

Let the joy and sparkle of Saturday nights begin, as 15 new stars begin their *Strictly* journeys!

The 20th-anniversary launch show pairs the celebs with their pro partners, and sees Amy Dowden return to the ballroom following her breast-cancer diagnosis to perform a stunning quickstep alongside her fellow pros.

On point... Craig Revel Horwood and Shirley Ballas

There's also a routine from 2023 winners Ellie Leach and Vito Coppola and a fast-paced group dance, while Tess Daly and Claudia Winkleman add their usual twinkly humour as hosts.

With the show live-signed for the first time via BBC iPlayer and the Red Button, our weekends are looking fab-u-lous once again. So meet the famous faces getting ready to rumba...

NEW Let's dance!

It's time to shine for the *Strictly* stars of 2024...

JB Gill
37, JLS star and presenter

'I'm saying "yes" to everything. Coral shirts, yellow shirts, sequins... bring it on!'

Paul Merson
56, ex-England footballer

'I'm so far out of my comfort zone, even with some of the costumes!'

Sam Quek
35, Team GB hockey player

'I'm not used to all the make-up and sequins. But I'm ready for the adventure!'

Jamie Borthwick
30, *EastEnders* favourite

'I had a ball doing the Christmas special. The one thing I'm not doing is fake tan!'

Sarah Hadland
53, *Miranda* star

'Every day is a pinch-me moment. Even going to the top of the *Strictly* staircase is so exciting!'

Montell Douglas
38, *Gladiators'* Fire

'The only thing I'm nervous about is wobbling about in heels!'

Chris McCausland
47, comedian and *Strictly*'s first blind celeb

'I still don't know how I'll dance on live TV. I'm figuring it out!'

Toyah Willcox
66, singer and actor

'It's all so exhilarating. I'm hoping my musical background helps with my dancing!'

Nick Knowles
61, *DIY SOS* host

'Anybody aged 60 who thinks "I couldn't do that" will watch me and find out they're right!'

Pete Wicks
35, reality star

'My dance skills are zero, so we'll see what happens. Who knows, it could be amazing!'

Tom Dean
24, Olympic swimmer

'Forget gold medals, the Glitterball trophy would be the centre of my mantelpiece!'

Punam Krishan
41, TV doctor

'My normal working life consists of wearing scrubs, so to go full glam has been unreal!'

Wynne Evans
52, opera singer

'The training is full on! I'm wearing this entire body shapewear and I'm sweating like a dog!'

Tasha Ghouri
26, *Love Island* star

'I've been watching the show since I was little – it's a family favourite!'

Shayne Ward
39, ex-Corrie star

'I'm looking forward to the tango. I have it in my head that I'll be like Antonio Banderas!'

WORDS: HANNAH DAVIES. PHOTOS: BBC

NEW

A right royal disaster

Michael Sheen and Ruth Wilson on portraying Prince Andrew's disastrous TV interview with Emily Maitlis...

Talking point... The real Andrew and Emily in 2019

prime video A Very Royal Scandal

Available: **Thursday 19 September** Genre: **Drama** Season: **1** Eps: **3**

When *Newsnight* presenter Emily Maitlis interviewed Prince Andrew at Buckingham Palace for BBC2's late-night news show in 2019, it sent shock waves around the world.

Their infamous conversation saw the journalist questioning the Duke of York about his friendship with American sex offender Jeffrey Epstein, and allegations from American woman Virginia Giuffre, who claimed she'd been coerced into a sexual relationship with the royal when she was 17.

Restaging the interview... Stars Ruth and Michael

This three-part drama shows the events leading up to the sensational news show, the interview itself and its aftermath.

Michael Sheen and Ruth Wilson step into the roles of Prince Andrew and Emily Maitlis, while Claire Rushbrook plays the prince's former wife Sarah Ferguson and Joanna Scanlan is his private secretary Amanda Thirsk. The drama begins with Emily and her *Newsnight* team trying to secure an interview. Eventually, the prince agrees to talk to her...

'Andrew wants to put an end to the difficulties that he finds himself in – the scandal, the controversy,' says Michael. 'He thinks that putting his side of the story out there will put an end to all this and then they can move on.'

Although Andrew leaves the interview in a chipper mood, thinking it went well, he later finds that it's only made things worse for himself, while praise is heaped on Emily for a job well done.

'I was utterly gobsmacked when I saw the interview,' says Ruth. 'I thought it was one of the best pieces of drama I had ever seen on TV. My first thought was, "How can we better that?" But our story is fascinating as it goes behind the scenes of these two public figures. We see Emily how she is at home, how these journalists got this interview, and why Prince Andrew decided to do it. It's funny and moving.'

Paramount+ Frasier NEW

Available: **Fri 20 September**
Genre: **Comedy** Season: **2** Eps: **10 (first two eps from 20 Sept, then weekly)**

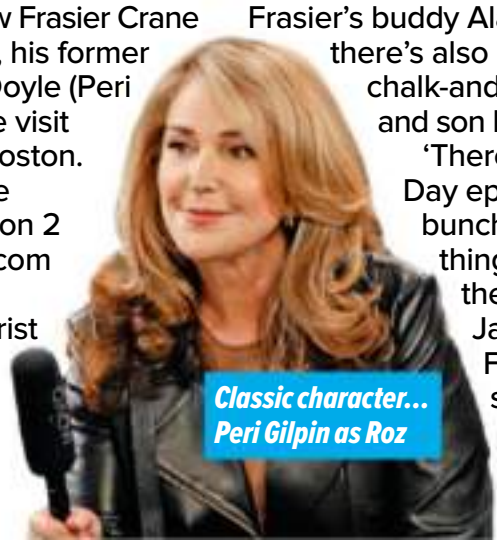
The last time we saw Frasier Crane (Kelsey Grammer), his former radio producer Roz Doyle (Peri Gilpin) paid a surprise visit to his new home in Boston.

And there are more familiar faces in Season 2 of the relaunched sitcom as a trip to Seattle reunites the psychiatrist with his former colleagues from the radio station, Bulldog (Dan Butler) and Gil (Edward Hibbert)!

'We got to hang out at the radio station,' says Jack Cutmore-Scott, who plays Frasier's son, Freddy. 'That was a surreal episode for me!'

Nicholas Lyndhurst is back as Frasier's buddy Alan Cornwall, while there's also plenty in store for chalk-and-cheese father and son Frasier and Freddy.

'There's a Valentine's Day episode, and a bunch of romantic things throughout the season,' teases Jack. 'Meanwhile, Frasier and his son Freddy still butt heads!'


Classic character... Peri Gilpin as Roz

Like father, like son..? Frasier and Freddy continue to clash

NETFLIX | BBC iPLAYER | prime video | Disney+ | Paramount+

The best of Netflix, Disney+, Prime Video and more...

Killer sons... The actors portraying the tragic Menendez family

NEW

NETFLIX

Monsters: The Lyle and Erik Menendez Story

Available: **Thursday 19 September**
Genre: **Drama** Season: **2**

On 20 August 1989, brothers Lyle and Erik Menendez killed their parents, José and Mary Louise, AKA 'Kitty', and were later sentenced to life behind bars.

The prosecution argued that the brothers were seeking to inherit their family's fortune but, even as they now serve their sentences without any possibility of parole, the pair are adamant they committed the murders to escape a lifetime of physical, emotional and sexual abuse.

Now, the story has been turned into a true-crime drama series, part of the Ryan Murphy/Ian Brennan *Monster* anthology, which previously focused on serial killer Jeffrey Dahmer. Nicholas Alexander Chavez and Cooper Koch play Lyle and Erik, while Javier Bardem and Chloë Sevigny are portraying their murdered parents. It also poses the question, 'Who are the real monsters in this case?'

Disney+

Agatha All Along

NEW

Available: **Thu 19 Sept** Genre: **Fantasy drama** Season: **1** Eps: **9 (first two eps from 19 Sept, then weekly)**

Fan favourite Agatha Harkness, the mischievous witch from 2021 Marvel series *WandaVision*, takes centre stage in spin-off show *Agatha All Along*.

After being stripped of her powers and trapped in Westview, New Jersey, Agatha is finally freed by a mysterious goth called Teen, played by *Heartstopper*'s Joe Locke, who wants her to take him on the Witches' Road – a series of magical trials where anyone who can complete them is rewarded with what they are missing. Determined to get her witchy abilities back, Agatha assembles a coven of misfits to help them on their way.

'Agatha delights in being a villain,' says head writer and executive producer Jac Schaeffer. 'She's the most hated witch on the planet, and now she must convince a group of other witches to join her cause...'

Magical mayhem... Agatha's back!

Secrets... Joe Locke as Teen

NEW TO WATCH

What's on TV EXTRA

Paramount+

Tulsa King

Available: **Sunday 15 September**
Genre: **Drama** Season: **2**
Eps: **10 (released weekly)**

Sylvester Stallone (right) is back as gangster Dwight 'The General' Manfredi. The story picks up after Dwight's arrest at the end of Season 1. He now faces a formidable new foe, mobster Bill Bevilaqua (Frank Grillo).

prime video

Champions League

Available: **Tuesday 17 September**
Genre: **Live sport (k-o 8pm)**

The Champions League is now one big league with 36 teams. AC Milan play Liverpool on Tuesday, while Aston Villa, Manchester City, Arsenal and Celtic also have matches this week on TNT Sports. Highlights are on BBC1 on Wednesday at 10.40pm.

Paramount+

Nöthin' But a Good Time: The Uncensored Story of '80s Hair Metal

Available: **Wed 18 September**
Genre: **Factual** Season: **1** Eps: **3**

Take a look at the wildest metal bands of the 1980s. This three-parter features interviews with Poison's Bret Michaels (right) and others.

NETFLIX

The Queen of Villains

Available: **Thu 19 September**
Genre: **Drama** Season: **1** Eps: **5**

In this Japanese-language drama, follow the dramatised life of Dump Matsumoto, an iconic pro-wrestling 'baddie' from the 1980s. Played by comedian Yuriyan Retriever (right), Dump caused havoc in and out of the ring!

NETFLIX

His Three Daughters

Available: **Friday 20 September**
Episodes: **One-off drama**

Natasha Lyonne, Elizabeth Olsen and Carrie Coon (all pictured) play three sisters – gambling addict Rachel, free-spirited Christina and mum Katie – who have been at war with each other but come together for the sake of their dying father.

WORDS: NICK CANNON, MICHAEL DARLING, TESS LAMACRAFT, IAN MACEWAN, STEVEN PERKINS.
PHOTOS: ©2024 DISNEY & ITS RELATED ENTITIES, GETTY, MARK HARRISON/CAMERA PRESS, NETFLIX, PARAMOUNT+, PRIME VIDEO, ©MARVEL

Cat Guardians

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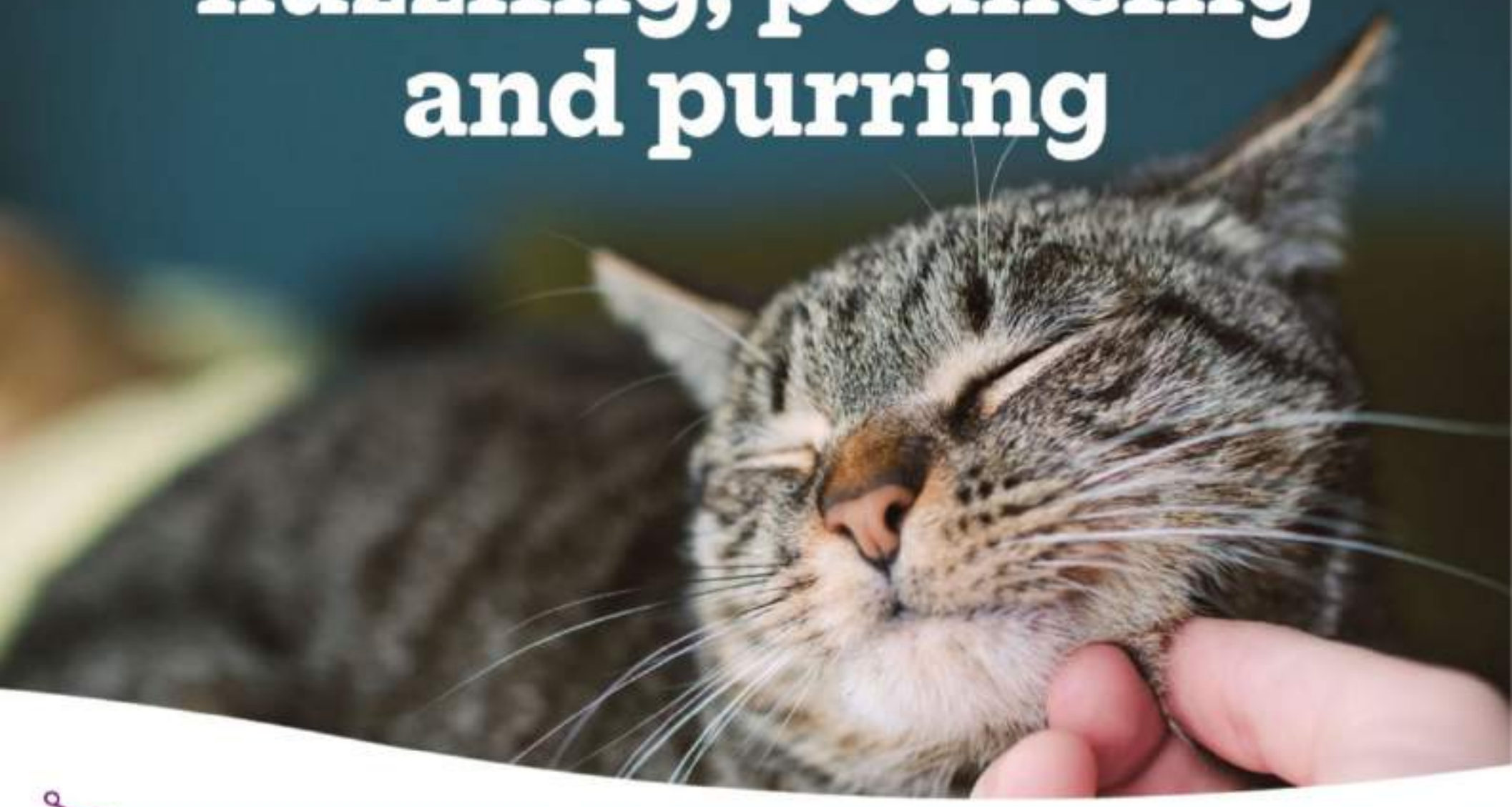

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What's on TV SOAPWEEK

What a week for...

Nish scorned
EASTENDERS
He shocks everyone with his kindness at Vinny's birthday. But anger soon sets in...
p20

Steve moves on?
CORONATION STREET
As Tracy returns to Spain, she urges her ex to ask out Cassie! Will he?
p18

Kim kidnapped
EMMERDALE
Will faces hell when his blackmailer reveals they've abducted his wife!
p19

Tony's tour
HOLLYOAKS
Life is one year on in *Hollyoaks* as he tours the village – who's survived?
p20

Al examines
DOCTORS
The doctor's podcast highlights a situation that saw a new mum misjudged.
p21

Irene flips!
HOME AND AWAY
When she's confronted over her drinking, she tries to silence her pals, with disastrous results!
p21

Haz's wedding
NEIGHBOURS
It's the big day for him and Mackenzie but will his parents attend the wedding?
p21

Connection... Freddie is there for scared Anna

Theory... Peter tells Bobby (right) that Anna might be pregnant

Sisters.. Gina urges pregnant Anna (left) to research her options

Anna's heartbreak

Her life changes course as Freddie supports her through a termination...

Tuesday **MUST-SEE EPISODE!**

Although the chemistry is bubbling over for Anna and Freddie, Bobby hasn't noticed the sparks flying between his girlfriend and best friend. He's also unaware that Anna's nauseous and having dizzy spells because she's pregnant with his child!

The baby bombshell couldn't have hit at a worse time, what with Freddie and Anna fighting their feelings for each other.

This week, after she tries to convince herself that she's happy to be pregnant, Anna realises she's kidding herself.

Betrayal

Taking Gina's advice, she looks into her options. But to her horror, Freddie ends up clocking the online research she's done into terminations.

Begging him to keep quiet, Anna dodges Bobby and sneaks off to the clinic. But back in the Square, Peter tells his brother that Lauren reckons Anna is pregnant.

With that, Bobby, who's been so caught up with work at Beale's Eels, reels in shock and acknowledgement.

At the clinic, Anna goes ahead with her decision and is moved when she enters the waiting room to find Freddie sat there. Escorting her back to The Vic, Freddie's all she needs and as they melt into a kiss, absorbing the heartache of it all, in walks horrified Bobby...

'Obviously, Freddie and Anna had a fling before, but I don't think Bobby is suspicious that it might happen again. He's very trusting and wants the three of them to spend lots of time together in this little friendship group. Maybe because of that, he hasn't seen what's going on and he doesn't believe that Freddie would do something like that again,' says Clay Milner Russell, who plays the betrayed Beale.

Furious, Bobby lunges at Freddie, accusing him of getting Anna pregnant. As sides are taken, how will the painful, messy saga end?

whattowatch.com/eastenders
bbc.co.uk/eastenders

Reiss cornered

Dodgy deals... Reiss (left) and Teddy

While Reiss is guilt-ridden for letting Sonia take the fall for killing Debbie, he's unwilling to confess.

Financially indebted to Teddy, he's forced to cook his books. Later, when Teddy offers to help prove Sonia's innocence, and a journalist writes a piece casting doubt on her guilt, Reiss' conscience is eased. But not for long...

WORDS: SARAH WATERFALL. PHOTOS: AMAZON FREEVEE, BBC, ITV, CHANNEL 5, LIME PICTURES

False start... Cassie turned down Steve when he asked her out at a speed-dating night

Monday MUST-SEE EPISODE!

Lovers at last?

Goodbyes... Amy (left), Cassie (third from left) and Ken wave off Tracy as she returns to Tommy in Spain

Will flirty Cassie and Steve finally give in to their chemistry?

Despite everything, Steve and Tracy have managed to remain friends since their marriage break-up.

When Tracy left Steve for his footballer hero Tommy Orpington and moved to Spain with the soccer ace, he was broken.

After licking his wounds, the seven-times married cabby's return to the dating scene brought Demi into his life. But when Cassie started working for the Barlows as Ken's unlikely carer, that romance faded into the background as the sparky banter began to fly at No.1.

'They are like young kids in the playground when the boy you fancy comes up and annoys you and runs away – it's as basic as that,' explains Claire Sweeney, who plays Cassie. 'It's classic romcom stuff and it will be interesting to see that develop.'

Cassie didn't take it too well when territorial Tracy returned to Weatherfield last month claiming she was home to see her dad Ken and daughter Amy – and the bad feeling was mutual. While the women took turns in tearing each other to shreds, doubting each other's motives at No.1, Steve got to the truth of his ex's reappearance and listened as she admitted she was lonely in her villa in Spain as Tommy is always out at work.

Now, having listened to Amy, Tracy's giving Tommy another chance.

Taking a chance..? Steve

Encouragement

Having begrudgingly accepted that Cassie's good news, Tracy does the decent thing as she bids her family farewell and urges Steve to go for it, adding that Cassie clearly fancies him.

Will Steve take the plunge and put his heart on the line for love?

whattowatch.com/coronation-street
itv.com/coronationstreet

WORDS: SARAH WATERFALL. PHOTOS: ITV

CCTV... Dee-Dee (left) and DS Swain hunt for clues

Joel caught?

Dee-Dee and DS Swain make headway in the case...

So far, Joel Deering's got away with abusing teen Lauren Bolton.

The bent solicitor may have lost his former fiancée Dee-Dee – who knows he's guilty – but he's not about to give up his freedom without a bitter fight.

Confession

Although the case is officially closed, DS Lisa Swain is still secretly working on it with lawyer Dee-Dee.

This week, as they try to talk to sex worker Ellie, they're sickened when Joel informs Carla that he's taking her to court for slander.

As the twosome work out their next move, it's Lauren who could end up with a lead when she receives an unexpected visitor...

With momentum building, Lisa and Dee-Dee discover the Bistro van has a dashcam. Will its footage prove Joel bought the abortion-inducing drugs Lauren was fed?

Meanwhile, as they inch closer to the truth, Betsy tells Sabrina she's done something 'really bad'. And when Lauren's baby has a seizure, Betsy unburdens herself to Carla and her copper mum Lisa... What's she done? Was Joel involved?

Are the women about to get the abuser charged once and for all?

Deal... Will (left) turns to Caleb for a loan

Thursday MUST-SEE EPISODE!

Missing... Who's nabbed Kim?

Kim KIDNAPPED!

As Will tries to pay off his blackmailer, his wife vanishes from Home Farm...

Guilt-ridden Will Taylor has been tying himself up in knots to make sure Kim doesn't find out he slept with Rose. But someone knows his sordid secret and is using it to claw money from him. And to prove they really mean business, they've taken his wife's beloved horse Ice!

Last week, desperate Will missed a vital meet-up when he was called to help with the inferno at Butlers – and now his angry blackmailer wants more cash...

Wanting the nightmare to be over, desperate Will tells Caleb that he can have all of his shares in the haulage business in exchange for a loan of £40K.

'In his head, he thinks if somebody asks for X amount of pounds, you find X amount of pounds and then the problem will go away. Whether that, in reality, is the case, somebody with a little more intellect might think that the blackmailer will just keep coming back for more,' says Dean Andrews, who plays cheating Will.

Ransom

With the deal with Caleb done, Will contacts his tormentor before filling in Jimmy. His partner is furious but Will hasn't got time for an earbashing.

Back at Home Farm, where Kim's promised him lunch, Will finds the food burnt and no sign of his wife. But a chilling phone call explains everything – Kim's been taken!

Having been given strict instructions, Will drives over to the woods to retrieve his wife. However, all he finds is a mannequin dressed as Kim lain on the woodland floor...

Spooked... Will comes across a dummy dressed as Kim

'He's getting notes and directions from a voice in the woods,' explains Dean. 'Will can't fathom out where the voice is coming from. He starts to get really panicky.'

Who's taken Kim? And will worried Will execute the exchange and get her back?

whattowatch.com/emmerdale
itv.com/emmerdale

Leverage... Will Jai (left) reconnect with Arthur by covering for him?

Jai's next move

Will he betray Arthur or win the teenager round?

When Arthur returned to Mulberry Cottage following his trip to Australia to visit his grandfather Doug, he was horrified to learn about what had been happening at home.

Not only had his mum's marriage broken down but Jai, the man who he viewed as a father figure, was now persecuting Laurel and threatening to oust them from their family home.

Arthur was sickened by Jai's savage behaviour and has been standing up to his shocked stepdad, making it clear that he's not going to let him hurt his mother.

Cold shoulder

As Jai continues his mission to win round the feisty teenager, the Sharma's given some words of encouragement from Charles, who says he would do anything to spend time with his dead son Ethan.

However, Arthur's not interested, and blanking Jai, he instead invites a date, Lewis, round to the house. When Jai later spots the 17-year-old trying to get rid of some empty beer cans, will he report his lager-filled hook-up to Laurel or keep shtum?

WORDS: SARAH WATERFALL. PHOTOS: ITV

UNIQUE 2-PAGE PLANNER

What's on TV

SOAP DIARY

Your

EastEnders

whattowatch.com/eastenders

TUESDAY Supportive... Freddie is there for Anna when she has a termination

Mon 16 Sept

★ **Anna** admits to **Gina** that she's not ready to have a baby. Avoiding telling **Bobby**, she contacts an abortion clinic...

★ **Avani** hooks up with the older lad she's been messaging but **Barney** exposes her age. **Teddy** tells **Reiss** to 'work' on his books.

MUST-SEE...

Tue 17 Sept

★ **Freddie** supports **Anna** as she attends an abortion clinic. But things explode when **Bobby** later catches them kissing...

★ **Suki** and **Eve** plan a birthday bash for **Vinny** at The Albert. But when **Nish** finds out that he's not invited, he plots his revenge...

Wed 18 Sept

★ **Nish** turns up at **Vinny**'s do with a heartfelt gift. But **Suki**'s having none of it and convinces Vinny that his dad is trying to buy him.

★ Following **Freddie** and **Anna**'s kiss, **Bobby** lashes out at his best friend and the families take sides. But what will it mean for Bobby?

Thu 19 Sept

★ Guilt-ridden killer **Reiss** gives an interview to a journalist that he hopes will help cast light on jailed **Sonia**'s innocence...

★ Having won a holiday for two to Greece, **Harvey** offers his prize to **Jean** and **Stacey**. **Bobby** has a big decision to make...

Fri 20 Sept

and NEXT WEEK...

★ **Bianca crashes into Albert Square on a mission. There's no stopping vengeful Nish. And Harry is in a tricky situation.**

Coronation Street

whattowatch.com/coronation-street

MON Advice... Tracy thinks Cassie's good for Steve

MUST-SEE...

★ As she heads back to Spain, **Tracy** tells **Steve** that **Cassie** fancies him and he should go for it... Will he take his ex's advice?

★ **Tyrone** steals **Alina**'s passport to stop her taking their son to Romania. **Todd** tells **Billy** that **Paul**'s body is at the funeral parlour.

★ **Bernie** and **Billy** clash over **Paul**'s funeral. There's panic for **Lauren** when the hospital calls to say **Frankie** has had a seizure.

★ **Lisa** and **Dee-Dee** get a lead on **Joel** when they realise the Bistro van has a dashcam. **Alina** hears an incriminating conversation.

★ Stressed-out **Betsy** tells **Carla** she's done something really bad and is persuaded to reveal all to her policewoman mum **Lisa**.

★ **Lauren** learns she's still under investigation about her near-miss abortion. **Ryan** challenges **Daisy** about her commitment.

★ **As Bethany heads to Turkey for work, there are unexpected consequences. Joel concocts a new plot. Bernie has a plan.**

Emmerdale

whattowatch.com/emmerdale

THU Blackmail... Lured to the woods to save Kim, Will makes a grim discovery

★ In the aftermath of the barn fire and explosion, lives are on the line at the hospital, where emotions are running high.

★ **Mandy** gets an unexpected invitation. **Amy** tries to offer advice to **Amelia** while **Jimmy**'s words of wisdom are ignored.

★ As **Will**'s blackmailer ups their demands, he secures a loan from **Caleb** in exchange for his shares in the haulage company.

★ **Jai**'s urged by **Charles** to try to reconnect with **Arthur**, but his efforts get him nowhere. **Billy** and **Dawn** fume.

MUST-SEE...

★ Having told **Jimmy** about the shares, **Will** learns **Kim**'s been kidnapped and is lured into woodland by his blackmailer...

★ **Dawn** finds a heap of cash and confronts **Billy**, who covers the truth of the matter. **Ryan** tries to convince **Gail** to move in with him.

★ **Arthur**'s good mood evaporates. **Laurel** is given cause for concern. **Jimmy** and **Lydia** argue about the situation with **Tom**.

★ **Amelia reaches out to Belle in the hope of talking about Tom. Victoria digs around in her secretive brother John's past.**

Hollyoaks

whattowatch.com/hollyoaks

MON A year on... Tony reflects on change

MUST-SEE...

★ It's a new world in the village as time has rolled on one entire year. Did **Tony**'s family survive the crash at the McQueens'?

★ As some folk lay flowers at gravesides, others get engaged and another goes into labour! **Mercy** struggles as a single mum.

★ **Sienna** makes it clear that she's not impressed with **Vicky**, who's loving swanning around as a kept woman.

★ The Lomax clan rally at the hospital and there's a celebration as a baby is born. Two locals struggle to process past events.

★ As the Osbornes try to rebuild their lives and get closer to getting justice, they struggle to know what to do for the best.

★ A new relationship has the Lomaxes divided... A patient in recovery gets a shock. A villager's secret past is exposed.

★ **Ste makes a huge decision that impacts the family. The Osbornes are sent reeling as they're dealt a shocking blow.**

quick guide to this week's soaps...

Doctors

whattowatch.com/doctors

THURSDAY Podcast... Al examines the case of a new mum who was misjudged

★ **Graham** tries to make amends with **Kirsty**. Next on his hit list is sceptical **Sid**, then it's **Luca**, who tries to banter with the doctor.

★ **Rob**'s at a loss with **Jamal**'s computing revision but **Al** saves the day. Later, **Imran** arrives and thanks Rob for his help.

★ Angry **Luca** tells **Scarlett** he has concocted a plan to show **Graham** how wrong he is not to respect people's pronouns.

★ As **Rob** and **Ruhma** enjoy lunch together, **Zara** assumes they're on a date... **Michelle** helps unpick a situation at a bakery.

★ As the row between **Luca** and **Graham** comes to a head, **Bear** decides to set up a mediation meeting to try to resolve things.

★ **Talulah**, a social-media influencer, appears to be leading the perfect life but the reality of the situation is far from ideal.

MUST-SEE...

★ The latest episode of *The Doctective*, **Al**'s podcast, is about a single mum whose GP makes a series of bad judgements.

★ During an interview with the young mum and her mother, the women talk about the difficulties they faced in being heard.

★ **Scarlett's housemate Holly gives her food for thought. Kirsty makes a decision about what's next in her career.**

Home and Away

whattowatch.com/home-and-away

THURSDAY Losing it... Confronted by John about her drinking, Irene flips

★ When **Rory** hears that **Dingo** is in trouble, he heads to the police station and claims he killed **Officer McGrath**.

★ **Felicity** begs **Rory** to fight for his freedom. **Harper** discusses her pregnancy with **Dana**, unaware that **Xander** can hear.

★ **Cash** eases up on **Felicity** and allows his sister to see **Rory**. But Rory insists he's guilty and tells her to forget about him.

★ **Xander**'s mind spins after finding out **Dana**'s 'baby secret' and he confronts her. **Leah**'s plan to help **Irene** backfires.

★ **Irene** tries to prove she's in charge of her drinking habits by throwing a party but **John** isn't about to button his lip...

★ **Kirby** loses it with **Mali**, who fails to show up to a surfing class. **Tane** lends an ear to Mali, who confesses he's in a real mess.

MUST-SEE...

★ It's the morning after **Irene**'s party but when **John** confronts her as she throws out a load of empty whisky bottles, she flips.

★ **Tane**'s about to tear a strip off **Perri** over his behaviour when **Mackenzie** points out it's the teenager's 18th birthday.

★ **Tane** makes a fuss of **Perri** and organises a special Maori celebration but the teen can't cope and rejects his efforts.

★ **Remi** gives **Cash** food for thought when he gushes about his feelings for **Bree**. Later, **Eden** is bowled over when he proposes!

★ **As Cash awaits Eden's answer, he reconnects with his sister Felicity. Perri packs his bags. And Irene hits rock bottom.**

Neighbours

whattowatch.com/neighbours

TUESDAY Big day... As Mackenzie and Haz get married, will his parents turn up?

★ **Toadie** has a heart-to-heart with **Nell** about her romance with **JJ**, while **Dex** is crushed when he finds out the truth...

★ **Felix** overhears **Wade Fernsby** making a sinister phone call – is he plotting payback on **Mackenzie** and **Haz**?

MUST-SEE...

★ The neighbours gather for **Mackenzie** and **Haz**'s wedding day but will the groom's parents attend the celebrations?

★ **Andrew** and his brother **Felix** make an alarming discovery that someone has driven off in a car with sabotaged brakes...

★ A Ramsay Street resident is rushed to hospital after having a shock car crash – but were they the intended victim?

★ **Aaron** and **Nicolette** have another tense stand-off and he demands that she let him adopt their young daughter **Isla**...

★ **Wendy** and **Andrew** have officially kissed and made up but then **Byron** sees Wendy hugging her close friend **Quinn**...

★ At Lassiters, **Krista** is annoyed when **Paul** unexpectedly offers **Nicolette** a manager's job at the hotel without consulting her.

★ **Toadie packs his bags and leaves! Holly receives an anonymous threat. There's a shock siege at The Waterhole...**

Soap gossip

PSST!

What's on TV EXTRA

Have you heard the latest about the stars?

★ Ruby to return to Walford!

Actor Louisa Lytton has returned to work at *EastEnders* as Ruby Allen! Did she serve out her jail sentence? Has she had Martin's baby in the three years she's been gone or was the pregnancy a lie? Find out later on this year...

★ Will Kim and Will's marriage survive?

Having slept with his ex, Rose, *Emmerdale*'s Will is desperate for his wife Kim not to find out. Will their marriage survive his betrayal? 'There's always hope,' says Dean Andrews, who plays Will. 'They are chalk and cheese but it seems to work.'

★ Gail's happy exit...

With a planned cobbles return for Martin Platt now scrapped, Gail's Corrie exit storyline is in flux. But an insider insists that Helen Worth's alter ego will still have a cheery send-off: 'Gail has had a hard life. What viewers want is a happy ending.'

WORDS: HANNAH DAVIES, SIMON TIMBLICK, SARAH WATERFALL. PHOTOS: AMAZON FREEVEE, BBC, CHANNEL 5, ITV, LIME PICTURES

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Matchmaker... Davina (centre) with this year's parents and their grown-up children

A fine romance!

Davina McCall helps more single parents in their search for love...

NEW

MY MUM, YOUR DAD
Monday-Friday, 9pm, ITV1 Factual

Another plucky bunch of lovelorn midlifers are grabbing a second chance at romance – with some guidance from their kids – in the return of ITV1's *My Mum, Your Dad*.

Hosted once more by Davina McCall, the series sees eight single parents in their 40s and 50s head to a retreat to discover if Cupid's arrow will strike.

Meaningful messages

But this time, they know they're being watched from a bunker by their grown-up children, who have influence over some events and can send their parents notes.

'In the first series, they didn't know that their kids were watching. But now they're aware of that, so there's extra meaning to any messages,' explains Davina. 'The parents think, "What are they trying to tell me?"'

During their stay, the singletons go on a variety of dates and take part in workshops to help them learn from their past behaviour and build better relationships.

'One guy had a fling and regrets it and comes to terms with it. Another lady seemed confident, but was vulnerable,' says Davina. 'There are themes like trust and loneliness. But there's self-reflection.'

Keeping watch... The kids spy on their folks

Meet-cute... Davina (left) with the eight singletons

But some of their revelations, and the romantic bonds they forge, surprise their kids – and Davina!

Private moments

'When the adults talk about life before children, their kids go, "I forgot they were people, not just parents,"' she explains.

'And we have a snug with a switch where the parents can cut the connection. There are kisses! Before filming, I was matchmaking everybody and I got them all wrong!'

WORDS: CAREN CLARK, ELAINE REILLY. PHOTOS: ITV, GETTY

Passion for fashion!

NEW

Vernon Kay and AJ Odudu host a competition putting wannabe designers to the test...

M&S: DRESS THE NATION
Tuesday, 8pm, ITV1 Factual

This week, 10 hopefuls with dreams of working in the fashion industry are given the chance of a lifetime in ITV1's competitive new series *M&S: Dress the Nation*.

Hosted by AJ Odudu and Vernon Kay, the participants must prove they've got what it takes to work with M&S' design team.

'The prize is life-changing. The winner will join the M&S team and have their design in stores across the nation!' reveals AJ.

Competitors include retail worker Katie, 24; fabric-shop owner Sandeep, 33; pattern cutter Daylan, 30; project worker Tedai, 44; office manager Chris, 38; shop assistant Ryan, 21; and David, 37, a former dancer.

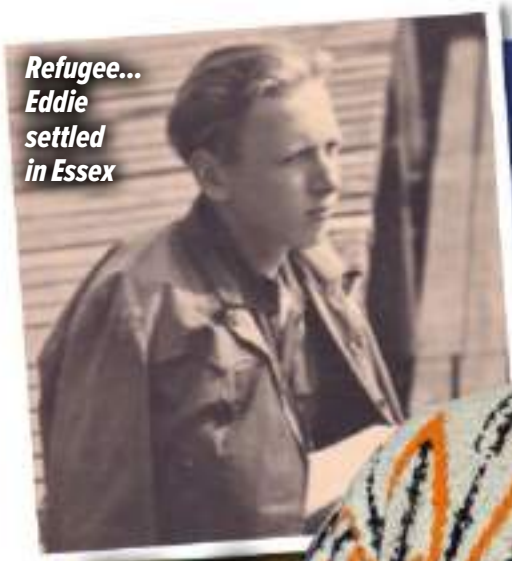
Guest judge... Mel B

Each week, they tackle various tasks before being judged by a panel of experts, celebrity guests and M&S customers. It's womenswear first and they must create a piece alone, then work as part of a team to create a mini collection – with Mel B as star judge!

'Some of the contestants have been to design college and some are self-taught,' explains Vernon. 'The whole process is so emotional – you'll be glued every week!'

In vogue... Hosts Vernon and AJ

Sew good... Contestant Chris


Refugee... Eddie settled in Essex

Looking back... Pop singer Olly

Lives torn apart

Olly Murs learns about the challenges faced by his trapeze-artist great-grandmother...

Early years... Young Olly with mum Vickylynn and (left) dad Pete

WHO DO YOU THINK YOU ARE?
Thursday, 9pm, BBC1 Factual

Olly Murs was thrilled to hear about the circus performers in his ancestry when he explored his family tree for *Who Do You Think You Are?* but he also uncovered a tragic tale of wartime separation.

The pop star travelled to Latvia, where his late paternal grandfather, Eduard Murs, known as Eddie, was born in 1932. Olly discovered that his great-grandmother Veronika Jankowska was a trapeze artist and had had an affair with Eddie's father, Eduard Murs Sr, who was also in the circus with his wife Katrine

'My great-grandad's act involved him being 12ft in the air on Katrine's shoulders – while on stilts and singing,' reveals Olly. 'Veronika was still working as a trapeze artist when she was pregnant!'

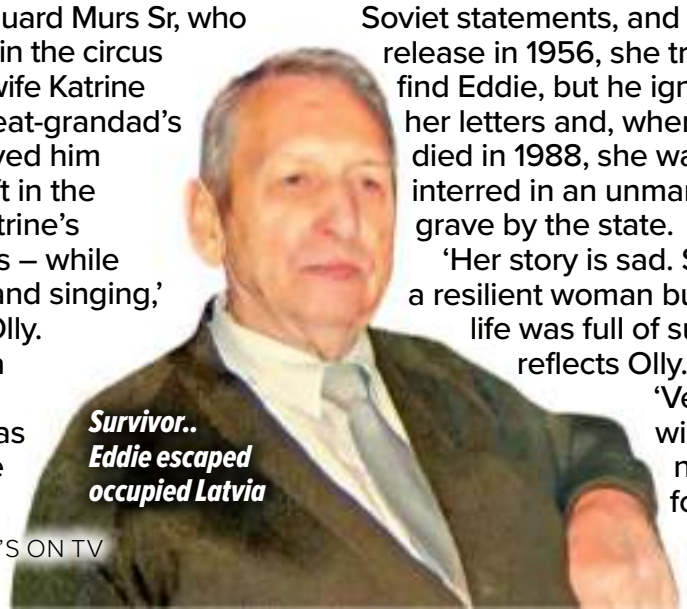
But when Latvia was alternately occupied by Nazi Germany and the Soviets during World War Two, many Latvians fled the country. In 1944, Veronika handed 12-year-old Eddie over to his father, who took him to a German refugee camp before settling in Essex, while Veronika stayed in Latvia and never saw her son again.

Unmarked grave

'Grandad felt she'd abandoned him,' shares Olly. 'But without her brave decision, he'd never have had the life he did.'

Veronika served time in a labour camp for making anti-Soviet statements, and on her release in 1956, she tried to find Eddie, but he ignored her letters and, when she died in 1988, she was interred in an unmarked grave by the state.

'Her story is sad. She was a resilient woman but her life was full of suffering,' reflects Olly. 'Veronika will now never be forgotten.'


Survivor.. Eddie escaped occupied Latvia

WORDS: CAREN CLARK, NATASHA HOLT. PHOTOS: C4, GETTY, BBC

Party time... (Front row, from left) Josh, Adam and Alex toast our Paralympians

NEW

A hero's welcome!

The Last Leg's presenters host a glittering event to honour our Paralympics medal winners...

THE NATIONAL LOTTERY'S PARALYMPICS GB HOMECOMING
Saturday, 5.30pm, C4 Factual

Adam Hills, Alex Brooker and Josh Widdicombe are hosting a musical extravaganza to celebrate an incredible Paralympics for Team GB in Paris.

After an impressive medal haul, including golds for swimmers Poppy Maskill, Tully Kearney, William Ellard and Stephen Clegg, plus wheelchair racer Hannah Cockroft and shot-putter Sabrina Fortune, our Paralympics team will be treated to a night of special musical performances from the likes of Aitch, Sugababes, Jonas Blue and Craig David from Birmingham's Utilita Arena.

Buzzing

'One of the most exciting things about hosting this is that it's held so soon after the Paralympics ends,' explains Josh. 'People are still buzzing. It's like their last blowout before reality sets back in.'

'There's a lot to celebrate,' adds Alex. 'There are some amazing acts already confirmed.

'It was amazing to be in Paris. We were at the Opening Ceremony and you see all these athletes walking past and wheeling past and being celebrated and cheered – that was incredible.

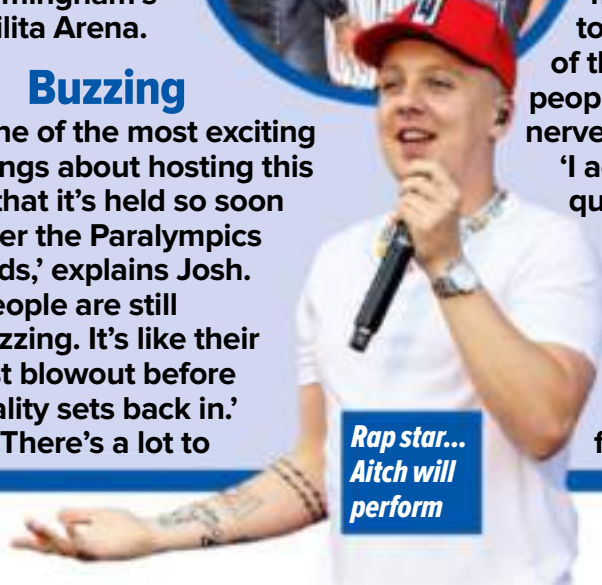
'We're lucky because we have met quite a lot of the athletes through *The Last Leg*, so it will be good to now see them as old friends.'

Girl power... Sugababes

Nerves

However, Josh also admits that hosting such a major musical event to an audience of thousands of people is absolutely nerve-racking.

'I actually find it quite terrifying,' he says. 'Also, I'm buzzing to meet the Sugababes, so I don't want to blow it in front of them.'


Rap star... Aitch will perform

NEW

Wild in the isles!

Banjo Beale returns to add a splash of design magic to more Hebridean interiors...

Home sweet home... Banjo with his pet dog Grampa

Banjo's vision... The Puffer pub before (top) and after

Former *Interior Design Masters* winner Banjo Beale is back to deliver more of his divine designs around the Scottish isles that he calls home in the second series of *Designing the Hebrides*.

In the opening episode, Banjo and his team of talented tradespeople head to Easdale – the smallest permanently inhabited island in the Inner Hebrides, with a population of just 60 – to breathe fresh life into The Puffer pub for its new owners, Jhennia and Rachel.

DESIGNING THE HEBRIDES
Tuesday, 7pm (times vary), BBC2 Factual (box set, BBC iPlayer)

'I underestimated how important pubs are to local communities,' Banjo tells us. 'The locals didn't really want to change it, so the biggest challenge was getting them onside and convincing them that I wasn't going to rip out the heart of their community.'

Trusted team... (From left) Handyman Tom, Banjo, carpenter Eoghann and decorator Lisa

Huge effort

After getting the residents' seal of approval, Banjo faces a different challenge – transporting his materials to the pub's remote location.

'We did about 12 trips back and forth on a boat,' he recalls. 'We didn't have a car, so we had to carry everything to the pub in a wheelbarrow! It was all hands on deck – the whole community helped. They wanted their pub finished!'

Despite working within a short time frame and to a tight budget, Banjo delivers a stunning new look for the pub – and fortunately, the owners and locals were happy with the results.

'I'm usually nervous that they might hate it, even if I think it's the best thing I've ever done,' he says. 'They've spent their own money on it, so waiting for their reaction is really nerve-racking – if they like it, it's a wave of relief!'

NEW

Caught in the crossfire

Innocent bystander Elle Edwards was killed in a pub shooting...

On Christmas Eve 2022, beautician and dental nurse Elle Edwards was celebrating in The Lighthouse pub in Wallasey, Merseyside, when gang member Connor Chapman opened fire with a sub-machine gun.

Elle, 26, was standing outside at the time and was killed instantly as 12 rounds of bullets were fired indiscriminately.

'This was a residential area, a pub where people were celebrating Christmas Eve,' says broadcaster Dermot Murnaghan, who hosts *Crimes That Shook Britain*. 'Elle was caught up in this random, savage event.'

This first episode of the new series shows how Merseyside Police learnt the intended targets were rival gang members Kieran Salkeld and Jake Duffy, who were injured.

Officers built evidence against Chapman, including DNA on the bullet casings and CCTV footage of him, before arresting him in Tesco in Newtown, Wales, where he'd fled.

CRIMES THAT SHOOK BRITAIN
Mon, 9pm, Crime + Investigation (Sky 156, Virgin 133) Factual (box set, Crime + Investigation Play)

On 7 July 2023, Chapman was given a life sentence.

'There was no regret, no remorse, he just didn't care,' recalls Elle's dad, Tim. 'Elle would light up a room.

'Now, it's always there and every morning I wake up and just have to keep going, putting one foot in front of the other. It's all I can do.'

Killer... Connor Chapman

Victim... Elle. Below: The Lighthouse pub in Wallasey

WORDS: NATASHA HOLT, STEVEN PERKINS. PHOTOS: BBC, GETTY, CRIME + INVESTIGATION

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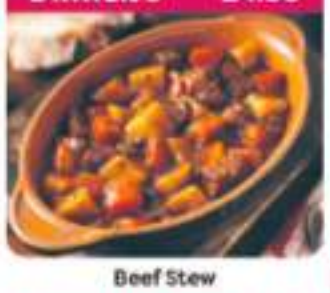
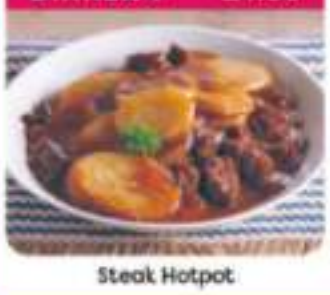
Chicken & Mushroom Hotpot

DINNER 3 ~~£4.50~~



Beef Stew

DINNER 4 ~~£4.50~~



Steak Hotpot

DINNER 5 ~~£4.50~~

Chicken & Bacon Pie

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REAL LIFE TV PLANNER

Saturday 14

STRICTLY COME DANCING: SECRETS, SEX & SCANDALS

9pm, Channel 5

As *Strictly* celebrates its 20th anniversary, get the inside scoop! This documentary divulges insider secrets, recalls the show's best and worst moments, discusses recent bullying allegations and the 'curse' of *Strictly*, which has seen celebrities' relationships fail after they've taken part.

Sunday 15

TOP REAL-LIFE PICK

BRITAIN'S ATOMIC BOMB SCANDAL

9pm, C4

In the 1950s and 60s, over 22,000 British military personnel were stationed in the South Pacific for nuclear weapons tests. They were given no protective gear or training and as the weapons were detonated, they were simply told to turn away from the blast and cover their eyes with their hands. This documentary explores the catastrophic effects on the veterans. A significant number went on to suffer health problems and many of their descendants were born with birth defects. Yet there are issues concerning access to their records and they haven't yet received compensation. The programme outlines the shocking legacy of the British nuclear test programme and the 70-year fight for justice.

Monday 16

JAMIE: WHAT TO EAT THIS WEEK – AUTUMN

8pm, C4

As part of his celebration of autumn, Jamie Oliver shows us how to rustle up a dukkah roast chicken and smashed aubergine dish fit for a party. He serves baked feta with a fig and prosciutto salad, home-made flatbreads and a runner bean stew with bacon wrapped fish. Finally, there's a tutti-frutti pear tarte Tatin.

Tuesday 17

JAMALI MADDIX: FOLLOW THE LEADER

10pm, U&Dave (box set, U)

Jamali Maddix's documentary series sees him immerse himself in subcultures, and first he's meeting paedophile hunters. He joins some sting operations, where suspected child abusers are confronted and handed over to the authorities. He also discovers why people fly hundreds of miles to witness the stings.

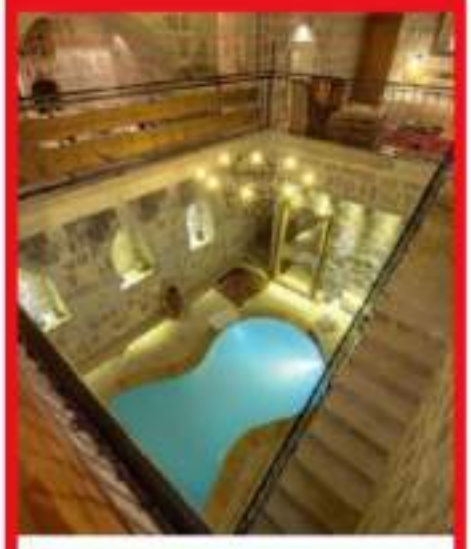
Wednesday 18

THE REPAIR SHOP

8pm, BBC1

As his alter ego Bailey Bubbles, Nathan from York toured the UK in his light-up high heels, and cobbler Dean Westmoreland has been charged with restoring the shoes to their former glory. The team also tackle a broken camera, a wooden toucan mobile and a suitcase used to store important documents during evacuations in the time of The Troubles in Northern Ireland.

Thursday 19



AMAZING HOTELS: LIFE BEYOND THE LOBBY

8pm, BBC2

This week, Monica Galetti and Rob Rinder are checking in to the Argos, a unique cave hotel in Cappadocia, Turkey, that boasts 71 rooms all carved into rock walls. They join the hotel staff, helping in the kitchen, looking after guests and housekeeping. And Monica enjoys a hot-air balloon ride over Cappadocia's mountains.

Friday 20

TITANIC: MYSTERIES FROM THE GRAVE

9pm, Channel 5

The sinking of the *Titanic* in 1912 was one of the world's worst maritime disasters and even now, over a century later, stories from the ill-fated liner are still being uncovered. This documentary follows those determined to decode the remaining secrets still lying on the Atlantic Ocean floor before they are lost for ever.

WORDS: NATASHA HOLT. PHOTOS: ALAMY, BBC, C4, GETTY, U&DAVE

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What's on TV

FILMWEEK

Exclusive PICTURE GUIDE

PICKS OF THE WEEK 14-20 September

Saturday

The Northman ★★★★

9.00pm-11.45pm, C4, Adventure

Sex ●●● Violence ●●● Language ●●●

Alexander Skarsgård's prince is on a merciless quest for revenge after his father (**Ethan Hawke**) is killed by his half-brother (**Claes Bang**), who claimed the throne and queen (**Nicole Kidman**). Adapted from the Icelandic tale that also inspired *Hamlet*, this is an impressive, entertaining adventure to be savoured. **(2022, 15)**

Sunday

The Railway Children Return ★★★

On demand, Netflix, Period drama

Sex ●●● Violence ●●● Language ●●●

This sweet-natured sequel to the 1970 classic puffs along pleasantly as city kids **Beau Gadsdon**, **Eden Hamilton** and **Zac Cudby** go to Yorkshire during World War Two to live with **Jenny Agutter** (star of the original), daughter **Sheridan Smith** and grandson **Austin Haynes**. On all week. **(2022, PG)**

Monday

Rebel Ridge ★★★★

On demand, Netflix, Action thriller

Sex ●●● Violence ●●● Language ●●●

Aaron Pierre's resourceful ex-Marine falls foul of a bunch of cops when he goes to small-town Louisiana to post bail for his cousin. Pierre gives a quietly commanding performance and there's effective support from **Don Johnson** as the police chief and **AnnaSophia Robb** as a dogged court clerk. On all week. **(2024, 15)**

Tuesday

The 355 ★★★

9.00pm-11.25pm, Film4, Action

Sex ●●● Violence ●●● Language ●●●

Can a group of top female spies from over the globe stop a world-ending gizmo falling into the wrong hands? **Jessica Chastain**, **Lupita Nyong'o**, **Penélope Cruz**, **Diane Kruger** and **Bingbing Fan** bring their A-game to an enjoyable, disposable caper that contains a couple of cracking set-pieces but too little invention. **(2022, 12)**

REVIEWS COMPILED BY: LIZ MILROY. PHOTOS: ALAMY

Wednesday

Rise of the Planet of the Apes ★★★★

9.00pm-11.10pm, ITV4, Sci-fi

Sex ●●● Violence ●●● Language ●●●

This prequel to the 1968 classic explains how the apes developed their intelligence. Scientist **James Franco** adopts clever baby chimp Caesar (a superb motion-capture **Andy Serkis**), but there's trouble ahead... A classy movie that works both as an exciting sci-fi yarn and a cautionary tale. **(2011, 12)**

Thursday

Hustlers ★★★★

11.30pm-1.40am, Film4, Comedy drama

Sex ●●● Violence ●●● Language ●●●

A hugely charismatic **Jennifer Lopez** struts and swaggers through this sharp, savvy movie inspired by a true story. She's a stripper who, along with newbie **Constance Wu** and their fellow pole-dancers, decides to get even with their unscrupulous Wall Street clients in the wake of the 2008 financial crash. **(2019, 15)**

Friday

The Outfit ★★★★

10.40pm-12.20am, BBC1, Crime drama
11.10pm-12.50am Wales

Sex ●●● Violence ●●● Language ●●●

At a 1950s Chicago tailor's shop, meek English Savile Row veteran **Mark Rylance** is pulled into a twisting night of shootings, stitch-ups and chicanery. **Dylan O'Brien** and **Johnny Flynn** kick off the mayhem, while **Zoey Deutch** and **Simon Russell Beale** are part of the unspooling action in a taut but stagey Mob drama. **(2022, 15)**

SKY CINEMA Premiere

Paint ★★★

Saturday, 6.10pm-8.00pm, Sky Cinema Premiere, Comedy drama

Sex ●●● Violence ●●● Language ●●●

Owen Wilson plays a successful TV artist who starts to fall apart when competition arrives in the shape of new talent **Ciara Renée**. This is the gentlest of comedies, but Wilson is a wonderful force of nature, brilliantly conveying how being the quietest person in the room can still make you the most benignly toxic. **(2023, 12)**

Film Ratings Rubbish ★ Watchable ★★ Good ★★★ Great ★★★★ Brilliant ★★★★★

Saturday

The Mask of Zorro ★★★★
11.45am-2.20pm, C4, Adventure

Sex ●●● Violence ●●● Language ●●●

An entertaining, witty and action-packed take on the swashbuckling Zorro legend. Set in 19th-century California, it stars **Anthony Hopkins**, **Antonio Banderas** and **Catherine Zeta-Jones**. **(1998, PG)**

Night at the Museum ★★★★
5.05pm-7.00pm, ITV1, Comedy

Sex ●●● Violence ●●● Language ●●●

There is a fine roster of comic talent, including **Ben Stiller**, **Robin Williams**, **Steve Coogan** and **Owen Wilson**, in this enjoyable comedy about a museum whose exhibits spring to life after hours. **(2006, PG)**

Operation Crossbow ★★★
1.30pm-3.25pm, BBC2, War drama

Sex ●●● Violence ●●● Language ●●●

In World War Two Holland **George Peppard**'s Allied agent poses as refugee **Sophia Loren**'s husband and plots to infiltrate a secret Nazi rocket factory. A decent mix of history and heroics. **(1965, PG)**

Notting Hill ★★★★
9.00pm-11.30pm, Film4, Romcom

Sex ●●● Violence ●●● Language ●●●

Hugh Grant owns a bookshop in a fairy-tale version of London's Notting Hill and falls for Hollywood star **Julia Roberts** after she walks in one day. The likeable stars and Richard Curtis' hilarious script make this a winner. **(1999, 15)**

Penguins of Madagascar ★★★★
2.50pm-4.40pm, ITV2, Animation

Sex ●●● Violence ●●● Language ●●●

The scene-stealing birds from the *Madagascar* films get their own madcap, gag-packed adventure. They try to foil an octopus (voiced by **John Malkovich**) who's plotting to turn penguins into monsters. **(2014, U)**

Terminator Salvation ★★★
11.45pm-1.50am, C4, Sci-fi action

Sex ●●● Violence ●●● Language ●●●

This too po-faced fourth film has **Christian Bale** as John Connor, leading the resistance in a devastated 2018. **Sam Worthington** makes an intriguing addition and the satisfying action lifts the routine plot. **(2009, 12)**

Sunday

Madagascar: Escape 2 Africa ★★★
2.20pm-4.00pm, C4, Animation

Sex ●●● Violence ●●● Language ●●●

In this jolly sequel, there's a plentiful supply of jokes after the animals end up stranded in Africa, where lion Alex (voiced by **Ben Stiller**) meets his dad (**Bernie Mac**) and villain Makunga (**Alec Baldwin**). **(2008, PG)**

Mrs Brown's Boys D'Movie ★★★
11.30pm-1.05am, BBC1, Comedy
12.15am-1.50am Scotland

Sex ●●● Violence ●●● Language ●●●

Agnes Brown, **Brendan O'Carroll**'s hit TV sitcom character, makes her film debut. O'Carroll sticks to his winning formula and supplies plenty of earthy, old-school, fan-pleasing gags. **(2023, 15)**

Dad's Army ★★★
4.30pm-6.30pm, ITV1, Comedy

Sex ●●● Violence ●●● Language ●●●

This big-screen remake for the TV classic may be flimsy, but the cast – **Toby Jones**, **Bill Nighy**, **Tom Courtenay**, **Blake Harrison**, **Daniel Mays** and **Michael Gambon** – is perfect. **Catherine Zeta-Jones** kick-starts the spy-on-the-loose plot. **(2016, PG)**

Peterloo ★★★★
11.55pm-2.35am, C4, Period drama

Sex ●●● Violence ●●● Language ●●●

Writer-director Mike Leigh's film of the 1819 attack on a peaceful rally in Manchester is a tale of class divide and famine. **Rory Kinnear** and **Maxine Peake** star and the squalid, sorrowful massacre is a masterclass. **(2018, 12)**

Kong: Skull Island ★★★★
6.45pm-9.00pm, ITV2, Adventure

Sex ●●● Violence ●●● Language ●●●

A colossally entertaining reboot for the famous big ape. It's 1973 and **John Goodman**, **Tom Hiddleston**, **Brie Larson** and **Samuel L Jackson** are in for some nasty surprises on an uncharted island. **(2017, 12)**

Blank ★★★
12.55am-2.25am, BBC2, Sci-fi

Sex ●●● Violence ●●● Language ●●●

In a bid to shift her writer's block, **Rachel Shelley** signs up for an AI-operated retreat. But a virus causes a glitch, locking her inside with an unstable android (**Heida Reed**). The plot's stretched, but the acting is solid and it's satisfying. **(2023, 15)**

Monday

Escape Plan ★★★
9.00pm-11.25pm, GREAT! movies, Action

Sex ●●● Violence ●●● Language ●●●

A dream double act, **Sylvester Stallone** and **Arnold Schwarzenegger** exchange witty lines and fight bad guys as they try to get out of a supposedly escape-proof prison. A fun jailbreak drama. **(2013, 15)**

The Book of Eli ★★★★
10.50pm-1.05am, Film4, Sci-fi

Sex ●●● Violence ●●● Language ●●●

Guarding the last copy of a mysterious book, **Denzel Washington**'s lone drifter battles his way across a post-apocalyptic US to save what's left of humanity. An odd but striking slice of entertainment. **(2010, 15)**

47 Metres Down ★★★
1.30am-2.55am, C4, Horror

Sex ●●● Violence ●●● Language ●●●

On holiday in Mexico, sisters **Mandy Moore** and **Claire Holt** go shark cage diving – but end up stranded in the depths with the circling predator and diminishing air supplies… It's a familiar plot, but the suspense is seat-grabbing. **(2017, 15)**

PHOTOS: ALAMY

Tuesday

The Wedding Planner ★★★

9.00pm-10.40pm, BBC3, Romcom

Sex ●●● Violence ●●● Language ●●●

Though good at organising weddings, **Jennifer Lopez**'s own love life is a mess. In a neat romcom, she falls for **Matthew McConaughey**, but he turns out to be a client's fiancé. Also on Sun BBC2 at 2.20pm. **(2001, PG)**

Robin Hood ★★★

9.00pm-11.45pm, ITV4, Adventure

Sex ●●● Violence ●●● Language ●●●

Full of gritty and exciting battles, Ridley Scott's classy adventure tells how Robin Longstride (**Russell Crowe**) turned from archer to outlaw Robin Hood. **Cate Blanchett** is widow Marion and **Mark Strong** the bad guy. **(2010, 12)**

On the Basis of Sex ★★★

11.05pm-12.55am, BBC2** (not NI), **Biopic

Sex ●●● Violence ●●● Language ●●●

A worthy if low-key tribute to Ruth Bader Ginsburg (**Felicity Jones**), charting her fight for equality as she climbs the legal ladder to be elected a US Supreme Court Justice. **(2018, 12)**

Wednesday

Back to Black ★★★

On demand, Netflix, Biopic

Sex ●●● Violence ●●● Language ●●●

This biopic of singer Amy Winehouse (**Marisa Abela**) holds back on the grimier side of her life (she died in 2011 aged 27) to celebrate her work. It lacks emotional depth, but is enlivened by the superb Abela. From 12 September. **(2023, 15)**

Battle: Los Angeles ★★★

9.00pm-11.30pm, GREAT! movies, Action

Sex ●●● Violence ●●● Language ●●●

The world is under attack from pesky aliens, but trusty US marines, led by **Aaron Eckhart**, are fighting to save LA. It's easy to forgive the clichéd script, as the action is brilliant. **(2011, 12)**

Monster ★★★★

1.50am-4.00am, Film4, Biopic

Sex ●●● Violence ●●● Language ●●●

Oscar-winning **Charlize Theron** is a revelation as serial killer Aileen Wuornos in this grim, fact-based drama. She captures frighteningly well Wuornos' seething combustibility, though the film itself is a bit glib and preachy. **(2003, 18)**

Thursday

Easy A ★★★★

9.00pm-10.25pm, BBC3, Comedy

Sex ●●● Violence ●●● Language ●●●

A smart, sparky comedy in which high-school teen **Emma Stone** is at the wrong end of scandalous gossip when she tells a fib about spending the weekend with a student. So she turns the situation to her advantage… **(2010, 15)**

Centurion ★★★

9.00pm-11.05pm, GREAT! movies, Action

Sex ●●● Violence ●●● Language ●●●

Michael Fassbender and **Dominic West** are Roman centurions in brutal 117AD Britain who've fallen foul of **Olga Kurylenko**. It is silly, but looks great and lets rip with slashings, stabbings and gougings. **(2009, 15)**

Die Hard with a Vengeance ★★★

10.05pm-12.40am, ITV4, Action

Sex ●●● Violence ●●● Language ●●●

The stunts are awesome and the dialogue snappy in this enjoyable third film. **Bruce Willis**' New York cop John McClane deals with a devious **Jeremy Irons**, roping in **Samuel L Jackson** to help. **(1995, 15)**

Friday

Armageddon Time ★★★

On demand, Netflix, Drama

Sex ●●● Violence ●●● Language ●●●

In 1980s Queens, a boy (**Banks Repeta**) realises his friend (**Jaylin Webb**) is treated differently because of his skin colour. **Anthony Hopkins** also stars in a warm, richly textured drama. From today. **(2022, 15)**

His Three Daughters ★★★

On demand, Netflix, Drama

Sex ●●● Violence ●●● Language ●●●

Three sisters (**Carrie Coon**, **Natasha Lyonne** and **Elizabeth Olsen**) gather at their dying father's apartment for his last moments. Initially unengaging, this warms up nicely to a satisfying wrap-up. From today. **(2023, 15)**

21 Jump Street ★★★★

9.00pm-11.10pm, ITV2, Action comedy

Sex ●●● Violence ●●● Language ●●●

Bungling cops **Jonah Hill** and **Channing Tatum** are sent to sour-faced **Ice Cube**'s unit and go back to school undercover to expose a drug ring. This raucous film delivers plenty of funny jokes and action. **(2012, 15)**

Deadpool 2 ★★★★

9.00pm-11.20pm, Film4, Superhero

Sex ●●● Violence ●●● Language ●●●

Ryan Reynolds' Deadpool is back for his second solo adventure and he's every bit as hilarious, irreverent and outrageous as before. The film pokes gleeful fun at the superhero genre as he takes on cyborg Cable (**Josh Brolin**). **(2018, 15)**

G.I. Joe: The Rise of Cobra ★★★

12.45am-2.45am, C4, Action

Sex ●●● Violence ●●● Language ●●●

Channing Tatum joins **Dennis Quaid**'s elite Global Integrated Joint Operating Entity unit, just as it takes on arms dealer **Christopher Eccleston** and **Sienna Miller** (Tatum's ex). A fun, well-done yarn. **(2009, 12)**

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Football diary

What's on TV EXTRA

Your guide to the week's best soccer action

Saturday 14

CHAMPIONSHIP
Live **Millwall v Luton Town**
11am Sky Sports Football (kick-off 12.30pm)
The top-flight match at the Den.

PREMIER LEAGUE
Live **Southampton v Manchester United**
11am TNT Sports 1 (kick-off 12.30pm)
Action from St Mary's Stadium.

CHAMPIONSHIP
Live **Leeds United v Burnley**
12.25pm Sky Sports+ (kick-off 12.30pm)
The match from Elland Road.
Additional EFL games are available to stream via Sky Sports+

PREMIER LEAGUE
Live **Aston Villa v Everton**
5pm Sky Sports Main Event & Sky Sports Premier League (kick-off 5.30pm)
Action from Villa Park.

Live **Bournemouth v Chelsea**
7.45pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm)
The match at Vitality Stadium.

Sunday 15

SCOTTISH PREMIERSHIP
Live **Dundee United v Rangers**
11am Sky Sports Football (kick-off 12noon)
The top-flight match staged at Tannadice.

PREMIER LEAGUE
Live **Tottenham Hotspur v Arsenal**
1pm Sky Sports Premier League, 2pm Sky Sports Main Event (kick-off 2pm)
The North London Derby from Tottenham Hotspur Stadium.

Live **FC Augsburg v St Pauli**
2.20pm Sky Sports Mix (kick-off 2.30pm)
The Bundesliga match.

CHAMPIONSHIP
Live **Portsmouth v West Bromwich Albion**
2.30pm Sky Sports Football (kick-off 3pm)
From Fratton Park.

PREMIER LEAGUE
Live **Wolverhampton Wanderers v Newcastle United**
4pm Sky Sports Main Event & Sky Sports Premier League (kick-off 4.30pm)
Coverage from Molineux.

SCOTTISH WOMEN'S PREMIER LEAGUE
Live **Partick Thistle v Celtic**
4pm BBC Alba (kick-off 4.10pm)
The women's top-flight match at Kirkintilloch Sports Complex.

ADRAN PREMIER
Live **Wrexham v Cardiff City**
5pm S4C (kick-off 5.10pm)
Coverage of the match from the opening round of the women's competition held at The Rock.

Monday 16

LEAGUE ONE
Live **Birmingham City v Wrexham**
7pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)
Action from St Andrew's.

Chelsea v Aston Villa, Fri... The Blues star Erin Cuthbert

Tuesday 17

CHAMPIONS LEAGUE
Live **Young Boys v Aston Villa**
5pm TNT Sports 1 (kick-off 5.45pm)
Coverage of the league-phase clash from Wankdorf Stadium.

Live **Juventus v PSV Eindhoven**
5.30pm TNT Sports 2 (kick-off 5.45pm)
The match at Allianz Stadium.

EFL CUP
Live **Manchester United v Barnsley**
7pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)
Old Trafford hosts the third-round clash.

Live **Everton v Southampton**
7pm Sky Sports+ (kick-off 7.45pm)
The match from Goodison Park.
Additional EFL Cup games are available to stream via Sky Sports+

CHAMPIONS LEAGUE
Live **AC Milan v Liverpool**
Prime Video (kick-off 8pm)
The group match at San Siro.

Live **Bayern Munich v Dinamo Zagreb**
7.45pm TNT Sports 2 (kick-off 8pm)
League phase at Allianz Arena.

Live **Sporting Lisbon v Lille**
7.45pm TNT Sports 4 (kick-off 8pm)
From Estadio Jose Alvalade.

Live **Real Madrid v VfB Stuttgart**
8pm TNT Sports 1 (kick-off 8pm)
Action from the Bernabeu.

Wednesday 18

CHAMPIONS LEAGUE
Live **Bologna v Shakhtar Donetsk**
5.30pm TNT Sports 4 (kick-off 5.45pm)
Action from the league phase.

EFL CUP
Live **Coventry City v Tottenham Hotspur**
7pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)
The third-round match.

Live **Brighton & Hove Albion v Wolverhampton Wanderers**
7pm Sky Sports+ (kick-off 7.45pm)
Coverage from Amex Stadium.

CHAMPIONS LEAGUE
Live **Manchester City v Inter Milan**
7pm TNT Sports 1 (kick-off 8pm)
Action from Etihad Stadium.

Live **Celtic v Slovan Bratislava**
7.15pm TNT Sports 2 (kick-off 8pm)
League phase from Celtic Park.

Live **Paris Saint-Germain v Girona**
7.45pm TNT Sports 4 (kick-off 8pm)
Action from Parc des Princes.

Thursday 19

CHAMPIONS LEAGUE
Live **Feyenoord v Bayer Leverkusen**
5.30pm TNT Sports 2 (kick-off 5.45pm)
League phase from De Kuip.

Live **Red Star Belgrade v Benfica**
5.30pm TNT Sports 4 (kick-off 5.45pm)
From Red Star Stadium.

Live **Atalanta v Arsenal**
7pm TNT Sports 1 (kick-off 8pm)
Coverage from Gewiss Stadium.

Live **Monaco v Barcelona**
7.45pm TNT Sports 2 (k-o 8pm)
The match from Stade Louis II.

Live **Atletico Madrid v RB Leipzig**
7.45pm TNT Sports 4 (k-o 8pm)
Coverage of the group match.

Friday 20

WOMEN'S SUPER LEAGUE
Live **Chelsea v Aston Villa**
6.45pm BBC2 (kick-off 7pm)
Coverage from Kingsmeadow.

CHAMPIONSHIP
Live **Stoke City v Hull City**
7pm Sky Sports Football (kick-off 8pm)
Action from bet365 Stadium.

The week's other sport

T20 Blast Finals Day, Sat... Somerset lifted the trophy in 2023

CRICKET T20 BLAST
Finals Day
Sat, 10.30am, 2.15pm & 6.15pm, Sky Sports Cricket, & 10.30am, Sky Sports Main Event
The competition's semi-finals and final from Edgbaston.

RUGBY UNION WOMEN'S INTERNATIONAL
England v New Zealand
Sat, 2pm, BBC1
Twickenham is the venue for the prestigious autumn international. ***Kick-off 2.30pm***

ATHLETICS MULTI-DISCIPLINE
Diamond League
Sat, 7pm, BBC3
The final day of this year's global series, from King Baudouin Stadium in Brussels, Belgium.

MOTOR RACING FORMULA 1
Azerbaijan Grand Prix
Sun, 10.30am, Sky Sports F1 & Sky Sports Main Event
Round 17, from the Baku City Circuit. (Highlights: 4.30pm, C4.)
Race starts 12noon

CRICKET MEN'S T20
England v Australia
Sun, 2pm, BBC1 & Sky Sports Cricket
Old Trafford hosts the final tie in the series. ***Play starts 2.30pm***

RUGBY UNION PREMIERSHIP
Bath v Northampton Saints
Fri, 7pm, TNT Sports 1
The new campaign begins at the Recreation Ground with a clash between last season's finalists.
Kick-off 7.45pm

RUGBY UNION UNITED RUGBY
Cardiff v Zebre
Fri, 7pm, Premier Sports 2, & 7.15pm, BBC2 (Wales only)
Cardiff Arms Park hosts the sides' opening fixture. ***Kick-off 7.35pm***

Bath v Northampton Saints, Fri... Saints winger Ollie Sleightholme

PHOTOS: GETTY

COLOUR CODE ENGLISH → RED SCOTTISH → BLUE IRISH → GREEN WELSH → CYAN EUROPEAN → PURPLE INTERNATIONAL → PINK

SATURDAY *14 September*

What's on TV Picks of the day

Last Night of the Proms

BBC1/BBC2, from 7.05pm Give us a wave… Katie Derham hosts as this year's Proms reaches its traditional flag-waving conclusion at London's Royal Albert Hall.

Strictly Come Dancing

BBC1, 7.20pm Let's dance… The show's professional dancers will be performing before their celebrity partners are revealed in tonight's 20th anniversary launch show.

The Killing Kind

ITV1, 11.10pm Legal difficulties… This six-part thriller stars Emma Appleton as a barrister who is suddenly reunited with a dangerous former client (Colin Morgan).

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BBC ONE — BBC1

Freeview 1 (101 HD) Sky 101 Virgin 101 Freesat 101

6.00 AM **Breakfast** News and sport. (S)
10.00 **Saturday Kitchen** Culinary series. With chefs Rick Stein and Ching-He Huang, and special guest Richard Ayoade. (S)
11.30 **Marcus Wareing's Tales from a Kitchen Garden** Culinary series. The chef visits a school that has set up its own farm. (S, Rpt)
12.00 NOON **Football Focus** Alex Scott presents a look ahead to the weekend's matches. (S)
1.00 PM **News; Weather** (S)
1.15 **Bargain Hunt** Shrewsbury. (S, Rpt, AD)
2.00 Live **Rugby Union** England v New Zealand: Coverage of the women's international staged at Twickenham, kick-off **2.30pm**. (S)
4.30 **Final Score** This afternoon's results. (S)
5.30 **Made in Korea: The K-Pop Experience** 5 of 6. Music reality series. In this edition, Blaise, Dexter, James, Olly and Reese want to improve their stamina when it comes to performing, so Shindong enrols them on a military-style fitness bootcamp. (S, AD)
6.15 **News** (S)
6.25 **Local News; Weather** (S)
6.35 **The Hit List** 5 of 12. Music-based quiz show presented by Marvin and Rochelle Humes. Tonight, contestants from Cardiff, Leeds and London try to name the hit songs. (S)

7 PM

7.20 Strictly Come Dancing New ★ Return of the dancing competition. Tess Daly and Claudia Winkleman welcome 15 new celebrities to the ballroom to pair them with their professional partners, while judges Shirley Ballas, Craig Revel Horwood, Motsi Mabuse and Anton Du Beke give their thoughts on the couples. The celebrities are Chris McCausland, JB Gill, Wynne Evans, Toyah Willcox, Punam Krishan, Tasha Ghouri, Pete Wicks, Shayne Ward, Sarah Hadland, Jamie Borthwick, Tom Dean, Montell Douglas, Nick Knowles, Paul Merson and Sam Quek. **See feature, page 13.** (S)

8 PM

9 PM

9.00 Last Night of the Proms Katie Derham presents further coverage of the final concert of this year's Proms live from the Royal Albert Hall, featuring American soprano Angel Blue and pianist Stephen Hough performing alongside the BBC Symphony Orchestra, BBC Symphony Chorus and BBC Singers. (S)

10 PM

10.10 News; Weather (S)
10.30 Match of the Day Highlights from the latest Premier League matches, including Manchester City v Brentford at the Etihad Stadium and Southampton v Manchester United held at St Mary's Stadium. (S)
● *Match of the Day 2 is tomorrow at 10.30pm.*

12.00 M'T New **Man in the Arena: Tom Brady** In the Arena: 1 of 10. Documentary series looking at the career of American football star Tom Brady, with focus on his tenure as the New England Patriots quarterback. (S)
12.50 AM **Man in the Arena: Tom Brady** The Toughest Things: 2 of 10. Brady's role in helping the Patriots bounce back from a difficult 2002 season and helping lead the team to a victory over the Carolina Panthers in Super Bowl XXXVIII. (S) **Weather**
1.40 to 6.00 AM **BBC News** (S)

BBC1 REGIONAL VARIATIONS
■ **WALES**
1.15pm Hairy Bikers: Namibian BBQ **1.30-2.00pm** Weatherman Walking: Pontypridd & Afan Derek Brockway takes two walks in the South Wales Valleys.

BBC TWO — BBC2

Freeview 2 (102 HD) Sky 102 Virgin 102 Freesat 102

6.25 AM **Hey Duggee** (S, Rpt) **6.30 Go Jetters** (S, Rpt) **6.45 Grizzy and the Lemmings** (S, Rpt) **6.50 Boy Girl Dog Cat Mouse Cheese** (S, Rpt) **7.05 Monster Loving Maniacs** (S, Rpt) **7.15 Pokémon Horizons** (S, Rpt, AD) **7.35 Game on Grandparents** (S, Rpt) **8.00 One Zoo Three** (S, Rpt) **8.20 Blue Peter** (S, Rpt) **8.50 Newsround** (S)
9.00 **Gardeners' World** Planting cyclamen. (S, Rpt)
10.00 **City in the Sky** Airborne. (S, Rpt, AD)
11.00 **Waterhole: Africa's Animal Oasis** (S, Rpt)
12.00 NOON **A Cook Abroad: Rick Stein's Australia** Culinary series. (S, Rpt, AD)
1.00 PM **Lorraine's Fast, Fresh and Easy Food** Dishes for dinner parties. (S, Rpt, AD)
1.30 Film **Operation Crossbow** World War Two adventure. Three engineers parachute into occupied Holland to destroy a missile base. Stars George Peppard. (115mins, 1965, PG, S, W/S) Rating ★★★ **See Filmweek, page 30**
3.25 **Amazing Hotels: Life Beyond the Lobby** A hotel that is built into a quarry. (S, Rpt, AD)
4.25 **Flog It!** Antiques series. (S, Rpt)
5.00 Live **Rugby League: Super League** A key match from the penultimate round of fixtures, as the teams battle for positions in the table ahead of the play-offs. (S)

7.05 Last Night of the Proms Katie Derham introduces live coverage of the final concert of this year's Proms from the Royal Albert Hall, featuring soprano Angel Blue and pianist Stephen Hough alongside the BBC Symphony Orchestra, BBC Symphony Chorus and BBC Singers. The evening concert begins with pieces written by Walton, Puccini, Carlos Simon, Fauré, Ives and Coleridge-Taylor. Coverage continues on BBC1. (S)

9.00 Songs of Survival at the BBC New ★ A look through the BBC archive to find a number of songs on a theme of survival, with highlights including disco classic *I Will Survive* by Gloria Gaynor, Destiny's Child singing *Survivor* and heavyweight US rockers Survivor with the theme song to the film *Rocky III*, *Eye of the Tiger*. (S)

11.30 **Cher at the BBC** Archive footage of some of the singer's performances on BBC programmes, including *Believe*, *Love and Understanding* and *Walking in Memphis*, as well as her first UK chart-topper *I Got You Babe*, recorded with ex-husband and singing partner Sonny Bono. (S, Rpt)
12.30 AM **Golf: Solheim Cup Highlights** Action from the second round of the women's team competition between Europe and USA, which takes place at Robert Trent Jones Golf Club in Gainesville, Virginia. (S)
1.30 to 2.30 **Sign Zone: Sherwood** (S, Rpt, AD)

BBC2 REGIONAL VARIATIONS
■ **WALES**
4.25pm Wynne's Welsh 80s From 1988. **4.55-5.00pm** The Best Dishes Ever A fiery red rice salad created by Mary Berry and Nigel Slater's 'hangover' beef salad.

Listings for Welsh-language channel S4C (F'sat 120, Sky 134, Virgin 164) are on opposite page.

PHOTOS: GETTY, BBC, ITV

ITV1

Freeview 3 (103 HD) Sky 103 Virgin 103 Freesat 103

6.00 AM **Simply Raymond Blanc** (S, Rpt, AD)
6.25 **Love Your Garden** (S, Rpt, AD)
7.30 **Love Your Weekend with Alan Titchmarsh** Chat show. With Anton Du Beke. (S, Rpt)
9.25 **News** (S)
9.30 **James Martin's Saturday Morning** The chef is joined by presenter Suzi Perry and chefs Romy Gill and Paul Foster. (S)
11.40 **Jason Atherton's Dubai Dishes** 7 of 10. The chef introduces baba ganoush and his own take on fish and chips. (S, AD)
12.40 PM **James Martin's French Adventure** The chef arrives in the riverside town of L'Isle-sur-la-Sorgue. (S, Rpt, AD)
1.10 **News; Weather** (S)
1.30 Live **Racing** Coverage of the third day of the St Leger meeting, including festival feature race the Betfred St Leger. Plus, racing from Dublin Racing Festival and Chester. (S)
4.30 **In for a Penny** Edinburgh. (S, Rpt, AD)
5.05 Film **Night at the Museum** Fantasy comedy. A museum guard discovers that the exhibits at a New York museum come to life and run riot after hours, causing mayhem. Stars Ben Stiller, Dick Van Dyke, Robin Williams and Carla Gugino. (115mins, 2006, PG, S, W/S) Rating ★★★★ See Filmweek, page 30

7.00 **News; Weather** (S)

7.15 **Local News; Weather** (S)

7.30 **Celebrity Catchphrase** 3 of 10. Charity edition of the game show with Stephen Mulhern. Adjoa Andoh, Adrian Chiles and Trevor Nelson all trying to say what they see, as they guess well-known phrases for the chance to win a £50,000 jackpot for their chosen good causes. (S, AD)

8.30 **The Voice UK** 3 of 9. Singing contest presented by Emma Willis. Tom Jones, will.i.am, LeAnn Rimes and McFly duo Tom Fletcher and Danny Jones continue their search for new singing talent. Hitting their buttons to decide they want a singer or an act is the easy part – then they have to compete with their fellow coaches by pitching to represent the hopefuls. (S)

10.10 **Password** 3 of 7. Game show hosted by Stephen Mangan. Two contestants join captains Daisy May Cooper and Alan Carr to try to guess mystery passwords across multiple rounds to win £10,000. (S)

10.45 **News; Weather** (S)

11.10 New **The Killing Kind** 1 of 6. Thriller starring Emma Appleton and Colin Morgan. A barrister attempts to rebuild her life after getting close to a dangerous client – only for him to reappear. See feature, page 9. (S, AD)
● *Previously available online via Paramount+.*
12.10 AM **Football: EFL Highlights** Action from the latest fixtures, including Leeds United v Burnley at Elland Road, Plymouth Argyle v Sunderland at Home Park. (S)
1.25 **Teleshopping**
3.00 **The National Television Awards** (SL, S, Rpt)
5.15 to **6.00** AM **Unwind with ITV** (S)

ITV1 REGIONAL VARIATIONS
■ **WALES**
Programmes today are as above.

Channel 4

Freeview 4/7 (104/110 HD) Sky 104/108 Virgin 104/108 Freesat 104/106

6.25 AM **Cheers** Double-bill of the comedy. (S7, ep 3, S, Rpt) **6.55** (Series 7, ep 4, S, Rpt)
7.20 **Everybody Loves Raymond** (S6, ep 23, S, Rpt, AD) **7.50** (Series 6, ep 24, S, Rpt, AD)
8.15 **Frasier** (Series 2, ep 9, S, Rpt, AD) **8.45** (Series 2, ep 10, S, Rpt, AD) **9.15** (Series 2, ep 11, S, Rpt, AD) **9.45** (Series 2, ep 12, S, Rpt, AD) **10.15** (Series 2, ep 13, S, Rpt, AD)
10.45 **The Simpsons** Animation. (S, Rpt, AD)
11.45 Film **The Mask of Zorro** Adventure. A young thief seeking revenge for his brother's death is trained by the legendary hero Zorro. Stars Anthony Hopkins, Antonio Banderas and Catherine Zeta-Jones. (155mins, 1998, PG, S, W/S) Rating ★★★★ See Filmweek, page 30
2.20 PM **Four in a Bed** B&B challenge. From The Sportsman in Whitworth, Lancashire. (S, Rpt)
2.55 The second visit of the week is to Lahtle Wood Glamping in North Yorkshire. (S, Rpt)
3.25 The third visit is to the Grade II listed Cley Hall Hotel in Lincolnshire. (S, Rpt)
3.55 The last visit of the week is to Bumble Barn Luxury B&B in Norfolk. (S, Rpt)
4.30 The winner is revealed. (S, Rpt)
5.00 **News** (S)
5.30 New **The National Lottery's Paralympics GB Homecoming** Adam Hills, Alex Brooker and Josh Widdicombe presents a night of entertainment, as they welcome back home ParalympicsGB following their achievements at the Paris Games. See feature, page 24. (S, AD)

7.30 **F1: Azerbaijan Grand Prix** Steve Jones introduces action from the battle for starting positions in the 17th round of the season at Baku City Circuit. Charles Leclerc of Ferrari qualified last year, followed by Max Verstappen of Red Bull but it was Verstappen's teammate Sergio Perez who went on to win. Analysis by Mark Webber and Ariana Bravo. (S)
● *Highlights of the race are tomorrow at 4.30pm.*

9.00 **The Northman**
Film Premiere
Historical adventure adapted from the Icelandic tale that inspired *Hamlet*. A young Viking prince witnesses the murder of his father, king of the island of Hrafnsey, at the hand of his half-brother who then takes the throne and queen for himself. As an adult, the prince embarks on a relentless mission of revenge. (165mins, 2022, 15, S, W/S) Rating ★★★★
Starring: Alexander Skarsgård, Nicole Kidman, Claes Bang, Ethan Hawke, Anya Taylor-Joy.
See Filmweek, page 29

11.45 Film **Terminator Salvation** Sci-fi thriller sequel. A resistance fighter leads a war against the deadly robots that have taken over the world. Stars Christian Bale and Sam Worthington. (125mins, 2009, 12, S, W/S) Rating ★★★ See Filmweek, page 30
1.50 AM **Ramsay's Hotel Hell** Gordon Ramsay helps the owners of a struggling hotel and restaurant in Massachusetts. (SL, S, Rpt)
2.40 **Come Dine with Me** Culinary series. (S, Rpt)
3.35 **Trump: Should We Be Scared?** (SL, S, Rpt)
4.30 **Britain's Most Expensive Houses** (S, Rpt)
4.55 to **6.05** AM **Hollyoaks Omnibus** (SL, S, Rpt)

Channel 5

Freeview 5 (105 HD) Sky 105 Virgin 105 Freesat 105

6.00 AM **Milkshake!** Children's programmes. (S)
8.50 **SpongeBob SquarePants** (S)
9.05 **Entertainment News on 5** (S)
9.15 **Bargain-Loving Brits in the Sun** An expat runs a busy butcher's shop. (S, Rpt, AD)
10.05 **Bargain-Loving Brits in the Sun** A rescue horse has medical problems. (S, Rpt, AD)
11.05 **Bargain-Loving Brits in the Sun** The programme catches up with the Marina Alta Breast Support charity. (S, Rpt, AD)
12.05 PM **The Cotswolds with Pam Ayres** The poet meets the-then Prince Charles. (S, Rpt)
1.05 **The Cotswolds with Pam Ayres** Last in the series. The poet enjoys a gastronomic treat in the Oxfordshire countryside. (S, Rpt)
2.00 **Inside the Tower of London** The then-Prince Charles visit the Tower for the Yeoman Warders' anniversary. (S, Rpt)
3.00 **Inside the Tower of London** The Tower closes its gates in March 2020 as the country goes into lockdown. (S, Rpt)
4.00 **Henry VIII: The King That Changed Britain** Drama-documentary revealing the truth about the English monarch. (S, Rpt)
6.00 **News** (S)
6.05 **Madrid with Michael Portillo** Documentary. The presenter explores one of his favourite European cities – the vibrant and bustling Spanish capital, Madrid, which welcomes nearly 10 million visitors every year. (S, Rpt)

7.30 **Stonehenge: The Discovery with Dan Snow** One-off documentary in which the historian pieces together the story of the ancient monument, revealing how modern discoveries have started to solve some of its many mysteries. He also learns about the skill of its builders, its remarkably advanced solar alignments, where the giant 20-ton stones came from, and how they were moved. (S, Rpt)

9.00 **Strictly Come Dancing: Secrets, Sex & Scandals**
New
As the BBC series celebrates its 20th year on air, this documentary recognises its many highs, its occasional lows, the costumes, the competition – and the controversies. The history of *Strictly* is charted amid secrets from the judges, professional dancers and celebrity contestants. Plus, the best and worst competitors are remembered and the pioneering ground the show has broken by championing those with disabilities and leading the way for same-sex dancing pairings to be recognised. (S)

11.00 **When Reality TV Goes Horribly Wrong** A compilation of on-air disasters from the world of reality TV, with misjudged formats, shows that bombed, stars who fell from grace and unscripted bust-ups. (S, Rpt)
12.50 AM **Entertainment News on 5** (S)
1.00 **Interactive Gaming** (S)
3.00 **Cape Verde with Jane McDonald** (S, Rpt)
3.50 **The Wonderful World of Chocolate** (S, Rpt)
4.40 **Wildlife SOS** Documentary. (SL, S, Rpt)
5.05 **Divine Designs** (SL, S, Rpt)
5.35 **Entertainment News on 5** (S)
5.40 to **6.00** AM **Milkshake!** (SL, S, Rpt)

6.00am Cyw **7.00** Pablo **7.15** Fferm Fach **7.30** Sion y Chef **7.45** Ne-wff-ion **8.00** Oi! Osgar **8.10** Bwystfil **8.20** Dyffryn Mwmin **8.40** Pigo dy Drwyn **9.05** Byd Rwtsh Dai Potsh **9.15** Gwrach y Rhibyn **9.35** Lego DREAMZzz **10.00** Yn y Ffram **11.00** Cymry ar Gynfas **11.30** Sgwrs Dan y Lloer **12.00noon** Bwyd Bach Shumana a Catrin **12.30pm** Y Fets **1.30** Am Dro! **2.30** Canu gyda Fy Arwr **3.30** Radio Fa'ma **4.30** Hewlfa Drysor **5.25** Ma'i Off 'Ma **5.50** Alun, Chris a Kiri yn Seland Newydd **6.45** Ralïo+: Groeg **7.15** Newyddion a Chwaraeon **7.30** Sgwrs Dan y Lloer **8.00** Noson Lawen **9.00** Priodas Pum Mil **10.00** Pen Petrol **10.50-11.40pm** Stryd i'r Sgrym

FREEVIEW & FREESAT

What's on TV Picks of the day

Clueless
E4, 5.15pm
Alicia Silverstone, Brittany Murphy and Stacey Dash star in this mid-1990s teenage comedy based on Jane Austen's *Emma*.

Godzilla: King of the Monsters
ITV2, 6.25pm
Millie Bobby Brown and Vera Farmiga realise size matters in this monster sequel.

On Demand NETFLIX

Available on Netflix now

Uglies
Joey King stars in this one-off fantasy drama, based on Scott Westerfeld's 2005 novel, set in a superficial future world where cosmetic surgery is compulsory at the age of 16. With Brianne Tju.

BBC Scotland

Scot Only FV 9 HD 106
Scotland Only: Sky **115** Freesat **106** Virgin **108**
Rest of the UK: Sky **187** Freesat **110** Virgin **162**

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Seven** News magazine.
7.15 **Sportscene** Highlights from the latest Scottish Premiership matches, including Hibernian v St Johnstone, Ross County v Dundee and St Mirren v Kilmarnock.
8.30 **Inside Central Station** 2 of 6. Easter weekend arrives, bringing with it rival football fans and bank holiday revellers.
9.30 **Amazing Hotels: Life Beyond the Lobby** 1 of 7. Rob Rinder and Monica Galetti work in the Shanghai Wonderland hotel.
10.30 **Best of Chewin' the Fat** Highlights of the comedy sketch series. (S1, ep5)
10.55 **Short Stuff** Comedy sketches.
11.10 **Music Vault** Last in the music series. Including performances by Snow Patrol.
11.55 to 12.00 M'T **Loop**

ITV2

FV 6 Sky **118** Freesat **113** Virgin **115**

6.00 AM **Children's Programmes**
9.00 **Secret Crush** Dating series.
10.00 **Dress to Impress** Triple-bill.
1.00 PM **American Ninja Warrior** New edition Obstacle challenge.
2.50 Film **Penguins of Madagascar** Animated comedy adventure. The flightless birds try to foil an evil plot. (2014, U) ★★★★ See Filmweek, page 30
4.40 Film **Despicable Me 3** Animation. Gru sets off to meet his long-lost brother. With the voices of Steve Carell and Kristen Wiig. *Includes FYI Daily at 5.40pm.* (2017, U) ★★★
6.25 Pick Film **Godzilla: King of the Monsters** Fantasy sequel. The crypto-zoological agency Monarch face off against an army of monsters, including Godzilla, who clashes with Mothra, Rodan, and his ultimate enemy, the three-headed King Ghidorah. Stars Kyle Chandler and Vera Farmiga. *Includes FYI Daily at 7.25pm.* (2019, 12) ★★★
9.00 Film **21 Jump Street** Action comedy spoof inspired by the 1980s TV series. A pair of former classmates get sent back to school as undercover cops, posing as pupils to find the source of a dangerous new drug. Stars Jonah Hill, Channing Tatum and Brie Larson. *Includes FYI Daily at 10.05pm.* (2012, 15) ★★★★
11.15 **Family Guy** Chris's Mexican girlfriend gets deported. (S15, ep19) **11.45** Brian is forced into being Carter's guide dog. (S15, ep13)
12.15 AM **American Dad!** Steve is placed in an 'At-Risk' class. (S11, ep8) **12.45** Animation. (S11, ep5)
1.15 **CelebAbility** With Donna Preston.
2.00 to 3.00 AM **All American**

ITV3

FV 10 Sky **119** Freesat **115** Virgin **117**

6.00 AM **Bless This House** Sitcom.
6.30 **Lewis** Allegory of Love.
8.35 **Poirot** Mystery drama series.
9.50 Film **Carry on Cowboy** Comedy. Stars Sid James. (1965) ★★★★
11.50 **Foyle's War** Fifty Ships: Drama. A corpse is found on the beach.
1.55 PM **Foyle's War** Among the Few: The detective's son Andrew comes under suspicion of a crime.
4.00 **Poirot** The Plymouth Express: Mystery drama. An heiress has a disturbing journey on a train.
5.00 **Midsomer Murders** Death's Shadow: Mystery. A terminally ill property developer is murdered.
7.00 **Midsomer Murders** Strangler's Wood: Detective drama series starring John Nettles and Daniel Casey. The discovery of a woman's body in woodland prompts Barnaby and Troy to re-examine three similar killings that occurred in the same village nine years previously, hoping to get a lead before the killer strikes again.
9.00 **Professor T** 1 of 6. Crime drama starring Ben Miller. A student is left badly burnt and in a coma after a house fire – so the investigating detectives call in Professor T.
10.00 **Professor T** 2 of 6. A barrister and his second wife are found shot to death in a crime that has parallels to a double murder that he prosecuted 15 years previously.
11.00 **Poirot** The Adventure of the Western Star: Mystery starring David Suchet. A Belgian actress arrives in London.
12.00 M'T **Poirot** How Does Your Garden Grow?: A murder gives rise to rumours of a communist conspiracy.
1.00 AM **Poirot** The Million Dollar Bond Robbery: Mystery drama series.
2.00 to 2.30 AM **Unwind with ITV**

ITV4

FV 26 Sky **120** Freesat **117** Virgin **118**

6.00 AM **Great Racehorses**
6.20 **Motorsport Mundial** Magazine.
6.55 **Auto Mundial** New edition
7.25 **Motorcycling** MotoGP highlights.
8.25 **Motorcycling** World Superbikes.
9.30 **Racing** Preview of today's action.
10.30 **Match Time Revisited** 1982.
11.30 **The Best of the 90s** Archive action.
11.45 Live **World Series of Darts** Jacqui Oatley presents coverage of the afternoon session on day two, featuring eight first-round matches at AFAS Arena in Amsterdam.
4.00 PM **Made in Britain** Documentary.
5.00 **Junk and Disorderly** Tewkesbury.
6.00 Live **World Series of Darts** Jacqui Oatley presents coverage of the evening session on day two, featuring eight first-round matches at AFAS Arena in Amsterdam, Netherlands. The number of players in the field was extended from 24 to 32, but the competition is likely to be as fierce as ever, with the 16 remaining players battling it out for places in the quarter-final. With match analysis by Chris Mason, Alan Warriner-Little and Mark Webster, and commentary from John Rawling and Ned Boulting.
10.00 Film **The Chronicles of Riddick** Sci-fi adventure sequel to *Pitch Black*. Intergalactic fugitive Riddick encounters a ruthless race of warriors determined to take over the universe. Stars Vin Diesel, Colm Feore, Thandie Newton and Judi Dench. *Includes FYI Daily at 11.00pm.* (2004, 15) ★★★
12.15 AM **BattleBots** My Super Sweet 16.
1.15 **Minder** A Number of Old Wives' Tales: Comedy drama series.
2.15 **The Protectors** The Insider.
2.45 to 3.00 AM **Unwind with ITV**

BBC3

FV 23 (HD 107 in Eng/NI)
Eng / N Ire: Sky **115** Freesat **107** Virgin **107**
Scot / Wales: Sky **121/117** F'sat **107** Virgin **113**

BBC3 starts broadcasting at 7.00pm

7.00 Live **Athletics: Diamond League Brussels** The second day of the AG Memorial Van Damme at King Baudouin Stadium in Belgium.
9.00 **Two Pints of Lager and a Packet of Crisps** Jonny feels neglected. **9.30** Louise embraces religion. **10.00** Jonny tries to get a job. **10.30** Jonny goes for an interview.
11.00 **James Arthur: Out of Our Minds** The singer discusses mental health.
12.00 M'T **Hire Me: Competing for a Dream Job** Double-bill of the series.
1.00 AM **Two Pints of Lager and a Packet of Crisps** Comedy series.
3.00 to 4.00 AM **Hire Me: Competing for a Dream Job**

BBC4

FV 9 HD 106 Scot 24/108
Sky **116** F'sat **108** Virgin **108** (Scot/Wales **107**)

BBC4 starts broadcasting at 7.00pm

7.00 **Raiders of the Lost Past with Janina Ramirez** Exploring the truth behind the myth of the Minotaur.
8.00 **Voyages of Discovery** The rescue of the *USS Squalus* crew in 1939.
9.00 **Sambre: Anatomy of a Crime** New episodes 5 of 6. A cold case specialist is handed the 'Sambre rapist' investigation. Subtitled. **10.05** Last in the series. Enzo Salina is captured on CCTV near the scene of an attack. Subtitled.
11.10 **Parkinson** An edition from 1972. Guests include Lauren Bacall.
12.10 AM **Porridge** Double-bill.
1.10 **Voyages of Discovery** See 8.00pm.
2.10 to 3.10 AM **Raiders of the Lost Past**

ITVBe

FV 28 Sky **131** (Scot **132**) Freesat **119** Virgin **119**

7.00 AM **Giovanna Fletcher: Made in Italy**
8.00 **The Real Housewives of Atlanta**
11.00 **Buying and Selling** Property series.
12.00 NOON **Project Bakeover**
1.00 PM **The Real Housewives of Atlanta**
2.55 **The Only Way Is Essex** Reality show.
3.55 **Ferne McCann: My Family and Me** Finty still refuses to sleep through.
5.00 **Ferne McCann: My Family and Me** Finty lands a modelling campaign.
6.00 **Ferne McCann: My Family and Me** Ferne, Finty and Sunday go on a staycation with Carl and Ellis.
7.00 **John and Lisa's Food Trip Down Under** John Torode and Lisa Faulkner tour Western Australia.
8.00 **Jason Atherton's Dubai Dishes** The chef showcases Dubai's cuisine.
9.00 **Botched** A transgender woman seeks surgeon Dr Paul Nassif's help to fix her collapsed nose.
10.00 **Botched** Surgeon Dr Terry Dubrow transforms a woman who was pressured to get large implants.
10.55 **My Mum, Your Dad** Reality series. Davina McCall shocks the parents.
12.00 to 1.00 AM **Kavos Weekender**

E4

FV 13 Sky 135/136 F'sat 122 Virgin 106

6.00 AM **Lego Masters Australia**
7.10 **Don't Tell the Bride**
8.15 **Ramsay's Kitchen Nightmares USA**
12.15 PM **Modern Family**
2.20 **The Big Bang Theory** US comedy. (S7, ep3) **2.50** (S7, ep4) **3.20** (S7, ep5) **3.50** (S7, ep6) **4.15** (S7, ep7) **4.45** (S7, ep8)
5.15 Pick Film **Clueless** Teen comedy. A teenager tries to boost her new friend's image. Stars Alicia Silverstone and Stacey Dash. (1995, 12) ★★★★
7.05 Film **My Super Ex-Girlfriend** Comedy. An ordinary New Yorker finds himself living a nightmare when he tries to dump his superhero girlfriend. Stars Uma Thurman, Luke Wilson and Eddie Izzard. (2006, 12) ★★★
9.00 **Celebrity Gogglebox** An edition from June of this year, with opinions on *Love Island*, *MILF Manor* and *The Motorway Hotel*.
10.00 **Gogglebox** An edition from March 2024, with appraisals of *Casualty*, *Who Wants to Be a Millionaire?* and Crufts.
11.05 **Gogglebox** An edition from March of 2024, including opinions of *This Morning*.
12.05 AM **First Dates** Double-bill.
2.15 **Below Deck** Double-bill.
3.50 **Ramsay's Kitchen Nightmares USA**
4.40 **Don't Tell the Bride**
5.30 **to 6.00** AM **The Goldbergs**

Film4

FV 14 Sky 313 Freesat 300 Virgin 428

11.00 AM Film **Mr Popper's Penguins** Comedy. Stars Jim Carrey and Carla Gugino. (2011, PG) ★★★
12.50 PM Film **The Adventures of Tintin** Animation with the voice of Jamie Bell. (2011, PG) ★★★★
2.55 Film **Lemony Snicket's A Series of Unfortunate Events** Fantasy. Stars Jim Carrey. (2004, PG) ★★★
5.00 Film **The War with Grandpa** Comedy, starring Robert De Niro and Uma Thurman. (2021, PG) ★★
6.50 Film **The Italian Job** Crime thriller remake. A gang of thieves seek revenge against a former comrade after being double-crossed out of the proceeds of a gold bullion heist. Stars Mark Wahlberg and Edward Norton. (2003, 12) ★★★
9.00 Film **Notting Hill** Romantic comedy. A divorced west London bookshop owner falls in love with a visiting Hollywood star. Stars Julia Roberts and Hugh Grant. (1999, 15) ★★★★
See Filmweek, page 30
11.30 Film **Indiana Jones and the Temple of Doom** Action adventure starring Harrison Ford and Ke Huy Quan. (1984, PG) ★★★
1.50 **to 3.50** AM Film **Paranormal Activity: Next of Kin** Horror thriller. Stars Emily Bader. (2021, 15) ★★

More4

FV 18 Sky 136/137 F'sat 124 Virgin 147

8.55 AM **A Place in the Sun** Back-to-back editions.
12.30 PM **Location, Location, Location** The south east.
1.35 **Location, Location, Location** A search for properties in Sheffield.
2.35 **Come Dine with Me** Back-to-back dinner parties in north Surrey.
5.15 **Four in a Bed** The contest starts in Charing, Kent. **5.50** From the White Lady in Worstead, Norfolk. **6.20** From Cranleigh House B&B in Devon.
6.50 **Four in a Bed** The final visit is to Beaches B&B in Paignton, Devon. **7.25** The winner of the B&B contest is revealed.
7.55 **Matt Baker: Travels with Mum & Dad** Matt, Mike and Janice visit Durham Castle and attend the Durham Regatta.
9.00 **24 Hours in A&E** A 93-year-old man is treated for life-threatening injuries after being struck by a hit-and-run driver.
10.00 **24 Hours in A&E** An eight-year-old boy falls 8ft onto concrete while riding his BMX – possibly injuring his spine.
11.05 **8 Out of 10 Cats Does Countdown** With Liza Tarbuck and Phill Jupitus.
12.10 AM **8 Out of 10 Cats Does Countdown** With Henning Wehn and Bill Bailey.
1.15 **24 Hours in A&E**
3.20 **to 3.50** AM **A Place in the Sun**

U&Drama

FV 20 Sky 143 Freesat 158 Virgin 116

7.30 AM **Birds of a Feather**
10.40 **Hamish Macbeth**
1.45 PM Film **The Quiller Memorandum** Espionage thriller starring George Segal. (1966, PG) ★★★★
4.00 **The Brokenwood Mysteries** Here's to You, Mrs. Robinson: Detective drama series. Kristin leads the investigation into a 1970s-themed party where several partygoers died.
6.00 **The Brokenwood Mysteries** From the Cradle to the Grave: Chaos ensues when a museum's Egyptian mummy case turns out to contain the body of a very recently deceased woman.
8.00 **Father Brown** The Crackpot of the Empire: A former music hall comedian swears revenge on the priest.
9.00 **Rebus** The First Stone: Drama starring Ken Stott. The moderator-elect of the Church of Scotland and a female companion are discovered naked in a car with their throats cut.
10.35 **McMafia** 3 of 8. Semiyon seeks backing for his business venture.
11.50 **The Last Detective** 1 of 4. Comedy drama series starring Peter Davison. Davies is forced to prove his mettle when a routine inquiry uncovers an unsolved murder case.
2.00 **to 4.00** AM **The Chelsea Detective**

U&Dave

FV 19 Sky 111/112 Freesat 157 Virgin 127

7.10 AM **Whose Line Is It Anyway? USA** Double-bill.
8.00 **Storage Hunters UK**
9.00 **World's Most Dangerous Roads** Peruvian Andes.
10.00 **Red Bull Soapbox Race 2017: London**
1.00 PM **Storage Hunters UK**
3.00 **Robson's Extreme Fishing Challenge** Double-bill.
5.00 **Greece with Simon Reeve**
6.00 **Mortimer & Whitehouse: Gone Fishing** Wild brown trout in Wales' River Usk. **6.40** The duo fish the wild lakes of Essex for carp.
7.20 **Mortimer & Whitehouse: Gone Fishing** Bob Mortimer and Paul Whitehouse fish the River Tay for salmon.
8.00 **Special Ops: Crime Squad UK** Featuring an aggressive mugger in Kent and a gang stealing Britain's history in Cheshire.
9.00 **Not Going Out Live** Lee and Lucy organise a Christmas variety show.
9.35 **Not Going Out** Toby organises a sponsored parachute jump for charity. **10.15** Lee and Lucy's friendship with Toby and Anna is put to the test.
10.55 **QI XL** With Clare Balding, Dara O Briain, Jimmy Carr and regular Alan Davies.
11.55 **Have I Got a Bit More News for You** An edition of the quiz from 2023.
12.55 AM **Have I Got a Bit More News for You**
1.55 **to 4.00** AM **Room 101**

Talking Pictures TV

FV 82 Sky 328 Freesat 306 Virgin 445

6.00 AM **A Lifetime Ago**
6.20 **Frozen Alive** (1964) ★★★
7.55 **The Beverly Hillbillies**
8.30 **Black Saddle** (S1, ep12)
9.00 **Batman** (S1, ep16)
9.30 **Space Patrol** (S1, ep10)
10.00 **Danny the Dragon**
10.20 **Caught in the Net** (1960) ★
11.30 **The Buccaneers** (S1, ep30)
12.00 NOON **Hawkeye** (S1, ep35)
12.35 PM **Village of the Giants**
2.15 **Scotland Yard** Drama.
3.00 **Captain Scarlet**
3.35 **Look at Life**
3.50 **I Love Trouble** (1947) ★★★
5.45 **A Lifetime Ago**
6.10 **The Story of Robin Hood...**
8.00 **Budgie** Drama. (S2, ep10)
9.05 **Scandal Sheet** Crime drama. (1951, PG) ★
10.45 **Edgar Wallace Theatre**
12.00 M'T **Spanish Fly** (1975) ★
1.45 AM **Legend of the Witches**
3.25 **The Killer is Loose** (1956)
4.55 **The Life of Wyatt Earp**
5.30 **to 6.00** AM **The Law & Mr Jones**

5Action

FV 33 Sky 150 Freesat 132 Virgin 130

9.00 AM **Police Interceptors** Back-to-back editions.
2.55 PM Film **Up Periscope** Wartime action drama starring James Garner, Edmond O'Brien and Andra Martin. (1958, U) ★★
5.10 Film **The Greatest Story Ever Told** Hollywood's epic retelling of the life of Christ. Stars Max von Sydow and Charlton Heston. (1965, U) ★★★
9.00 Film **True Grit** Western. A US marshal helps to avenge the murder of a teenager's father. Stars Jeff Bridges and Hailee Steinfeld. (2010) ★★★★
11.15 Film **General Commander** Action thriller starring Steven Seagal. (2019, 18) ★★
1.00 AM **Yellowstone** Drama.
2.55 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

5STAR

FV 32 Sky 128/129 F'sat 131 Virgin 126

8.00 AM **Entertainment News**
8.05 **Dogs Behaving (Very) Badly** Four editions.
12.00 NOON **Nightmare Tenants, Slum Landlords** Back-to-back editions.
5.05 PM Film **From Time to Time** Fantasy starring Maggie Smith and Timothy Spall. (2009, PG) ★★★★
7.05 Film **The Time Machine** Sci-fi. A Victorian scientist travels 800,000 years into the future. Stars Guy Pearce. (2002, PG) ★★★★
9.00 Film **Non-Stop** Thriller. A plane's air marshal searches for a terrorist threatening to kill the passengers. Stars Liam Neeson. (2014, 12) ★★★★
11.05 Film **Gun** Thriller starring Val Kilmer. (2010, 18) ★★
12.50 AM **Police Interceptors**
3.30 **Car Pound Cops**
3.55 **to 4.00** AM **Entertainment News**

5USA

FV 21 Sky 141/169 F'sat 129 Vir 120/162

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S1, ep17) **10.10** (S1, ep18) **11.05** (S1, ep19) **12.05** PM (S1, ep20)
1.05 **NCIS** (S4, ep1) **2.00** (S4, ep2) **3.00** (S4, ep3) **4.00** (S4, ep4) **5.00** (S4, ep5)
6.00 **NCIS** A marine sergeant's daughter is kidnapped on Halloween. (S4, ep6)
7.00 **NCIS** A marine colonel is killed in an explosion at a golf course. (S4, ep7)
8.00 **NCIS** A former marine falls to his death. (S4, ep8)
9.00 **Criminal Minds** The profilers race to save an abducted family. (S8, ep3)
10.00 **Criminal Minds** A killer in New Mexico is suspected of selling body parts on the black market. (S8, ep4)
11.00 **Law & Order: Special Victims Unit** Triple-bill.
1.55 AM **Criminal Minds** Drama.
3.35 **to 4.00** AM **Criminals: Caught on Camera**

Sky Mix

FV 11 Sky 151 Freesat 144 Virgin 135

6.00 AM **Nothing to Declare**
8.00 **Let's Game: World Builders** Triple-bill.
8.20 **Moominvalley**
8.45 **Bad Nature** Double-bill.
9.00 **Nothing to Declare**
11.00 **Highway Cops**
11.30 **Monkey Life**
2.00 PM **Living Beach**
3.00 **Arabian Seas**
4.00 **Island of the Monsoon**
5.00 **Deep Dive Australia**
6.00 **Great Barrier Reef**
7.00 **Secrets of the Enchanted Forests** New to Freeview
8.00 **Caught on Dashcam**
9.00 **Britcam: Emergency on Our Streets** Documentary.
10.00 **Sex and the City**
12.00 M'T **Caught on Dashcam**
1.00 AM **Brit Cops: Frontline**
2.00 **Border Security Canada**
4.00 **to 6.00** AM **Highway Patrol**

SATURDAY

7 PM
8 PM
9 PM
10 PM

PRIME-TIME

more freeview

Key to episode numbers: ***(S1, ep1 of 10) = Series 1, episode 1, and there are a total of 10 episodes in the series***

PRIME-TIME

U&W

FV 25 Sky 132/133 F'sat 156 Virgin 125

6.10 AM **The Bill** Police drama.
11.00 **Tipping Point** Quiz series.
3.00 PM **My Family** Triple-bill.
5.00 **My Family** Janey learns a disturbing family secret. **5.40** Susan invites her boss to a family dinner. **6.20** Ben grows jealous of a wealthy school friend.
7.00 **Miranda** A shopping trip ends badly for Miranda. **7.40** The singleton joins a class to learn French. **8.20** Penny pressures Miranda into trying to improve her job prospects.
9.00 **The Catherine Tate Show** Comedy sketch series.
11.00 **Chewing Gum** Double-bill of the comedy series.
12.00 M'T **Louis Theroux: Shooting Joe Exotic**
1.45 AM **Date Night**
2.20 **to 3.00** AM **Nigella: At My Table**

GREAT! tv

FV 50 Sky 157 Virgin 170

8.00 AM **Highway to Heaven** Back-to-back episodes.
4.00 PM **The New Avengers**
5.00 **The New Avengers** Steed investigates the death of a colleague.
6.00 **The New Avengers** The trio race to uncover an assassination ring.
7.00 **The New Avengers** An agent seeks revenge.
8.00 **The New Avengers** The agents face a man who can kill by touch alone.
9.00 Film **Garage Sale Mysteries: Guilty Until Proved Innocent** (2016)
10.55 Film **Garage Sale Mystery: The Wedding Dress** (2015, PG) ★★★
12.50 AM **Castle** (S6, ep2&3)
3.00 **Randall and Hopkirk (Deceased)** Drama.
4.00 **to 5.00** AM **Highway to Heaven**

Quest

FV 12 Sky 144 Freesat 167 Virgin 137

6.00 AM **World's Biggest Shipbuilders** The *Tangier*.
7.00 **Mega Shippers**
8.00 **Wheeler Dealers**
2.00 PM **Richard Hammond's Workshop** Double-bill.
4.00 **Salvage Hunters**
6.00 **Salvage Hunters** A fuel shed in Suffolk is explored.
7.00 **Salvage Hunters** Drew and Tee visit Newark.
8.00 **The Antiques Brothers** A search for French treasures to sell at auction.
9.00 **The Hotel Inspector** A Surrey guesthouse.
10.00 **The Hotel Inspector** A troubled hotel in Exeter.
11.00 **Maritime Masters: Expedition Antarctica**
12.00 M'T **Outback Opal Hunters**
1.00 **Outback Crystal Hunters**
2.00 **Swimming with Monsters with Steve Backshall**
4.00 **to 5.00** AM **How It's Made**

True Crime

FV 67 Sky 146 Freesat 135 Virgin 148

9.00 AM **Judge Judy** Back-to-back small-claims cases.
5.00 PM **Close Calls: On Camera** Four editions of the series revealing when everyday events turn into disasters.
7.00 **See No Evil** The murder of Torrance Cheeves in his San Antonio, Texas home.
8.00 **See No Evil** A look at the disappearance of Natasha Cournoyer in 2009.
9.00 **Killer Kids** The murder of the Richardson family.
10.00 **Killer Kids** In 1999, a 14-year-old planned a killing spree at his school.
11.00 **Killer Kids** The murder of Jamie Bulger in 1993.
12.00 M'T **Killer Kids** Cases of infanticide committed by teenage mothers.
1.00 AM **See No Evil** Double-bill.
3.00 **Medical Detectives**
4.00 **to 6.00** AM **Judge Judy**

Pick of the day

Giroud

Sky Documentaries, 9.00pm
The life of Olivier Giroud, France's all-time leading goalscorer – who played for Arsenal and Chelsea.

PRIME-TIME

U&Yesterday

FV 27 Sky 155 Freesat 159 Virgin 129

6.10 AM **How to Build a Motor Car** Double-bill.
8.00 **Great Railway Journeys**
11.00 **Find It, Fix It, Flog It**
2.00 PM **Make It at Market**
4.00 **Martin Clunes: Islands of Australia** The Tiwi Islands.
5.00 **Canal Boat Diaries**
7.00 **Canal Boat Diaries** The Grand Union Canal.
8.00 **Canal Boat Diaries** Simpson to Little Tring.
9.00 **Coastal Railway Journeys** Tynemouth to Bardon Mill. **9.30** A journey from Newcastle to Lynemouth.
10.00 **One Foot in the Grave** Victor returns to find the house has been burgled. **10.40** Margaret is haunted by a nightmare.
11.20 **One Foot in the Grave**
12.00 M'T **Bangers & Cash**
1.00 **to 3.00** AM **How to Build a Motor Car**

GREAT! movies

FV 34 Sky 321 Virgin 425

9.00 AM **Perception** (S1, ep4)
10.00 Film **Time of Death** Thriller. (2013, PG) ★★
12.00 NOON Film **Ties That Bind** (2010, PG) ★★
1.55 PM Film **The Bounty Hunter** (2010, 12) ★★★
4.15 Film **Gods of Egypt** Fantasy. (2016, 12) ★★★
7.05 Film **Survivor** Action thriller starring Milla Jovovich. (2015, 12) ★★
9.00 Film **Source Code** Sci-fi thriller starring Jake Gyllenhaal and Vera Farmiga. (2011, 12) ★★★★
11.00 Film **The Snowman** Drama starring Michael Fassbender and Jonas Karlsson. (2017, 15) ★★
1.25 AM Film **Cut Bank** Thriller. (2014, 15) ★★★
3.20 **Wild West Chronicles**
4.00 **to 6.00** AM Film **The Wrong Daughter**

Quest Red

FV 40 Sky 149 Freesat 169 Virgin 168

6.00 AM **Say Yes to the Dress**
10.00 **Forensic Detectives**
12.00 NOON **American Monster**
2.00 PM **Disappeared** The story of Jarrod Johnston.
3.00 **Say Yes to the Dress**
6.00 **Say Yes to the Dress** A hip-hop medium seeks the perfect black dress.
7.00 **The Perfect Murder** The shooting of a couple.
8.00 **Murder Comes to Town** Carla Fuqua's murder.
9.00 **The Killer in My Family** How a loving family man declined into a killer.
10.00 New **Bodies in the Water** Documentary. A missing student is found dead in the Atlantic Ocean.
11.00 **Faking It: Tears of a Crime**
12.00 M'T **Nightmare Next Door**
1.00 AM **Betrayed** Documentary.
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

Legend

FV 41 Sky 148 Freesat 137 Virgin 149

7.00 AM **World's Most Unexplained...**
8.00 Film **Premonition** Thriller. (2004, 15) ★★
10.00 **MacGyver** (S1, ep15-19)
3.00 PM Film **Earthquake** Disaster movie. Stars Ava Gardner. (1974, PG) ★★★
5.30 Film **All Quiet on the Western Front** World War One drama. Stars Richard Thomas. (1979, PG) ★★★
8.30 **The Twilight Zone**
9.00 Film **The Hunted** Thriller starring Christopher Lambert. (1995, 18) ★★★
11.10 Film **Lucky Number Slevin** Crime thriller starring Josh Hartnett. (2006, 18) ★★★★
1.20 AM Film **Paydirt** Thriller starring Val Kilmer and Luke Goss. (2020, 15) ★
3.05 **to 5.00** AM Film **The Asphyx** (1973) ★★★

PBS America

FV 84 Sky 174 Freesat 155 Virgin 187

Available 1pm to 12m't on Freeview

8.00 AM **The Boleyns: A Scandalous Family**
11.55 **The Rise and Fall of Thomas Cromwell**
1.00 PM **The Boleyns: A Scandalous Family**
4.50 **The Rise and Fall of Thomas Cromwell**
6.00 **10 Mistakes That Sank the Titanic** The ship's sinking.
7.10 **SAS: Rogue Warriors** The history of the British Army special forces unit.
8.20 **SAS: Rogue Warriors** The story of two members who outran their pursuers.
9.40 **SAS: Rogue Warriors** The unit's early years.
10.55 **10 Mistakes That Sank the Titanic** See 6.00pm.
12.00 M'T **The Rise and Fall of Thomas Cromwell**
1.15 **to 2.00** AM **Beautiful Serengeti**

PRIME-TIME

Really

FV 17 Sky 142 Freesat 160 Virgin 128

6.00 AM **Fantasy Homes**
7.00 **Home Shopping**
8.00 **Fantasy Homes by the Sea**
10.00 **Yorkshire Auction House**
12.00 NOON **The Derbyshire Auction House** The home of a former pop star.
1.00 PM **A Place in the Sun** Back-to-back editions.
9.00 New **Haunted Hospitals** Paranormal documentary series. Including the story of a haunted dialysis clinic.
10.00 **Haunted Hospitals** New edition A mysterious girl follows a housekeeper.
11.00 New **The Dead Files** Documentary visiting haunted locations.
12.00 M'T **Help! My House Is Haunted** A Sussex inn.
1.00 **Unexplained on Camera**
2.00 **Home Shopping**
4.00 **to 6.00** AM **Rocky Mountain Vet**

GREAT! christmas

FV 52 Sky 319 Virgin 424

8.00 AM Film **The Christmas Apprentice** (2016, PG) ★★
10.00 Film **Christmas on Holly Lane** (2018, PG) ★★
12.00 NOON Film **Christmas in Palm Springs** (2014) ★★
2.00 PM Film **Christmas in the Highlands** (2019) ★★
4.00 Film **My Christmas Fiancé** (2022, PG) ★★★
6.00 Film **Once Upon a Holiday** Drama. Stars Tara Wilson. (2015, PG) ★★
8.00 Film **Christmas in Paris** Romantic drama starring Rebecca Dalton and Karl E Landler. (2019, PG) ★★
10.00 Film **A Christmas Crush** Comedy starring Cindy Sampson. (2019, PG) ★
12.00 M'T Film **Hats Off to Christmas!** (2013, PG) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM Film **All I Want for Christmas** (2013)

GREAT! action

FV 42 Sky 323 Virgin 426

8.00 AM **Police Ten 7**
9.10 **Total War** Documentary.
10.30 Film **Revolution** Period drama. (1985, 12) ★
1.00 PM **Wild West Chronicles**
2.00 Film **Gunfighters** Western. (1947, PG) ★★
3.55 Film **The Nebraskan** Western. (1953, PG) ★
5.20 Film **No Name on the Bullet** (1959, U) ★★★
7.10 Film **Ride Clear of Diablo** Western starring Audie Murphy and Dan Duryea. (1954, U) ★★★
9.00 Film **Out of Reach** Thriller starring Steven Seagal. (2004, 15) ★
11.05 Film **The Foreigner** Thriller. (2003, 15) ★
1.10 AM Film **Flight of Fury** Action thriller. (2007, 15) ★
3.15 **Cops Uncut** Police chases.
3.45 **to 5.00** AM **The Blitz on London**

Challenge

FV 48 Sky 145 Freesat 146 Virgin 139

7.00 AM **The Chase** Quiz series.
9.00 **Bruce's Price Is Right**
10.00 **Supermarket Sweep**
11.00 **All Star Family Fortunes**
1.00 PM **Cash Trapped** Quiz.
3.00 **The Celebrity Chase**
4.00 **The Celebrity Chase** Katherine Ryan, George Shelley, Faye Brookes and Bobby Davro take part.
5.00 **The Celebrity Chase** With Nigel Havers, Melinda Messenger, Dave Gorman and Michelle Hardwick.
6.00 **The Chase** Triple-bill of the general knowledge quiz hosted by Bradley Walsh.
9.00 **The Family Chase** A family from Co Antrim take on one of the Chasers.
10.00 **The Chase** Quiz series.
11.00 **Bullseye** Back-to-back editions of the darts quiz.
4.00 AM **The Celebrity Chase**
5.00 **to 6.00** AM **The Chase**

Sky Arts

FV 36 Sky 130/131 F'Sat 147 Virgin 123

6.00 AM **Andre Rieu: Live in Maastricht III**
8.45 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Presents**
1.00 PM **Stories from the National Gallery**
2.00 **Cirque du Soleil: Luzia**
3.40 **Discovering** Dean Martin.
4.35 **The Rolling Stones: Grrr Live!** A 2012 concert.
7.30 **Classic Artists: Cream**
10.00 **Classic Albums** Nirvana's *Nevermind*.
11.00 **Grunge: A Story of Music and Rage** The subculture spawned by the genre.
12.15 AM **Have You Got It Yet? The Story of Syd Barrett and Pink Floyd**
2.00 **Bryan Ferry Plays Baloise Session**
3.20 **More Than This: The Story of Roxy Music** Profile.
4.15 **Music Icons** Profiles.
5.10 **to 6.00** AM **Discovering**

PHOTO: GETTY

Sky Showcase

Sky 106 Virgin 109

6.00 AM **Kids' Programmes**
8.05 **Monkey Life** Triple-bill.
10.00 **Saturday Social**
11.00 **The Simpsons** Back-to-back episodes.
1.00 PM **The Lost City of Ramses II** Looking at the true history of the lost city of Ramses the Great.
3.00 **Soccer Saturday** Up-to-the-minute scores from today's fixtures.
5.00 **F1: Azerbaijan Grand Prix** Action from the battle for grid positions for the 17th round of the season, held at Baku City Circuit.

7.00 **The Simpsons** Lisa embraces her creative side at a performing arts camp. **7.30** Grampa gives each member of the family $50.

8.00 **An Idiot Abroad 2** Karl Pilkington treks to the summit of Mount Fuji in Japan and receives sumo-wrestling training.

9.00 Film **Star Trek Into Darkness** Sci-fi adventure sequel. The USS *Enterprise* pursues a rogue Federation officer with a secret past. Stars Chris Pine, Zachary Quinto and Benedict Cumberbatch. (2013, 12) ★★★★

11.20 **Funny Woman** Dennis is goaded by Vernon to appear on his discussion programme. (S2, ep2)
12.20 AM **The Office (US)** Comedy. (S8, ep2-5)
2.15 **The Force: North East**
3.10 **Road Wars** Vehicle crime.
4.05 **to 6.00** AM **Nothing to Declare**

Sky Witness

Sky 107 Virgin 110

6.00 AM **Motorway Patrol**
9.00 **Stop, Search, Seize**
10.00 **Border Patrol** Exploring the work of the New Zealand Customs agents.
12.00 NOON **Sun, Sea and A&E** A seasonal worker is hospitalised for several days after being involved in a hit-and-run incident.
1.00 PM **Bondi Rescue** Triple-bill about the day-to-day work of lifeguards patrolling Bondi Beach in Australia.
2.30 **Nothing to Declare** Back-to-back editions of the documentary series.

7.00 **Nothing to Declare** A container from Lebanon hides many illicit items. **7.30** Two women from China have more to declare.

8.00 **Nothing to Declare** Fly-on-the-wall series following customs and immigration officers at Australia's biggest airports.

9.00 **FBI** Bell and OA attempt to locate a couple whose spree of armed robberies resulted in the death of a police officer. (S1, ep13)

10.00 **Law & Order: Special Victims Unit** Benson handles a delicate investigation into a sexual assault. (S25, ep4 of 13)

11.00 **Law & Order: Organized Crime** The team must keep a witness safe from a gang. (S4, ep4 of 13)
12.00 M'T **Blue Bloods** A serial killer reappears. (S14, ep2)
1.00 AM **The Cleaning Lady** Drama series. (S3, ep5)
2.00 **to 6.00** AM **Nothing to Declare**

Sky Atlantic

Sky 108 (Wales 109)

6.00 AM **Fish Town** Triple-bill.
8.55 **In Treatment** (S1, ep1)
9.30 **Boardwalk Empire** Drama series. (S2, ep4) **10.35** (S2, ep5) **11.35** (S2, ep6) **12.40** PM (S2, ep7) **1.45** (S2, ep8) **2.55** (S5, ep4)
3.55 **The Sopranos** Tony fears he has cancer. (S5, ep5)
4.55 **The Sopranos** Carmela starts a new relationship with AJ's guidance counsellor. (S5, ep6)
5.55 **The Sopranos** Tony meets his father's former lover, Fran, and talks about it with Dr Melfi. (S5, ep7)

6.55 **The Sopranos** Family and friends gather at the Soprano household to celebrate the birthday of Carmela's father. (S5, ep8)

7.55 **Game of Thrones** Cersei tries to even the odds, while Arya reminds the Freys that the North remembers. (S7, ep1)

9.00 **Game of Thrones** Daenerys receives an unexpected visitor and Tyrion plans the conquest of Westeros. (S7, ep2)

10.05 **Game of Thrones** Jon and Daenerys finally meet, Cersei gains a new ally and Sam is confronted for his actions. (S7, ep3)

11.20 **Game of Thrones** Daenerys launches a surprise attack on the Lannister army. (S7, ep4)
12.20 AM **Game of Thrones** Daenerys makes an offer to the Lords of Westeros. (S7, ep5)
1.30 **Patrick Melrose** (S1, ep1)
2.45 **to 6.00** AM **Fish Town**

Sky Comedy

Sky 114 (Wales 115) Virgin 112

8.00 AM **The Conners** Comedy.
10.15 **Veep** Satirical comedy.
1.15 PM **Insecure** (S5, ep5-9)
4.00 **Will & Grace** US comedy. (S4, ep16) **4.30** (S4, ep17)
5.00 **Will & Grace** 2 of 2. The duo try to get their old home back. (S4, ep18) **5.30** Will hears his parents have settled their differences. Guest stars Blythe Danner.(S4, ep19) **6.00** Jack worries about being typecast. (S4, ep20)
6.30 **The Office (US)** Andy creates an incentive programme. (S8, ep2)

7.00 **The Office (US)** The warehouse crew quits after a lotto win. (S8, ep3) **7.30** Andy Bernard throws a garden party at Schrute Farms. (S8, ep4) **8.00** Erin struggles to pull off the ultimate Halloween party. (S8, ep5) **8.30** Dwight tries to reduce errors. (S8, ep6)

9.00 **Romantic Getaway** Kethan wants Deacon to do a job for him. (S1, ep3) **9.30** Deacon and Allison steal a Ferrari. (S1, ep4)

10.00 **Divorce** Frances has an epiphany. (S1, ep1)
10.40 **Divorce** Robert bitterly changes the locks on the family home. (S1, ep2)

11.15 **Entourage** (S3, ep1) **11.50** (S3, ep2)
12.25 AM **Curb Your Enthusiasm** Comedy. (S7, ep2) **1.00** (S7, ep3) **1.35** (S7, ep4)
2.10 **Pete Holmes: Faces and Sounds** Stand-up comedy.
3.25 **Sort Of** Double-bill.
4.25 **to 5.00** AM **Bored to Death**

Gold

Sky 110 (Wales 111) Virgin 124

7.00 AM **The Green Green Grass**
7.30 **The Story of Only Fools and Horses** A look at how the Trotter family grew.
8.30 **Hi-de-Hi!** Comedy series.
9.10 **Open All Hours** Comedy.
9.50 **Only Fools and Horses** Back-to-back episodes.
4.30 PM **Only Fools and Horses** An audition gives Raquel the chance of a lifetime and an excuse to get out.
5.35 **Only Fools and Horses** Del becomes a showbiz manager after discovering a Tom Jones-style singer.
6.40 **Only Fools and Horses** The Class of '62: Del is invited to a school reunion organised by his old adversary Roy Slater.

7.45 **Only Fools and Horses** He Ain't Heavy, He's My Uncle: Uncle Albert falls victim to muggers, so Del-Boy resolves to take the law into his own hands.

8.55 **Only Fools and Horses** The Sky's the Limit: Del-Boy decides to enter the hi-tech world of satellite communications.

10.00 **Am I Being Unreasonable?** There's a shock discovery inside Ollie's bedroom. **10.40** The time arrives to reveal the truth about the new 'mum-in-town'.
11.20 **The Real McCoy** Sketches include the introduction of superheroes Dyam Fool Man and Idiot Boy. **12.00** M'T Sketches.
12.40 AM **Am I Being Unreasonable?** Comedy.
2.00 **The Real McCoy**
3.15 **to 4.00** AM **The Fosters**

SATURDAY

7 PM

8 PM

9 PM

10 PM

Sky Crime

Sky 122 (Scot 123) Virgin 121

6.00 AM **Caught on Dashcam**
7.00 **Highway Patrol**
11.00 **Stop, Search, Seize**
1.00 PM **Catching the Killer**
2.00 **Twisted Killers**
3.00 **An Unexpected Killer**
4.00 **Britain's Most Evil Killers** Ali Qazimaj's crimes.
5.00 **Britain's Most Evil Killers** Billy Dunlop's crimes.
6.00 **World's Most Evil Killers** Jack Unterweger.
7.00 **Killer in My Village** Yvonne McCann's murder.
8.00 **Murders That Shocked the Nation** The A6 Murderer.
9.00 **World's Most Evil Killers** John Allen Muhammad and Lee Malvo's crimes.
10.00 **How I Caught the Killer**
11.00 **Killer in My Village**
12.00 M'T **Catching the Killer**
1.00 AM **The Real Manhunter**
2.00 **World's Most Evil Killers**
3.00 **An Unexpected Killer**
4.00 **Brit Cops: Law & Disorder**
5.00 **to 6.00** AM **Motorway Patrol**

Sky Documentaries

Sky 121 (Scot 122) Virgin 188

6.00 AM **Discovering** Profiles.
8.00 **Directors** Alan J Pakula.
9.00 **Directors** Carol Reed.
10.00 **Laurel and Hardy: Their Lives and Magic** Profile of the comedy duo.
12.00 NOON **Ghislaine Maxwell: Epstein's Shadow** All three episodes.
3.00 PM **Spielberg** A look at the career of Oscar-wining director Steven Spielberg.
5.50 **Wise Guy: David Chase and the Sopranos** The story behind the drama.
9.00 Pick New **Giroud** The long career of the French footballer Olivier Giroud.
10.40 **Mission to Burnley** Alan Pace looks for innovative ways to lift the crowd.
11.40 **Everton: Howard's Way**
1.40 AM **My Icon** Rachel Yankey.
2.00 New **Black Widow** The case of Dena Thompson.
3.00 **Doom Scroll**
4.50 **My Icon** Sporting heroes.
5.00 **to 6.00** AM **Directors**

Sky Nature

Sky 124 (Scot 125) Virgin 189

6.00 AM **Zambia Untamed**
8.00 **Woodpeckers: The Hole Story** Documentary.
9.00 **Monkey Life** Primates.
10.00 **Impossible Animals**
1.00 PM **Orangutan Jungle School** A case of malaria.
2.00 **Alien Abyss** Triple-bill.
5.00 **David Attenborough's Global Adventure**
6.00 **David Attenborough's Global Adventure: Home Planet** Great Barrier Reef.
7.00 **David Attenborough's Global Adventure: The Rise of Nature**
8.00 **Big Cats: An Amazing Animal Family**
9.00 **Deadly Australians**
10.00 **Extreme Snakes: Australia**
11.00 **Extreme Snakes: Africa**
12.00 M'T **Big Cats: An Amazing Animal Family**
1.00 AM **Deadly Australians**
2.00 **Super Shark Highway**
3.00 **to 6.00** AM **Ningaloo: Australia's Ocean Wonder**

Sky Max

Sky 113 (Wales 114) Virgin 111

6.00 AM **Supergirl** (S2, ep10-14)
11.00 **Merlin** (S1, ep5-8)
3.00 PM **Hawaii Five-0** (S9, ep1)
4.00 **Hawaii Five-0** A man on a flight to Honolulu is kidnapped. (S9, ep2)
5.00 **Hawaii Five-0** McGarrett and Danny search for a bank thief. (S9, ep3 of 25)
6.00 **Hawaii Five-0** Danny and McGarrett discover a dead body. (S9, ep4)
7.00 **Hawaii Five-0** McGarrett investigates a girl who drew pictures of a fresh murder scene. (S9, ep5)
8.00 **An Idiot Abroad 2** A trek up Mount Fuji in Japan.
9.00 **Rob & Romesh vs UFC** The duo enter the world of mixed martial arts.
10.00 **Freddie Down Under**
11.00 **Funny Woman** (S2, ep2)
12.00 M'T **Banshee** (S3, ep3)
1.05 AM **Warrior** (S1, ep9)
2.00 **The Force: North East**
4.00 **to 6.00** AM **Send in the Dogs**

Alibi

Sky 109 (Wales 110) Virgin 114

7.10 AM **Murdoch Mysteries**
10.00 **Hudson & Rex**
2.00 PM **Father Brown**
4.00 **Father Brown** The local lord is strangled during an annual rambling trip.
5.00 **Father Brown** The home owned by Lady Felicia comes under threat.
6.00 **Death in Paradise** A bride-to-be is found dead the day after her hen party.
7.00 **Beyond Paradise** An arsonist targets businesses in the area.
8.00 **Shakespeare & Hathaway** Lu infiltrates a slimming club to uncover its secrets.
9.00 **Death in Paradise** A company boss is killed.
10.00 **Father Brown** The holy house is linked to the death of a wanton woman.
11.00 **Death in Paradise** A man is killed in police custody.
12.00 M'T **Father Brown**
3.00 **to 4.00** AM **Murdoch Mysteries**

PRIME-TIME

Key to episode numbers: ***(S1, ep1 of 10)*** *= Series 1, episode 1, and there are a total of 10 episodes in the series*

SPORT 14 September

TNT SPORTS 1
Sky 410 Virgin 527

3.00 AM Live **Badminton** Coverage of the Hong Kong Open semi-finals.
8.30 **The Fantasy Show** FPL insights.
9.00 **WWE SmackDown** Wrestling action.
10.30 **The Pioneers 10.45 In My Blood**
11.00 Live **Football** **Southampton v Manchester United**. Coverage of the Premier League match staged at St Mary's Stadium, kick-off is at 12.30pm.
3.00 PM **Xtra Time** Post-match reaction.
3.15 **Boxing** Joshua v Dubois.
4.00 **Carl Frampton Meets**
4.15 **Tom Aspinall's Fight Lab**
5.15 **In My Blood** With Chelcee Grimes.
5.30 **Baseball** MLB highlights.
6.00 Live **Baseball** **New York Yankees v Boston Red Sox**. The MLB American League East match which is staged at Yankee Stadium, start-time 6.05pm.
9.15 **Boxing** Daniel Dubois.
9.45 **UFC Fight Week** UFC 306.
10.30 **Rise of the UFC** Documentary.
12.00 M'T **Tom Aspinall's Fight Lab**
1.00 AM Live **UFC** UFC 306 – Prelims.
3.00 to 7.00 AM Live **UFC** **Sean O'Malley v Merab Dvalishvili**. Coverage of the bantamweight title bout staged at Sphere in Las Vegas.

TNT SPORTS 2
Sky 411 Virgin 528

7.30 AM Live **Australian Rules Football** **Port Adelaide Power v Fremantle Dockers.** Coverage of the AFLW match being staged at the Alberton Oval in Adelaide, bounce-up 7.35am
9.30 **Premier League Preview**
10.00 **The Fantasy Show** Insights and tips.
10.30 Live **Australian Rules Football** Coverage of a play-off semi-final.
1.30 PM **Baseball** MLB highlights.
2.30 **Carl Frampton Meets**
2.45 Live **T20 Cricket** **Ireland v England**. Coverage of the first women's T20 in the two-match series from Castle Avenue in Dublin.
6.45 **Boxing** Previews and features.
9.00 **UFC Countdown** UFC 306.
10.00 **Sailing** America's Cup.
10.30 **Baseball** MLB highlights.
12.00 M'T Live **Baseball** **Atlanta Braves v Los Angeles Dodgers**. The MLB National League match, start-time is at 12.20am.
3.15 AM **Baseball** MLB highlights.
3.45 **Badminton Weekly** Magazine.
4.00 to 6.00 AM Live **Australian Rules Football** **Adelaide Crows v Hawthorn Hawks**. Coverage of the AFLW match at Thomas Farms Oval in Adelaide, bounce-up is at 4.05am.

TNT SPORTS 3
Sky 417 Virgin 529

6.00 AM **Tom Aspinall's Fight Lab**
7.00 **Carl Frampton Meets 7.15 Boxing**
7.45 Live **Rugby Union** Coverage of the fifth-place play-off at Chichibunomiya Rugby Stadium, kick-off is at 8.00am.
10.00 **Boxing 11.45 Tom Aspinall's Fight Lab 12.45** PM **Boxing**
1.00 Live **Sailing** America's Cup.
3.30 **WWE Raw 6.00 Rugby Union**
7.00 **Australian Rules Football** AFL.
9.00 **WWE SmackDown** Wrestling.
10.30 **Football** Champions League.
11.00 **Cricket** Caribbean Premier League.
11.30 Live **T20 Cricket** **Barbados Royals v Guyana Amazon Warriors**. The CPL match.
3.45 AM **TNT Sports Cricket Reload**
4.00 to 6.00 AM Live **Australian Rules Football** **Melbourne Demons v North Melbourne Tasmanian Kangaroos**.

sky sports MAIN EVENT
Sky 401 Virgin 511 (501 HD)

6.00 AM **Sky Sports News**
7.00 **Rugby League** Super League.
7.05 Live **Rugby League** Coverage of an NFL qualifying final match.
9.00 **Good Morning Sports Fans**
10.00 **Soccer Saturday Pre-Match**
10.30 Live **Cricket** Coverage of the T20 Blast semi-final at Edgbaston.
1.00 PM Live **F1: Azerbaijan Grand Prix** Qualifying session at Baku City, start-time is at 1.00pm.
2.00 Live **Golf: Solheim Cup** **Europe v USA**. Coverage of the second-day foresomes matches.
5.00 Pick Live **Football** **Aston Villa v Everton**. Coverage of the Premier League match staged at Villa Park, kick-off is at 5.30pm.
7.45 Live **Football** **Bournemouth v Chelsea**. The Premier League match from Vitality Stadium, kick-off is at 8.00pm.
10.00 Live **Golf: Solheim Cup** **Europe v USA**. Fourball matches on day two in Gainesville, Virginia.
11.00 Live **Golf** Coverage of the third round of the Procore Championship.
2.00 AM Live **Tennis** The semi-finals of the Guadalajara Open in Mexico.
4.00 to 6.00 AM **Sky Sports News**

sky sports FOOTBALL
Sky 403 Virgin 513 (503 HD)

6.00 AM **EFL Highlights** Two matches.
6.30 **Championship Play-Offs 13/14**
7.30 **League One Play-Offs 13/14**
8.30 **League Two Play-Offs 13/14**
9.30 **EFL Highlights** Two matches.
10.00 **Saturday Social** Footballers' lives.
11.00 Live **EFL** **Millwall v Luton Town**. Coverage of the Championship match staged at The Den, kick-off is at 12.30pm.
● *Additional games live via Sky Sports+*
3.00 PM **Soccer Saturday**
5.20 Live **German Football** **Holstein Kiel v Bayern Munich**. Coverage of the Bundesliga match at Holstein Stadion, kick-off 5.30pm.
7.30 **EFL** Millwall v Luton Town.
9.30 **EFL Championship Highlights**
9.45 **EFL League Two Highlights**
10.00 **EFL Championship Highlights**
10.30 **EFL Cup** The second round.
11.30 **SPFL Highlights** Celtic v Rangers.
12.00 M'T to 6.00 AM **EFL Highlights**

sky sports F1
Sky 406 Virgin 516/HD 506

12.15 to 3.00 PM Live **F1: Azerbaijan Grand Prix** The qualifying session ahead of round 17 of the season at Baku City Circuit, start-time 1.00pm.

sky sports GOLF
Sky 405 Virgin 515 (505 HD)

6.00 AM **Solheim Cup** The opening day.
7.00 **DP World Tour** Amgen Irish Open.
8.00 **Solheim Cup Team Talk**
8.30 **Solheim Cup** The opening day.
9.30 **DP World Tour** Amgen Irish Open.
10.30 **Solheim Cup** The opening round.
11.30 Live **Solheim Cup** **Europe v USA**. Coverage of the foursomes matches on day two.
5.30 PM Live **Solheim Cup** **Europe v USA**. Coverage of the fourball matches on the second day at the Robert Trent Jones Golf Club.
11.00 Live **PGA Tour** Coverage of today's third round of the Procore Championship staged at Silverado Resort and Spa in Napa, California.
2.00 AM **Solheim Cup** The second round from Robert Trent Jones Golf Club.
3.00 **DP World Tour** Amgen Irish Open.
4.00 **Solheim Cup** The second round.
5.00 to 6.00 AM **Golf Academy** Advice.

sky sports PREM LEAGUE
Sky 402 Virgin 512 (502 HD)

6.00 AM **PL Greatest Games**
7.00 **Premier League Years** 1994/95.
9.00 **The Fantasy Show** FPL insights.
9.30 **The Big Interview**
10.00 **Saturday Social** Footballers' lives.
11.00 **Harry Kane: The Journey** A profile.
11.30 **Next Up: Archie Gray** A profile.
12.00 NOON **Soccer Saturday** Updates.
5.00 PM Pick Live **Premier League** **Aston Villa v Everton**. Coverage of the Premier League match staged at Villa Park, kick-off is at 5.30pm.
7.45 Live **Premier League** **Bournemouth v Chelsea**. The Premier League match staged at Vitality Stadium, kick-off 8.00pm.
10.30 **Premier League Highlights**
3.00 AM **PL Greatest Games** Archive action.
4.00 **Best Premier League Goals**
5.30 to 6.00 AM **Premier League 100 Club**

sky sports CRICKET
Sky 404 Virgin 514 (504 HD)

6.00 AM **T20 Blast** The 2023 final.
10.00 **Best of T20 World Cup**
10.15 **Best of T20 Blast Finals Day**
10.30 Live **T20 Blast** Coverage of the opening semi-final from Edgbaston.
2.15 PM Live **T20 Blast** The second semi-final staged at Edgbaston.
5.45 **Best of T20 World Cup**
6.00 **Best of T20 Blast Finals Day**
6.15 Live **T20 Blast** Coverage of the final staged at Edgbaston in Birmingham. Last year, Somerset took the spoils by beating Essex.
10.00 **Ace: in the Making** A mission to introduce young children to cricket.
11.15 **Best of T20 Blast Finals Day**
11.30 **Best of England v Australia**
1.30 AM **T20 Blast 5.15to 6.00** AM **Best of England v Australia**

sky sports TENNIS
Sky 407 Virgin 537 (520 HD)

6.00 AM **WTA Tour** The Cincinnati Open.
6.30 **WTA All Access** Magazine.
7.00 **US Open** A review of the US Open.
8.00 **WTA Tour** The Jasmin Open.
4.00 PM Live **WTA Tour** Coverage of the semi-finals on the sixth day of the Jasmin Open at Hotel Skanes.
8.00 **Tennis** US Open women's final.
10.00 **Tennis** Action from the men's singles final at the US Open.
12.00 M'T Live **WTA Tour** Coverage of the semi-finals on the sixth day of the Guadalajara Open at Panamerican Tennis Centre in Zapopan, Mexico.
4.00 AM **Bitesize Tennis** Highlights.
4.15 **US Open** 2012 women's singles final.
4.30 **Bitesize Tennis** Highlights.
4.45 to 6.00 AM **US Open** Highlights.

sky sports MIX
Sky 416 Virgin 510

6.45 AM **Rugby League** Super League.
7.05 Live **Rugby League** An NRL final.
9.05 **Rugby League** Super League.
9.20 **American Football** NFL highlights.
10.15 **Rugby League** Super League.
10.50 Live **Rugby League** An NRL final.
1.30 PM **Rugby League** Super League.
1.45 **My Icon** Maggie Alphonsi.
2.00 Live **Rugby Union** Currie Cup.
4.00 **My Icon** Sporting heroes.
4.30 Live **Rugby Union** Currie Cup.
6.30 **My Icon 7.00 Show Jumping**
8.00 **Tennis 10.00 Rugby League**
10.30 **My Icon 10.45 Rugby League**
1.45 AM **My Icon 2.00 Rugby League**
2.30 **Martial Arts** One Championship.
3.00 Live **Rugby League** **Sydney Roosters v North Queensland Cowboys**, k-o 3.00am.
4.45 to 6.45 AM Live **Rugby League** **Canberra Raiders v Parramatta Eels**. NRLW match, kick-off 4.45am.

What's on TV Pick of the day

Football: Aston Villa v Everton
SS Main Event/SS PL, k-o 5.30pm
The Villans and Jhon Durán have made a solid start to their top-flight campaign, whereas Everton are still without a win.

sky sports NFL
Sky 408 Virgin 517 (507 HD)

6.00 AM **American Football** NFL highlights.
12.00 NOON **Jaguars Weekly UK**
12.30 PM **American Football** NFL.
1.00 **Here Come the Irish**
1.45 **American Football** Highlights.
2.00 **College GameDay**
5.00 Live **College Football** **South Carolina Gamecocks v LSU Tigers**. NCAA, kick-off 5.00pm.
8.00 **American Football** Highlights.
8.30 Live **College Football** **Florida Gators v Texas A&M Aggies**. NCAA, kick-off 8.30pm.
11.30 **American Football** Highlights.
12.30 AM Live **College Football** **Kentucky Wildcats v Georgia Bulldogs**. NCAA, kick-off 12.30am.
3.30 to 6.00 AM **American Football** NFL.

sky sports +
Sky 412 Virgin 518 (508 HD)

6.00 AM **Sky Sports News**
12.25 PM Live **Football** **Leeds United v Burnley**. Coverage of the Championship match held at Elland Road, kick-off is at 12.30pm.
2.30 Live **Golf** The Amgen Irish Open.
5.30 Live **Rugby League** **Huddersfield Giants v Warrington Wolves**. Super League, k-o 6.00pm.
8.15 **Sky Sports News**
11.00 Live **Golf** Coverage of the third round of the Procore Championship.
2.00 to 6.00 AM **Sky Sports News**

EUROSPORT 1
Sky 413 Virgin 521

6.00 AM **Cycling** Highlights.
8.00 **Speedway** A semi-final.
9.00 **Motorcycling** British Superbikes.
10.00 **Mountain Biking** Loudenvielle.
10.30 **Cycling** Quebec Grand Prix.
11.30 **Cycling** European Championships.
12.30 PM Live **Cycling** The women's European Championships race.
4.45 **Cycling** Strade Bianche.
5.00 **Snooker** Saudi Masters.
7.00 **Cycling** European Championships.
8.00 **Motorcycling** British Superbikes.
9.00 Live **Athletics: Sydney Marathon** The 26.2-mile race.
11.45 **Sailing** America's Cup.
12.15 AM **Mountain Biking**
12.45 **Cycling** Highlights.
2.00 to 2.30 AM **Mountain Biking**

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Premiere
Sky 301 Virgin 401

6.50 AM **Scarygirl** (2023) ★★★
8.30 **Migration** (2023, U) ★★★
10.00 **Paint** See 6.10pm.
11.45 **Aquaman and the Lost Kingdom** See 8.00pm.
2.00 PM **Madame Web** Fantasy adventure. (2024, 12) ★★★
4.00 **The Three Musketeers: Milady** (2023, 12) ★★★★
6.10 **Paint** Comedy. Stars Owen Wilson. (2023, 12) ★★★

PRIME-TIME

8.00 **Aquaman and the Lost Kingdom** Fantasy. The hero sets out to defeat a mercenary. Stars Jason Momoa. (2023, 12) ★★★
10.10 **Barber** Mystery. A private investigator is hired to find the granddaughter of a wealthy widow. Stars Aidan Gillen. (2023, 15) ★★★

11.50 **Head Count** (2023, 15) ★★★
1.30 AM **He Went That Way** Crime drama. (2023, 15) ★★★
3.10 **Lovely, Dark, and Deep**
4.45 **to 6.30** AM **Scarygirl** (2023)

Comedy
Sky 308 Virgin 408

6.15 AM **The Tuxedo** See 6.15pm.
8.00 **About Last Night** (2014) ★★
9.45 **The Heartbreak Kid** (2007) ★
11.45 **Hot Rod** (2007, 12) ★★★★
1.20 PM **Ali G Indahouse** (2002)
2.55 **Bad Neighbours** Comedy drama. (2014, 15) ★★★
4.40 **Johnny English** Spy comedy. (2002, PG) ★★★
6.15 **The Tuxedo** Comedy. Stars Jackie Chan. (2002, 12) ★★

8.00 **Miss Congeniality** Comedy. An FBI agent reluctantly enters a beauty pageant. Stars Sandra Bullock. (2000, 12) ★★★
9.55 **Johnny English Reborn** Comedy sequel. The spy must stop an assassination. Stars Rowan Atkinson. (2011, PG) ★★★★

11.40 **House Party** Comedy drama. (2023, 15) ★★★
1.25 AM **The Heartbreak Kid**
3.25 **Hot Rod** See 11.45am.
5.00 **to 7.00** AM **Couples Retreat**

Action
Sky 307 Virgin 407

6.55 AM **Pain & Gain** Dark crime comedy. (2013, 15) ★★★
9.10 **Congo** See 6.05pm.
11.05 **Hellboy** Comic-book action fantasy. (2004, 12) ★★★★
1.25 PM **Need for Speed** Action adventure. (2014, 12) ★★★
3.40 **Fast & Furious 8** Action adventure. (2017, 12) ★★★
6.05 **Congo** Adventure starring Dylan Walsh. (1995) ★★★

8.00 **Transformers: Rise of the Beasts** Fantasy. Robots take on a deadly enemy. Stars Anthony Ramos. (2022, 12) ★★★
10.15 **Sisu** Action thriller. An ex-soldier is confronted by Nazis when he finds gold in Lapland. Stars Jorma Tommila. (2022, 15) ★★★

11.55 **Fast & Furious 8** (2017) ★★★
2.15 AM **Gods of Egypt** Fantasy adventure. (2016, 12) ★★★
4.30 **to 6.05** AM **The One** Martial arts thriller. (2001, 15) ★★★

Kids Books
Sky 306 Virgin 406

6.45 AM **Shrek 2** (2004) ★★★★★
8.25 **Shrek the Third** (2007) ★★★
10.00 **The Lord of the Rings: The Fellowship of the Ring** Fantasy. (2001) ★★★★★
1.00 PM **The Lord of the Rings: The Two Towers** Fantasy sequel. (2002, 12) ★★★★★
4.00 **The Lord of the Rings: The Return of the King** Fantasy sequel. (2003, 12) ★★★★★

7.25 **Jumanji** Fantasy. A board game unleashes a series of wild creatures upon a small town. Stars Robin Williams. (1995, PG) ★★★★
9.25 **Journey 2: The Mysterious Island** Fantasy adventure sequel starring Dwayne Johnson. (2012, PG) ★★★

11.10 **Shrek** (2001, U) ★★★★★
12.55 AM **Shrek 2** (2004) ★★★★★
2.35 **Shrek the Third** (2007) ★★★
4.20 **to 6.15** AM **Goosebumps** Fantasy. (2015, PG) ★★★

Animation
Sky 305 Virgin 412

6.05 AM **Lego Justice League: Attack of Legion of Doom!**
7.30 **Lego Justice League: Cosmic Clash** (2016) ★★★
9.05 **Over the Hedge** (2006)
10.35 **Happy Feet** (2006) ★★★★★
12.35 PM **Mr Peabody & Sherman**
2.20 **The Super Mario Bros Movie**
4.00 **Kung Fu Panda 3** ★★★★
5.45 **Teenage Mutant Ninja Turtles: Mutant Mayhem**

PRIME-TIME

7.30 **The Amazing Maurice** Animation. A streetwise cat devises a money-making scam involving a horde of rats. (2022, PG) ★★★★
9.10 **Migration** Animation. Ducks try to convince their overprotective father to embark on the holiday of a lifetime. (2023, U) ★★★

10.45 **Captain Underpants** (2017)
12.25 AM **Lego DC Shazam! Magic and Monsters** (2020) ★★★
1.55 **to 3.30** AM **Scooby-Doo! and the Gourmet Ghost**

Drama
Sky 310 Virgin 410

6.05 AM **Armageddon Time** ★★★
8.10 **Aisha** See 6.15pm.
9.55 **Quartet** Comedy drama. (2012, 12) ★★★★
11.45 **...And Justice for All** Legal drama. (1979, 15) ★★★
1.55 PM **8 Mile** (2002, 15) ★★★
3.55 **Spotlight** Fact-based drama. (2015, 15) ★★★★★
6.15 **Aisha** Drama starring Letitia Wright. (2022, 12) ★★★★

8.00 **Spotlight** Fact-based drama. Journalists explore child abuse in the Catholic church. Stars Mark Ruffalo. (2015, 15) ★★★★★
10.15 **Allelujah** Comedy drama. The geriatric ward of a hospital is threatened with closure. Stars Jennifer Saunders. (2022, 12) ★★★

12.00 M'T **The Fabelmans** Drama starring Gabriel LaBelle. (2022, 12) ★★★★★
2.35 AM **...And Justice for All**
4.40 **to 6.25** AM **Allelujah**

Sci-Fi/Horror
Sky 311 Virgin 411

6.45 AM **Continuum** (2013) ★★★
8.35 **Something in the Dirt** Comedy. (2022, 15) ★★★★
10.45 **Star Trek II: The Wrath of Khan** (1982, 12) ★★★★
12.45 PM **Star Trek III: The Search for Spock** (1984, PG) ★★★
2.40 **Minority Report** Thriller. (2002, 12) ★★★★★
5.05 **Interstellar** Sci-fi drama. (2014, 12) ★★★★

8.00 **Star Trek Beyond** Sci-fi. The *Enterprise* crew is left stranded after the vessel is attacked. Stars Chris Pine. (2016, 12) ★★★★
10.05 **The Matrix Revolutions** Sci-fi action sequel. Neo battles to end the conflict. Stars Keanu Reeves. (2003, 15) ★★★★

12.15 AM **The Purge** (2013) ★★★
1.50 **The Purge: Anarchy** (2014)
3.40 **The Purge: Election Year** Horror. (2016, 15) ★★★
5.35 **to 7.10** AM **Silent Running**

Hits
Sky 303 Virgin 403

6.00 AM **How to Be Single** (2016)
8.05 **The Fighting Temptations** Musical. (2003, PG) ★★★
10.10 **Vanilla Sky** (2001, 15) ★★★
12.35 PM **The Truman Show** Media satire. (1997, PG) ★★★★
2.30 **Bridget Jones's Diary** Drama. (2001, 15) ★★★★
4.15 **Kung Fu Panda** Animated comedy. (2008) ★★★★★
6.00 **Barbie** (2023, 12) ★★★★

8.00 **Bridget Jones: The Edge of Reason** Romantic comedy sequel starring Renée Zellweger. (2004, 15) ★★★★
9.50 **Ocean's Eleven** Crime thriller. A thief and his gang plot to rob three casinos. Stars George Clooney and Brad Pitt. (2001) ★★★★

11.50 **Vanilla Sky** (2001, 15) ★★★
2.10 AM **Along Came a Spider** Thriller. (2001, 15) ★★★
4.05 **to 6.15** AM **The Fighting Temptations** See 8.05am.

Greats
Sky 304 Virgin 404

6.00 AM **Guys and Dolls** (1955)
8.30 **Coming to America** (1988)
10.35 **King Kong** Adventure starring Naomi Watts. (2005, 12) ★★★★★
1.40 PM **Guys and Dolls** Vintage musical. (1955, U) ★★★★
4.10 **Coming to America** Comedy. (1988, 15) ★★★
6.10 **Tropic Thunder** Spoof war movie. (2008, 15) ★★★★

PRIME-TIME

8.00 **The King's Speech** Drama. George V's son seeks the help of a speech therapist. Stars Colin Firth. (2010, 12) ★★★★★
10.00 **Goodfellas** Gangster drama. A young boy rises through the ranks of the Mafia. Stars Ray Liotta. (1990, 18) ★★★★★

12.25 AM **Crouching Tiger, Hidden Dragon** (2000, 12) ★★★★★
2.30 **King Kong** See 10.35am.
5.35 **to 7.45** AM **Gorillas in the Mist** (1988, 12) ★★★★

Superheroes
Sky 302 Virgin 402

6.00 AM **Megamind vs the Doom Syndicate** (2024, U) ★★★
7.30 **Wonder Woman** (2009) ★★★
8.45 **Suicide Squad** See 3.00am.
10.50 **Wonder Woman** (2017)
1.10 PM **Spider-Man: Across the Spider-Verse** (2023) ★★★★
3.35 **Madame Web** Fantasy adventure. (2024, 12) ★★★
5.45 **Aquaman and the Lost Kingdom** (2023, 12) ★★★

8.00 **Justice League** Sci-fi fantasy adventure. A group of superheroes unite to take on a villain. Stars Ben Affleck. (2017, 12) ★★
10.05 **The Flash** Adventure. An attempt to change the past creates a world without superheroes. Stars Ezra Miller. (2023, 12) ★★★

12.35 AM **Batman Begins** Action thriller. (2005, 12) ★★★★★
3.00 **Suicide Squad** Fantasy adventure. (2016, 15) ★★★
5.05 **to 6.25** AM **Wonder Woman**

Thriller
Sky 309 Virgin 409

6.55 AM **Nightingale** (2014) ★★★
8.35 **Dead Shot** (2023, 15) ★★★
10.15 **Ocean's Twelve** Crime caper. (2004, 12) ★★★★
12.35 PM **Poker Face** Crime thriller. (2022, 15) ★★★
2.15 **Dead Shot** (2023, 15) ★★★
3.55 **Ocean's Thirteen** Caper thriller. (2007, PG) ★★★
6.00 **Now You See Me** Crime thriller. (2013, 12) ★★★

8.00 **Now You See Me 2** Crime sequel. A gang of magicians expose illegal activities. Stars Jesse Eisenberg. (2016, 12) ★★★
10.15 **Marlowe** Crime thriller. A private detective is hired to find the ex-lover of a glamorous heiress. Stars Liam Neeson. (2022) ★★

12.10 AM **One Shot** Thriller starring Scott Adkins. (2021, 15) ★★
1.55 **Serpico** Drama starring Al Pacino. (1973, 18) ★★★★
4.10 **to 6.05** AM **Serenity** (2019)

Movies 24
Sky 312 Virgin 419

7.00 AM **Styled with Love** (2022)
9.00 **The Blessing Bracelet** ★★
11.00 **The Song to My Heart** Romance. (2022, PG) ★★
1.00 PM **North to Home** Drama. (2022, PG) ★★
3.00 Premiere **The Magic of Lemon Drops** Romantic fantasy. (2024, PG) ★★
5.00 **A Nashville Legacy** Comedy. (2023, PG) ★★

7.00 **The Wedding Arrangement** Drama. A botanist works with a nature photographer. Stars Kristina Cole. (2022) ★★
9.00 **Caribbean Summer** Comedy. A news producer falls victim to a holiday rental scam. Stars Heather Hemmens. (2022) ★★

11.00 **Unthinkably Good Things** Drama. (2022, PG) ★★
1.00 AM **Love in Winterland** Romance . (2020, PG) ★★
3.00 **to 5.00** AM **Sweet as Pie**

RADIO

RADIO 1 FREEVIEW 700
Sky 0101 Virgin 901 Freesat 700

7.00am Radio 1 Weekend Breakfast with Sam and Danni. **10.30** Nat and Vicky. **1.00pm** Summer on Radio 1. **4.00** Radio 1's Dance Anthems. **7.00** Radio 1's Soundsystem. Party tracks. **9.00** Radio 1's Rap Show with Snoochie Shy. **10.30** Radio 1's Rap Mixtape. **11.00** Radio 1's Drum & Bass Show. **12.00m't** Radio 1's Drum & Bass Mix. **1.00am** Classic Essential Mix. **3.00** Future Dance Mix with Sarah Story. **3.30** Pete Tong's Hot Mix. **4.00 to 5.00am** Radio 1's Dance Anthems.

RADIO 2 FREEVIEW 702
Sky 0102 Virgin 902 Freesat 702

5.00am Radio 2 in Concert. **6.00** Sounds of the 60s with Tony Blackburn. **8.00** Dermot O'Leary. **10.00** Romesh Ranganathan. **1.00pm** Pick of the Pops. **3.00** Rylan on Saturday. **6.00** Liza Tarbuck. **8.00** Sounds of the 80s with Gary Davies. **10.00** Sounds of the 90s with Fearne Cotton. **12.00 to 5.00am** Radio 2 in the Park.

RADIO 3 FREEVIEW 703
Sky 0103 Virgin 903 Freesat 703

6.30am Breakfast. **9.00** Radio 3's Proms Countdown. Highlights and features from this year's Proms. **7.00pm** BBC Proms. Live coverage of the *Last Night of the Proms*, with the BBC Singers, Symphony Chorus and Symphony Orchestra under conductor Sakari Oramo. **11.00** New Music Show. **12.30 to 6.30am** Through the Night.

RADIO 4 FREEVIEW 704
Sky 0104 Virgin 904 Freesat 704

6.00am News and Papers. **6.05** Open Country. **6.30** Farming Today This Week; Weather. **7.00** Today. **9.00** Saturday Live. **10.00** You're Dead to Me. **10.30** The Kitchen Cabinet. **11.00** The Week in Westminster. **11.30** From Our Own Correspondent. **12.00noon** News. **12.05pm** Money Box. **12.30** The News Quiz; Weather. **1.00** News. **1.10** Any Questions? **2.00** Any Answers? **2.45** The Archers. **3.00** Drama: The Goat Doctor. **4.00** Weekend Woman's Hour. **5.00** Saturday PM. **5.30** Political Thinking with Nick Robinson. **5.55** Shipping Forecast; Weather. **6.00** Six O'Clock News. **6.15** Loose Ends. **7.00** Profile. **7.15** This Cultural Life. **8.00** Archive on 4: Bowie in Berlin. **9.00** Uncharted with Hannah Fry. **10.00** News. **10.15** The Food Programme. **11.00** The Many Wrongs of Lord Christian Brighty. **11.30** Brain of Britain. **12.00m't** Midnight News. **12.15am** Open Book. **12.50** Shipping Forecast. **1.00** As BBC World Service. **5.20** Shipping Forecast. **5.30** News Briefing. **5.40** Bells on Sunday. **5.45 to 6.00am** In Touch.

RADIO 5 LIVE FREEVIEW 705
Sky 0105 Virgin 905 Freesat 705

5.00am 5 Live Boxing. **6.00** Saturday Breakfast. **9.00** Gethin Jones. **11.00** Fighting Talk. **12.00** 5 Live Sport. **5.00pm** Sports Report. **5.30** 5 Live Sport. Aston Villa v Everton: (Kick-off 5.30pm). **7.30** 6-0-6. **8.30** 5 Live Sport: 5 Live Golf. The second day of the Solheim Cup, with the fourball matches of the women's team competition. **10.30** Rima Ahmed. **1.00 to 5.00am** Gavin Ramjaun.

SUNDAY *15 September*

What's on TV Picks of the day

Grace

ITV1, 8.00pm Grisly finds… Detectives Branson and Grace fear that a serial killer may be at large after construction workers uncover skeletal remains at Hove Lagoon.

The Dog House

C4, 8.00pm The perfect match? The staff at Woodgreen in Cambridgeshire have high hopes when they introduce nine-year-old Helena to Shih Tzu Zeus.

Nightsleeper

BBC1, 9.00pm Going off the rails… Alexandra Roach stars in this thriller as a cyber-security expert trying to prevent a hijacked sleeper train from crashing.

BBC ONE — BBC 1

Freeview 1 (101 HD) Sky 101 Virgin 101 Freesat 101

6.00 AM **Breakfast** News and sport. (S)
7.30 **Match of the Day** Highlights. (S, Rpt)
9.00 **Sunday with Laura Kuenssberg** (S)
10.00 **Politics England** Regional update. (S)
10.30 **Sunday Morning Live** Topical debate. (S)
11.30 **Scotland's Sacred Islands with Ben Fogle** Ben learns how Arran and Holy Isle are a haven for diverse faiths and beliefs. (S, Rpt)
12.30 PM **Bargain Hunt** Antiques series. Two teams go in search of items at the Three Counties Showground in Malvern. (S, Rpt)
1.00 **News; Weather for the Week Ahead** (S)
1.15 **Songs of Praise** Religious music series. *Bridgerton* star Adjoa Andoh reflects on the important role faith has played in her life. (S)
1.50 **Lifeline** Air Ambulances UK. (S)
2.00 Live **Cricket** England v Australia: Coverage of the third and final T20 match of the series staged at Old Trafford in Manchester. These two sides have never actually completed a T20 between each other on this venue, and England have won three of their past four contests here in this format – two wins and a loss against Pakistan in 2020 and a victory over New Zealand last summer. (S)
6.30 **News** (S)
6.50 **Local News; Weather** (S)

7 PM

7.00 **Countryfile** Rural magazine. Charlotte Smith and Matt Baker visit Salisbury Plain to discover how the Ministry of Defence maintains a balance between military training, farming and conservation. Plus, Adam Henson helps a farmer in Northern Ireland. Includes **Weather for the Week Ahead.** (S)

8 PM

8.00 **Antiques Roadshow** Antiques series. Fiona Bruce presents from Pitzhanger Manor in Ealing, West London, where finds include a note by Oscar Wilde and an Olympic medal from the 1930s. Fiona also views pieces from the country's largest collection of Martinware. (S)

9 PM

9.00 **Nightsleeper** New
1 of 6. Real-time thriller starring Joe Cole, Alexandra Roach and David Threlfall. A train is taken over by cyber terrorists during an overnight trip from Glasgow to London. Also stars Sharon Small. Continues tomorrow. **See feature, page 11.** (S)

10 PM

10.00 **News; Weather** (S)
10.25 **Local News; Weather** (S)
10.30 **Match of the Day 2** Mark Chapman presents action from today's Premier League matches – Tottenham Hotspur v Arsenal staged at the Tottenham Hotspur Stadium and Wolverhampton Wanderers v Newcastle United at Molineux. Plus, a round-up of yesterday's goals. (S)
11.30 Film **Mrs Brown's Boys D'Movie** Comedy. The Irish matriarch discovers that a plan is afoot by developers to buy the Dublin street market where her family has run a fruit and veg stall for generations. Assembling a band of like-minded allies, she plans to fight back, only to realise her daughter is not interested in the business. Stars Brendan O'Carroll and Jennifer Gibney. (90mins, 2014, 15, S, AD) Rating ★★★ **Weather; See Filmweek, page 30**
1.05 **to 6.00** AM **BBC News** (S)

BBC1 REGIONAL VARIATIONS
■ **WALES**
10.00-10.30am Politics Wales

BBC TWO — BBC 2

Freeview 2 (102 HD) Sky 102 Virgin 102 Freesat 102

6.30 AM **Countryfile** Rural magazine. (S, Rpt)
7.30 **Breakfast** News and sport. (S)
9.00 **Beechgrove Garden** Kirsty Wilson plants some late-flowering perennials. (S)
9.30 **Weatherman Walking: The Welsh Coast** A trek from Deganwy to Llandudno. (S, Rpt)
10.00 **Saturday Kitchen Best Bites** Highlights. (S)
11.30 **Lorraine's Fast, Fresh and Easy Food** A range of easy-to-prepare dishes. (S, Rpt)
12.00 NOON Film **Goodbye Mr Chips** Romantic musical. A schoolmaster woos a showgirl. Stars Peter O'Toole and Petula Clark. (140mins, 1969, PG, S, W/S) Rating ★★
2.20 PM Film **The Wedding Planner** Romantic comedy. A single woman is hired to organise the wedding for the man of her dreams. Stars Jennifer Lopez. (100mins, 2001, PG, S, W/S) Rating ★★★ **See Filmweek, page 31**
4.00 **The Wonder of Animals** Bats: The senses, anatomy and physiology of bats. (S, Rpt, AD)
4.30 **Big Cats 24/7** Two dominant male lions disappear after fighting intruders. (S, Rpt)
5.30 **Celebrity Race Across the World** Last week's edition. The teams journey to the mountain town of Tilcara. (S, Rpt, AD)
6.30 **Flog It!** Antiques series. Inspecting items at Haddon Hall in Derbyshire. (S, Rpt)

7.00 **Incredible Journeys with Simon Reeve** 1 of 4. Documentary series. The adventurer presents highlights of his travels around the world, catching up with the people he met, including a Burmese undercover human rights campaigner and a woman living in a railway bridge. (S, Rpt)

8.00 **Big Cats 24/7** 4 of 6. Documentary series. Tonight, the annual flood arrives in the Okavango Delta, bringing with it, new challenges for the big cats, as the hungry lion mothers hunt buffalo, a young cheetah struggles to catch food and a pregnant leopard looks for a den. (S, AD)

9.00 **The Misadventures of Romesh Ranganathan** Sierra Leone: 1 of 2. Documentary in which the comedian returns to visit more unusual destinations, beginning with Sierra Leone, where he ventures through national parks hoping to observe the rare wildlife. (S, Rpt, AD)

10.00 **The Best Man** Film
Comedy drama. Old college friends gathering for a wedding learn that one of the group has written a thinly disguised account of their student experiences. (115mins, 1999, 15, S, W/S) Rating ★★★★
Starring: Taye Diggs, Nia Long, Morris Chestnut, Harold Perrineau Jr, Terrence Howard.

11.55 **Golf: Solheim Cup Highlights** USA v Europe: The final-day singles matches of the women's team competition at Robert Trent Jones Golf Club in Virginia. (S)
12.55 AM Film Premiere **Blank** Sci-fi horror. A writer signs up for a fully AI-operated retreat to cure her writer's block. Stars Rachel Shelley and Heida Reed. (90mins, 2023, 15, S, W/S) Rating ★★★ **See Filmweek, page 30**
2.25 **Sign Zone** Starting with: **2.25 We Might Regret This** Freya runs into Jane and Levi. (S, Rpt) **2.50 to 3.50** AM **Sherwood** (S, Rpt)

BBC2 REGIONAL VARIATIONS
■ **WALES**
5.30pm Flog It! As above, 6.30pm. **6.00 Weatherman Walking** Derek Brockway visits the Rheidol Valley and Margam Castle. **6.30-7.00pm Wynne's Welsh 80s**

Listings for Welsh-language channel S4C (F'sat 120, Sky 134, Virgin 164) are on opposite page.

PHOTOS: ITV, BBC

ITV1

Freeview 3 (103 HD) Sky 103 Virgin 103 Freesat 103

6.00 AM **Jason Atherton's Dubai Dishes** The chef puts his take on fish and chips. (S, AD)
7.00 Film **The Living Daylights** James Bond action adventure. Agent 007 helps a KGB agent with knowledge of a secret arms deal to defect to the West while protecting him from an assassin. Stars Timothy Dalton. (145mins, 1987, PG, S, W/S) Rating ★★★★
9.25 **News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** Alan is joined by *Professor T* star Ben Miller and choirmaster Gareth Malone. (S, Rpt)
11.30 **The Voice UK** Last night's edition of the singing contest with Emma Willis. (S, Rpt)
1.05 PM **News; Weather** (S)
1.20 Live **Racing** Ed Chamberlin and Francesca Cumani present coverage of the final day of the St Leger meeting at Doncaster alongside Group One action from The Curragh. (S)
4.30 Film **Dad's Army** Comedy based on the hit TV series. The captain of a seaside town's home guard platoon contends with German spies and a female journalist. Stars Toby Jones and Bill Nighy. (120mins, 2016, PG, S, W/S) Rating ★★★ See Filmweek, page 30
6.30 **News; Weather** (S)
6.45 **Local News; Weather** (S)

7.00 Tipping Point: Lucky Stars Arcade-based quiz show hosted by Ben Shephard. Actor Fay Ripley, comedian and writer David Baddiel and actor Kate Robbins answer questions to win turns on an arcade-style machine in the hope of winning £20,000 for their charity. (S)

8.00 Grace You Are Dead: 3 of 4. Crime drama series starring John Simm and Richie Campbell. Workmen digging up a path by Hove Lagoon unearth a dark secret that was meant to stay buried for good. Meanwhile, what initially appears to be an isolated missing persons incident across the city soon becomes an investigation bigger than Grace could have imagined when a chilling detail linking the Lagoon discovery and the missing person case leads to a hunt for a serial offender. (S, AD)

10.00 News; Weather (S)

10.20 Israel & Gaza: Into the Abyss New ★ One-off documentary following a small number of ordinary Palestinians and Israelis – affected by the war in Gaza and the October 7th attacks – through the most tragic and dramatic year of their lives. Using personal footage, it tells the story of the events of almost 12 months ago and the subsequent war through their deeply emotional testimony. (S, AD)

12.00 M'T **Teleshopping**
3.00 AM **Motorsport UK** Richard John Neil presents action from Croft, with racing from the Porsche Sprint Challenge Great Britain and the Vertu Motors Mini Challenge. (S, Rpt)
3.50 **Unwind with ITV** (S)
5.00 **to 6.00** AM **Jason Atherton's Dubai Dishes** The chef heads into the Hajar Mountains to barbecue delicious dishes. (SL, S, Rpt, AD)

ITV1 REGIONAL VARIATIONS
■ **WALES**
Programmes today are as above.

Channel 4

Freeview 4/7 (104/110 HD) Sky 104/108 Virgin 104/108 Freesat 104/106

6.05 AM **Cheers** Double-bill of the comedy. (S7, ep 5, S, Rpt) **6.30** (Series 7, ep 6, S, Rpt)
7.00 **Frasier** (Series 2, ep 14, S, Rpt, AD) **7.25** (Series 2, ep 15, S, Rpt, AD) **7.50** (Series 2, ep 16, S, Rpt, AD) **8.15** (S2, ep 17, S, Rpt, AD)
8.45 **Superhero Tri** Highlights of the event. (S, AD)
9.30 **Sunday Brunch** Culinary chat show. (S)
12.30 PM **The Simpsons** Gorgeous Grampa: The family sees a different side to Grampa when he revisits his days as the most feared and villainous TV wrestler of all time. (S, Rpt, AD) **12.55** Hello Gutter, Hello Fadder: Homer bowls a perfect 300 game. (S, Rpt, AD) **1.20** Grift of the Magi: A corporation buys Springfield Elementary School. (S, Rpt, AD) **1.50** Take My Wife, Sleaze: Homer wins a vintage motorcycle. (S, Rpt, AD)
2.20 Film **Madagascar: Escape 2 Africa** Animated comedy sequel. The escaped zoo animals meet their wild counterparts after their plane crashes in Africa. Featuring the voice of Ben Stiller. (100mins, 2008, PG, S, W/S) Rating ★★★ See Filmweek, page 30
4.00 **News** (S)
4.30 **F1: Azerbaijan Grand Prix** Steve Jones presents highlights from the 17th round of the season held at Baku City Circuit. (S)

7.00 The Great Celebrity Bake Off for SU2C Culinary challenge. Comedian Ruby Wax, singing coach Gareth Malone, TV presenter Laura Whitmore and social media star Yung Filly are challenged to make fruit turnovers, chocolate fondants and meringue showstoppers. (S, Rpt, AD)

8.00 The Dog House New ★ Return of the documentary series that follows staff at the Woodgreen animal charity. A Jittery retriever who has been spooked by fireworks arrives, and it's a clash of the titans when a nine-year-old girl meets Zeus the Shih Tzu. (S, AD)

9.00 Britain's Atomic Bomb Scandal New ★ One-off documentary exploring some of the long-term repercussions of the atomic bomb tests in the 1950s and 1960s on both the servicemen present, who often had no training or protective gear, and their descendants. (S, AD)

10.00 Gogglebox Last Friday's edition. The critics settle down to a selection of the past week's TV shows, with cameras capturing their reactions – the good, the bad and the bewildered. (S, Rpt, AD)

10.55 **Gogglebox** From April 2022. (S, Rpt, AD)
11.55 Film **Peterloo** Mike Leigh's fact-based period drama about a peaceful protest in 1819 Manchester that was violently broken up by military forces. Stars Maxine Peake and Rory Kinnear. (160mins, 2018, 12, S, W/S) Rating ★★★★ See Filmweek, page 30
2.35 AM **Ramsay's Hotel Hell** A West Virginia hotelier with a hoarding habit. (SL, S, Rpt)
3.20 **Grand Designs New Zealand** (SL, S, Rpt)
4.15 **Kirstie's Fill Your House for Free** (S, Rpt)
4.30 **Frasier** Sitcom. (S5, ep 21-23, S, Rpt, AD)
5.45 **to 6.25** AM **Countdown** (S, Rpt)

Channel 5

Freeview 5 (105 HD) Sky 105 Virgin 105 Freesat 105

6.00 AM **Milkshake!** Children's programmes. (S)
8.50 **SpongeBob SquarePants** (S)
9.05 **Entertainment News on 5** (S)
9.10 **NFL: End Zone** American football action. (S)
● *Philadelphia Eagles v Atlanta Falcons, Monday 1am.*
9.35 **Meerkat Manor: Rise of the Dynasty** (S, Rpt)
10.00 **Susan Calman's Grand Day Out** Susan ventures along the Pembroke coast. (S, Rpt)
11.00 **Susan Calman's Grand Day Out** The host takes a tour of the Cotswolds. (S, Rpt)
12.00 NOON **Susan Calman's Grand Day Out** The comedian tours the breath-taking southern Highlands of Scotland. (S, Rpt)
1.00 PM **Kent: The Garden of England** Celebrating the beauty of Kent. (S, Rpt)
2.00 **Kew Gardens: A Year in Bloom** Carlos and Lucy think that they have discovered a new species of giant waterlily. (S, Rpt)
2.55 **Kew Gardens: A Year in Bloom** Joe begins a renovation of the peony garden. (S, Rpt)
3.55 **Secrets of the Royal Gardens** The grounds of the UK's most renowned palaces. (S, Rpt)
4.55 **Scotland's Lost Islands with Ben Fogle** Scotland's abandoned islands. (S, Rpt)
6.25 **News** (S)

6.30 When Holidays Go Horribly Wrong Accounts of disastrous flights, including one to Hawaii that took a sinister turn when a passenger saw an engine falling apart. Plus, a holidaymaker relives the horror of his plane attempting to land at Heathrow, not once but twice, in 100mph winds, while a trip to Egypt entails an epic 36-hour delay. (S, Rpt)

8.00 Rich Holiday, Poor Holiday Reality series in which families from different sides of the wealth divide trade vacations. Tonight, A woman and her granddaughter go an all-expenses-paid holiday in the Sahara Desert while a husband-and-wife spend a week in a yurt in Cornwall. (S)

9.00 The Great Flood of London One-off documentary exploring one of the most devastating but little-known disasters in London's history, when the river violently burst its banks in January 1928 and unleashed a torrent of destruction. The programme delves into the human stories that emerged from this tragic event, including a family's loss of four daughters in a single Westminster room. (S, Rpt)

10.25 When 60s TV Goes Horribly Wrong Tony Blackburn narrates a compilation of on-air disasters from the decade, which include Doris Day's blouse bursting open unexpectedly and a candid interview with Muhammad Ali. Contributors include Amanda Barrie, Freddie Davies, Simon Williams and Mark Lester. (S, Rpt)

12.25 AM **All-Time Favourite ABBA Songs** The pop group's most popular songs. (S, Rpt)
1.10 **Interactive Gaming** (S)
3.10 **Diana: The Interview That Shocked the World** One-off documentary. (S, Rpt)
4.25 **Great Artists** Rembrandt. (SL, S, Rpt)
4.50 **Wildlife SOS** Documentary. (SL, S, Rpt)
5.15 **House Busters** (SL, S, Rpt)
5.45 **Entertainment News on 5** (S)
5.50 **to 6.00** AM **Milkshake!** (SL, S, Rpt)

6.00am Cyw: 7.40 Ein Byd Bach 7.50 Sam Tan 8.00 Patrol Pawennau 8.15 Oli Wyn 8.25 Crawc a'i Ffrindiau 8.35 Ahoi! 8.50 Penblwyddi Cyw 9.00 Am Dro! 10.00 Garddio a Mwy 10.30 Cynefin 11.30 Dechrau Canu Dechrau Canmol 12.30pm Y Sioe Fwyd 1.00 Bywyd y Fet 1.30 Trefi Gwyllt Iolo 2.00 NEW SERIES: Cyfrinachau'r Llyfrgell 3.00 Pobol y Cwm: Y Cymeriadau 3.30 Sain Ffagan 3.55 Pobol y Cwm Omnibws 5.00 LIVE: Sgorio Wrexham v Cardiff City, kick-off 5.10pm. 7.15 Newyddion a Chwaraeon 7.30 Dechrau Canu Dechrau Canmol 8.00 NEW SERIES: Iaith ar Daith 9.00 Y Llinell Las 10.00 Radio Fa'ma 11.00-11.35pm Cymry ar Gynfas

SUNDAY
7 PM
8 PM
9 PM
10 PM

FREEVIEW & FREESAT

What's on TV Picks of the day

Jumanji: Welcome to the Jungle

E4, 9.00pm

Videogame avatars Dwayne Johnson and Karen Gillan are stranded in the jungle.

Golf: Solheim Cup

BBC4, 9.00pm

Highlights of today's final-day singles as Georgia Hall and her Europe team-mates face the Americans at Gainesville, Virginia.

On Demand

Paramount+

Available on Paramount+ from today

Tulsa King

Series two of the crime drama starring Sylvester Stallone is as Oklahoma-based gangster Dwight 'The General' Manfredi who face a formidable new foe. *All 10 episodes available today.*

BBC Scotland

BBC SCOTLAND

Scot Only FV 9 HD 106

Scotland Only: Sky **115** Freesat **106** Virgin **108**
Rest of the UK: Sky **187** Freesat **110** Virgin **162**

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Seven** News magazine.
7.15 **Sportscene** Dundee United v Rangers.
8.00 **The Bridge: Fifty Years Across the Forth** One-off documentary celebrating the Forth Road Bridge, one of Scotland's great landmarks and the biggest of its kind when it first opened in 1964.
9.00 **The Years That Changed Modern Scotland** 1 of 4. Kirsty Wark explores life in Scotland in the 1970s and early 1980s.
10.00 **Still Game** Tam gets married. (S4, ep4)
10.30 **The Big Scottish Book Club** 3 of 6. The Edinburgh International Book Festival.
11.00 **The Sunday Show** New edition The main issues from the world of politics.
11.30 **to 12.00** M'T **My Kind of Town: Campbeltown**

ITV2

itv2

FV 6 Sky **118** Freesat **113** Virgin **115**

6.00 AM **Children's Programmes**
9.00 **Totally Bonkers World Records**
10.00 **Secret Crush** Double-bill.
12.00 NOON **Dress to Impress** Dating.
2.00 PM **Celebrity Catchphrase**
3.00 Film **Spy Kids** Action comedy. Two siblings attempt to save their secret-agent parents from an evil villain. Stars Alexa Vega and Antonio Banderas. *Includes FYI Daily at 4.00pm.* (2001, U) ★★★★
4.55 Film **Trolls** Animated adventure. A pair of trolls heads off on a daring rescue mission. Featuring the voice of Anna Kendrick. *Includes FYI Daily at 5.55pm.* (2016, U) ★★★
6.45 Film **Kong: Skull Island** Adventure. A team of scientists embark on a top-secret mission to a mysterious island, but things soon descend into chaos when the local wildlife proves far from welcoming. Stars Tom Hiddleston and Samuel L Jackson. *Includes FYI Daily at 7.45pm.* (2017, 12) ★★★★ **See Filmweek, page 30**
9.00 **Family Guy** Peter gets a job at the local grocery store. (S22, ep2) **9.30** Peter's past as a sperm donor catches up with him when several of his offspring show up. (S15, ep20) **10.00** Peter embarks on a campaign to win an Emmy award for *Family Guy*. (S16, ep1 of 20) **10.30** Peter helps Joe solve cases, but gets irritated when the cop takes all the credit for himself. (S15, ep15)
11.00 **Family Guy** Peter opens up his own food truck business. (S15, ep16)
11.30 **American Dad!** The Smiths make an adorable new friend. (S18, ep3) **12.00** M'T Animation. (S18, ep4)
12.30 AM **CelebAbility** With Danny Miller.
1.20 **All American** US drama. (S4, ep1)
2.15 **Totally Bonkers World Records**
2.45 **to 3.00** AM **Unwind with ITV**

ITV3

itv3

FV 10 Sky **119** Freesat **115** Virgin **117**

6.00 AM **Bless This House** Sitcom.
6.30 **Lewis** The Point of Vanishing.
8.30 **Foyle's War** War Games.
10.40 Film **Carry on Cruising** Comedy. Stars Sidney James. (1962) ★★★
12.25 PM **Foyle's War** The Funk Hole: Wartime drama. Foyle is arrested.
2.30 **Foyle's War** The French Drop: An murder investigation draws Foyle into the world of espionage.
4.30 **Poirot** Wasps' Nest: Mystery drama. Hastings' new hobby helps the Belgian sleuth solve a mystery.
5.40 **Wycliffe** Bad Blood: Crime drama. A couple become prime suspects in the murder of a local landowner.
6.50 **Wycliffe** To Sup with the Devil: A pub landlord is beaten to death, and suspicion falls on his ex-wife – until Lane mishandles the case, forcing Wycliffe to intervene.
8.00 **Joanna Lumley's Hidden Caribbean: Havana to Haiti** 1 of 2. The actress visits two of the most enigmatic countries in the Caribbean – Cuba and Haiti.
9.00 **Joanna Lumley's Spice Trail Adventure** The last leg of Joanna's adventure takes her to Zanzibar and Jordan, where she visits the ancient city of Petra.
10.00 **Foyle's War** Killing Time: Wartime drama starring Michael Kitchen. Foyle comes up against racial tensions when a black GI is suspected of killing a local woman.
12.00 M'T **Poirot** The Murder of Roger Ackroyd: Mystery drama starring David Suchet and Oliver Ford Davies. The Belgian sleuth retires to an English village to find peace and quiet, but the murder of a rich industrialist draws him into a sordid world of blackmail and envy.
2.00 **to 2.30** AM **Bless This House**

ITV4

itv4

FV 26 Sky **120** Freesat **117** Virgin **118**

6.00 AM **Motorsport UK** From Croft.
7.00 **Rallying** British Rally Championship
8.00 **Rallying Highlights** Rally Greece.
9.00 **Football: EFL Highlights**
10.30 **The Motorbike Show**
11.30 **The Best of the 80s** Archive footage.
11.45 Live **World Series of Darts** Jacqui Oatley presents coverage of the afternoon session on day three, featuring the quarter-finals at AFAS Arena in Amsterdam, Netherlands.
4.00 PM **Made in Britain** Documentary.
5.00 **Junk and Disorderly** Henry Cole and his team buy a vintage tractor.
6.00 Live **World Series of Darts** Jacqui Oatley presents coverage of the evening session on day three, featuring the semi-finals and final at AFAS Arena in Amsterdam. Michael van Gerwen and Nathan Aspinall were the victorious players in the last four in 2023, claiming victories over Luke Humphries and Peter Wright respectively. Home favourite van Gerwen then claimed the title by recording an 11-4 win against Aspinall in the final. With analysis by Chris Mason, Alan Warriner-Little and Mark Webster.
10.00 **Auf Wiedersehen, Pet** Tempers fray as the boys' flight to Spain is postponed, so Ally Fraser tries to calm things down by inviting them back to his house for drinks.
11.05 **Football: EFL Highlights** Action from the latest fixtures, including Leeds United v Burnley, Plymouth Argyle v Sunderland and Watford v Coventry City in the Championship.
12.35 AM **The Professionals** Discovered in a Graveyard: Action drama series.
1.35 **Minder** The Second Time Around.
2.30 **to 3.00** AM **Unwind with ITV**

BBC3

BBC THREE

FV 23 (HD 107 in Eng/NI)

Eng / N Ire: Sky **115** Freesat **107** Virgin **107**
Scot / Wales: Sky **121/117** F'sat **107** Virgin **113**

7.00 **EastEnders** Double-bill.
8.00 **Waterloo Road** Drama. (S14, ep1)
9.00 **Made in Korea: The K-Pop Experience** 5 of 6. The band enrols on a military fitness bootcamp.
9.45 Film **Alien** Sci-fi horror. The crew of a spacecraft unwittingly take on board a creature that picks them off one by one. Stars Sigourney Weaver. (1979, 15) ★★★★★
11.35 **Bad Education** Sitcom. (S2, ep3&4)
12.35 AM **Andrew Tate: The Man Who Groomed the World?**
1.45 **Hire Me: Competing for a Dream Job** Double-bill.
2.45 **Zen Motoring** Comedy series.
3.00 **to 4.00** AM **Bad Education**

BBC4

BBC FOUR

FV 9 HD 106 Scot 24/108

Sky **116** F'sat **108** Virgin **108** (Scot/Wales **107**)

7.00 **The Complete Victor Borge: Show of the Week** From 1974.
7.30 **BBC Young Musician: Auditions 1** New edition Jess Gillam presenting highlights from the audition stage.
9.00 Pick **Golf: Solheim Cup** USA v Europe: Final-day singles matches.
10.00 New **Peter Kosminsky Remembers: The Project** A look back at the 2002 BBC drama.
10.20 **The Project** 1 of 2. Politcal drama starring Naomie Harris and Matthew Macfadyen. Two housemates try get the Labour Party into power.
12.05 AM **The Project** 2 of 2. Drama.
1.55 **Buddha: Genius of Ancient World**
2.55 **to 3.25** AM **Complete Victor Borge**

ITVBe

itvBe

FV 28 Sky **131** (Scot **132**) Freesat **119** Virgin **119**

7.30 AM **Giovanna Fletcher: Made in Italy**
8.30 **The Real Housewives of Atlanta**
10.30 **Buying and Selling** Property series.
12.30 PM **Real Housewives of Potomac**
5.00 **The Only Way Is Essex** A frank talk leaves Joe and Harry determined to make their relationship work.
6.00 **Celebrity Dinner Date** Singletons are given a chance to wine and dine former *Towie* star Amy Childs.
7.00 **Celebrity Dinner Date** TV presenter Matt Johnson chooses three dates.
8.00 **Ainsley's Mediterranean Cookbook** Ainsley Harriott explores the sights of the city of Petra.
9.00 **The Only Way Is Essex** New edition Everyone heads to the beach club to celebrate the last day in Cyprus, while Harry is upset after learning about Junaid's feelings for Joe.
10.00 **Botched** Terry Dubrow addresses a botched breast augmentation.
11.00 **The Real Housewives of Orange County** The ladies take on a host of ranch-hand tasks, while Gina warns Heather about Tamra.
12.00 **to 1.00** AM **Vanderpump Rules**

PHOTO: GETTY

E4

FV 13 Sky 135/136 F'sat 122 Virgin 106

6.00 AM **Hollyoaks Omnibus**
7.15 **Rude(ish) Tube Shorts**
7.30 **Don't Tell the Bride**
8.35 **Ramsay's Kitchen Nightmares USA** Back-to-back editions.
12.30 PM **The Big Bang Theory** Back-to-back episodes.
5.30 Film **Sister Act** Comedy. A singer is forced to take sanctuary in a convent after witnessing a gangland murder. Stars Whoopi Goldberg, Maggie Smith and Kathy Najimy. (1992, PG) ★★★★

7.30 Young Sheldon Sheldon studies to be Meemaw's lawyer when she is put under house arrest. (S7, ep8 of 14)

8.00 Young Sheldon New episode (S7, ep9)
8.30 Animal Control New episode A goose is on the loose. (S1, ep9)

9.00 Pick Film **Jumanji: Welcome to the Jungle** Fantasy action comedy. Four teenagers get transported into a video game and turned into a party of jungle explorers. Stars Dwayne Johnson. (2017, 12) ★★★★

11.20 **Married at First Sight UK: Reunion Special**
12.50 AM **Gogglebox** From 2023.
1.55 **Below Deck** Reality series.
2.50 **Animal Control** (S1, ep9)
3.15 **Black-ish** Double-bill.
4.05 **Modern Family** (S10, ep8)
4.30 **to 6.00** AM **Hollyoaks Omnibus**

Film4

FV 14 Sky 313 Freesat 300 Virgin 428

11.00 AM Film **Kung Fu Panda 2** Animated sequel featuring the voice of Jack Black. (2011, PG) ★★★★
12.50 PM Film **Alpha and Omega** Animated adventure with the voice of Justin Long. (2010) ★★★
2.25 Film **First Men in the Moon** Sci-fi starring Edward Judd and Lionel Jeffries. (1964, U) ★★★
4.30 Film **The Call of the Wild** Historical adventure starring Harrison Ford. (2020, PG) ★★★

6.25 Film **Indiana Jones and the Last Crusade** Action adventure sequel. Indiana Jones and his father tangle with Nazi forces searching for the Holy Grail. Stars Harrison Ford and Sean Connery. (1989, PG) ★★★★★

9.00 Film **Fisherman's Friends: One and All** Comedy sequel. The Fisherman's Friends struggle to adjust to their new-found fame and work towards a second album. Stars James Purefoy. (2022, 12) ★★★

11.15 Film **American Assassin** Action. The survivor of a terrorist attack joins a US black ops team. Stars Dylan O'Brien and Sanaa Lathan. (2017, 18) ★★★
1.25 **to 3.35** AM Film **Ashby** Drama starring Mickey Rourke. (2015, 15) ★★★

More4

FV 18 Sky 136/137 F'sat 124 Virgin 147

8.55 AM **Ugly House to Lovely House with George Clarke**
10.00 **George Clarke's Amazing Cabins in the Wild**
11.00 **George Clarke's Old House, New Home** A house in Leicester.
12.00 NOON **Come Dine with Me** Back-to-back dinner parties in Guildford.
2.40 PM **Four in a Bed** Back-to-back editions of the B&B challenge series.
5.20 **Come Dine with Me** Back-to-back dinner parties in Peterborough.

6.55 Come Dine with Me A fridge salesman serves up a Spanish menu. **7.25** A Brazilian hosts the final meal in Peterborough.

8.00 24 Hours in A&E Cameras follow patients including an 84-year-old man who has fallen down the stairs at his home.

9.00 The Emergency Ward New edition Two doctors fear a cyclist with glass sticking out of his neck will bleed out.

10.00 24 Hours in A&E A woman arrives at King's College Hospital with swelling on her brain following a random attack.

11.05 **Emergency Helicopter Medics** A patient has a dangerously fast heartbeat that needs resetting.
12.05 AM **The Emergency Ward**
1.10 **999: On the Front Line**
2.15 **24 Hours in A&E**
3.20 **to 3.50** AM **A Place in the Sun**

U&Drama

FV 20 Sky 143 Freesat 158 Virgin 116

7.10 AM **Birds of a Feather**
7.40 **The Bill** Police drama.
12.40 PM **Jane Eyre** 3 of 4. Jane returns to Thornfield Hall.
2.00 **Jane Eyre** 4 of 4. A clergyman and his sisters take Jane under their wing.
3.20 **Catherine Cookson's The Man Who Cried** Feature-length period drama starring Ciarán Hinds. A working man's extramarital affair leads to murder, prompting him to hit the road with his son in search of a new life.

6.40 Last Tango in Halifax Alan regains consciousness after his heart scare, and he and Celia make a big decision.

8.00 Sister Boniface Mysteries Dem Bones: A gruesome discovery is made in Edie's allotment in the form of human bones.

9.00 Silent Witness Falling Angels: Crime drama starring Emilia Fox. A man is run down and killed by a Tube train, and not long after a female vicar is murdered on the Underground, leaving the team searching for a link.

11.20 **Taggart** Instrument of Justice: An informant is due to give evidence against his former boss, one of Glasgow's most powerful gang leaders – but he fails to get to court.
2.20 **to 4.00** AM **Birds of a Feather**

U&Dave

FV 19 Sky 111/112 Freesat 157 Virgin 127

7.10 AM **Whose Line Is It Anyway? USA** Double-bill.
8.00 **Storage Hunters UK**
9.00 **Abandoned Engineering**
11.00 **Top Gear** Double-bill.
1.00 PM **Storage Hunters UK**
3.00 **Gino's Italian Coastal Escape** Triple-bill.
4.30 **Gino's Italian Escape**
5.00 **Motorhoming with Merton & Webster** Exploring the Cotswolds.
6.00 **The Americas with Simon Reeve** The adventurer travels the length of both North and South America.

7.00 Special Ops: Crime Squad UK Gwent Police stumble upon a multi-million-pound drug operation.

8.00 Mortimer & Whitehouse: Gone Fishing Fishing the River Dee for grayling.
8.40 QI With Stephen K Amos, Ivo Graham, Holly Walsh and regular Alan Davies.
9.20 Have I Got a Bit More News for You Kirsty Young guest hosts an edition from 2023.
10.20 Louis Theroux: Miami Mega Jail 2 of 2. The reporter meets an alleged triple murderer.

11.20 **Hate Thy Neighbour** Jamali Maddix spends time with two passionate pro-life preachers.
12.20 AM **Live at the Apollo** Dane Baptiste introduces stand-up by Desiree Burch and Chris McCausland.
1.20 **to 4.00** AM **Room 101**

Talking Pictures TV

FV 82 Sky 328 Freesat 306 Virgin 445

6.00 AM **Wings Over Africa** Adventure. (1936) ★★★
7.15 **Four Star Theatre**
7.50 **The Magnet** (1950) ★★★★
9.25 **The Stranger** Suspense thriller. (1946, PG) ★★★★
11.20 **Take a Hard Ride** Western drama. (1975, PG) ★★★
1.25 PM **Batman** (S1, ep16)
2.00 **Adventures of Robin Hood**
2.30 **The Day Will Dawn** War spy thriller. (1942, U) ★★★
4.30 **Out of Town**
5.00 **The Footage Detectives**
6.00 **Away for the Day in 1952**
6.25 **Hobson's Choice** Comedy. (1953, U) ★★★★
8.35 **A Lifetime Ago with the Baim Collection**
9.00 **Love for Lydia** (S1, ep9)
10.05 **Let No Man Write My Epitaph** (1961, 18) ★
12.15 AM **Heritage Chart Show**
1.20 **Mountains of the Moon** Adventure. (1989, 15) ★★★
4.05 **Thunder in the City** (1937)
5.45 **to 6.00** AM **What's on TPTV**

5Action

FV 33 Sky 150 Freesat 132 Virgin 130

9.00 AM **Car Pound Cops**
9.30 **Trucking Hell** Back-to-back editions.
2.35 PM Film **Apache** Western starring Burt Lancaster. (1954, U) ★★★
4.25 Film **Star Trek: Generations** Sci-fi adventure starring Patrick Stewart. (1994, PG) ★★★
6.45 Film **Star Trek: First Contact** Sci-fi adventure starring Patrick Stewart. (1996, 12) ★★★
9.00 Film **Stargate** Sci-fi. A military team go through a teleportation gate to another world. Stars Kurt Russell. (1994, PG) ★★★★
11.20 Film **Bangkok Dangerous** Thriller starring Nicolas Cage. (2007) ★★★
1.30 AM **Caught on Camera**
2.30 **Trucking Hell**
3.25 **Car Pound Cops**
3.50 **to 4.00** AM **Entertainment News**

5STAR

FV 32 Sky 128/129 F'sat 131 Virgin 126

8.00 AM **Car Pound Cops: Give Me My Car Back!** Back-to-back editions.
1.00 PM **Traffic Cops** Back-to-back editions.
5.00 **Police Interceptors** A van driver causes carnage.
6.00 **Police Interceptors** A gang of suspected drug dealers are investigated.
7.00 **Police Interceptors** Fights break out on Halloween.
8.00 **Police Interceptors** A high-speed pursuit.
9.00 **Police: Night Shift 999** Police try to stop a suspected stolen car.
10.00 **World's Most Dangerous Prisoners** The crimes of James Robertson.
11.00 **Street Crime: Caught on Camera** Documentary.
12.00 M'T **Adults Only**
1.00 AM **Serial Killer Wives**
2.00 **Police Interceptors**
3.35 **to 4.00** AM **Car Pound Cops**

5USA

FV 21 Sky 141/169 F'sat 129 Vir 120/162

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S1, ep21) **10.10** (S1, ep22) **11.10** (S2, ep1) **12.05** PM (S2, ep2)
1.05 **NCIS** (S4, ep9) **2.05** (S4, ep10) **3.00** (S4, ep11) **4.00** (S4, ep12) **5.00** (S4, ep13)
6.00 **NCIS** An arms dealer steals secret codes for a defence system. (S4, ep14 of 24)
7.00 **NCIS** A sailor's body is discovered. (S4, ep15)
8.00 **NCIS** A nuclear plant inspector suffers radiation poisoning. (S4, ep16)
9.00 **NCIS: Hawai'i** Evidence to put away a drug kingpin is stolen. (S1, ep11 of 22)
10.00 **Law & Order: Special Victims Unit** A crime resembles a decade-old case. (S16, ep20 of 23)
11.00 **Law & Order: Special Victims Unit** Triple-bill.
1.55 AM **Criminal Minds** Drama.
3.35 **to 4.00** AM **Criminals: Caught on Camera**

Sky Mix

FV 11 Sky 151 Freesat 144 Virgin 135

6.00 AM **Border Patrol**
8.00 **Let's Game: World Builders** Double-bill.
8.15 **Moominvalley**
8.40 **Bad Nature** Triple-bill.
9.00 **Monkey Life**
11.30 **999 Frontline**
12.00 NOON **Road Wars**
1.00 PM **Caught Red Handed**
3.00 **Border Security USA**
5.00 **Highway Cops**
6.00 **Caught Red Handed**
8.00 **Nothing to Declare**
9.00 **Britain's Most Evil Killers** Profiling killer Lee Ford.
10.00 **Britain's Most Evil Killers** A man who raped and killed a Hull student.
11.00 **The Swarm** (S1, ep4)
12.00 M'T **Caught on Dashcam**
1.00 AM **Brit Cops: Rapid Response** Drug-dealers.
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

SUNDAY

7 PM | 8 PM | 9 PM | 10 PM

PRIME-TIME

more freeview

Key to episode numbers: ***(S1, ep1 of 10) = Series 1, episode 1, and there are a total of 10 episodes in the series***

PRIME-TIME

U&W

FV 25 Sky 132/133 F'sat 156 Virgin 125

6.10 AM **Tipping Point** Quiz.
11.00 **My Family** Triple-bill.
1.00 PM **Miranda** Triple-bill.
3.00 **Michael McIntyre's Christmas Wheel** With Holly Willoughby, Alan Carr and Oti Mabuse.
4.20 **Michael McIntyre's The Wheel** Double-bill.
7.00 **Inside the Operating Theatre** A man has his badly broken nose reset.
8.00 **Inside the Operating Theatre** A young man has his gall bladder removed.
9.00 **First Responders** A toddler is pulled unconscious from a swimming pool.
10.00 **First Responders** A surfer suffers a cardiac event.
11.00 **Inside the Ambulance** A man has collapsed.
12.00 M'T **DNA Family Secrets**
1.30 **One Born Every Minute**
2.20 **to 3.00** AM **Date Night**

GREAT! tv

FV 50 Sky 157 Virgin 170

8.00 AM **Highway to Heaven**
11.00 **Murder, She Wrote** Back-to-back episodes.
5.00 PM **Murder, She Wrote** Jessica lectures at an Ivy League private college.
6.00 **Murder, She Wrote** Jessica helps a fishing lodge owner in Ireland.
7.00 **Murder, She Wrote** Jessica helps a teenager.
8.00 **Murder, She Wrote** A beauty salon owner is suspected of murder.
9.00 Film **The Novel Murders: Garage Sale Mystery VI** Drama. (2016, PG) ★★
10.55 Film **Garage Sale Mystery: The Deadly Room** (2015, PG) ★★
12.50 AM **Castle** (S6, ep4&5)
3.00 **Randall and Hopkirk (Deceased)** Drama.
4.00 **to 5.00** AM **Highway to Heaven**

Quest

FV 12 Sky 144 Freesat 167 Virgin 137

6.00 AM **World's Greatest Motorcycle Rides**
8.00 **Find It, Fix It, Flog It**
12.00 NOON **The Repair Shop**
3.00 **Yorkshire Auction House**
6.00 **Yorkshire Auction House** A 4000-piece collection of royal memorabilia and Chinese porcelain.
7.00 **Celebrity Yorkshire Auction House** The home of retired politician Ann Widdecombe is cleared.
8.00 **The Repair Shop** A dented trumpet is restored.
9.00 **The Repair Shop** Experts restore family heirlooms.
10.00 **The Repair Shop** A vintage jukebox is repaired.
11.00 **The Repair Shop** A pump organ is restored.
12.00 **Nasa's Unexplained Files**
2.00 AM **Unexplained and Unexplored** Documentary.
4.00 **to 5.00** AM **How It's Made**

True Crime

FV 67 Sky 146 Freesat 135 Virgin 148

9.00 AM **Judge Judy** Back-to-back small-claims cases.
5.00 PM **Close Calls: On Camera** Back-to-back editions.
7.00 **See No Evil** The shooting of Alajawan Brown.
8.00 **See No Evil** The case of James Enright, who was killed near a train station.
9.00 **Cold Justice** New edition A man discovers his father dead on his front steps.
10.00 **Bloodline Detectives** Police use technology to find out who is responsible for a brutal rape attack.
11.00 **The Hunt for the Chameleon Killer** The hunt for Elaine Parent.
12.00 **Killers: Caught on Camera**
1.00 AM **Prosecuting Evil with Kelly Siegler**
2.00 **Cold Justice** As 9.00pm.
3.00 **Medical Detectives**
4.00 **to 6.00** AM **Judge Judy**

Pick of the day

Black Widow
Sky Showcase/Docs, 9.00pm
Following a decade-long UK police investigation into killer, fraudster and bigamist Dena Thompson.

PRIME-TIME

U&Yesterday

FV 27 Sky 155 Freesat 159 Virgin 129

6.10 AM **Secrets of the Transport Museum**
8.00 **Adolf Hitler's War**
11.00 **Great Railway Journeys**
2.00 PM **Simon Reeve's South America** Triple-bill.
5.00 **Bangers & Cash**
6.00 **Bangers & Cash** A Vanden Plas saloon is restored.
7.00 **Bangers & Cash** A Francis Barnett Plover is bought.
8.00 **'Allo 'Allo!** Michelle tries to steal the *Fallen Madonna*. **8.40** Von Klinkerhoffen gets hold of the painting. **9.20** Von Klinkerhoffen orders Edith to marry Captain Bertorelli.
10.00 **Bangers & Cash** A Jaguar Viking car is examined.
11.00 **Bangers & Cash** A Series 1 Land Rover is restored.
12.00 **Retro Electro Workshop**
2.00 **to 3.00** AM **Simon Reeve's South America**

GREAT! movies

FV 34 Sky 321 Virgin 425

9.00 AM **Perception** (S1, ep5)
10.00 Film **Lies Gone Viral** Thriller. (2018, PG) ★★★
11.50 Film **Second Chances** Mystery. (2010, 12) ★★
1.45 PM Film **Renegades** Adventure. (2017, 15) ★★
4.00 Film **Dawn of the Planet of the Apes** (2014) ★★★★
6.40 Film **Battle: Los Angeles** Sci-fi thriller. Stars Aaron Eckhart and Michael Peña. (2011, 12) ★★★
9.00 Film **Riddick** Sci-fi thriller sequel starring Vin Diesel. (2013, 15) ★★★
11.45 Film **The 5th Wave** Sci-fi adventure starring Chloë Grace Moretz and Liev Schreiber. (2015, 15) ★★
2.10 AM Film **Cruel Fixation** Thriller starring Kristina Klebe. (2019, 12) ★★★
4.00 **to 6.00** AM Film **A Date to Die For** (2015, PG) ★★

Quest Red

FV 40 Sky 149 Freesat 169 Virgin 168

6.00 AM **Say Yes to the Dress**
10.00 **Forensic Detectives**
12.00 NOON **American Monster**
2.00 PM **Disappeared** The case of Amy Wroe Bechtel.
3.00 **The Perfect Murder**
6.00 **The Perfect Murder** The case of 42-year-old Miami mother Raquel Calderin.
7.00 **The Perfect Murder** Carlos Perez-Olivo's crimes.
8.00 **Gone** The disappearance of Michele Whitaker.
9.00 **The Real Death in Paradise** The story of a trip to paradise that turned into a nightmare.
10.00 **The Killer in My Family** How a loving family man declined into a killer.
11.00 **Faking It: Tears of a Crime**
12.00 M'T **Nightmare Next Door**
1.00 AM **Betrayed** Documentary.
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

Legend

FV 41 Sky 148 Freesat 137 Virgin 149

7.00 AM **World's Most Unexplained...**
8.00 Film **The Philadelphia Experiment** (2012, 15) ★★
10.00 **The A-Team** Five episodes.
3.00 PM Film **Siringo** Western. (1996, PG) ★★
4.45 Film **The Legend of the Lone Ranger** (1981, PG) ★
6.40 Film **Gunfighters** Western. Stars Randolph Scott. (1947, PG) ★★
8.30 **The Twilight Zone**
9.00 Film **The Negotiator** Thriller. A framed negotiator becomes a hostage taker himself. Stars Samuel L Jackson. (1998, 15) ★★★★
11.40 Film **Desolation** Thriller. Stars Toby Nichols and Jaimi Paige. (2017, 15) ★★
1.10 AM Film **Alive** (2019) ★★
3.00 **to 5.00** AM Film **The Changeling** (1979)

PBS America

FV 84 Sky 174 Freesat 155 Virgin 187

Available 1pm to 12m't on Freeview

8.00 AM **Her War, Her Story: World War II** See 8.10pm.
9.30 **Living in the Shadow of World War Two**
1.00 PM **Her War, Her Story: World War II** See 8.10pm.
2.15 **Living in the Shadow of World War Two** Triple-bill.
5.40 **The Long Road to War** A look at the events that led to World War One.
8.10 **Her War, Her Story: World War II** The war from the perspective of women.
9.25 **Dive WWII: Our Secret History** 1 of 2. Searching for wartime shipwrecks.
10.45 **Dive WWII: Our Secret History** 2 of 2. The team uncovers more U-boats.
12.00 M'T **Her War, Her Story: World War II** See 8.10pm.
1.15 **to 2.00** AM **Beautiful Serengeti**

PRIME-TIME

Really

FV 17 Sky 142 Freesat 160 Virgin 128

6.00 AM **Fantasy Homes**
7.00 **Home Shopping**
8.00 **Fantasy Homes by the Sea**
10.00 **Dr Pimple Popper**
1.00 PM **A Place in the Sun** Back-to-back editions.
7.00 **1000lb Sisters** Tammy makes preparations for her next weigh-in.
8.00 **1000lb Sisters** Tammy Recovers from COVID-19.
9.00 New **Taylor Swift vs Scooter Braun: Bad Blood** Documentary about the feud between the singer and the record executive.
● *Shown on Discovery+.*
11.00 **Body Bizarre** A man who drinks 20L of water a day.
12.00 M'T **Help! My House Is Haunted** A Sussex inn.
1.00 **Unexplained on Camera**
2.00 **Home Shopping**
4.00 **to 6.00** AM **Rocky Mountain Vet**

GREAT! christmas

FV 52 Sky 319 Virgin 424

8.00 AM Film **The Mistletoe Promise** (2016, U) ★★
10.00 Film **A Candlelit Christmas** (2022) ★★★★
12.00 NOON Film **It's Beginning to Look a Lot Like Christmas** (2019) ★★
2.00 PM Film **A Star Crossed Christmas** (2017, PG) ★★
4.00 Film **A Rose for Christmas** (2017, U) ★★
6.00 Film **The Town That Banned Christmas** Comedy starring Matt McCoy. (2006, PG) ★★
8.00 Film **Deck the Heart** Seasonal romantic drama. (2023, PG) ★★★
10.00 Film **Christmas Next Door** (2017, U) ★★
12.00 M'T Film **A Family for the Holidays** (2018, U) ★★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM Film **Annie Claus is Coming to Town**

GREAT! action

FV 42 Sky 323 Virgin 426

8.00 AM **Police Ten 7**
9.00 Film **Saints and Soldiers: Airborne Creed** Adventure. (2012, 12) ★★
11.00 Film **Operation Valkyrie** War drama. (2004, 15) ★★
1.00 PM **Wild West Chronicles**
2.10 Film **The Bravados** Western. (1958, PG) ★★★
4.25 Film **Domino Kid** Western starring Rory Calhoun. (1957, U) ★★
6.10 Film **Bite the Bullet** Western starring Candice Bergen. (1975, PG) ★★★★
9.00 Film **Half Past Dead** Adventure starring Steven Seagal. (2002, 15) ★★★
11.15 Film **Pistol Whipped** Thriller starring Steven Seagal. (2007, 15) ★★★
1.30 AM Film **Shadow Man** Action thriller. (2006, 15) ★
3.30 **Cops Uncut** Police chases.
4.00 **to 5.00** AM **War Machines**

Challenge

FV 48 Sky 145 Freesat 146 Virgin 139

7.00 AM **Scrapheap Challenge**
9.00 **In for a Penny** Game show.
10.00 **The Crystal Maze**
11.00 **Play Your Cards Right**
12.00 **Dickinson's Real Deal**
1.00 PM **Lily Savage's Blankety Blank** Comedy quiz show.
3.00 **Through the Keyhole**
4.00 **Cash Trapped** Quiz series.
5.00 **The Celebrity Chase** With contestants Susie Dent, Ellie Taylor, Anthony Crolla and Harry Redknapp.
6.00 **The Celebrity Chase** Angellica Bell, Oritse Williams, Leslie Ash and Ian Lavender take part.
7.00 **The Chase** Quiz series.
8.00 **In for a Penny** Double-bill.
9.00 **The Family Chase** A family from Bolton take part.
10.00 **The Chase** Back-to-back editions of the quiz series.
4.00 AM **The Celebrity Chase**
5.00 **to 6.00** AM **The Chase**

Sky Arts

FV 36 Sky 130/131 F'Sat 147 Virgin 123

6.00 AM **Darbar Festival 2022**
7.15 **Len Phillips Swing Orchestra's 100 Years of Big Bands** A concert.
8.30 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Presents**
12.00 NOON **Discovering**
2.00 PM **Classic Movies: The Story of the Deer Hunter**
3.00 **Stories from the National Gallery** Key artworks.
4.00 **Bee Gees: One Night Only**
6.10 **Guy Garvey: From the Vaults** From 1983.
7.10 **Classic Artists: Jethro Tull**
9.35 **Queen + Adam Lambert: Summer Sonic: Live**
11.15 **Queen: The Phenomenon**
12.35 AM **Classic Albums**
1.50 **Close to You: Remembering the Carpenters** Portrait.
3.05 **The Great Songwriters**
4.05 **Music Icons** Profiles.
5.00 **to 6.00** AM **Discovering**

Sky Showcase

Sky 106 Virgin 109

6.00 AM **Kids' Programmes**
8.05 **Monkey Life** Primates.
8.30 **Sunday Morning with Trevor Phillips**
10.00 **The Office (US)** Sitcom.
12.00 NOON **Secret World of Sound with David Attenborough** Triple-bill.
3.00 PM **F1: Azerbaijan Grand Prix** Highlights.
4.00 **Sport's Funniest Moments** Farcical clips.
5.00 **The Simpsons** Cartoon.
6.00 **The Simpsons** Mr Burns suffers from amnesia. **6.30** Santa's Little Helper behaves mischievously.

7.00 The Simpsons Homer takes part in an FBI operation against Fat Tony. **7.30** Marge is reunited with three old friends.

8.00 Rob & Romesh vs UFC The comedians enter the world of mixed martial arts, training with the stars in Las Vegas.

9.00 Pick New **Black Widow** 1 of 3. Documentary following the police investigation into Dena Thompson.

10.00 Mission to Burnley New edition 3 of 4. Mired in the relegation zone, Burnley sign new players in a frantic transfer window.

11.00 **The Walking Dead: Dead City** Maggie and Negan carry out an attack, but it goes awry. (S1, ep4)
12.00 M'T **The Force: North East**
1.00 AM **Brit Cops: Frontline Crime** Documentary.
2.00 **Road Wars** Double-bill.
4.00 **to 6.00** AM **Nothing to Declare**

Sky Witness

Sky 107 Virgin 110

6.00 AM **Sun, Sea and A&E**
8.00 **Border Patrol**
10.00 **UK Border Force**
11.00 **The Real A&E 11.30**
12.00 NOON **911 Crisis Centre** A former police officer handles a host of 911 calls. **12.30** PM Behind the scenes of an emergency dispatch centre in Ohio.
1.00 **Bondi Rescue** Double-bill following the work of lifeguards patrolling Bondi Beach in Australia.
2.00 **Nothing to Declare** Back-to-back editions of the documentary series.

7.00 Nothing to Declare Double-bill of the series following the working lives of customs officers inside Australia's major airports.

8.00 Nothing to Declare Fly-on-the-wall series following customs and immigration officers at Australia's biggest airports.

9.00 Blue Bloods A serial killer reappears, leading Danny and Baez to join forces with Danny's old partner. (S14, ep2 of 18)

10.00 The Cleaning Lady Luca goes missing, prompting a social worker to show up and issue an Amber Alert. (S3, ep5)

11.00 **Fire Country** (S1, ep1)
12.00 M'T **FBI: International** Crime drama. (S1, ep2)
1.00 AM **Transplant** (S2, ep13)
2.00 **The Cleaning Lady** New episode Thony gets a new lead on Arman's whereabouts. (S3, ep6)
3.00 **to 6.00** AM **Nothing to Declare**

Sky Atlantic

Sky 108 (Wales 109)

6.00 AM **Fish Town** Brixham life.
9.40 **Boardwalk Empire** (S2, ep9) **10.40** (S2, ep10) **11.40** (S2, ep11) **12.40** PM (S2, ep12) **1.40** (S3, ep1)
2.40 **The Sopranos** Tension erupts between Tony and Johnny Sack. (S5, ep9)
3.40 **The Sopranos** Janice takes anger management classes. (S5, ep10)
4.40 **The Sopranos** Tony books into the Plaza Hotel for a little peace. (S5, ep11)
5.40 **The Sopranos** Christopher discovers Adriana's secret. (S5, ep12)

6.45 The Sopranos Tony takes desperate measures to keep the peace, while Carmela worries about her son's future. (S5, ep13)

7.50 Patrick Melrose A young Patrick suffers at the hands of his abusive dad, as this episode travels back to 1967. (S1, ep2)

9.00 The Wire Russell is assigned the case of the 13 dead women discovered in the cargo container. (S2, ep2)

10.10 Euphoria Nate and Maddy have to face the police, while Kat decides to embrace her new lifestyle. (S1, ep5)

11.15 **Big Little Lies** Ed confronts Madeline about her secrets. (S2, ep2)
12.20 AM **Yellowjackets** Taissa leads a last-ditch effort and/or suicide mission. (S1, ep7)
1.30 **Scenes from a Marriage** (S1, ep2) **2.35** (S1, ep3)
3.50 **to 6.00** AM **Fish Town**

Sky Comedy

Sky 114 (Wales 115) Virgin 112

8.00 AM **The Conners** Sitcom.
10.30 **Veep** Comedy series.
2.00 PM **Insecure** (S5, ep10)
2.50 **Insecure: The End**
4.00 **Will & Grace** Will takes Elliot to a basketball tournament. (S4, ep21) **4.30** Marriage fever takes over. (S4, ep22) **5.00** Michael Douglas guest stars. (S4, ep23) **5.30** Karen is a conjurer's assistant. (S4, ep24) **6.00** Jack auditions for a production. (S4, ep25)
6.30 **The Office (US)** Robert has a proposition. (S8, ep7)

7.00 The Office (US) Andy tries to inspire the team with a trip. (S8, ep8) **7.30** Robert California puts Andy in a tricky situation. (S8, ep9) **8.00** Andy hopes to make Christmas wishes come true. (S8, ep10) **8.30** Andy finds a way to improve sales. (S8, ep11)

9.00 Divorce Shocking revelations overwhelm Robert. (S1, ep3) **9.40** Frances and Robert enter mediation. (S1, ep4)

10.20 Sex and the City First-ever episode of the comedy drama starring Sarah Jessica Parker and Kim Cattrall. (S1, ep1)

11.00 **Sex and the City** Carrie dates a model. (S1, ep2)
11.40 **Romantic Getaway** (S1, ep5) **12.10** AM (S1, ep6)
12.40 **Girls** Comedy. (S3, ep3) **1.20** (S3, ep4)
2.00 **High Maintenance** (S1, ep1) **2.40** (S1, ep2)
3.15 **to 5.00** AM **Jerrod Carmichael Reality Show**

Gold

Sky 110 (Wales 111) Virgin 124

7.10 AM **Only Fools and Horses** Back-to-back episodes.
2.45 PM **Only Fools and Horses** The Christmas special shown in 1993. A bout of toothache forces Del-Boy to pay a visit to the dentist.
4.35 **Death on the Tyne** Comedy sequel to *Murder on the Blackpool Express* starring Johnny Vegas and Sian Gibson. A series of murders takes place on an overnight ferry journey.
6.35 **Only Fools and Horses** A decorating disaster befalls the Trotter family.

7.15 Dad's Army Captain Mainwaring suffers a hangover on a weekend course – but still manages to save Jonesy's life.

8.00 Only Fools and Horses Festive special from 1983. The brothers get a blast from the past. **8.40** The Trotters prepare for war after Del acquires a nuclear fallout shelter. **9.20** Rodney starts going out with a police officer, and Del's not pleased.

10.00 Ghosts Alison and Mike open their posh new B&B. **10.40** Thomas realises he must go 'cold turkey' on his Alison addiction.

11.20 **Ghosts** The spooks' thoughtless behaviour sends Alison into meltdown, prompting them to try and get back into her good books.
12.00 M'T **Death on the Tyne** As shown at 4.35pm.
2.00 AM **Ghosts** Double-bill.
3.20 **to 4.00** AM **The Fosters**

Sky Crime

Sky 122 (Scot 123) Virgin 121

6.00 AM **Motorway Patrol**
9.00 **Highway Cops**
11.00 **Britain's Most Evil Killers**
1.00 PM **Killer in My Village**
2.00 **Love You to Death**
3.00 **Murdered at First Sight**
4.00 **Catching the Killer** How a cold case was solved.
5.00 **World's Most Evil Killers** Pawel Tuchlin's crimes.
6.00 **World's Most Evil Killers** Serial killer Karol Kot.

7.00 Killer in My Village The murder of Marion Price.

8.00 Murders That Shocked the Nation The crimes of Jack the Ripper.

9.00 How I Caught the Killer Julie Jensen's murder.

10.00 Who Killed Robert Wone 1&2 of 2. The investigation into a murder in 2006.

12.45 AM **Tales of the Grim Sleeper** Documentary.
2.50 **Killer in My Village**
3.55 **What the Killer Did Next**
5.00 **to 6.00** AM **Motorway Patrol**

Sky Documentaries

Sky 121 (Scot 122) Virgin 188

6.00 AM **Discovering** Profiles.
8.00 **Directors** Sergio Leone.
9.00 **JFK: Destiny Betrayed** The assassination.
1.10 PM **Steve McQueen: The Lost Movie** Exploring an unfinished movie starring Steve McQueen.
3.00 **Tina** A celebration of Tina Turner's life and career.
5.15 **Faye** The life and career of actress Faye Dunaway.

7.00 Elizabeth Taylor: The Lost Tapes A profile.

9.00 Pick New **Black Widow** Investigating the crimes of Dena Thompson.

10.00 Mission to Burnley The club sign new players in a frantic transfer window.

11.00 The Two Escobars A look at how the fates of two Colombians were linked.

1.00 AM **SIC: Prince of MotoGP**
2.45 **My Icon** Sporting heroes.
3.00 **Wild Wild Space**
4.50 **My Icon** Sporting heroes.
5.00 **to 6.00** AM **Directors**

Sky Nature

Sky 124 (Scot 125) Virgin 189

6.00 AM **Zambia Untamed**
8.00 **After the Wildfires**
9.00 **Becoming Orangutan**
12.00 NOON **Secret World of Sound with David Attenborough**
3.00 PM **Arctic from Above** Liz Bonnin explores the wildlife of the region.
6.00 **Orangutan Jungle School** The team race to contain a case of malaria.

7.00 New **Super Shark Highway** A look at the different types of sharks that live in earth's oceans.

8.00 Flying Monsters with David Attenborough The broadcaster explores the world of the pterosaur.

9.30 The Bachelor King The lives of king penguins.

11.00 **Super Shark Highway**
12.00 M'T **After the Wildfires**
1.00 AM **Osprey** Documentary.
2.00 **Flying Monsters**
3.30 **The Bachelor King**
5.00 **to 6.00** AM **Woodpeckers**

Sky Max

Sky 113 (Wales 114) Virgin 111

6.00 AM **MacGyver** (S5, ep13-17)
11.00 **Merlin** (S1, ep9-12)
3.00 PM **The Walking Dead**
3.55 **The Walking Dead** The Saviors launch an attack on Alexandria. (S8, ep8)
5.05 **The Walking Dead** The various survivors face tough choices. (S8, ep9)
6.10 **The Walking Dead** Groups unite their forces as they converge. (S8, ep10 of 16)

7.05 The Walking Dead Daryl finds himself in bad company. (S8, ep11)

8.00 Rob & Romesh vs UFC

9.00 Film **The Last Witch Hunter** Fantasy. An immortal warrior faces a showdown with an sorceress. Stars Vin Diesel. (2015, 12) ★★★

11.00 **Walking Dead: Dead City**
12.00 M'T **The Force: North East**
1.00 AM **Brit Cops: UK**
2.00 **Road Wars** Double-bill.
4.00 **to 6.00** AM **Send in the Dogs**

Alibi

Sky 109 (Wales 110) Virgin 114

7.10 AM **Murdoch Mysteries**
10.00 **Father Brown**
2.00 PM **Inspector George Gently** Drama series.
4.00 **Death in Paradise**
5.00 **Shakespeare & Hathaway** Lu infiltrates a local slimming club in a bid to discover their secrets.
6.00 **Death in Paradise** A company boss is killed during a team exercise.

7.00 Hudson & Rex Charlie and Rex investigate a role-playing game. (S2, ep5)

8.00 Hudson & Rex A university rower is shot. (S2, ep6)

9.00 Death in Paradise A murder suspect is shot dead in police custody.

10.00 Death in Paradise A treasure hunter is killed.

11.00 **So Help Me Todd** Todd attempts to crack a FBI investigation. (S2, ep10)
12.00 M'T **Father Brown**
1.00 **to 4.00** AM **Murdoch Mysteries**

SUNDAY

7 PM

8 PM

9 PM

10 PM

PRIME-TIME

Key to episode numbers: ***(S1, ep1 of 10)*** *= Series 1, episode 1, and there are a total of 10 episodes in the series*

SPORT

Don't miss our Football Diary on page 33

TNT SPORTS 1
Sky 410 Virgin 527

7.00 AM Live **Rugby Union** Coverage of the second semi-final of the Pacific Nations Cup, kick-off is at 7.05am.
9.00 **Football** Southampton v Man United.
10.30 **Premier League Big Interview**
11.00 **Women's T20 Cricket**
12.00 NOON **Cricket** CPL.
12.30 PM **Sailing** America's Cup.
1.00 Live **Sailing** The semi-finals of the America's Cup in Barcelona.
3.30 **Rugby Union** Pacific Nations Cup.
4.30 **In My Blood** With Chelcee Grimes.
4.45 Live **Italian Football** **Cagliari v Napoli**. Coverage of the Serie A match being staged at the Unipol Domus, kick-off 5.00pm.
7.00 **Football** Champions League.
7.30 Live **Italian Football** **Monza v Inter Milan**. Coverage of the Serie A match, kick-off 7.45pm.
9.45 **WWE SmackDown** Wrestling.
10.45 **Boxing** Joshua v Dubois preview.
11.30 **Sailing** The Louis Vuitton Cup.
12.00 M'T Live **Baseball** **Los Angeles Dodgers v Atlanta Braves**. Coverage of the MLB National League match at Dodger Stadium, start-time is at 12.10am.
3.15 AM **Baseball 3.45 Boxing 4.00 Sailing**
4.30 **to 6.00** AM **Motorcycling**

TNT SPORTS 2
Sky 411 Virgin 528

6.00 AM Live **Australian Rules Football** **Essendon Bombers v St Kilda Saints**. The AFLW match at Windy Hill in Melbourne, bounce-up 6.05am.
8.00 Live **Australian Rules Football** **GWS Giants v Gold Coast Suns**. Coverage of the AFLW match held at Manuka Oval, bounce-up 8.05am.
10.00 **WWE SmackDown** Wrestling action.
11.00 **Boxing** Features and previews.
12.15 PM **Carl Frampton Meets**
12.30 **Sign Up – Into Football**
1.15 **Cricket** CPL action from Barbados Royals v Guyana Amazon Warriors.
1.45 **Women's T20 Cricket**
2.45 Live **Women's T20 Cricket** **Ireland v England**. Coverage of the second T20 in the two-match series staged at Castle Avenue in Dublin.
6.45 **Boxing** Joshua v Dubois preview.
7.30 **Rugby Union** Pacific Nations Cup.
8.30 **Cricket** Highlights from the CPL.
9.00 Live **Baseball** **Arizona Diamondbacks v Milwaukee Brewers**. Coverage of the MLB match, start-time 9.10pm.
12.15 AM **Sailing 12.45 Rallying**
3.45 **The Pioneers 4.00 Football Classics**
4.30 **The Special 1** Documentary.
5.45 **to 6.00** AM **What I Wore**

TNT SPORTS 3
Sky 417 Virgin 529

6.00 AM **Rugby Union** Pacific Nations Cup.
7.00 Live **Badminton** Coverage of the Hong Kong Open finals which is being held at Hong Kong Coliseum.
12.30 PM **Baseball** MLB Highlights.
1.30 **Football Classics**
2.00 **Rallying** WRC Review.
3.00 **WWE SmackDown** Wrestling.
4.30 **Baseball** MLB highlights.
6.30 Live **Baseball** **New York Yankees v Boston Red Sox**. Coverage of the MLB match at Yankee Stadium, start-time 6.35pm.
9.45 **Carl Frampton Meets**
10.00 **Rugby Union** Pacific Nations Cup.
11.00 **Cricket** Highlights from the CPL.
11.30 Live **T20 Cricket** **St Lucia Kings v Antigua and Barbuda Falcons**. The T20 match.
3.45 AM **Cricket 4.00 Rugby Union**
4.30 **to 6.00** AM **Pool** Pairs Cup.

sky sports MAIN EVENT
Sky 401 Virgin 511 (501 HD)

6.00 AM **Sky Sports News**
7.00 **Rugby League** Super League.
7.05 Live **Rugby League** An NRL final.
9.00 **Good Morning Sports Fans**
10.00 **Super Sunday Matchday**
10.30 **F1: Azerbaijan Grand Prix** Build-up.
11.55 Live **F1: Azerbaijan Grand Prix** Coverage of the 17th round of the season held at the Baku City Circuit, start-time is at 12.00noon.
2.00 PM Pick Live **Football** **Tottenham Hotspur v Arsenal**. Coverage of the Premier League match held at Tottenham Hotspur Stadium, kick-off is at 2.00pm.
4.00 Live **Football** **Wolverhampton Wanderers v Newcastle United**. Coverage of the Premier League match staged at Molineux, kick-off is at 4.30pm.
6.30 Live **Golf: Solheim Cup** **Europe v USA**. Coverage of the third and final round in Gainesville.
8.00 Live **American Football** Coverage of two NFL matches.
12.30 AM **Football Night in America**
1.10 **to 4.30** AM Live **American Football** **Houston Texans v Chicago Bears**. NFL week two game, kick-off 1.20am.

sky sports FOOTBALL
Sky 403 Virgin 513 (503 HD)

6.00 AM **EFL Highlights** Recent matches.
11.00 Live **SPFL** **Dundee United v Rangers**. The Scottish Premiership match held at Tannadice, kick-off is at 12.00noon.
2.30 PM Live **EFL** **Portsmouth v West Bromwich Albion**. The Championship match at Fratton Park, kick-off 3.00pm.
5.30 **EFL Highlights** Recent matches.
7.30 **SPFL** Dundee United v Rangers.
9.30 **EFL League One Highlights**
11.00 **SPFL Highlights** This evening's Dundee United v Rangers match.
11.15 **EFL Championship Highlights** Portsmouth v West Brom.
11.30 **EFL League One Highlights**
12.00 M'T **EFL Highlights** Recent matches.
3.30 AM **SPFL Highlights** Tonight's match.
3.45 **EFL Highlights** A recent match.
4.00 **Championship Season Review**
5.00 **Best EFL Cup Goals 22/23**
5.30 **to 6.00** AM **EFL Trophy**

sky sports F1
Sky 406 Virgin 516/HD 506

10.30 AM **to 3.00** PM Live **F1: Azerbaijan Grand Prix** Coverage of the 17th round of the season at Baku City Circuit, start-time is at 12.00noon.

sky sports GOLF
Sky 405 Virgin 515 (505 HD)

6.00 AM **DP World Tour** Amgen Irish Open.
7.00 **Solheim Cup** Europe v USA.
8.00 **PGA Tour** Presidents Cup preview.
8.30 **European Challenge Tour**
9.00 **DP World Tour** Amgen Irish Open.
10.00 **Solheim Cup** Europe v USA.
11.00 **DP World Tour** Amgen Irish Open.
12.00 NOON **Solheim Cup** Highlights.
1.00 PM Live **Solheim Cup** **Europe v USA**. Coverage of the concluding-day singles matches.
8.00 **DP World Tour** The Irish Open.
9.00 **PGA Tour** Presidents Cup preview.
9.30 **European Challenge Tour**
10.00 **Solheim Cup** Europe v USA.
11.00 Live **PGA Tour** The finals round of the Procore Championship.
2.00 AM **Solheim Cup** Europe v USA.
3.00 **DP World Tour** Amgen Irish Open.
4.00 **Solheim Cup** Europe v USA.
5.00 **to 6.00** AM **Golf Academy** Advice.

sky sports PREM LEAGUE
Sky 402 Virgin 512 (502 HD)

6.00 AM **Premier League Highlights**
10.00 **Super Sunday Matchday**
12.00 NOON **Harry Kane: The Journey**
12.30 PM **Next Up: Archie Gray**
1.00 Pick Live **Super Sunday** **Tottenham Hotspur v Arsenal**. Coverage of the Premier League match held at Tottenham Hotspur Stadium, kick-off is at 2.00pm.
4.00 Live **Super Sunday** **Wolverhampton Wanderers v Newcastle United**. Coverage of the Premier League match staged at Molineux, kick-off is at 4.30pm.
7.30 **Harry Kane: The Journey**
8.00 **Next Up: Archie Gray**
8.30 **Premier League Highlights**
3.00 AM **PL Greatest Games**
4.00 **Best Premier League Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

sky sports CRICKET
Sky 404 Virgin 514 (504 HD)

6.00 AM **T20 Blast** A semi-final and final.
1.15 PM **Best of England v Australia**
2.00 Live **T20 Cricket** **England v Australia**. Coverage of the third and final match of the series at Old Trafford, Manchester.
6.30 **Nathan Lyon Masterclass: Beneath the Baggy Green**
6.55 **Best of England v Australia**
7.45 **Best of T20 World Cup**
8.00 **T20 Cricket** England v Australia.
12.30 AM **T20 World Cup 2010**
2.30 **Best of England v Australia**
3.45 **Best of T20 World Cup**
4.00 **to 6.00** AM **T20 Blast 2008** The final.

sky sports TENNIS
Sky 407 Virgin 537 (520 HD)

6.00 AM **Tennis** Action from the men's singles final at the US Open.
8.00 **WTA Tour** Jasmin Open semi-finals.
4.00 PM Live **WTA Tour** Coverage of the final on day seven of the Jasmin Open, a hard-court tournament at Hotel Skanes in Monastir, Tunisia.
6.00 **US Open** A review of the US Open.
7.00 **WTA Tour** Monterrey Open final.
8.00 **WTA Tour** Tennis in the Land final.
9.00 **WTA All Access** Magazine.
9.30 **Tennis** US Open women's final.
10.30 **WTA Tour** The Jasmin Open final.
12.30 AM Live **WTA Tour** Coverage of the final on day seven of the Guadalajara Open being held at the Panamerican Tennis Centre in Zapopan, Mexico.
2.30 **Bitesize Tennis** Highlights.
2.45 **US Open** The 2022 singles final.
3.00 **Bitesize Tennis** Highlights.
3.15 **Billie Jean King: My Story**
3.30 **to 4.00** AM **WTA All Access**

sky sports MIX
Sky 416 Virgin 510

6.45 AM **My Icon** Ebony Rainford-Brent.
7.00 **American Football** NFL highlights.
9.00 **Rugby League** Super League.
10.00 **Golf** India Legends Championship.
11.00 **Golf: Solheim Cup** Europe v USA.
12.00 NOON **Tennis** The ATP Cincinnati Open singles final in Mason, Ohio.
1.00 PM **Tennis** Highlights of the WTA Cincinnati Open singles final.
2.00 **American Football** Green Bay Packers v Kansas City Chiefs.
2.15 **German Football** Bundesliga.
2.20 Live **German Football** **FC Augsburg v St Pauli**. Coverage of the Bundesliga match staged at WWK ARENA, kick-off is at 2.30pm.
4.30 **American Football** Highlights.
6.00 **American Football** The latest score updates in NFL Redzone.
1.00 AM **American Football** NFL highlights.
4.00 **to 6.00** AM **Cricket** T20 Blast.

What's on TV Pick of the day

Football: Tottenham Hotspur v Arsenal
SS Main Event/SS PL, k-o 2.00pm
James Maddison and Spurs welcome the Gunners to the Tottenham Hotspur Stadium for the north London derby.

sky sports NFL
Sky 408 Virgin 517 (507 HD)

6.00 AM **American Football** NFL highlights.
2.00 PM **NFL Gameday** Recent news.
5.00 Live **American Football** Coverage of a game in week two of the season, kick-off 6.00pm.
9.00 Live **American Football** Coverage of a week two match.
12.30 AM **Football Night in America** A preview of Houston Texans v Chicago Bears, and a round-up.
1.10 Live **American Football** **Houston Texans v Chicago Bears**. Coverage of the week two match at NRG Stadium, kick-off is at 1.20am.
4.30 **to 6.00** AM **American Football** NFL.

sky sports +
Sky 412 Virgin 518 (508 HD)

6.00 AM **Sky Sports News**
7.00 **Rugby League** Super League.
7.05 Live **Rugby League** Coverage of an NRL elimination final. kick-off tba.
9.05 **Good Morning Sports Fans**
10.00 **Super Sunday Matchday**
12.00 NOON **Sports Sunday**
12.30 PM Live **Golf** Coverage of the fourth round of the Amgen Irish Open at Royal County Down Golf Club.
5.30 **Sports Sunday** Updates.
6.00 **American Football** The latest score updates in NFL Redzone.
1.00 **to 4.00** AM **Sky Sports News**

EUROSPORT 1
Sky 413 Virgin 521

2.30 AM Live **Motorsport** Coverage of the Six Hours of Fuji, the seventh round of the season held in Japan.
9.30 **Cycling** European Championships.
11.30 Live **Cycling** Coverage of the men's European Championships road race, a route of 220km.
5.15 PM Live **Cycling** Coverage of the men's Montreal Grand Prix, the one-day race staged in Canada.
8.30 **Cycling** European Championships.
9.30 **Cycling** Tour of Flanders.
9.45 **Sailing** America's Cup.
10.15 **Cycling** Tour of Flanders.
10.30 **Cycling** Montreal Grand Prix.
11.30 **Mountain Biking** Loudenvielle.
12.00 M'T **Cycling** European Championships.
1.00 AM **Cycling** Montreal Grand Prix.
2.00 **Snooker** English Open.
4.00 **Motorcycling** British Superbikes.
5.00 **to 6.00** AM **Speedway Grand Prix**

PHOTO: GETTY

SKY/VIRGIN MOVIES 15 September SUNDAY

Premiere
Sky 301 Virgin 401

6.30 AM **Migration** (2023) ★★★
8.10 **I Used to Be Funny** (2023)
10.10 **Paint** See 4.15pm.
12.00 NOON **Aquaman and the Lost Kingdom** See 8.00pm.
2.15 PM **The Three Musketeers: Milady** Swashbuckling sequel. (2023, 12) ★★★★
4.15 **Paint** Comedy. (2023) ★★★
6.00 **I Used to Be Funny** Comedy drama. (2023, 15) ★★★

PRIME-TIME

8.00 **Aquaman and the Lost Kingdom** Fantasy. The hero sets out to defeat a mercenary. Stars Jason Momoa. (2023, 12) ★★★
10.10 **Madame Web** Fantasy adventure. A paramedic tries to protect three young women. Stars Dakota Johnson. (2024, 12) ★★★

12.15 AM **Head Count** (2023) ★★★
1.55 **Lovely, Dark, and Deep** Horror. (2023, 15) ★★★
3.35 **Barber 5.20 to 7.20** AM **The Three Musketeers: Milady**

Comedy
Sky 308 Virgin 408

7.00 AM **Dinner for Schmucks**
9.00 **Road Trip** (2000, 15) ★★★
10.40 **Tropic Thunder** See 6.10pm.
12.30 PM **Miss Congeniality** Comedy. (2000, 12) ★★★
2.25 **Johnny English Reborn** Spy comedy. (2011, PG) ★★★★
4.10 **Couples Retreat** Romantic comedy. (2009, 15) ★★★
6.10 **Tropic Thunder** Spoof war movie. (2008, 15) ★★★★

8.00 **Shakespeare in Love** Comedy. The playwright is inspired to write *Romeo and Juliet*. Stars Joseph Fiennes. (1998, 15) ★★★★
10.05 **The Money Pit** Romantic comedy. A couple of New Yorkers refurbish an old suburban house. Stars Tom Hanks. (1985, 15) ★★★

11.45 **Dinner for Schmucks** Comedy. (2010, 12) ★★★
1.45 AM **Road Trip** (2000) ★★★
3.25 **The Big Chill** (1983) ★★★★
5.15 **to 7.10** AM **Kingpin** (1996)

Action
Sky 307 Virgin 407

6.05 AM **Red Right Hand** (2023)
8.05 **The Last Witch Hunter** Fantasy. (2015, 12) ★★★
10.00 **King of Killers** (2023, 15) ★
11.40 **Gods of Egypt** Fantasy adventure. (2016, 12) ★★★
1.55 PM **Sisu** Thriller. (2022) ★★★
3.35 **Godzilla** Monster thriller remake. (2014, 12) ★★★
5.45 **Fast & Furious 5** Action thriller. (2011, 12) ★★★

8.00 **Blue Beetle** Fantasy. An ancient alien relic chooses a college graduate as its symbiotic host. Stars Xolo Maridueña. (2023) ★★★★
10.10 **Bad Boys** Action thriller. Two detectives must swap identities as they hunt for a drug kingpin. Stars Will Smith. (1995, 15) ★★★

12.10 AM **Red Right Hand** Crime thriller starring Orlando Bloom. (2023, 15) ★★★
2.05 **The Last Witch Hunter**
3.55 **to 6.10** AM **Blue Beetle**

Kids Books
Sky 306 Virgin 406

6.15 AM **Annie** See 10.45pm.
8.35 **Matilda** See 7.15pm.
10.30 **Journey 2: The Mysterious Island** (2012, PG) ★★★
12.15 PM **Goosebumps** (2015) ★★★
2.15 **Goosebumps 2: Haunted Halloween** (2018, PG) ★★
4.00 **Stuart Little 2** Adventure sequel. (2002, U) ★★★★
5.25 **Jumanji** Fantasy adventure. (1995, PG) ★★★★

7.15 **Matilda** Fantasy. The bright daughter of selfish parents discovers she has magic powers. Stars Mara Wilson. (1996, PG) ★★★★
9.00 **Cloudy with a Chance of Meatballs** Animation. A young inventor creates a machine that turns rainfall into food. (2009, U) ★★★★

10.45 **Annie** Musical. Stars Aileen Quinn. (1982, U) ★★★
1.00 AM **Goosebumps 2** (2018)
2.40 **The Smurfs 2** (2013, U) ★★
4.35 **to 6.05** AM **Stuart Little 2**

Animation
Sky 305 Virgin 412

6.30 AM **Lego Batman: DC Super Heroes Unite** (2013) ★★★★
7.55 **Lego Justice League: Gotham City Breakout**
9.25 **Lego DC Batman: Family Matters** (2019, U) ★★★
10.55 **Amazing Maurice** (2022)
12.35 PM **Kung Fu Panda 3** (2016)
2.20 **Shrek the Third** (2007) ★★★
4.00 **Migration** (2023, U) ★★★
5.40 **Despicable Me** (2010)

PRIME-TIME

7.25 **Despicable Me 2** Animation. A reformed super-villain helps a secret agent in capturing a fellow evil genius. (2013, U) ★★★
9.05 **Captain Underpants** Animated family adventure. A mean-spirited principal is transformed into a daring vigilante. (2017, U) ★★★★

10.45 **Dragon Rider** (2020) ★★★
12.30 AM **Lego Batman: DC Super Heroes Unite** (2013) ★★★★
1.50 **to 3.20** AM **Lego Justice League: Gotham City...**

Drama
Sky 310 Virgin 410

6.25 AM **Emily** See 2.30am.
8.40 **The Fabelmans** Drama. (2022, 12) ★★★★★
11.15 **Monday** Romantic drama. (2020, 15) ★★★★
1.15 PM **Gran Torino** See 12.25am.
3.20 **Catch Me If You Can** Crime caper starring Leonardo DiCaprio. (2002) ★★★★★
5.45 **Dreamgirls** Musical starring Jamie Foxx. (2006) ★★★★

8.00 **The Blind Side** Drama. A couple give shelter to a homeless teenager. Stars Sandra Bullock and Quinton Aaron. (2009, 12) ★★★
10.20 **Promising Young Woman** Crime drama. A troubled woman seeks vengeance. Stars Carey Mulligan. (2020) ★★★★

12.25 AM **Gran Torino** Drama. (2008, 15) ★★★★
2.30 **Emily** Drama starring Emma Mackey. (2022, 15) ★★★★
4.50 **to 7.10** AM **Dreamgirls** (2006)

Sci-Fi/Horror
Sky 311 Virgin 411

7.50 AM **The Core** (2002, 12) ★★★
10.20 **Silent Running** Sci-fi drama. (1972, U) ★★★★
12.05 PM **The Purge** Horror. Stars Lena Headey. (2013) ★★★
1.45 **The Purge: Anarchy** Horror sequel. (2014, 15) ★★★
3.35 **Star Trek Beyond** Sci-fi. (2016, 12) ★★★★
5.45 **The Matrix Revolutions** Sci-fi. (2003, 15) ★★★★

8.00 **Back to the Future** Fantasy. A teenager is accidentally sent back in time to 1955. Stars Michael J Fox. (1985, PG) ★★★★★
10.00 **Star Trek IV: The Voyage Home** Sci-fi. The crew travels to 20th-century Earth. Stars William Shatner. (1986, PG) ★★★★

12.00 M'T **The Purge: Election Year** Horror. (2016, 15) ★★★
1.50 AM **Vampire in Brooklyn** ★★
3.35 **The Core** (2002, 12) ★★★
5.55 **to 7.45** AM **Monolith** (2022)

Hits
Sky 303 Virgin 403

6.15 AM **Barnyard** See 4.15am.
7.55 **Blithe Spirit** (2020, 12) ★★★
9.40 **Finding Neverland** Period drama. (2004, PG) ★★★★
11.35 **The Sum of All Fears** Action thriller. (2002, 12) ★★★★
1.50 PM **Ocean's Eleven** Crime comedy. (2001, 12) ★★★★
4.00 **Barbie** (2023, 12) ★★★★
6.00 **Bridget Jones: The Edge of Reason** (2004, 15) ★★★★

8.00 **Bridget Jones's Baby** Comedy. Bridget becomes pregnant after two one-night stands. Stars Renée Zellweger. (2016) ★★★★
10.10 **Ocean's Twelve** Crime sequel. A gang of thieves competes with a French criminal. Stars George Clooney. (2004, 12) ★★★★

12.25 AM **Along Came a Spider** Thriller. (2001, 15) ★★★
2.20 **Finding Neverland** (2004)
4.15 **to 6.00** AM **Barnyard** Animation. (2006, PG) ★★

Greats
Sky 304 Virgin 404

7.45 AM **The Dam Busters** (1954)
9.55 **Ben-Hur** Oscar-winning epic. (1959, PG) ★★★★★
1.35 PM **Gorillas in the Mist** Drama. (1988, 12) ★★★★
3.50 **The Dam Busters** Drama starring Richard Todd. (1954, U, b&w) ★★★★★
6.00 **The King's Speech** Fact-based drama starring Colin Firth. (2010, 12) ★★★★★

PRIME-TIME

8.00 **Ferrari** Biopic set in 1957. Former racecar driver Enzo Ferrari embarks on a race across Italy. Stars Adam Driver. (2023, 15) ★★★
10.15 **The Day of the Jackal** Thriller. A hit-man is hired to assassinate the French president. Stars Edward Fox. (1973, 15) ★★★★

12.45 AM **Crouching Tiger, Hidden Dragon** Chinese period adventure. Subtitled. (2000, 12) ★★★★★
2.50 **to 6.30** AM **Ben-Hur** (1959)

Superheroes
Sky 302 Virgin 402

6.25 AM **The Flash** (2023) ★★★
8.50 **Black Adam** Fantasy adventure. (2022, 12) ★★★
10.55 **Batman v Superman: Dawn of Justice** (2016, 12) ★★
1.30 PM **Justice League** Sci-fi fantasy. (2017, 12) ★★
3.35 **Aquaman and the Lost Kingdom** (2023, 12) ★★★
5.40 **Batman Begins** Comic-book thriller. (2005, 12) ★★★★★

8.00 **The Dark Knight** Thriller. Criminal mastermind the Joker crosses paths with Batman. Stars Christian Bale. (2008, 12) ★★★★★
10.35 **The Dark Knight Rises** Thriller. Batman comes out of hiding to protect Gotham City. Stars Christian Bale. (2012, 12) ★★★★

1.20 AM **Batman v Superman: Dawn of Justice** (2016) ★★
3.55 **to 5.25** AM **Megamind vs the Doom Syndicate** Animation. (2024, U) ★★★

Thriller
Sky 309 Virgin 409

6.05 AM **Now You See Me 2** (2016)
8.20 **Kindred** (2021, 15) ★★★
10.10 **Ocean's Thirteen** (2007)
12.20 PM **Now You See Me** Crime thriller. (2013, 12) ★★★
2.20 **The Good Neighbour** Thriller. (2022, 15) ★★★
4.15 **Ocean's Eight** Crime comedy. (2018, 12) ★★★★
6.10 **Maggie Moore(s)** Comedy thriller. (2023, 15) ★★★

8.00 **Miami Vice** Crime thriller based on the 1980s TV cop series. Stars Colin Farrell, Jamie Foxx and Gong Li. (2006, 15) ★★★
10.15 **Hypnotic** Action thriller. A detective investigates a mystery that involves his missing daughter. Stars Ben Affleck. (2023) ★★★

11.55 **The Good Neighbour** (2022)
1.50 AM **Kindred** (2021, 15) ★★★
3.45 **Maggie Moore(s)** (2023)
5.40 **to 7.25** AM **Unhinged** Thriller. (2020, 15) ★★★

Movies 24
Sky 312 Virgin 419

7.00 AM **Our Take on Love** (2022)
9.00 **Moriah's Lighthouse** Comedy. (2022, PG) ★★
11.00 **Sweeter Than Chocolate** Comedy. (2023, PG) ★★
1.00 PM **Love Served Here** Romance. (2023, PG) ★★
3.00 Premiere **His and Hers** Romance. (2024, PG) ★★
5.00 **A Bridesmaid in Love** Comedy. (2022, PG) ★★

7.00 **Love Hacks** Romantic comedy. A relationship coach puts her own heart to the test. Stars Annie Clark. (2022, PG) ★★
9.00 **Love Stories in Sunflower Valley** Comedy. A reporter listens to love stories. Stars Erin Cahill. (2021, PG) ★★

11.00 **Made for Each Other** Fantasy. (2023, PG) ★★
1.00 AM **Styled with Love** (2022)
3.00 **to 5.00** AM **Hashtag Proposal** (2023, PG) ★★

RADIO

RADIO 1 FREEVIEW 700
Sky 0101 Virgin 901 Freesat 700

5.00am Chillout Anthems. **7.00** Weekend Breakfast with Sam and Danni. **10.30** Nat and Vicky. **12.00** Radio 1 10s. **1.00pm** Summer on Radio 1. **4.00** R1's Life Hacks. **6.00** The Official Chart. **7.00** R1's Chillest Show. **9.00** Indie Show with Alyx Holcombe. **11.00** BBC Introducing. **12.00m't** Future Soul with Victoria Jane. **1.30am** UK R&B Mix. **2.00** Chill Mix. **3.00** Dance Anthems. **4.00 to 5.00am** Radio 1 Happy.

RADIO 2 FREEVIEW 702
Sky 0102 Virgin 902 Freesat 702

5.00am Tracks of My Years. **6.00** Good Morning Sunday. **9.00** Love Songs with Michael Ball. **11.00** Paddy McGuinness. **1.00pm** Elaine Paige on Sunday. **3.00** Sounds of the 70s with Johnnie Walker. **5.00** Rob Beckett. **7.00** Tony Blackburn's Golden Hour. **8.00** The Paul Gambaccini Collection. **10.00** Radio 2 Unwinds with Angela Griffin. **12.00m't** Phil Williams. **3.00am** Alternative Sounds of the 90s with Dermot O'Leary. **4.00 to 6.30am** Owain Wyn Evans.

RADIO 3 FREEVIEW 703
Sky 0103 Virgin 903 Freesat 703

6.30am Breakfast. **9.00** Sunday Morning. **12.00** Private Passions. **1.30pm** Music Map. **3.00** Choral Evensong. **4.00** Jazz Requests. **5.00** Early Music Show. **6.00** Words and Music. **7.15** Sunday Feature: Schoenberg in the USA. **8.00** Drama on 3: Churchill versus Reith. **9.30** New Generation Artists. **10.00** Night Tracks. **11.30** Unclassified. **12.30 to 6.30am** Through the Night.

RADIO 4 FREEVIEW 704
Sky 0104 Virgin 904 Freesat 704

6.00am News. **6.05** Thinking Allowed. **6.35** On Your Farm; Weather. **7.00** News. **7.10** Sunday. **7.50** Appeal; Weather. **8.00** News. **8.10** Sunday Worship. **8.45** A Point of View; Tweet . **9.00** Broadcasting House. **10.00** The Reunion. **11.00** The Archers. **12.15pm** Profile. **12.30** Unbelievable Truth. **1.00** The World. **1.30** Steel Dragons. **2.00** Gardeners' Question Time. **2.45** One Night in Paradise. **3.00** Drama: Mahabharata Now. **4.00** Open Book. **4.30** Brain of Britain. **5.00** Witness History. **5.10** Policing Protest. **5.55** Shipping Forecast. **6.00** News. **6.15** Pick of the Week. **7.00** The Archers. **7.15** Hervé's Way: The Story of a One-Legged Pilgrim. **7.45** Buried. **8.00** Word of Mouth. **8.30** Last Word. **9.00** Money Box. **9.25** Radio 4 Appeal. **9.30** From Our Own Correspondent; Weather. **10.00** The Westminster Hour. **11.00** The Human Subject. **11.30** Frontlines of Journalism. **11.45** Short Works. **12.00m't** News and Weather. **12.15am** Crossing Continents. **12.45** Bells on Sunday. **12.50** Shipping Forecast. **1.00** As BBC World Service. **5.20** Shipping Forecast. **5.30** News; Prayer for the Day. **5.45 to 6.00am** Farming Today.

RADIO 5 LIVE FREEVIEW 705
Sky 0105 Virgin 905 Freesat 705

5.00am Newscast. **6.00** 5 Live Science. **7.00** Breakfast. **10.00** Colin Murray. **12.00noon** 5 Live F1. **2.00pm** Sport. **6.30** Golf. **8.00** Headliners with Nihal Arthanayake. Interviews. **10.00** Johnny I'Anson. **1.00 to 5.00am** Dotun Adebayo.

Brilliant ★★★★★ Great ★★★★ Good ★★★ Watchable ★★ Rubbish ★

DON'T FORGET – the new issue of

What's on TV Picks of the day

My Mum, Your Dad

ITV1, 9.00pm It's never too late… Davina McCall hosts as the single parents of grown-up offspring are sent to a luxury country retreat to find later-life romance.

The Wives

C5, 9.00pm Cause for alarm… Angela Griffin, Tamzin Outhwaite and Jo Joyner star in this thriller as holidaying women worried for their missing sister-in-law .

Wordsearch

All these words, except one, appear in our just-for-fun wordsearch. Which one is it? (Answer on page 97.)

Choice, Compete, Date, Fashion, Outfit, Reality, Romance, Rounds, Shopping, Single, Style, Trio

C	I	T	F	A	S	H	I	O	N
T	H	S	H	O	P	P	I	N	G
I	S	O	Y	T	I	L	A	E	R
F	D	S	I	N	G	L	E	S	D
T	N	S	Z	C	E	K	T	A	O
U	U	K	X	S	E	Y	T	M	M
O	O	I	R	T	L	E	H	S	S
I	R	E	T	E	P	M	O	C	D

BBC ONE — BBC1

Freeview 1 (101 HD) Sky 101 Virgin 101 Freesat 101

6.00 AM **Breakfast** News and sport. (S)
9.30 **Morning Live** Daily magazine. (S)
10.45 **SAS: Catching the Criminals** 6 of 15. Documentary series. Trading Standards hunt for illegal stashes of fake tobacco. (S)
11.15 **Homes Under the Hammer** (S, Rpt, AD)
12.15 PM **Bargain Hunt** Antiques challenge. From the National Tramway Museum. (S, AD)
1.00 **News; Local News; Weather** (S)
2.00 **Doctors** Tercet: Medical drama series. Graham has some productive meetings with The Mill staff, while Zara meets the writer of an award-winning poem. (S, AD)
2.30 **Robson Green's Weekend Escapes** Travel series. The actor explores Northumberland with his acting hero Kevin Whately. (S, Rpt)
3.00 **Escape to the Country** Property series. Two Eurovision enthusiasts search for a new home in the Cumbrian countryside. (S)
3.45 **Garden Rescue** Horticultural series. Charlie Dimmock and Flo Headlam come up with plans to transform a characterless garden in Daventry into a curvy, naturalistic oasis. (S)
4.30 **The Answer Run** Quiz series. (S)
5.15 **Pointless** Quiz series. (S)
6.00 **News; Weather** (S)
6.30 **Local News; Weather** (S)

7 PM

7.00 **The One Show** Magazine presented by Alex Jones and Roman Kemp. (S)
7.30 **EastEnders** Gina implores Anna to explore her options surrounding her pregnancy, Barney meets Avani's new friend, while Harvey wins a trip to Greece in a radio competition. (S, AD)

8 PM

8.00 **Panorama** HS2: The Railway That Blew Billions. Current affairs report. Richard Bilton investigates the HS2 rail network, and what went wrong with the ambitious project that was meant to change the face of Britain's transport network. (S)

9 PM

9.00 **Nightsleeper** 2 of 6. Real-time thriller starring Joe Cole, Alexandra Roach and David Threlfall. With the cyber attack preventing Abby from seeing obstacles in the sleeper's path, she is forced to think outside the box in order to bring the train to a halt. Continues next week. (S, AD)

10 PM

10.00 **News; Weather** (S)
10.30 **Local News; Weather** (S)
10.40 **In My Own Words: Hanif Kureishi** New★ One-off documentary in which the author reflects on his life and work, and recalls the trajectory of the post-war immigrant experience in the UK. Since his accident in 2022, Kureishi has needed to be under 24-hour care, and he details his response to the shock of that experience, what it has taught him, and how he has had to reinvent his process of artistic creation. (S)
11.25 **Have I Got News for You** Quiz series. Mel Giedroyc hosts. From May 2023. (S, Rpt)
11.55 **Our Lives** The Dinohunters: Last Friday's edition of the documentary series. A mother and daughter's discovery of some dinosaur footprints on a Welsh beach. (S, Rpt) **Weather**
12.30 **to 6.00** AM **BBC News** (S)

BBC1 REGIONAL VARIATIONS
■ **WALES**
8.00pm Rookie Cops The search for a teenager who is armed with a knife. **8.30-9.00 Our Lives 11.40 Have I Got News for You** As above. **12.10-6.00am BBC News**

BBC TWO — BBC2

Freeview 2 (102 HD) Sky 102 Virgin 102 Freesat 102

6.30 AM **Bargain Hunt** County Down. (S, Rpt, AD)
7.15 **Antiques Road Trip** Norfolk. (S, Rpt)
8.00 **The Repair Shop** Restoration series. Experts restore a ceremonial coat. (SL, S, Rpt, AD)
9.00 **News** (S)
12.15 PM **Politics Live** News from Westminster. (S)
1.00 **Bridge of Lies** Quiz series. (S, Rpt)
1.45 **Unbeatable** Quiz series. (S, Rpt)
2.30 **My Unique B&B** Simon Parfett and his team create an unusual B&B in Devon. (S, Rpt, AD)
3.00 **MasterChef: The Professionals** Culinary challenge series. Three chefs recreate Monica's dish of oeufs meurette. (S, Rpt)
4.00 **Home Away from Home** Couples from Kent and Gloucestershire swap homes. (S, Rpt)
4.45 **More Creatures Great and Small** Documentary series. Sybil has to break some difficult news to a horse owner. (S, Rpt)
5.15 **Flog It!** Antiques series. The team visits Ickworth House in Suffolk. (S, Rpt)
6.00 **Richard Osman's House of Games** With Chris Hughes, Debra Stephenson, Inel Tomlinson and Toyah Willcox. (S, Rpt)
6.30 **Great British Railway Journeys** Loch Lomond to Kelvinbridge: Travel series. Michael Portillo embarks upon a journey through Scotland's central belt. (S, Rpt, AD)

7.00 **The Big Cases** New★ The Sunshine Scammer. A bogus travel agent who conned hundreds of holiday-makers, including her own family. (S, AD)
7.30 **Mastermind** Quiz series hosted by Clive Myrie. Specialist subjects include Mary Tudor and the films of Martin Scorsese. (S)
8.00 **Only Connect** Quiz series chaired by Victoria Coren Mitchell. Bloomsbury Group take on the Tea Totallers. (S)
8.30 **University Challenge** Student quiz series hosted by Amol Rajan. Imperial College London begin their title defence against the University of Manchester. (S)
9.00 **Mozart: Rise of a Genius** New★ 1 of 3. Documentary series about the life of Wolfgang Amadeus Mozart, using a blend of letters, music manuscripts, performances and dramatic vignettes to tell his story. With contributions from Stephen Fry and Sheila Hancock. (S, AD)
10.00 **We Might Regret This** 5 of 6. Comedy drama starring Kyla Harris and Edward Bluemel. Levi has his first food-truck gig for a family friend's engagement party. (S)
10.25 **Laugh Lessons** 4ft and Fierce. (S, Rpt)
10.30 **Newsnight; Weather** (S)
11.05 **The Zelensky Story** Last Wednesday's edition of the documentary series. A look at how Zelensky grappled with what it means to be the leader of a country. Featuring his infamous phone call with Donald Trump and his only meeting with Vladimir Putin, as well as examining the former comedian's brutal initiation into the world of politics. (S, Rpt)
12.05 AM **Sign Zone** Starting with: **12.05 Countryfile** (S, Rpt) **1.00 Celebrity MasterChef** (S, Rpt, AD) **2.00 Waterloo Road** (S, Rpt, AD) **3.00 In My Own Words: Alison Lapper** (S, Rpt, AD) **3.45 to 3.55** AM **Lifeline** Appeal. (S, Rpt)

BBC2 REGIONAL VARIATIONS
■ **WALES**
Programmes today are as above.

Listings for Welsh-language channel S4C (F'sat 120, Sky 134, Virgin 164) are on opposite page.

PHOTOS: ITV, C5

ITV1

Freeview 3 (103 HD) Sky 103 Virgin 103 Freesat 103

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** Entertainment news. (S)
10.00 **This Morning** Daily magazine featuring celebrity chat and lifestyle features. (S)
12.30 PM **Loose Women** Celebrity interviews and discussion from a female perspective. (S)
1.30 **News; Weather** (S)
1.55 **Local News; Weather** (S)
2.00 **Dickinson's Real Deal** Antiques series. David Dickinson, Tim Hogarth, Jan Keyne, James Layte and Fay Rutter assess items brought in by members of the public in Liverpool, who either take the cash for their antiques or gamble at auction. (S, Rpt, AD)
3.00 **Lingo** Word game hosted by Adil Ray. Friends from Reading, a couple from Bognor Regis and neighbours from Wales compete. (S)
4.00 **Tipping Point** Ben Shephard hosts the arcade-themed quiz in which contestants drop tokens down a choice of four chutes in the hope of winning the £10,000 jackpot. (S)
5.00 **The Chase** Quiz series hosted by Bradley Walsh in which four contestants take on one of the trivia experts in the hope of winning a cash prize worth thousands of pounds. (S)
6.00 **Local News; Weather** (S)
6.30 **News; Weather** (S)

7.30 **Emmerdale** Emotions run high at the hospital, Amelia is adamant, while Amy and Kerry become suspicious. (S, AD)

8.00 **Coronation Street** Lauren receives a visitor with the power to end Joel's reign of terror, Tyrone stops Alina and Dorin catching a plane, Debbie decides to offer Bethany a job, while Tracy advises Steve to pursue Cassie. (S, AD)

9.00 **My Mum, Your Dad**
New
1 of 10. Return of the dating series hosted by Davina McCall, in which eight single parents are nominated by their grown-up children to spend two weeks in a countryside retreat giving love a second chance. **See feature, page 23.** (S, AD)

10.00 **News; Weather** (S)
10.30 **Local News; Weather** (S)
10.45 **Goodwood Revival** Over three days in September, edge-of-the-seat racing action meets iconic driver celebrations. Cameras reveal the highlights from this year's event as the glory days of motor racing are re-lived at Goodwood, one of England's greatest sporting estates. (S)

11.40 **My Mum, Your Dad** Davina McCall hosts the relationship show where eight single parents are nominated by their grown-up children to give love a second chance. (S, Rpt, AD)
12.35 AM **Teleshopping**
3.00 **My Mum, Your Dad** (SL, S, Rpt, AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Lingo** Game show hosted by Adil Ray in which three pairs of contestants find words from the fewest letters. (SL, S, Rpt)

ITV1 REGIONAL VARIATIONS
■ **WALES**
Programmes today are as above.

Channel 4

Freeview 4/7 (104/110 HD) Sky 104/108 Virgin 104/108 Freesat 104/106

6.25 AM **Cheers** (Series 7, ep 7, S, Rpt) **6.50** (Series 7, ep 8, S, Rpt) **7.15** (S7, ep 9, S, Rpt)
7.45 **The King of Queens** Triple-bill. (Series 2, ep 16, S, Rpt, AD) **8.10** (Series 2, ep 17, S, Rpt, AD) **8.35** (Series 2, ep 18, S, Rpt, AD)
9.05 **Frasier** (Series 2, ep 18, S, Rpt, AD) **9.35** (Series 2, ep 19, S, Rpt, AD) **10.05** (S2, ep 20, S, Rpt, AD) **10.35** (S2, ep 21, S, Rpt, AD)
11.05 **Come Dine with Me: The Professionals** Culinary competition in Newcastle. (S, Rpt)
12.05 PM **News** (S)
12.10 **Narrow Escapes** Documentary. (S, Rpt, AD)
1.10 **Find It, Fix It, Flog It** Windsor. (S, Rpt, AD)
2.10 **Countdown** Word game. (S)
3.00 **Chateau DIY** Property series. (S, Rpt, AD)
4.00 **A Place in the Sun** Property series. Laura Hamilton helps a couple find a home in Benalmádena on the Costa del Sol. (S)
5.00 **Help! We Bought a Village** Property series. A couple who have swapped life in Kent to take up residence in a once-regal but now time-worn aristocratic estate in France. (S)
6.00 **A Place in the Sun** Property series. A married couple seek an apartment with a sea view on Spain's Costa del Sol. (S, Rpt)
6.30 **The Simpsons** The Old Man and the Key: Grampa tries to woo a woman. (S, Rpt, AD)

7.00 **News** (S)

8.00 **Jamie: What to Eat This Week: Autumn** 2 of 3. Culinary series. Chef Jamie Oliver picks some home-grown aubergine to serve with roast chicken, and unearths some potatoes he planted earlier in the year and uses them in a Mediterranean-inspired stew. (S, AD)

9.00 **24 Hours in Police Custody** Feature-length edition of the documentary series telling the inside story of an armed siege in a Bedford tower block, including unprecedented access to the command suite during this live siege. A man rings 999 to report that he has seen a man with a weapon that looks like an AK-47 rifle shouting that he'll shoot the next person who he sees in the head. (S, Rpt, AD)

10.40 **In the Footsteps of Killers** Documentary series. Investigating the murder of Deborah Wood, who disappeared after leaving a city centre bar in Leeds in January 1996. (S, Rpt, AD)

11.40 **The Prison Confessions of Gypsy Rose Blanchard** On The Run: 2 of 6. (S, AD)
12.35 AM New **1985** From Lovendegem to the Future: 1 of 8. French/Dutch crime drama series starring Tijmen Govaerts. Subtitled.
● *The full series can be seen on Channel 4 online.*
1.30 Film **47 Metres Down** Horror starring Mandy Moore. (85mins, 2017, 15, SL, S, W/S) Rating ★★★ **See Filmweek, page 30**
2.55 **Ramsay's Hotel Hell** (SL, S, Rpt, AD)
3.40 **Britain's Most Expensive Houses** (S, Rpt)
4.05 **Frasier** Four episodes. (S, Rpt, AD)
5.45 **to 6.25** AM **Countdown** Word game. (S, Rpt)

Channel 5

Freeview 5 (105 HD) Sky 105 Virgin 105 Freesat 105

6.00 AM **Milkshake!** Children's programmes. (S)
9.15 **Jeremy Vine** The broadcaster and guests discuss the biggest issues of the day. (S)
11.30 **Storm Huntley** The discussion continues with viewers' calls on the latest issues. (S)
12.45 PM **Friends** Ross and Rachel finally decide to get back together. (Series 4, ep 1, S, Rpt) **1.10** Monica goes on a date with her high-school heart-throb. (S4, ep 2, S, Rpt, AD)
1.40 **News** (S)
1.45 **Home and Away** Harper is faced with a tough choice, Dana tries to keep a secret, while Rory is backed into a corner. (S, Rpt)
2.20 Film **You'll Never Leave Me** Thriller. After an accident leaves her boyfriend in a coma, a woman comes to accept the kindness of a stranger, with deadly results. Stars Christie Leverette. (100mins, 2022, 12, S) Rating ★★
4.00 **Bargain-Loving Brits in the Sun** Documentary series. A husband and wife leave their much-loved three-bed home to move to Saydo caravan park. (S, AD)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Animal behaviour series. Graeme Hall helps a French bulldog who hates TV and is always smashing holes in the set. (S, Rpt) **News**

7.00 **Traffic Cops** Documentary series. Police control receives reports of a suspected drug-driver and officers are forced into a high-speed pursuit when the vehicle fails to stop, while a tip-off from a member of the public leads police to a drink-driver who can barely stand up. (S, Rpt) **News**

8.00 **Police Interceptors** Documentary series. Officers head to HMP Five Wells, where a man has been tossing parcels over the prison wall and when they arrive, they clock someone acting shifty in a hire car. Plus, ANPR directs two officers to a motor that's linked to drug offences. (S)

9.00 **The Wives**
New
1 of 6. Mystery drama series starring Jo Joyner, Angela Griffin and Tamzin Outhwaite. Three women are suspicious about the disappearance of their sister-in-law and begin to search for answers. Continues tomorrow. **See feature, page 8.** (S)

10.00 **Body in the Bag: The Murder of Melanie Hall** One-off documentary revisiting the disappearance and murder of 25-year-old Melanie Hall, who was last seen at a nightclub on 8 June, 1996, and whose remains were discovered on a slip road off the M5 thirteen years on. (S, Rpt)

11.30 **Inside the Force** Documentary. Officers deal with a fight between neighbours. (S, Rpt)
12.30 AM **Car Pound Cops** Following the work of vehicle recovery crews. (S, Rpt)
12.45 **Entertainment News on 5** (S)
1.00 Live **American Football** Philadelphia Eagles v Atlanta Falcons: The NFL match at Lincoln Financial Field, kick-off **1.15am.** (S)
4.30 **Entertainment News on 5** (S)
4.40 **Wildlife SOS** Documentary. (SL, S, Rpt)
5.05 **House Busters** (SL, S, Rpt)
5.30 **Entertainment News on 5** (S)
5.40 **to 6.00** AM **Milkshake!** (SL, S, Rpt)

6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Sgwrs Dan y Lloer **12.30** Heno **1.00** Y 'Sgubor Flodau **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Priodas Pum Mil **4.00** Awr Fawr: Y Tralalas **4.05** Awr Fawr: Tomos a'i Ffrindiau **4.15** Awr Fawr: Sion y Chef **4.30** Awr Fawr: Pentre Papur Pop **4.45** Awr Fawr: Deian a Loli **5.00** Stwnsh **6.00** Cegin Bryn **6.30** Rownd a Rownd **6.57** Newyddion S4C **7.00** Heno **7.30** Newyddion S4C a'r Tywydd **8.00** Trefi Gwyllt Iolo **8.25** Garddio a Mwy **8.55** Newyddion **9.00 NEW SERIES:** Ffermio **9.30** Sgorio **10.00** Drych: Dyfodol i Dewi **11.00-11.35pm** Y Sîn

FREEVIEW & FREESAT

What's on TV Picks of the day

Hollyoaks
E4, 7.00pm
Misbah and Tony are getting on with their lives a year after the motorbike crash that smashed through the McQueen's house.

Married at First Sight UK
E4, 9.00pm
Bride-to-be Sasha is one of 16 hopefuls who will be marrying a complete stranger chosen for them by relationship experts.

Matt Baker: Travels with Mum & Dad
More, 9.00pm
Matt and his dad do some detectorist work while at Northumberland's Cragside house.

ITV2

FV 6 Sky **118** Freesat **113** Virgin **115**

6.00 AM **Children's Programmes**
9.00 **Totally Bonkers World Records**
10.00 **Secret Crush** Double-bill.
12.00 NOON **Dress to Impress**
1.00 PM **In with a Shout** Game show.
2.00 **Supermarket Sweep** Game show.
3.00 **Charmed** A powerful warlock goes on the rampage. (S3, ep11)
4.00 **Dawson's Creek** Emma shocks Pacey by turning a $300 dress into a punk costume, while Eddie invites Joey over to study. (S6, ep9)
5.00 **Dress to Impress** Dating series.
6.00 **Celebrity Catchphrase** With contestants Charlie Brooks, Jimmi Harkishin and Siobhan McSweeney.
7.00 **Family Fortunes** Game show hosted by Gino D'Acampo. Families from Bournemouth and Kent try to guess the most popular responses to surveys posed to 100 people.
8.00 **Bob's Burgers** 1 of 2. Linda decides to host a party. (S8, ep6) **8.30** 2 of 2. The kids suspect the thief might be a character from a tale told to them by Teddy. (S8, ep7)
9.00 **Family Guy** New episode Peter and Mayor West decide to confront Tom Selleck. (S22, ep3)
9.30 **American Dad!** New episodes Jeff learns that the Smiths think he makes poor decisions. (S18, ep5) **10.00** Stan discovers anonymous love letters to Francine. (S18, ep6)
10.30 **Family Guy** Peter decides to dump his old pals. (S16, ep2)
11.00 **Family Guy** Peter gets jealous when Lois upstages him at a Red Sox fantasy baseball camp. (S15, ep17)
11.30 **American Dad!** (S11, ep10)
12.00 M'T **Bob's Burgers** Double-bill. (S8, ep5) **12.25** AM (S8, ep8)
12.55 **The Stand Up Sketch Show**
1.50 **Totally Bonkers World Records**
2.45 **to 3.00** AM **Unwind with ITV**

ITV3

FV 10 Sky **119** Freesat **115** Virgin **117**

6.00 AM **Classic Emmerdale** Double-bill.
7.00 **Classic Coronation Street**
8.00 **Lewis** The Great and the Good.
10.15 **The Royal** All at Sea.
11.20 **Heartbeat** Double-bill.
1.40 PM **Classic Emmerdale** Double-bill.
2.40 **Classic Coronation Street**
3.50 **Foyle's War** Enemy Fire: The detective hunts for the guilty party when a murder takes place at an RAF hospital, but discovers his son Andrew could be a suspect.
5.50 **Heartbeat** Nice Girls Don't: Gina is assaulted, and is shocked by the reaction of the locals when suspicion falls on a policeman.
6.55 **Heartbeat** Trouble in Mind: Greengrass receives a strange proposal from a man who seems to have taken the plot of Hitchcock's *Strangers on a Train* too seriously.
8.00 **Doc Martin** The GP tries to keep a promise to Louisa to see a therapist, but a lifeboat training exercise causes problems and he struggles to keep the appointment.
9.00 **Broadchurch** 1 of 8. Crime drama starring David Tennant and Olivia Colman. A detective investigates the death of an 11-year-old boy in a seaside town.
10.00 **Broadchurch** 2 of 8. Hardy finds an isolated clifftop hut that arouses his curiosity, the Latimers struggle to cope and the Rev Paul Coates decides to address the local media.
11.00 **The Suspect** 1 of 5. Thriller starring Aidan Turner. The police ask a successful psychologist to assist in the case of a murdered woman, but ghosts from his past resurface.
12.00 M'T **Lewis** The Great and the Good: Detective drama. The suspect in a teenager's rape is murdered.
2.00 **to 2.30** AM **Unwind with ITV**

ITV4

FV 26 Sky **120** Freesat **117** Virgin **118**

6.00 AM **The Best of the 90s**
6.15 **Minder** Second Hand Pose.
7.20 **The Professionals** Ojuka Situation.
8.20 **Robin of Sherwood** Rutterkin.
9.30 **Kojak** Lady in the Squad Room.
10.35 **Kojak** Sister Maria.
11.35 **The Motorbike Show**
12.40 PM **Robin of Sherwood**
1.40 **Kojak** Another Gypsy Queen.
2.45 **Kojak** The Queen of Hearts Is Wild.
3.50 **Minder** Comedy drama.
5.00 **The Professionals** Lawson's Last Stand: A soldier disappears.
6.00 **The Motorbike Show** Henry and Sam manage to get the engine in the Harley Bobber restoration.
7.00 **Junk and Disorderly** Henry Cole heads solo to an automobilia and vintage toy auction, before his team heads to Newark autojumble in a bid to afford the 1950s Buick.
8.00 **The Motorbike Show** Henry Cole rides the Wiltshire Downs on a new BSA Goldstar, setting off from Royal Wootton Bassett to Avebury and the town of Marlborough.
9.00 **The 1% Club** Quiz hosted by Lee Mack in which the questions are all about common sense, with 100 contestants in every show having a chance of winning up to £100,000.
10.00 Film **Die Hard with a Vengeance** Action thriller sequel. A New York cop pursues a terrorist threatening to set off a series of bombs around the city. Stars Bruce Willis, Samuel L Jackson and Jeremy Irons. *Includes FYI Daily at 11.00pm.* (1995, 15) ★★★ See Filmweek, page 31
12.35 AM **Motorsport UK**
1.30 **Auto Mundial** The latest news and reviews from the world of cars.
2.00 **Motorsport Mundial** Magazine.
2.25 **to 3.00** AM **Unwind with ITV**

BBC Scotland

Scot Only
FV 9 HD 106
Scotland Only: Sky **115** Freesat **106** Virgin **108**
Rest of the UK: Sky **187** Freesat **110** Virgin **162**

2.00 PM **Beechgrove Garden**
2.30 **Life on the Bay** Documentary series.
3.00 **to 4.00 Island Crossings**
7.00 **Sportscene: SWPL Highlights** Jane Lewis presents action from recent matches.
7.30 **The Adventure Show** New edition 2 of 3. From the Celtman triathlon at Torridon.
8.00 **Life on the Bay** 1 of 8. Documentary about a caravan park on the Fife coast.
8.30 **Wales' Home of the Year** 3 of 6. Assessing properties in the north-east.
9.00 **The Nine** Scottish and international news.
10.00 New **Designing the Hebrides** 1 of 6. Banjo Beale transforms the interior of a pub on the tiny island of Easdale.
10.30 **Alan Carr's Picture Slam** Last in the series. With contestants from Great Yarmouth, King's Lynn and Glasgow.
11.15 **Martin Compston's Scottish Fling**
11.45 **to 12.00** M'T **Rewind 1990s**

BBC3

FV 23 (HD 107 in Eng/NI)
Eng / N Ire: Sky **115** Freesat **107** Virgin **107**
Scot / Wales: Sky **121/117** F'sat **107** Virgin **113**

BBC3 starts broadcasting at 7.00pm

7.00 **Blue Planet II** Green Seas.
8.00 **Top Gear** The team road tests Porsche and Ferrari estate cars.
9.00 **Emily Atack: Asking for It?** The actress and comedian investigates online sexual harassment.
10.00 New **RuPaul's Drag Race UK: Meet the Queens** Reality series. RuPaul introduces the 12 queens competing for the coveted title.
10.20 **Keeping Up with Krystal Versace** Back-to-back editions of the series.
12.05 AM **Made Up in Belfast** Double-bill.
1.05 **Top Gear** As 7.00pm.
2.05 **Tagged: Britain's Most Tagged**
2.50 **to 3.50** AM **Emily Atack: Asking for It?**

BBC4

FV 9 HD 106 Scot 24/108
Sky **116** F'sat **108** Virgin **108** (Scot/Wales **107**)

BBC4 starts broadcasting at 7.00pm

7.00 **Great American Railroad Journeys** Chicago to Champaign, Illinois.
8.00 **Meet the Ancestors** Double-bill.
9.00 **Call My Bluff** With Joanna Lumley.
9.30 **Going for a Song** With guests Clare Francis and Terry Wogan.
10.00 **Joy of Mozart** Tom Service explores the life and times of Mozart.
11.00 **Socrates: Genius of the Ancient World** Bettany Hughes looks at the influential Athenian thinker.
12.00 M'T **Parkinson with Lauren Bacall, Kenneth Allsop, Tom Paxton, and Danny Thompson**
1.05 AM **Lauren Bacall: Talking Pictures**
1.40 **Great American Railroad Journeys**
2.40 **to 3.40** AM **Meet the Ancestors**

ITVBe

FV 28 Sky **131** (Scot **132**) Freesat **119** Virgin **119**

7.20 AM **Be Beautiful** Make-up tips.
7.35 **Billie and Greg: The Family Diaries**
8.35 **Masters of Flip** Property series.
9.35 **Buying and Selling** Property series.
10.35 **Billie and Greg: The Family Diaries**
11.35 **Real Housewives of New York City**
12.30 PM **The Real Housewives of Atlanta**
1.20 **The Only Way Is Essex** Reality show.
2.05 **Dinner Date** From Bristol.
3.10 **Great Chocolate Showdown**
4.05 **Real Housewives of New York City**
5.00 **The Real Housewives of Potomac** New edition Candiace is caught off guard by some shocking allegations.
6.00 **Masters of Flip** Property series.
7.00 **Great Chocolate Showdown**
8.00 **Dinner Date** Dating series.
9.00 **The Real Housewives of Atlanta** New edition Drew hopes to relaunch her music career.
10.00 **Botched** A high-risk cancer patient fears that her original surgeon didn't remove all her breast tissue.
10.55 **Botched** A transgender woman wants to have her nose fixed.
11.50 **The Only Way Is Essex**
12.35 **to 1.00** AM **Unwind with ITV**

E4

FV 13 Sky 135/136 F'sat 122 Virgin 106

6.00 AM **Hollyoaks** Double-bill.
6.55 **Ramsay's Kitchen Nightmares USA**
9.00 **The Goldbergs** Double-bill.
10.00 **Young Sheldon** Double-bill.
11.00 **Modern Family** Double-bill.
12.00 NOON **The Big Bang Theory** Four episodes.
2.00 PM **The Goldbergs**
3.00 **Modern Family** Double-bill.
4.00 **Teen First Dates** A Disney fan is set up on a date.
5.00 **The Big Bang Theory** US comedy. (S3, ep21) **5.30** (S3, ep22) **6.00** (S3, ep23) **6.30** (S4, ep1)
7.00 Pick **Hollyoaks** New episode Events one year after the crash.
7.30 **Second-Hand Showdown** New edition
8.00 **Below Deck: Mediterranean** New edition A crew member's complaint lands the chef in hot water.
9.00 Pick New **Married at First Sight UK** Return of the reality series in which sixteen hopefuls take the ultimate gamble on love – by marrying a complete stranger.
10.45 **Celebs Go Dating** New edition Lauryn dates three men in a single day.
11.50 **Gogglebox** Opinions on *Big Brother: The Launch*. From October 2023.
12.50 AM **Married at First Sight UK** See 9.00pm.
2.30 **Celebs Go Dating**
3.25 **Below Deck**
4.15 **The Big Bang Theory**
5.00 **to 6.00** AM **Black-ish**

Film4

FV 14 Sky 313 Freesat 300 Virgin 428

11.00 AM Film **Gideon of Scotland Yard** Police drama starring Jack Hawkins. (1958, PG) ★★★
12.50 PM Film **Decision at Sundown** Western starring Randolph Scott and John Carroll. (1957, PG) ★★★
2.25 Film **Footsteps in the Fog** Period thriller starring Stewart Granger and Jean Simmons. (1955, PG) ★★★
4.15 Film **Payroll** Crime drama starring Michael Craig and Billie Whitelaw. (1961, PG, b&w) ★★★
6.25 Film **Hidden Figures** Fact-based drama. Female African-American mathematicians overcome prejudice as they work on the US space programme. Stars Taraji P Henson and Octavia Spencer. (2016, PG) ★★★★
9.00 Film **Hitman** Thriller. A genetically engineered assassin fails to complete his latest assignment and finds that he has become a target himself. Stars Timothy Olyphant and Dougray Scott. (2007, 15) ★★★
10.50 Film **The Book of Eli** Post-apocalyptic thriller starring Gary Oldman. (2010, 15) ★★★★
See Filmweek, page 30
1.05 **to 4.00** AM Film **Kes** Ken Loach's British drama starring David Bradley. (1969, PG) ★★★★★

More4

FV 18 Sky 136/137 F'sat 124 Virgin 147

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Find It, Fix It, Flog It** Simon O'Brien and Max McMurdo meet a man with a love of the 1950s.
12.30 PM **Come Dine with Me** Back-to-back dinner parties in Leeds.
3.10 **Four in a Bed** Back-to-back editions of the B&B challenge series.
5.50 **Chateau DIY** In northern France, a couple start work creating an al fresco bar and dining area.
6.55 **Car S.O.S.** Tim and Fuzz get to restore one of the first Japanese sports coupes to find success on the global market.
7.55 **Grand Designs Revisited** Kevin McCloud revisits a home built on an airfield in Strathaven in Scotland.
9.00 Pick **Matt Baker: Travels with Mum & Dad** New edition The trio visit Cragside house and gardens in Northumberland.
10.00 **999: What's Your Emergency?** Dealing with incidents related to the large military population in Wiltshire.
11.05 **24 Hours in A&E** A woman is bitten by her cat.
12.10 AM **Matt Baker: Travels with Mum & Dad**
1.15 **999: What's Your Emergency?** As 10.00pm.
2.20 **24 Hours in A&E**
3.25 **to 3.55** AM **A Place in the Sun**

U&Drama

FV 20 Sky 143 Freesat 158 Virgin 116

7.20 AM **London's Burning**
8.05 **Doctors** Double-bill.
9.15 **Holby City** Medical drama.
10.35 **Casualty** Hospital drama.
11.40 **The Bill** Police drama.
12.40 PM **Classic EastEnders**
2.00 **London's Burning**
3.00 **Soldier, Soldier**
4.10 **Howards' Way**
5.20 **One Foot in the Grave**
6.00 **'Allo 'Allo!** Monsieur Alphonse and René decide to duel with pistols.
6.40 **Last of the Summer Wine** Eric Sykes guest stars as absent-minded Doggy.
7.20 **Last of the Summer Wine** Alvin, Truly and Clegg start a rumour of ghostly activity occurring in nearby woodland.
8.00 **The Brokenwood Mysteries** Old Blood Money: Detective drama. The team discover more than one dead body, and a significant amount of family rivalry, in the home of a pair of ageing siblings.
10.00 **New Tricks** Father's Pride: A camera and film belonging to a man who was murdered in 1987 are found in a Soho pub toilet.
11.20 **Waking the Dead** Subterraneans: Part One. A millionaire businessman is found dead 12 months after his disappearance.
12.40 AM **Waking the Dead**
2.00 **Holby City** Medical drama.
3.10 **to 4.00** AM **Birds of a Feather**

U&Dave

FV 19 Sky 111/112 Freesat 157 Virgin 127

7.10 AM **Whose Line Is It Anyway? USA** Double-bill.
8.00 **Special Ops: Crime Squad UK** Double-bill.
10.00 **Extreme Fishing with Robson Green: at the Ends of the Earth**
12.00 NOON **Storage Hunters UK**
2.00 PM **Extreme Fishing with Robson Green** The actor visits South Australia.
3.00 **Top Gear** Double-bill.
5.00 **Rick Stein's Far Eastern Odyssey** Malaysia.
6.00 **Rick Stein's Far Eastern Odyssey** Sri Lanka.
7.00 **QI** Josh Widdicombe, Joe Lycett and Shazia Mirza join Alan Davies.
7.40 **Richard Osman's House of Games** With Jay McGuiness, Sarah Kendal and Linda Robson. **8.20** With Johnny Ball, Suzi Ruffell, Nina Wadia and Danny Wallace.
9.00 **QI XL** Guests Bill Bailey, Rich Hall and Rob Brydon join regular Alan Davies to answer host Stephen Fry's questions about holidays.
10.00 **Have I Got a Bit More News for You** Mel Giedroyc hosts an edition from 2022, with writer Richard Osman.
11.00 **Taskmaster** Russell Howard uses ear wax to charm a nice lady.
12.00 M'T **Dave Gorman: Modern Life Is Goodish** Whether the queue's days are numbered.
1.00 AM **Room 101**
3.30 **to 4.00** AM **Travel Man**

Talking Pictures TV

FV 82 Sky 328 Freesat 306 Virgin 445

6.00 AM **Stagecoach West**
7.05 **The Girl in the Picture** Thriller. (1956, U) ★★★
8.20 **A Tale of Five Cities** ★★★
10.05 **The Angel Who Pawned Her Harp** (1954, U) ★★★
11.35 **The Outer Limits** (S2, ep6)
12.40 PM **Turn of Fate** (S1, ep27)
1.15 **The Huggetts Abroad** Comedy. (1949, U) ★★★
3.00 **The Saint** (S3, ep14)
4.00 **To Have and to Hold** Drama. (1950, PG) ★★
5.20 **The Writing on the Wall**
6.00 **For the Love of Ada**
6.30 **Out of Town**
7.00 **The Footage Detectives**
8.00 **Enemy at the Door**
9.05 **Lost for Words**
10.40 **A Kiss Before Dying** Thriller. (1956, 12) ★★★★
12.35 AM **Stock Car** (1955) ★★
2.00 **Maigret** Drama. (S12, ep3)
3.50 **Bindle** (1966, U) ★
5.00 **The Lloyd Bridges Show**
5.30 **to 6.00** AM **Dangerous Assignment**

5Action

FV 33 Sky 150 Freesat 132 Virgin 130

9.00 AM **Outback Truckers**
10.00 **Traffic Cops** Vehicle crime.
11.00 **Police Interceptors**
12.00 NOON Film **Sitting Bull** Western starring Dale Robertson. (1954, U) ★★
2.10 PM Film **The Wild and the Innocent** Comedy Western starring Audie Murphy. (1959, PG) ★★
4.00 **Extreme Tow Truckers**
5.00 **Traffic Cops** Vehicle crime.
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** An officer attempts to catch a vehicle with cloned plates.
9.00 **Court Martial: Soldiers Behind Bars** Double-bill.
11.00 Film **Cradle 2 the Grave** Action thriller starring Jet Li. (2003, 15) ★★★
1.05 AM **Criminals: Caught on Camera** Documentary.
2.05 **Trucking Hell** Double-bill.
3.55 **to 4.00** AM **Entertainment News**

5STAR

FV 32 Sky 128/129 F'sat 131 Virgin 126

8.00 AM **Rich Kids Go Skint**
9.00 **Shoplifters: Caught Red Handed** Documentary.
10.00 **Car Pound Cops: Give Me My Car Back!**
11.00 **Traffic Cops** Triple-bill.
2.00 PM **Police Interceptors**
5.00 **Nightmare Tenants, Slum Landlords**
6.00 **Home and Away**
6.30 **Home and Away** New episode Cash and Eden worry about Felicity.
7.00 **GPs: Behind Closed Doors**
8.00 **Casualty 24/7**
9.00 **Ambulance: Code Red** New edition A 60-year-old is involved in a crash.
10.00 **999: Critical Condition**
11.00 **I Escaped a Murderer**
12.00 M'T **Accused: Guilty or Innocent?** Documentary.
1.00 AM **Skin A&E**
2.00 **Casualty 24/7**
2.50 **GPs: Behind Closed Doors**
3.35 **to 4.00** AM **Home and Away**

5USA

FV 21 Sky 141/169 F'sat 129 Vir 120/162

9.00 AM **NCIS** (S10, ep11)
9.55 **Entertainment News**
10.00 **NCIS** Double-bill.
12.00 NOON **Law & Order** (S2, ep13) **1.00** PM (S2, ep14) **2.00** (S2, ep15) **3.00** (S3, ep7) **4.00** (S3, ep8) **5.00** (S3, ep9)
6.00 **NCIS** The team discovers a lieutenant may be planning a suicide attack. (S11, ep3)
7.00 **NCIS** An Afghan woman is found murdered. (S11, ep4)
8.00 **NCIS** A naval cryptanalyst is shot dead. (S11, ep5)
9.00 **NCIS: Hawai'i** New episode The NCIS team investigate the mysterious death of a Navy engineer. (S1, ep12)
10.00 **Law & Order: Special Victims Unit** Drama. (S16, ep22) **11.00** (S16, ep23) **12.00** M'T (S16, ep10) **12.55** AM (S16, ep11)
1.55 **Criminal Minds** Double-bill.
3.35 **to 4.00** AM **Criminals: Caught on Camera**

Sky Mix

FV 11 Sky 151 Freesat 144 Virgin 135

7.00 AM **Nothing to Declare**
9.00 **Monkey Life** Double-bill.
10.00 **Road Wars** Vehicle crime.
11.00 **Highway Patrol**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Monkey Life** Double-bill.
3.00 **Nothing to Declare**
4.00 **Star Trek: TNG** (S2, ep21)
5.00 **Star Trek: Enterprise**
6.00 **Star Trek: DS9** (S3, ep19)
7.00 **Star Trek: Voyager** Sci-fi.
8.05 **Hawaii Five-0** (S3, ep9)
9.10 **Never Mind the Buzzcocks** New to Freeview Quiz.
10.00 **Brassic** New to Freeview Ash is drugged. (S1, ep3)
11.00 **Killer in My Village**
12.00 M'T **Caught on Dashcam**
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: War on Crime**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

MONDAY

7 PM

8 PM

9 PM

10 PM

PRIME-TIME

more freeview

Key to episode numbers: ***(S1, ep1 of 10)*** *= Series 1, episode 1, and there are a total of 10 episodes in the series*

PRIME-TIME

U&W

FV 25 Sky 132/133 F'sat 156 Virgin 125

6.10 AM **Inside the Ambulance**
7.00 **Property Brothers: Forever Homes**
8.00 **Tipping Point** Quiz series.
11.00 **DIY SOS: Homes for Veterans** Double bill.
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **Tipping Point: Lucky Stars**
7.00 **MasterChef Australia** New edition The chefs head to Frankston Beach.
8.00 **Amanda & Alan's Italian Job** A plastering party.
8.40 **Inside the Ambulance**
9.10 **Emma Willis: Delivering Babies** Documentary.
10.10 **Stacey Dooley: Stalkers**
11.10 New **Aaron Hernandez Uncovered** 1 of 4. The disgraced American footballer.
12.10 AM **Killer Women**
1.10 **One Born Every Minute**
2.10 **to 3.00** AM **Date Night**

GREAT! tv

FV 50 Sky 157 Virgin 170

8.00 AM **Hart to Hart** (S4, ep12)
9.00 **Father Dowling Mysteries**
10.00 **Diagnosis Murder**
11.00 **Castle** (S6, ep7)
12.00 NOON **Hart to Hart**
2.00 PM **Father Dowling Mysteries** Crime drama.
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote** A friend of Jessica's is suspected of murder.
6.00 **Murder, She Wrote** A small town is under threat.
7.00 **M*A*S*H** (S11, ep12-15)
9.00 **The New Avengers** An ecologist is threatened.
10.00 **Randall and Hopkirk (Deceased)** Drama.
11.00 **Return of the Saint**
12.00 M'T **M*A*S*H** US comedy.
2.00 AM **Randall and Hopkirk (Deceased)** Drama.
3.00 **Return of the Saint**
4.00 **to 5.00** AM **Highway to Heaven**

Quest

FV 12 Sky 144 Freesat 167 Virgin 137

6.00 AM **Chasing Classic Cars**
8.00 **American Pickers**
10.00 **The Repair Shop**
12.00 NOON **How Do They Do It?**
2.00 PM **Shed and Buried**
3.00 **Find It, Fix It, Flog It**
5.00 **Wheeler Dealers**
6.00 **Wheeler Dealers** A Fiat Coupe 20 Valve Turbo.
7.00 **Salvage Hunters** Paul and Drew set their sights on a classic Lancia Montecarlo.
8.00 **Salvage Hunters** Working on a 100-year-old table.
9.00 **Outback Opal Hunters** New edition The Mooka Boys prepare to tunnel toward black opal glory.
10.00 **Outback Crystal Hunters** Crocodile-infested waters.
11.00 **Motorcycling** Superbikes.
12.00 M'T **Speedway Grand Prix**
12.30 AM **Wheeler Dealers**
3.00 **How Do They Do It?**
4.00 **to 5.00** AM **How It's Made**

True Crime

FV 67 Sky 146 Freesat 135 Virgin 148

9.00 AM **Judge Judy** Back-to-back small-claims cases.
12.00 NOON **Close Calls: On Camera** Double-bill.
1.00 PM **Judge Judy**
7.00 **Close Calls: On Camera** The split-second moments when everyday events transform into disasters.
8.00 **Murder by the Sea** The murder of an actress triggers a nationwide hunt.
9.00 **Snapped: Killer Couples**
10.00 **Prosecuting Evil with Kelly Siegler** New edition The search for a missing student yielded no returns until a shocking discovery.
11.00 **Violent Minds: Killers on Tape** Documentary.
12.00 M'T **Murder Book**
1.00 **Snapped: Killer Couples**
2.00 **Secrets of a Psychopath**
3.00 **Facing Evil** Double-bill.
4.00 **to 6.00** AM **Judge Judy**

Pick of the day

NEW

Gary
Sky Documentaries, 8.00pm
The life and death of actor Gary Coleman, who shot to fame in *Diff'rent Strokes* in the 1980s.

PRIME-TIME

U&Yesterday

FV 27 Sky 155 Freesat 159 Virgin 129

6.10 AM **Underground Worlds**
8.00 **Abandoned Engineering**
10.00 **War Factories**
11.00 **The World at War**
12.00 NOON **Canal Boat Diaries**
1.00 PM **Antiques Roadshow**
2.00 **Bangers & Cash**
4.00 **War Factories**
5.00 **The World at War**
6.00 **Antiques Roadshow**
7.00 **Canal Boat Diaries**
8.00 **Trawlermen: Hunting the Catch** The crew of Golden Promise face winds.
9.00 **Train Truckers** A Great Western Railway 'Modified Hall' engine needs a safety inspection.
10.00 **Bangers & Cash** A Rover P6 police vehicle.
11.00 **Abandoned Engineering**
12.00 M'T **Great American Railroad Journeys**
1.00 **to 3.00** AM **Restoration Workshop**

GREAT! movies

FV 34 Sky 321 Virgin 425

9.00 AM Film **Fatal Flatline** Drama. (2020, PG) ★★★
10.55 Film **Circle of Friends** Mystery (2006, PG) ★★★
1.00 PM Film **Dying for a Baby** (2019, 12) ★★
3.00 Film **A Wedding to Remember** (2020, PG) ★★
5.00 Film **Truly, Madly, Sweetly** (2018, PG) ★★★
7.05 Film **A Martha's Vineyard Mystery: Ships in the Night** Mystery drama. (2021, PG) ★★★
9.00 Film **Escape Plan** Prison thriller. (2013, 15) ★★★
See Filmweek, page 30
11.25 Film **Escape Plan 2: Hades** Action thriller sequel (2018, 15) ★★
1.25 AM Film **Escape Plan 3** Thriller. (2019, 15) ★
3.30 **Wild West Chronicles**
4.00 **to 6.00** AM Film **Brace for Impact** (2016, PG) ★★

Quest Red

FV 40 Sky 149 Freesat 169 Virgin 168

6.00 AM **Say Yes to the Dress**
10.00 **Curvy Brides Boutique**
11.00 **Reasonable Doubt**
12.00 NOON **Forensic Detectives**
1.00 PM **FBI Files**
2.00 **Murder on CCTV**
3.00 **JRinder's Crime Stories**
4.00 **American Monster**
6.00 **Murder in the Heartland**
7.00 **10 Steps to Murder**
8.00 **Murder on CCTV** The abduction of Carlesha Freeland-Gaither.
9.00 **Murder on CCTV** The case of 23-year-old Dalene Carlson.
10.00 **American Detective with Lt Joe Kenda** The bodies of young women start to appear on the outskirts of Laredo, Texas.
12.00 M'T **Nightmare Next Door**
1.00 AM **Betrayed**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

Legend

FV 41 Sky 148 Freesat 137 Virgin 149

8.00 AM **Walker, Texas Ranger**
9.00 **The A-Team** (S2, ep3)
10.00 **MacGyver** (S1, ep19)
11.00 Film **Firequake** (2014) ★
1.00 PM Film **Post Impact** Sci-fi. (2003, 15) ★★
3.00 Film **The Legend of Butch and Sundance** Western. (2004, PG) ★★
5.00 **Star Trek** (S3, ep17)
6.00 **MacGyver** (S1, ep20)
7.00 **The A-Team** (S2, ep4)
8.00 **Walker, Texas Ranger**
9.00 Film **The Escapist** Thriller. (2007, 15) ★★★
11.00 Film **Assault on Precinct 13** Thriller starring Darwin Joston. (1976, 15) ★★★★★
12.50 AM Film **Prince of Darkness** Supernatural horror. (1987, 18) ★★
2.50 **to 4.45** AM Film **Mercenaries** Action. (2011, 15) ★★

PBS America

FV 84 Sky 174 Freesat 155 Virgin 187

Available 1pm to 12m't on Freeview

8.00 AM **Beautiful Serengeti**
8.30 **Blood of the Clans**
9.45 **Edwardian Britain in Colour**
10.45 **Hitler's Propaganda Machine** See 4.00pm.
11.50 **D-Day 360**
1.00 PM **Beautiful Serengeti**
1.45 **Blood of the Clans**
3.00 **Edwardian Britain in Colour**
4.00 **Hitler's Propaganda Machine** A look at the use of propaganda in the Nazi regime.
5.10 **D-Day 360**
6.20 **Blood of the Clans**
7.40 **Edwardian Britain in Colour**
8.40 **Hitler's Propaganda Machine** See 4.00pm.
9.50 **D-Day 360**
11.00 **Edwardian Britain in Colour**
12.00 M'T **Hitler's Propaganda Machine** See 4.00pm.
1.10 **to 2.00** AM **Beautiful Serengeti**

PRIME-TIME

Really

FV 17 Sky 142 Freesat 160 Virgin 128

6.00 AM **Fantasy Homes**
7.00 **Home Shopping**
8.00 **Salvage Hunters**
10.00 **A Place in the Sun**
12.00 NOON **Money for Nothing**
2.00 PM **The Repair Shop** Items include a ceramic soldier.
3.00 **Antiques Road Trip**
5.00 **Yorkshire Auction House**
7.00 **Antiques Road Trip** From Belfast.
8.00 **Antiques Road Trip** Stories of legendary heroes.
9.00 **The Derbyshire Auction House** New edition Irita Marriott and her team use their expertise to launch Britain's newest saleroom.
10.00 **Yorkshire Auction House**
11.00 **Help! My House Is Haunted**
1.00 AM **Unexplained: Caught on Camera**
2.00 **Home Shopping**
4.00 **to 6.00** AM **Salvage Hunters**

GREAT! christmas

FV 52 Sky 319 Virgin 424

8.00 AM Film **My Christmas Dream** (2016, PG) ★★
10.00 Film **Miss Christmas** Romance. (2017, U) ★★
12.00 NOON Film **Love You Like Christmas** (2016) ★★
2.00 PM Film **Hearts of Christmas** (2016, PG) ★★
4.00 Film **A Christmas Kiss** Drama. (2011, PG) ★★
6.00 Film **Christmas Connection** Festive romance starring Brooke Burns and Tom Everett Scott. (2017, U) ★★
8.00 Film **A Royal Christmas Ball** Drama. (2017, PG) ★★
10.00 Film **A Dream of Christmas** (2016, U) ★★
12.00 M'T Film **Holiday Road Trip** (2013, PG) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM Film **I'll Be Next Door For Christmas** Comedy. (2018, PG) ★★★

GREAT! action

FV 42 Sky 323 Virgin 426

8.00 AM **Police Ten 7**
9.10 **The Blitz on Hamburg**
10.30 **The Blitz on London**
12.00 **Wanted: Dead or Alive**
1.00 PM Film **Cowboy** Western. (1958, PG) ★★★
3.10 Film **The Walking Hills** Western. (1949, PG) ★
4.55 **Wanted: Dead or Alive**
5.55 **Wild West Chronicles**
7.05 Film **Apocalypse of Ice** Disaster epic starring Tom Sizemore. (2020, PG) ★★
9.00 Film **The Punisher** Comic-book thriller starring Thomas Jane. (2004, 18) ★★★
11.30 Film **Out of Reach** Thriller starring Steven Seagal. (2004, 15) ★
1.35 AM Film **The Foreigner** Thriller starring Steven Seagal. (2003, 15) ★
3.50 **to 5.00** AM **The Blitz on Cologne**

Challenge

FV 48 Sky 145 Freesat 146 Virgin 139

7.00 AM **The Chase** Quiz series.
10.00 **Weakest Link**
11.00 **Pointless Celebrities**
12.00 NOON **Cash Trapped**
1.00 PM **Family Fortunes**
3.00 **Catchphrase** Game show.
4.00 **Blockbusters** Game show.
5.00 **Bullseye** Four episodes of the Darts-based quiz.
7.00 **Cash Trapped** Quiz series hosted by Bradley Walsh.
8.00 **The Chase** Quiz show, hosted by Bradley Walsh.
10.00 **Celebrity Who Wants to Be a Millionaire?** Terry Wogan takes the hotseat alongside viewer Tim Radford.
11.00 **Bullseye** Darts quiz.
12.00 M'T **Weakest Link**
1.00 AM **Cash Trapped**
2.00 **The Chase** Quiz series.
4.00 **Classic Who Wants to Be a Millionaire?** Quiz series.
5.00 **to 6.00** AM **Bullseye**

Sky Arts

FV 36 Sky 130/131 F'Sat 147 Virgin 123

6.00 AM **Verdi: Stiffelio**
8.05 **The Joy of Painting**
9.05 **Tales of the Unexpected**
10.05 **Alfred Hitchcock Presents**
11.05 **Discovering** Robert Shaw.
12.00 NOON **Portrait Artist of the Year 2014**
1.00 **Tales of the Unexpected**
2.00 **Sky Arts Book Club**
3.00 **Discovering** Rex Harrison.
4.00 **Watercolour Challenge**
5.00 **Portrait Artist of the Year**
6.30 **Tales of the Unexpected**
7.00 **Alfred Hitchcock Presents**
8.00 **Andre Rieu in Wonderland**
10.30 **Swing Orchestra's 100 Years of Big Bands**
11.45 **Andrea Bocelli: Cinema**
1.45 AM **Klimt and the Kiss**
3.00 **The Art of the Joy of Sex**
4.00 **Marina Abramovic Takes Over TV**
5.00 **Auction** Artworks.
5.30 **to 6.00** AM **Auction: Jackie Kennedy Special**

Sky Showcase
Sky 106 Virgin 109

6.00 AM **Sky News Breakfast**
7.00 **Breakfast with Anna Jones** News reports.
8.00 **Border Patrol** Double-bill.
9.00 **Stargate SG-1** Double-bill.
11.00 **Secret Life of the Koala**
12.00 NOON **Supergirl** (S2, ep15)
1.00 PM **NCIS: New Orleans**
3.00 **Hawaii Five-0** (S9, ep6)
4.00 **S.W.A.T.** (S7, ep9)
5.00 **The Simpsons** Cartoon.
6.00 **The Office (US)** The staff attend one last party at Robert's house. (S8, ep12) **6.30** The office realises Jim faked jury duty to be at home. (S8, ep13)

7.00 The Simpsons Homer learns to be a better father from a 1980s sitcom. **7.30** Marge allows her hair to turn grey.

8.00 Shark with Steve Backshall 3 of 3. The naturalist joins scientists to find the shark hotspots in the Pacific Ocean.

9.00 Film **Star Trek Beyond** Sci-fi sequel. The crew of the USS *Enterprise* is lured into a deadly trap, which leaves the crew stranded on an unexplored alien world. Stars Chris Pine, Zachary Quinto and and Idris Elba. (2016, 12) ★★★★

11.20 **Last Week Tonight with John Oliver** Chat show.
12.05 AM **Veep** Double-bill. (S1, ep5) **12.45** (S1, ep6)
1.25 **Brit Cops: Frontline Crime**
2.20 **Road Wars** Vehicle crime.
3.10 **Hawaii Five-0** (S9, ep6)
4.05 **S.W.A.T.** (S7, ep9)
5.00 **to 6.00** AM **Motorway Patrol**

Sky Witness
Sky 107 Virgin 110

6.00 AM **Bondi Rescue**
7.00 **The Real A&E**
8.00 **Border Patrol**
9.00 **Brit Cops: Law & Disorder**
10.00 **The Force: Manchester**
11.00 **Bull** Legal drama. (S6, ep9)
12.00 NOON **The Rookie**
1.00 PM **Chicago Fire**
2.00 **The Equalizer** McCall receives a desperate plea for help from her former CIA trainee. (S2, ep14)
3.00 **Caught on Dashcam** Footage of road disasters.
4.00 **Nothing to Declare** Back-to-back editions of the documentary series.

7.00 Nothing to Declare Double-bill of the series following the working lives of customs officers inside Australia's major airports.

8.00 The Equalizer Aunt Vi serves on a jury and is the only one who believes the defendant is innocent. (S2, ep16 of 18)

9.00 The Cleaning Lady New episode Thony gets a new lead on Arman, and Ramona tries to cut a deal with Nadia. (S3, ep6 of 12)

10.00 Fire Country Bode's request to transfer hangs in the balance, while the crew protect the town from a storm. (S1, ep2 of 22)

11.00 **Chicago Fire** (S11, ep20)
12.00 M'T **The Good Doctor**
1.00 AM **Elsbeth** (S1, ep8)
2.00 **Elsbeth** New episode A bar owner seeks revenge for a bullied customer. (S1, ep9)
3.00 **Departure** (S3, ep1)
4.00 **Sun, Sea and A&E**
5.00 **to 6.00** AM **Bondi Rescue**

Sky Atlantic
Sky 108 (Wales 109)

6.00 AM **Fish Town** Brixham life.
7.00 **Urban Secrets** London.
8.00 **Boardwalk Empire**
10.10 **Big Love** Double-bill.
12.15 PM **Game of Thrones** Fantasy drama. (S6, ep7)
1.15 **The Sopranos** Drama.
3.25 **Boardwalk Empire** Eli is released from prison and returns to a very different Atlantic City. (S3, ep2)
4.35 **Boardwalk Empire** Nucky's search for Billie is interrupted. (S3, ep3)
5.40 **Big Love** Bill reports Roman to the attorney general. (S1, ep7)

6.45 Big Love Bill is forced to take in his parents and his brother's family after they are evicted, and later collapses. (S1, ep8)

7.50 Game of Thrones As the Starks prepare to fight, Davos loses something dear, while Daenerys faces a huge choice. (S6, ep9)

9.00 Mare of Easttown Given a second chance, Mare re-evaluates old suspects, which leads to a shocking clue. (S1, ep6)

10.10 Succession Logan doles out an unsavoury task to Roman ahead of his trip to meet Matsson. (S4, ep3)

11.25 **Euphoria** Nate and Maddy have to face the police in the aftermath of the carnival. (S1, ep5)
12.25 AM **Game of Thrones** Daenerys faces a choice. (S6, ep9)
1.40 **Scenes from a Marriage** Drama. (S1, ep3)
2.45 **to 6.00** AM **Fish Town**

Sky Comedy
Sky 114 (Wales 115) Virgin 112

8.00 AM **Will & Grace** Comedy.
9.00 **The Conners** Double-bill.
10.00 **Bloods** Comedy. (S1, ep3)
10.40 **Bored to Death** Comedy.
11.40 **Veep** Political satire.
1.00 PM **High Maintenance**
2.10 **Bored to Death** Comedy.
3.20 **Veep** Political satire.
4.30 **Bloods** Comedy. (S1, ep4)
5.00 **Will & Grace** 1 of 2. Will's estranged brother falls for Grace. (S1, ep14) **5.30** 2 of 2. Will is disgusted to learn Grace and Sam spent the night together. (S1, ep15)
6.00 **The Office (US)** Double-bill.

7.00 The Conners Harris receives some distressing news. (S5, ep16) **7.30** Mark fights for a spot in the orchestra. (S5, ep17)

8.00 Will & Grace 1 of 2. The duo decide to have a baby together. (S4, ep26) **8.30** 2 of 2. Guest starring Cher. (S4, ep27)

9.00 Last Week Tonight with John Oliver New edition Talk show.

9.45 Real Time with Bill Maher New edition Three guests discuss the week's events.

10.55 Last Week Tonight with John Oliver A satirical look at news.

11.40 **Veep** The clean jobs bill runs into trouble. (S1, ep5) **12.20** AM Selina makes a discovery that could end her time in office. (S1, ep6)
1.00 **Silicon Valley** Double-bill. (S4, ep5) **1.35** (S4, ep6)
2.15 **Flight of the Conchords: Live in London**
3.55 **to 5.00** AM **Bored to Death**

Gold
Sky 110 (Wales 111) Virgin 124

7.10 AM **The Fosters** Sitcom.
7.40 **The Green Green Grass**
8.15 **Last of the Summer Wine**
9.35 **Hi-de-Hi!** Comedy series.
10.15 **Open All Hours** Comedy.
10.55 **Last of the Summer Wine**
1.35 PM **The Green Green Grass**
2.15 **Open All Hours** Comedy.
2.55 **Dad's Army** Comedy.
3.40 **Hi-de-Hi!** Comedy series.
4.20 **Last of the Summer Wine**
5.35 **Open All Hours** Arkwright decides that Granville needs toughening up.
6.20 **The Green Green Grass** Boycie prepares to sack all the farm staff.

7.00 Dad's Army Captain Mainwaring suffers a terrible hangover. **7.40** A daring bid to rescue Walker and Godfrey goes wrong.

8.20 The Thin Blue Line Football fever takes over the station when Gasforth FC play against Chelsea.

9.00 Gavin & Stacey Bryn tries to organise a special treat for Gwen's birthday.

9.40 Not Going Out Lee, Lucy and Daisy go on a skiing trip – only to get stuck in a cable car.

10.20 Detectorists The friends' secrets are on the verge of being revealed.

11.00 **Inside No 9** A birthday party suddenly takes an unexpected turn.
11.40 **Toast of London** Comedy.
12.15 AM **Gavin & Stacey**
12.55 **Not Going Out** Sitcom.
1.30 **Detectorists** See 10.20pm.
2.10 **Inside No 9** See 11.00pm.
2.40 **Toast of London**
3.20 **to 4.00** AM **The Fosters**

Sky Crime
Sky 122 (Scot 123) Virgin 121

6.00 AM **Brit Cops: Law & Disorder** Documentary.
7.00 **Road Wars** Vehicle crime.
8.00 **UK Border Force**
9.00 **Caught on Dashcam**
10.00 **Highway Cops**
11.00 **Killer in My Village**
12.00 NOON **Killer Siblings**
1.00 PM **The Killer Within**
2.00 **Catching the Killer**
3.00 **The Real Manhunter**
4.00 **Britain's Most Evil Killers**
5.00 **Killer Siblings**
6.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers** The murder of Carol Jarvis.
9.00 **Killing Mum and Dad**
10.00 **Killer in My Village**
11.00 **How I Caught the Killer**
12.00 M'T **Murders That Shocked**
1.00 AM **New York Homicide**
2.00 **How I Caught the Killer** New edition Documentary.
3.00 **Love You to Death**
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Motorway Patrol**

Sky Documentaries
Sky 121 (Scot 122) Virgin 188

6.00 AM **The Seventies**
7.00 **Discovering** Profiles.
8.00 **Directors** Profiles.
9.00 **The Movies** The 2000s.
10.00 **The Jinx: The Life and Deaths of Robert Durst**
11.00 **Urban Secrets** Dublin.
12.00 NOON **Spielberg** Profile.
2.50 PM **Children of Shanghai**
4.00 **Directors** Profiles.
5.00 **Discovering** Profiles.
6.00 **The Movies** The 2000s.
7.00 **The Jinx: The Life and Deaths of Robert Durst**
8.00 Pick New **Gary** A look at the life and mysterious death of actor Gary Coleman, who shot to fame as in 1980s comedy series *Diff'rent Strokes.*
10.00 **Mission to Burnley** The club sign new players.
11.00 **Giroud** A profile of French footballer Olivier Giroud.
12.30 AM **The Lawman**
2.00 **The Last Rider**
4.00 **Directors** Profiles.
5.00 **to 6.00** AM **Discovering**

Sky Nature
Sky 124 (Scot 125) Virgin 189

6.00 AM **Gangs of Lemur Island**
7.00 **Monkey Life** Double-bill.
8.00 **Wildlife Rescue New Zealand** Documentary.
9.00 **Guardians of the Wild**
10.00 **Undiscovered Vistas**
11.00 **Secret Life of the Koala**
12.00 NOON **Mysteries of the Mekong** From Thailand.
1.00 PM **Monkey Life** Primates.
2.00 **Wildlife Rescue New Zealand** Documentary.
3.00 **Guardians of the Wild**
4.00 **Undiscovered Vistas**
5.00 **Mysteries of the Mekong**
6.00 **Into the Wild: Colombia**
7.00 **Monkey Life** Double-bill.
8.00 **Africa's Wild Horizons**
9.00 **Untamed Valley**
10.00 **Into the Wild: Colombia**
11.00 **Mysteries of the Mekong**
12.00 M'T **Kingdom of Plants**
1.00 AM **Jaguar Journals**
2.00 **Africa's Wild Horizons**
3.00 **Untamed Valley**
4.00 **Wildlife Rescue New...**
5.00 **to 6.00** AM **Guardians of the Wild**

Sky Max
Sky 113 (Wales 114) Virgin 111

6.00 AM **Legends of Tomorrow**
7.00 **SEAL Team** (S5, ep1)
8.00 **Supergirl** (S2, ep13)
9.00 **Stargate SG-1** Double-bill.
11.00 **Legends of Tomorrow**
12.00 NOON **Supergirl** (S2, ep15)
1.00 PM **NCIS: New Orleans**
3.00 **Hawaii Five-0** (S9, ep6)
4.00 **S.W.A.T.** (S7, ep9)
5.00 **SEAL Team** (S4, ep16)
6.00 **Stargate SG-1** Sci-fi series. (S8, ep19) **7.00** (S8, ep20)

8.00 Freddie Down Under Freddie and Rob prepare to swim with sharks.

9.00 The Walking Dead: Dead City An attack fails to go to plan for Maggie and Negan. (S1, ep4 of 6)

10.00 **The Walking Dead**
11.00 **Warrior** Drama. (S1, ep10)
12.00 M'T **The Force: North East**
1.00 AM **Brit Cops: UK**
2.00 **Road Wars** Vehicle crime.
3.00 **Hawaii Five-0** (S9, ep6)
4.00 **S.W.A.T.** (S7, ep9)
5.00 **to 6.00** AM **Highway Patrol**

Alibi
Sky 109 (Wales 110) Virgin 114

7.10 AM **Murdoch Mysteries**
9.00 **Miss Fisher's Murder Mysteries** (S1, ep9)
10.00 **Shakespeare & Hathaway**
11.00 **Hudson & Rex** (S3, ep16)
12.00 NOON **Father Brown**
1.00 PM **Death in Paradise**
2.00 **Murdoch Mysteries**
4.00 **Shakespeare & Hathaway**
5.00 **Father Brown** Drama.
6.00 **Hudson & Rex** An armed robbery occurs. (S3, ep16)

7.00 Elementary A former professional video game player is killed during a live stream. (S5, ep14)

8.00 Death in Paradise A treasure hunter is killed. With Michael Brandon.

9.00 Father Brown A murder is committed with a broken sword at an army barracks.

10.00 **Pretty Hard Cases**
11.00 **Elementary** (S5, ep14)
12.00 M'T **Hudson & Rex** (
1.00 AM **Justified** (S2, ep3)
1.55 **to 4.00** AM **Murdoch Mysteries**

MONDAY

7 PM
8 PM
9 PM
10 PM

PRIME-TIME

Key to episode numbers: ***(S1, ep1 of 10)*** *= Series 1, episode 1, and there are a total of 10 episodes in the series*

SPORT

TNT SPORTS 1
Sky 410 Virgin 527

6.00 AM **Premier League Review**
7.00 **Football** Premier League.
8.30 **Women's T20 Cricket**
9.30 **Italian Football** Serie A.
11.30 **Premier League Review**
12.30 PM **Sailing** America's Cup.
1.00 Live **Sailing** Coverage of the semi-finals of the America's Cup in the Challenger Series in Barcelona.
3.30 **Italian Football** Highlights from two Serie A matches.
5.30 **Premier League Review** Action from the top-flight including Tottenham Hotspur v Arsenal and Southampton v Manchester United.
6.30 Live **Pool** Coverage of Group 14 of the Ultimate Pool Pairs Cup held at the Players Pool & Snooker Lounge in Newcastle-under-Lyme.
9.30 **UFC Fight Week** A review of UFC 306 at Sphere in Las Vegas.
10.00 **Boxing** Joshua v Dubois.
10.45 **Carl Frampton Meets**
11.00 **WWE Raw** Wrestling action.
12.00 M'T **WWE SmackDown** Wrestling.
1.00 AM Live **WWE Raw** US wrestling.
4.15 **Carl Frampton Meets** An interview.
4.30 **Boxing** The Daniel Dubois Story.
5.00 **UFC Fight Week** UFC 306.
5.30 **to 6.00** AM **Cricket** Caribbean PL.

TNT SPORTS 2
Sky 411 Virgin 528

6.00 AM **Motorcycling** Highlights from the FIM JuniorGP Championship held in Jerez, Spain, featuring races one and two in both the Junior GP and ETC rounds, and the Stock class race.
10.45 **Motorcycling** MotoE.
11.15 **Rugby Union** Pacific Nations.
12.15 PM **Rugby Union** The Pacific Nations Cup second semi-final.
1.15 **Cricket** St Lucia Kings v Antigua and Barbuda Falcons in the CPL.
1.45 **Women's T20 Cricket** Ireland v England at Castle Avenue in Dublin.
3.45 **Boxing** Josh Kelly v Liam Smith.
4.00 **Premier League Stories**
4.30 **Premier League Big Interview**
5.00 **Rugby Union** Pacific Nations Cup.
7.00 **Badminton** Highlights from the finals of the Hong Kong Open, the BWF World tour Super 500 event.
9.00 **Fishing** On the Bank.
10.00 **Sailing** America's Cup.
10.30 **Cricket** Caribbean Premier League.
11.00 **Boxing** Features.
12.00 M'T **Badminton** Hong Kong Open.
2.00 **to 6.00** AM Live **Badminton** Coverage of the round of 16 of the China Open, the BWF World Tour Super 1000 event staged at the Changzhou Olympic Sports Centre.

TNT SPORTS 3
Sky 417 Virgin 529

6.00 AM **Italian Football** Serie A.
8.00 **Boxing** The Face Off.
8.45 **Boxing** The Breakdown.
9.30 **Boxing** The Daniel Dubois Story.
10.00 **Sailing** America's Cup.
10.30 **Women's T20 Cricket** Ireland v England at Castle Avenue in Dublin.
11.30 **The Football Archives**
4.30 PM **Football** Champions League.
5.00 **Motorcycling** FIM JuniorGP.
9.45 **Motorcycling** MotoE highlights.
10.45 **The Pioneers** Mo Salah.
11.00 **Baseball** MLB Highlights.
12.00 M'T Live **Baseball** **Atlanta Braves v Los Angeles Dodgers**. Coverage of the MLB National League match staged at Truist Park, start-time **12.20am**.
3.15 AM **Sailing** America's Cup.
3.45 **Fishing** On the Bank.
4.45 **What I Wore** Robbie Fowler.
5.00 **to 6.00** AM **Down the Clubhouse**

sky sports MAIN EVENT
Sky 401 Virgin 511 (501 HD)

4.30 AM Live **Tennis** Day one of this week's WTA tournaments – the Korea Open and Thailand Open 2.
12.00 NOON **The Football Show**
1.00 PM **Lunchtime Live**
2.00 **Sports Desk** The latest headlines.
5.00 **Sky Sports News**
7.00 Live **Football** **Birmingham City v Wrexham**. Coverage of the League One match at St Andrew's. Birmingham were relegated from the Championship last term and Wrexham promoted from League Two, but both teams have made equally strong starts to the new season, each winning three and drawing one. The sides have not met since the 2006/07 season, when the Blues claimed a 4-1 victory, kick-off is at **8.00pm**.
10.30 **Back Pages Tonight** A look at the latest sports stories making the headlines in tomorrow's papers.
11.00 **Sky Sports News** Round-up of the latest stories making headlines.
1.00 **to 5.00** AM Live **American Football** **Philadelphia Eagles v Atlanta Falcons**. Coverage of the second week match staged at the Lincoln Financial Field, kick-off is at **1.15am**.

sky sports FOOTBALL
Sky 403 Virgin 513 (503 HD)

6.00 AM **Championship Play-Offs 14/15**
7.00 **League One Play-Offs 14/15**
8.00 **League Two Play-Offs 14/15**
9.00 **Scottish Premiership**
9.15 **SPFL Highlights** Dundee v Rangers.
9.30 **Greatest Games** Archive action.
10.00 **EFL Cup Retro** The 2015 final.
12.00 NOON **Scottish Premiership**
12.15 PM **SPFL Highlights**
12.30 **EFL Highlights**
3.00 **Scottish Premiership**
3.15 **SPFL Highlights**
3.30 **EFL Highlights**
5.30 **Scottish Premiership**
5.45 **SPFL Highlights** Dundee Utd v Rangers in the Scottish Premiership.
6.00 **German Football** A round-up of highlights from the Bundesliga.
7.00 Live **EFL** **Birmingham City v Wrexham**. Coverage of the League One match at St Andrew's, kick-off **8.00pm**.
10.30 **German Football** Bundesliga.
11.30 **Greatest Games** Archive action.
12.00 M'T **EFL Cup Retro** The 2013 final.
2.00 AM **EFL Trophy** The 2020 final.
2.30 **Greatest Games** Archive action.
4.00 **Championship Season Review**
5.00 **Best EFL Cup Goals 23/24**
5.30 **to 6.00** AM **EFL Trophy**

sky sports GOLF
Sky 405 Virgin 515 (505 HD)

6.00 AM **DP World Tour** The fourth round of the Amgen Irish Open staged at the Royal County Down Golf Club.
11.00 **Solheim Cup** A chance to see the third and final day of the women's team competition between Europe and USA staged at Robert Trent Jones Golf Club in Gainesville, Virginia, featuring singles matches.
6.00 PM **DP World Tour** The Irish Open.
7.00 **PGA Tour** Procore Championship.
8.00 **Tee Time Tips** Golf advice.
8.30 **PGA Tour** Presidents Cup preview.
9.00 **Golf** Action from the Farmfoods British Par 3 Championship.
11.00 **Solheim Cup** Highlights.
12.00 M'T **PGA Tour** Procore Championship.
1.00 AM **DP World Tour** Amgen Irish Open.
2.00 **PGA Tour** Procore Championship.
3.00 **DP World Tour** Highlights.
5.00 **to 6.00** AM **Solheim Cup**

sky sports PREM LEAGUE
Sky 402 Virgin 512 (502 HD)

6.00 AM **PL Greatest Games 7.00 Premier League Highlights 7.30 Football**
8.00 **Premier League Highlights**
10.00 **The Football Show**
11.00 **Ref Watch** Refereeing decisions.
12.00 NOON **The Football Show**
1.00 PM **Premier League Highlights**
3.00 **Premier League Highlights** Tottenham Hotspur v Arsenal.
3.30 Action from Wolverhampton Wanderers v Newcastle United.
4.00 Aston Villa v Everton.
4.30 Bournemouth v Chelsea.
5.00 **Premier League Best Goals**
6.00 **PL 100: Thierry Henry**
6.30 **PL 100: Peter Crouch**
7.00 **Premier League Review**
8.00 **Gary Neville's Soccerbox**
9.00 **Premier League Review**
10.00 **Premier League Icons**
11.00 **Premier League Years** 1996/97.
1.00 AM **PL Retro** Fulham v Man United.
3.00 **PL Greatest Games** Archive matches.
4.00 **Best Premier League Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

sky sports CRICKET
Sky 404 Virgin 514 (504 HD)

6.00 AM **2007 Twenty20 Cup**
7.00 **2013 T20 Blast** Highlights.
8.00 **2014 T20 Blast** Archive action.
9.35 **2015 T20 Blast** Highlights.
10.15 **Best of T20 Blast Finals Day**
10.30 **T20 Blast** The opening semi-final.
2.15 PM **T20 Blast** Second semi-final.
5.45 **T20 Blast** The final at Edgbaston.
9.30 **Best of England v Australia**
11.30 **T20 World Cup 2010**
1.30 AM **2007 Twenty20 Cup**
2.30 **2013 T20 Blast** Highlights.
3.30 **2014 T20 Blast** Highlights.
5.05 **2015 T20 Blast 5.45 to 6.00** AM **Best of T20 Blast Finals Day**

sky sports TENNIS
Sky 407 Virgin 537 (520 HD)

4.00 AM Live **WTA Tour** Day one of this week's WTA tournaments – the Korea Open, and the Thailand Open 2.
12.00 NOON **US Open** A review.
1.00 PM **WTA Tour** Monterrey Open.
2.00 **WTA Tour** Guadalajara Open.
4.00 **WTA Tour** The Jasmin Open.
5.00 **Tennis** US Open women's final.
6.00 **WTA Tour** Highlights from day one of this week's WTA tournaments.
12.00 M'T **WTA Tour** Highlights from day one of this week's WTA tournaments.
2.00 AM **ATP Tour** Terra Wortmann Open.
2.15 **US Open** Archive action.
2.30 AM **ATP Tour** BOSS Open final.
2.45 **US Open** The 1981 final.
3.00 **to 4.00** AM **WTA Tour** From Ohio.

sky sports MIX
Sky 416 Virgin 510

6.00 AM **Cricket** The 2007 T20 Blast.
7.00 **Cricket** The 2013 T20 Blast.
8.00 **American Football** NFL highlights.
10.00 **Tennis** The Jasmin Open final.
12.00 NOON **Tennis** US Open finals.
2.00 PM **American Football** NFL.
4.00 **Tennis** The Stuttgart Open.
5.00 **Tennis** US Open men's final.
7.00 **Golf** The Procore Championship.
8.00 **Golf: Solheim Cup** The final round between Europe and USA.
9.00 **Tennis** US Open women's final.
10.00 **Tennis** The San Diego Open final.
11.00 **Rugby League** Super League.
11.30 **Cricket: T20 World Cup 2010**
1.30 AM **Cricket** The 2007 T20 Blast.
2.30 **Cricket** The 2013 T20 Blast.
3.30 **Rugby League** Super League.
4.00 **Championship Season Review**
5.00 **Best EFL Cup Goals 23/24**
5.30 **to 6.00** AM **EFL Trophy Football**

What's on TV Pick of the day

Paint
Sky Cinema Premiere, 10.10pm
This comedy drama stars Owen Wilson as a celebrity TV artist who, after almost three decades on screen, finds his fame under threat from a much younger rival.

sky sports NFL
Sky 408 Virgin 517 (507 HD)

6.00 AM **American Football** NFL highlights.
1.00 PM **Good Morning Football**
3.00 **American Football** Highlights.
6.00 **Pro-Football Talk** NFL talk show.
8.00 **American Football** NFL.
9.00 **NFL Weekly Review** Catch up.
10.00 **American Football** Highlights.
11.00 **NFL Fantasy** In-depth stats.
12.00 M'T **American Football** NFL.
1.00 AM Live **American Football** **Philadelphia Eagles v Atlanta Falcons**. Coverage of the second week match staged at the Lincoln Financial Field, kick-off is at **1.15am**.
5.00 **to 6.00** AM **American Football** NFL.

sky sports +
Sky 412 Virgin 518 (508 HD)

4.00 AM Live **Tennis** Day one from this week's WTA tournaments – the Korea Open, and the Thailand Open 2.
12.00 NOON **The Football Show** A round-up of all the latest news.
1.00 PM **Lunchtime Live**
2.00 **Sports Desk** Analysis.
5.00 **Sky Sports News**
10.30 **Back Pages Tonight** A look at the latest sports stories making the headlines in tomorrow's papers.
11.00 PM **to 4.00** AM **Sky Sports News**

EUROSPORT 1
Sky 413 Virgin 521

6.00 AM **Snooker** Saudi Masters.
8.00 **Cycling** European Championships.
10.00 **Team Building** UK Challenge.
11.00 **Snooker** English Open final.
1.00 PM Live **Snooker** Coverage of the afternoon session on the first day of the English Open staged at the Brentwood Centre in Essex, featuring first-round matches.
5.05 **Weightlifting** Powerlifting.
6.00 **Snooker** English Open.
7.00 Live **Snooker** Coverage of the evening session of the English Open, featuring first and second-round matches at the Brentwood Centre.
11.00 **Sailing** America's Cup.
11.30 **Mountain Biking** Loudenvielle.
12.00 M'T **Athletics** Sydney Marathon.
1.00 AM **Cycling** Montreal Grand Prix.
2.00 **Snooker** English Open day one.
4.00 **to 6.00** AM **Motorcycling**

SKY/VIRGIN MOVIES 16 September MONDAY

Premiere
Sky 301 Virgin 401

7.20 AM **If You Were the Last** Comedy. (2023, 15) ★★★★
8.55 Pick **Paint** See 10.10pm.
10.35 **I Used to Be Funny** (2023)
12.30 PM **Aquaman and the Lost Kingdom** See 8.00pm.
2.35 **Migration** (2023, U) ★★★
4.05 **I Used to Be Funny** Comedy drama. (2023, 15) ★★★
6.00 **Madame Web** Fantasy adventure. (2024, 12) ★★★

PRIME-TIME

8.00 Aquaman and the Lost Kingdom Fantasy. The hero sets out to defeat a mercenary. Stars Jason Momoa. (2023, 12) ★★★

10.10 Pick Paint Comedy. A TV artist thinks he has it all, until a younger painter arrives on the scene. Stars Owen Wilson. (2023) ★★★

11.50 **Lovely, Dark, and Deep**
1.30 AM **Barber** (2023, 15) ★★★
3.15 **He Went That Way** (2023)
4.55 **to 7.05** AM **The Three Musketeers: Milady** (2023)

Comedy
Sky 308 Virgin 408

7.10 AM **The Producers** Musical comedy. (2005, 12) ★★★★
9.25 **The Money Pit** (1985) ★★★
11.05 **The Invention of Lying** Comedy. (2009, 12) ★★★★
12.50 PM **Relax, I'm from the Future** (2023, 15) ★★★
2.35 **Shakespeare in Love** Period comedy. (1998, 15) ★★★★
4.45 **Just Friends** (2005, 12) ★★
6.25 **Disaster Movie** (2008, 12) ★

8.00 Bean Comedy. A gallery employee is sent to LA, where he is mistaken for an art professor. Stars Rowan Atkinson. (1997, PG) ★★★

9.35 Arthur's Whisky Comedy. An anti-aging elixir makes three elderly ladies younger. Stars Diane Keaton. (2023, PG) ★★★

11.15 **The Big Chill** Comedy drama. (1983, 15) ★★★★
1.05 AM **Kingpin** (1996, 12) ★★★
3.00 **The Invention of Lying** (2009)
4.45 **to 6.25** AM **Just Friends** ★★

Ultimate
Sky 307 Virgin 407

6.05 AM **Young Guns II: Blaze of Glory** As 11.05am.
7.50 **Salt** See 4.35pm.
9.35 **Jericho Ridge** (2023) ★★★
11.05 **Young Guns II: Blaze of Glory** Western. (1990, 15) ★★★
12.50 PM **The Meg** See 8.00pm.
2.45 **Meg 2: The Trench** (2023)
4.40 **Salt** Thriller. (2010) ★★★★
6.25 **Hancock** Comedy starring Will Smith. (2008, 12) ★★★

8.00 The Meg Action thriller. A deep-sea submersible vessel is attacked by a giant shark. Stars Jason Statham. (2018, 12) ★★★

10.00 Meg 2: The Trench Thriller sequel. A mining operation unleashes more of the sharks. Stars Jason Staham. (2023, 12) ★★★

12.00 M'T **Shaolin Soccer** (2001)
1.40 **Jericho Ridge** (2023)
3.15 **One More Shot** (2023) ★★
5.05 **to 6.50** AM **Once Upon a Time in China and America**

Family
Sky 306 Virgin 406

6.30 AM **Bicentennial Man** (1999)
8.55 **Robin and the Hoods** (2024)
10.50 **The Flintstones** (1994) ★★★
12.35 PM **The Flintstones in Viva Rock Vegas** (2000, PG) ★★
2.20 **Small Soldiers** Adventure fantasy. (1998, PG) ★★★
4.20 **Johnny English** Spy comedy. (2002, PG) ★★★
6.00 **Robin and the Hoods** Comedy. (2024, PG) ★★

7.45 Finding Neverland Period drama. JM Barrie is inspired to create Peter Pan. Stars Johnny Depp. (2004, PG) ★★★★

9.30 Small Soldiers Adventure fantasy. A toy company launches a range of deadly action dolls. Stars Kirsten Dunst. (1998, PG) ★★★

11.30 **Robo-Dog** (2015, PG) ★★★
1.10 AM **Bicentennial Man** (1999)
3.30 **Daddy Day Camp** (2007) ★★
5.15 **to 7.05** AM **Finding Neverland** See 7.45pm.

Animation
Sky 305 Virgin 412

6.10 AM **DC Super Hero Girls: Intergalactic Games** (2017)
7.40 **Lego Aquaman: Rage of Atlantis** (2018, PG) ★★★
9.10 **Despicable Me** (2010)
10.50 **Despicable Me 2** Animated comedy. (2013, U) ★★★
12.30 PM **Shrek the Third** (2007)
2.15 **Barnyard** (2006, PG) ★★
4.00 **Two by Two** (2015, U) ★★
5.40 **Mummies** (2023, U) ★★★

PRIME-TIME

7.20 Pil's Adventures Animation. A young orphan disguises herself and sets out to save the heir to the throne. (2021, U) ★★

9.00 Dragon Rider Animated adventure. A dragon and his friends search for a mythical Himalayan safe haven. (2020, PG) ★★★

10.35 **Lego Scooby-Doo! Haunted Hollywood** (2016, U) ★★★
12.00 M'T **DC Super Hero Girls: Intergalactic Games** (2017)
1.30 **to 3.00** AM **Lego Aquaman**

Drama
Sky 310 Virgin 410

7.10 AM **Promising Young Woman** (2020, 15) ★★★★
9.15 **West North West** (2015)
11.30 **The Blind Side** Fact-based drama. (2009, 12) ★★★
1.50 PM **Summit Fever** Thriller. (2022, 15) ★★
3.55 **The Great Escaper** Drama. (2023, 12) ★★★★
5.45 **She Said** Fact-based drama. (2022, 15) ★★★★

8.00 Erin Brockovich Drama. A single mother becomes an unlikely environmental crusader. Stars Julia Roberts. (2000, 15) ★★★★

10.20 A Good Person Drama. An opioid addict bonds with her would-be father-in-law. Stars Florence Pugh. (2022, 15) ★★★★

12.40 AM **West North West** Romance. (2015, 15) ★★★
2.50 **Summit Fever** See 1.50pm.
4.55 **to 6.40** AM **The Great Escaper** See 3.55pm.

Sci-Fi/Horror
Sky 311 Virgin 411

8.35 AM **Star Trek IV: The Voyage Home** Sci-fi. (1986) ★★★★
10.45 **Back to the Future** Fantasy. (1985, PG) ★★★★★
12.45 PM **Cloverfield** (2007) ★★★
2.20 **Total Recall** Sci-fi thriller remake. (2012, 12) ★★★
4.20 **Back to the Future Part II** Fantasy. (1989, PG) ★★★
6.10 **Star Trek V: Final Frontier** Sci-fi sequel. (1989, PG) ★★

8.00 Ghostbusters Comedy remake. New York is struck by a series of supernatural disturbances. Stars Kristen Wiig. (2016, 12) ★★★

10.00 Vampire in Brooklyn Horror comedy. A suave vampire seeks a mate in New York. Stars Eddie Murphy. (1995, 15) ★★

11.45 **Halloween** Slasher horror sequel. (2018, 18) ★★★★
1.35 AM **Upgrade** (2018) ★★★★
3.20 **Monolith** (2022, 15) ★★★
5.05 **to 6.55** AM **Biosphere** (2022)

Hits
Sky 303 Virgin 403

6.00 AM **Bonus Track** (2023) ★★★
7.50 **The Sum of All Fears** Action thriller. (2002, 12) ★★★★
10.05 **Just Like Heaven** (2005)
11.45 **The Tuxedo** (2002, 12) ★★
1.35 PM **Bridget Jones's Baby** Comedy. (2016, 15) ★★★★
3.45 **Ocean's Twelve** Crime caper. (2004, 12) ★★★★
6.00 **The Conjuring** Fact-based horror. (2013, 15) ★★★

8.00 Ready Player One Fantasy. Gamers explore a virtual world in the quest for a fortune. Stars Tye Sheridan. (2018) ★★★★

10.20 Ocean's Thirteen Crime caper sequel. A thief plots revenge against a Vegas casino owner. Stars George Clooney. (2007, PG) ★★★

12.25 AM **Just Like Heaven** (2005)
2.05 **The Tuxedo** (2002, 12) ★★
3.50 **The First Purge** (2018) ★★
5.30 **to 7.05** AM **Agent Game** Spy thriller. (2022, 15) ★★★

Greats
Sky 304 Virgin 404

6.30 AM **Marnie** Hitchcock thriller. (1964, 15) ★★★★
8.45 **Superman** See 3.10pm.
11.10 **See No Evil, Hear No Evil** Comedy. (1989, 15) ★★★
12.55 PM **Once Upon a Time in China** Thriller. (1991) ★★★
3.10 **Superman** Comic-book adventure. (1978) ★★★★
5.35 **The Day of the Jackal** Thriller. (1973, 15) ★★★★

PRIME-TIME

8.10 Vanilla Sky Romantic fantasy. A wealthy young man's charmed life takes a bizarre turn. Stars Tom Cruise. (2001, 15) ★★★

10.30 Serpico Fact-based crime drama. A New York cop blows the whistle on his corrupt colleagues. Stars Al Pacino. (1973, 18) ★★★★

12.45 AM **American Gigolo** Thriller. (1980, 18) ★★★
2.50 **See No Evil, Hear No Evil**
4.45 **to 6.50** AM **Jarhead** Action drama. (2005, 15) ★★★★

Revenge
Sky 302 Virgin 402

6.00 AM **Wonder Woman** (2009)
7.15 **The Beekeeper** See 2.15pm.
9.05 **Vendetta** (2022, 15) ★★
10.45 **57 Seconds** (2023, 15) ★★★
12.30 PM **Retribution** (2023) ★★
2.15 **The Beekeeper** Action thriller. (2023, 15) ★★★
4.05 **John Wick** Action thriller. (2014, 15) ★★★★
5.55 **John Wick: Chapter 2** Action sequel. (2017, 15) ★★★★

8.00 The Equalizer 3 Thriller. A former US government assassin takes on the Italian mafia. Stars Denzel Washington. (2023) ★★★

10.00 Gladiator Ancient Roman epic. A Roman general becomes a gladiator to get revenge. Stars Russell Crowe. (2000) ★★★★★

12.40 AM **RoboCop** Sci-fi thriller. (1987, 18) ★★★★
2.30 **RoboCop 2** (1990, 18) ★★
4.30 **to 6.20** AM **RoboCop 3** Sci-fi sequel. (1992, 15) ★★

Thriller
Sky 309 Virgin 409

7.25 AM **Against All Odds** Thriller. (1984, 18) ★★★
9.40 **The Good Neighbour** Thriller. (2022, 15) ★★★
11.40 **Ocean's Eight** Crime comedy. (2018, 12) ★★★★
1.45 PM **Miami Vice** (2006) ★★★
4.10 **10 Cloverfield Lane** Thriller. (2016, 12) ★★★★
6.10 **Last Seen Alive** Thriller. (2022, 15) ★★★

8.00 Rear Window Hitchcock thriller. A photographer suspects his neighbour is a killer. Stars James Stewart. (1954, PG) ★★★★★

10.00 The Life of David Gale Thriller. A death penalty campaigner ends up on death row. Stars Kevin Spacey. (2002, 15) ★★★

12.15 AM **Unhinged** Psychological thriller. (2020, 15) ★★★
1.50 **10 Cloverfield Lane** (2016)
3.40 **Last Seen Alive** See 6.10pm.
5.20 **to 7.20** AM **Red Right Hand**

Movies 24
Sky 312 Virgin 419

7.00 AM **North to Home** (2022) ★★
9.00 **Napa Ever After** Romantic drama. (2023, PG) ★★
11.00 **Love's Fast Lane** Romantic drama. (2023, PG) ★★
1.00 PM **Paging Mr Darcy** Romance. (2024, PG) ★★
3.00 **Fourth Down and Love** Romance. (2023, PG) ★★
5.00 **Unthinkably Good Things** Drama. (2022, PG) ★★

7.00 Love in Winterland Romance. The winner of a dating show is caught up in a love triangle. Stars Italia Ricci. (2020, PG) ★★

9.00 A Nashville Legacy Comedy. A woman finds love with a fellow fan of a pop group. Stars Andrea Lewis. (2023, PG) ★★

11.00 **Finding Love In Saint Lucia** Romance. (2023, PG) ★★
1.00 AM **Caribbean Summer** ★★
3.00 **to 5.00** AM **Romantic Rewrite** (2022, PG) ★★

RADIO

RADIO 1 — FREEVIEW 700
Sky 0101 Virgin 901 Freesat 700

5.00am Early Breakfast with Dean McCullough. **7.00** Breakfast with Greg James. **10.30** Rickie, Melvin and Charlie. **12.45pm** Newsbeat. **1.00** Matt and Mollie. **3.30** Going Home with Vick, Katie and Jamie. **5.45** Newsbeat. **6.00** Radio 1's New Music Show with Jack Saunders. **8.00** Radio 1's Future Artists with Sian Eleri. **10.00** Radio 1's Power Down Playlist with Sian Eleri. **11.00** Rock Show with Daniel P Carter. **1.00am** BBC Introducing Rock with Alyx Holcombe. **2.00** Radio 1's Chillout Anthems. **3.00** Radio 1's Workout Anthems. **4.00 to 5.00am** Radio 1 Pop Anthems.

RADIO 2 — FREEVIEW 702
Sky 0102 Virgin 902 Freesat 702

6.30am The Zoe Ball Breakfast Show. **9.30** Vernon Kay. **12.00noon** Jeremy Vine. **2.00pm** Scott Mills. **4.00** Sara Cox. **6.30** Sara Cox's Half Wower. **7.00** Jo Whiley's Shiny Happy Playlist. **7.30** Jo Whiley. **9.00** The Blues Show with Cerys Matthews. **10.00** Trevor Nelson's Rhythm Nation. **12.00m't** OJ Borg. **2.30am** One Hit Wonders with OJ Borg. **3.00** Radio 2 in the Park. **4.00 to 6.30am** Owain Wyn Evans.

RADIO 3 — FREEVIEW 703
Sky 0103 Virgin 903 Freesat 703

6.30am Breakfast. **9.30** Essential Classics. **1.00pm** Classical Live. **4.00** Composer of the Week: Holst. **5.00** In Tune. **7.00** Classical Mixtape. **7.30** Radio 3 in Concert. **9.45** The Essay: Five Kinds of Amadeus. **10.00** Night Tracks. **11.30** 'Round Midnight. **12.30 to 6.30am** Through the Night.

RADIO 4 — FREEVIEW 704
Sky 0104 Virgin 904 Freesat 704

6.00am Today. **9.00** Start the Week. **9.45** Cafe Hope. **10.00** Woman's Hour. **11.00** Complex. **11.45** Book of the Week: The Siege. **12.00noon** News. **12.05pm** You and Yours; Weather. **1.00** The World at One. **1.45** Uncharted with Hannah Fry. **2.00** The Archers. **2.15** Drama: Plum House. **2.45** Wolverine Blues. **3.00** Great Lives. **3.30** BBC National Short Story Award. **4.00** Extreme. **4.30** The Kitchen Cabinet. **5.00** PM; Weather. **6.00** Six O'Clock News. **6.30** Just a Minute. **7.00** The Archers. **7.15** Front Row. **8.00** The Briefing Room. **8.30** BBC Inside Science. **9.00** Start the Week. **9.45** Cafe Hope; Weather. **10.00** The World Tonight. **10.45** Book at Bedtime: Still Lives. Short stories by Jon McGregor. **11.00** The System. Thriller, by Ben Lewis. **11.30** A Good Read. **12.00m't** News and Weather. **12.30am** Book of the Week: The Siege. By Ben Macintyre. **12.50** Shipping Forecast. **1.00** As BBC World Service. **5.20** Shipping Forecast. **5.30** News; Prayer for the Day. **5.45 to 6.00am** Farming Today.

RADIO 5 LIVE — FREEVIEW 705
Sky 0105 Virgin 905 Freesat 705

5.00am Wake Up to Money. **6.00** 5 Live Breakfast. **9.00** Nicky Campbell. **11.00** Naga Munchetty. **2.00pm** Matt Chorley. **4.00** 5 Live Drive. News and sport. **7.00** 5 Live Sport: The Monday Night Club. **9.00** 5 Live Boxing. **10.00** Gordon Smart. Late-night conversation. **1.00 to 5.00am** Dotun Adebayo.

Brilliant ★★★★★ Great ★★★★ Good ★★★ Watchable ★★ Rubbish ★

TUESDAY *17 September*

Buy the new issue

What's on TV Picks of the day

NEW

Nadiya's Cook Once, Eat Twice

BBC2, 7.30pm Waste not, want not… Nadiya Hussain reveals how to make food go further by creating tasty batch-friendly bakes and eat-now-freeze-for-later meals.

NEW

M&S: Dress the Nation

ITV1, 8.00pm High-street looks… Vernon Kay and AJ Odudu co-host this contest in which 10 eager amateur clothes designers compete to earn a dream job at M&S.

Wordwise

Find as many words as possible using the letters shown in the grid. Each word must contain four or more letters, one of which must be the letter in the central square, Y. No letter can be used more than once in each word. No plurals, names or foreign words are allowed. And can you find the nine-letter word? (Answer on page 97.)

L	L	T
E	Y	I
R	L	A

BBC ONE — BBC1

Freeview 1 (101 HD) Sky 101 Virgin 101 Freesat 101

6.00 AM **Breakfast** News and sport. (S)
9.30 **Morning Live** Daily magazine. (S)
10.45 **SAS: Catching the Criminals** 7 of 15. Documentary series. Billy Billingham helps police take down car stealing gangs. (S)
11.15 **Homes Under the Hammer** Properties in Wales, Cambridge and Blackheath. (S, AD)
12.15 PM **Bargain Hunt** Antiques challenge. Two teams buy items to sell in Detling. (S, Rpt)
1.00 **News; Local News; Weather** (S)
2.00 **Doctors** Rock and Cuddle: Medical drama series. Zara and Suni spot a surprising pair on a date, while Michelle helps Jerry. (S, AD)
2.30 **Robson Green's Weekend Escapes** Travel series. Robson and actor Angela Lonsdale pay a visit to Northumberland. (S, Rpt, AD)
3.00 **Escape to the Country** Property series. Jonnie Irwin and a couple from Leeds take in the many delights of Derbyshire. (S, Rpt)
3.45 **Garden Rescue** Horticultural series. Experts Charlie Dimmock and Lee Burkhill renovate a garden in Ilkeston on a £4,000 budget. (S)
4.30 **The Answer Run** Quiz series. (S)
5.15 **Pointless** Quiz series hosted by Alexander Armstrong and Chris Ramsey. (S)
6.00 **News; Weather** (S)
6.30 **Local News; Weather** (S)

7 PM

7.00 **The One Show** Magazine. (S)
7.30 **EastEnders** Bobby receives a shock when Freddie and Anna get a little too close for comfort, Nish hears the police are investigating the chicken shop before Suki and Eve tell him that he's not invited to Vinny's surprise birthday party. (S, AD)

8 PM

8.00 **Celebrity MasterChef** 16 of 18. Culinary competition. The five finalists become four after a challenge to put their own twist on a dish inspired by a well-known chef. The final four then take charge of lunch service on the British Pullman train. Continues Thursday. (S)

9 PM

9.00 **Waterloo Road** 2 of 8. School drama series starring Jason Manford and Zak Sutcliffe. New headteacher Steve Savage updates the rules before discovering one pupil may actually be facing more issues than meets the eye, while a new student becomes Schuey's next target. (S, AD)

10 PM

10.00 **News; Weather** (S)
10.30 **Local News; Weather** (S)
10.40 **Who Do You Think You Are?** Last Thursday's edition of the genealogy series. Retired heptathlete Dame Jessica Ennis-Hill learns the truth behind a family mystery and finds out more about her four-time great-grandfather's journey from enslavement to land ownership. (S, Rpt)
11.40 **The Repair Shop** Last Wednesday's edition of the restoration series presented by Jay Blades. The experts repair an embroidered ceremonial coat from 19th-century India, a magic box used to perform the 'sliding die' trick, a vintage suede handbag that was bought in New York and a homemade children's motorbike. (S, Rpt, AD) **Weather**
12.45 **to 6.00** AM **BBC News** (S)

BBC1 REGIONAL VARIATIONS

■ **WALES**
7.00-7.30pm Weatherman Walking William Gilpin's Wye Tour. **9.00-10.00** Saving Lives in Cardiff **10.40** Rookie Cops **11.10** In My Own Words: Hanif Kureishi **11.55** Who Do You Think You Are? **12.55-6.00am** BBC News

BBC TWO — BBC2

Freeview 2 (102 HD) Sky 102 Virgin 102 Freesat 102

6.30 AM **Bargain Hunt** Derbyshire. (S, Rpt, AD)
7.15 **Garden Rescue** Daventry. (S, Rpt)
8.00 **Big Cats 24/7** Two male lions disappear after fighting intruders. (SL, S, Rpt, AD)
9.00 **News** (S)
12.15 PM **Politics Live** News from Westminster. (S)
1.00 **Bridge of Lies** Quiz show. (S, Rpt)
1.45 **Unbeatable** Quiz series. (S, Rpt)
2.15 **Politics Live Conference 2024** News from Westminster as the Liberal Democrats' Autumn conference draws to a close. (S)
3.45 **Hairy Bikers: Pies & Pasties** Dave Myers and Si King make pies and pasties. (S, Rpt)
4.00 **Home Away from Home** Couples from Dorset and Devon try out new ways of life by swapping places with each other. (S, Rpt)
4.45 **More Creatures Great and Small** A horse with a badly cut face and a concussed tawny owl receive treatment. (S, Rpt)
5.15 **Flog It!** Layer Marney Tower, Essex. (S, Rpt)
6.00 **Richard Osman's House of Games** With Chris Hughes, Debra Stephenson, Inel Tomlinson and Toyah Willcox. (S, Rpt)
6.30 **Great British Railway Journeys** Glasgow to Cumbernauld: Travel documentary. Michael Portillo's Scottish travels bring him to Glasgow's Hampden Park Stadium. (S, Rpt)

7.00 **Designing the Hebrides** Renovation series. Banjo Beale renovates the interior of a pub on Easdale. **See feature, page 25.** (S)
7.30 **Nadiya's Cook Once, Eat Twice** 1 of 6. Culinary series. Nadiya Hussain demonstrates how to make a weekly shop last longer. **See feature, page 7.** (S, AD)
8.00 **Digging for Britain** Roman Mosaics and Ancient Weapons: 5 of 6. Historical documentary series. Alice Roberts heads to a farmer's field in Rutland to examine evidence of a Roman barn conversion, as well as visiting the excavation of one of Henry VIII's lost forts in Hull. (S, Rpt)
9.00 **Saving Lives in Cardiff** 5 of 6. Medical documentary series. A paediatric urology surgeon is determined to operate on an eight-year-old who was born without a functioning bladder and kidneys. Plus, a thoracic surgeon prioritises a patient with a suspicious growth on her lung. (S)
10.00 **Colin from Accounts** Waterfall: 5 of 8. Australian comedy series starring Patrick Brammall. When Ash doesn't turn up to dinner, Gordon goes around Sydney looking for her, Continues tomorrow. (S)
10.30 **Newsnight; Weather** (S)
11.05 Film **On the Basis of Sex** Biopic of lawyer Ruth Bader Ginsburg, showing how she faced adversity and numerous obstacles in her fight for equal rights throughout her career. Stars Felicity Jones, Armie Hammer and Kathy Bates. (110mins, 2018, 12, S, AD, W/S) Rating ★★★ **See Filmweek, page 31**
12.55 AM **Sign Zone** Starting with: **12.55 Celebrity MasterChef** The contestants recreate one of Ainsley Harriott's favourite recipes. (S, Rpt, AD) **1.55 The Zelensky Story** (S, Rpt, AD) **2.55 to 3.40** AM **Clean It, Fix It** (S, Rpt)

BBC2 REGIONAL VARIATIONS

■ **WALES**
1.45pm Unbeatable **2.15** Politics Live Conference 2024 **3.45** First Minister's Questions **4.45** Home Away from Home **5.30-6.00** More Creatures Great and Small **7.00-7.30** The One Show **9.00-10.00pm** Waterloo Road

Listings for Welsh-language channel S4C (F'sat 120, Sky 134, Virgin 164) are on opposite page.

PHOTOS: BBC, ITV

ITV1

Freeview 3 (103 HD) Sky 103 Virgin 103 Freesat 103

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** The latest entertainment and fashion news presented by Lorraine Kelly. (S)
10.00 **This Morning** Daily magazine featuring celebrity chat and lifestyle features. (S)
12.30 PM **Loose Women** Celebrity interviews and discussion from a female perspective. (S)
1.30 **News; Weather** (S)
1.55 **Local News; Weather** (S)
2.00 **Dickinson's Real Deal** Antiques series. Presenter David Dickinson sets up shop in the town of Barry with his expert dealers Alison Chapman, Stewart Hofgartner, Jan Keyne and Simon Schneider. (S, Rpt, AD)
3.00 **Lingo** Quiz hosted by Adil Ray. Teams from London, Liverpool and Bolton try to find words from the fewest letters possible. (S)
4.00 **Tipping Point** Ben Shephard presents the arcade-themed quiz in which contestants drop tokens down a choice of four chutes in the hope of winning the £10,000 jackpot. (S)
5.00 **The Chase** Quiz series hosted by Bradley Walsh in which four contestants take on one of the trivia experts in the hope of winning a cash prize worth thousands of pounds. (S)
6.00 **Local News; Weather** (S)
6.30 **News; Weather** (S)

7.30 **Emmerdale** Amy tries to get through to Amelia, Jimmy's advice is ignored, while Mandy has a surprise invitation. (S, AD)

8.00 **M&S: Dress the Nation**
New
1 of 6. Fashion competition hosted by AJ Odudu and Vernon Kay in which 10 amateur designers try to win a job with high-street giant M&S. In their first task, the contestants create womenswear clothing. **See feature, page 23.** (S, AD)

9.00 **My Mum, Your Dad** 2 of 10. Dating series presented by Davina McCall. A new father causes a stir with some speed dating and the parents share their vulnerabilities around finding love – with one mum revealing why her marriage broke down. Continues tomorrow. (S, AD)

10.00 **News; Weather** (S)
10.30 **Local News; Weather** (S)
10.45 **Sorry, I Didn't Know** 4 of 5. Panel show hosted by Jimmy Akingbola. Axel Blake, Josh Jones, Fatiha El-Ghorri and Slim join regular team leaders Chizzy Akudolu and Eddie Kadi to answer some questions about Black history. (S, Rpt)
11.10 **My Mum, Your Dad** A new dad causes a stir with some speed dating and the parents share their vulnerabilities. (S, Rpt, AD)
12.05 AM **Teleshopping**
3.00 **My Mum, Your Dad** (SL, S, Rpt, AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Lingo** Word game. (SL, S, Rpt)

ITV1 REGIONAL VARIATIONS
■ **WALES**
10.45pm Sharp End Discussion on the latest developments in Welsh politics. **11.40pm-12.05am Sorry, I Didn't Know** Panel show hosted by Jimmy Akingbola, with Chizzy Akudolu and Judi Love.

Channel 4

Freeview 4/7 (104/110 HD) Sky 104/108 Virgin 104/108 Freesat 104/106

6.25 AM **Cheers** (Series 7, ep 10, S, Rpt) **6.50** (Series7, ep 11, S, Rpt) **7.15** (S7, ep 12, S, Rpt)
7.45 **The King of Queens** US comedy. (Series 2, ep 19, S, Rpt, AD) **8.10** (Series 2, ep 20, S, Rpt, AD) **8.35** (Series 2, ep 21, S, Rpt, AD)
9.05 **Frasier** (Series 2, ep 22, S, Rpt, AD) **9.35** (Series 2, ep 23, S, Rpt, AD) **10.05** (S2, ep 24, S, Rpt, AD) **10.35** (S3, ep 1, S, Rpt, AD)
11.05 **Come Dine with Me: The Professionals** Dinner party challenge in Liverpool. (S, Rpt)
12.05 PM **News** (S)
12.10 **Narrow Escapes** Documentary. (S, Rpt, AD)
1.10 **Find It, Fix It, Flog It** Vintage oil bottles are discovered in Herefordshire. (S, Rpt, AD)
2.10 **Countdown** Word game. (S)
3.00 **Chateau DIY** Documentary. A project to rebuild a bridge gets under way. (S, Rpt, AD)
4.00 **A Place in the Sun** Property series. A search for a holiday home in Crete, Greece. (S)
5.00 **Help! We Bought a Village** Documentary series. In France, a chateau owner continues to make his property waterproof. (S)
6.00 **A Place in the Sun** Property series. A search for a home on Portugal's Algarve. (S, Rpt)
6.30 **The Simpsons** Blame It on Lisa: The family visit Brazil to locate a missing orphan that Lisa has been sponsoring. (S, Rpt, AD)

7.00 **News** (S)

8.00 **Emergency Helicopter Medics** Documentary series. Air Ambulance teams help a man trapped under a pallet of granite, a pregnant woman who is suffering from seizures and a woman who has been lying on her bathroom floor for nine hours with a broken ankle. (S, AD)

9.00 **Trump's Heist: The President Who Wouldn't Lose**
New
1 of 2. Political documentary in which former White House staff reveal how President Donald Trump attempted to remain in office after his 2020 election defeat. Concludes tomorrow. (S, AD)

10.05 **Night Coppers** 6 of 6. Documentary series. A woman who is being arrested for stalking puts up a fierce resistance, a routine vehicle stop turns into a high-speed chase, and two officers contend with a drunken reveller who's broken a security guard's finger. (S, Rpt, AD)
11.10 **24 Hours in A&E** An 89-year-old man needs treatment for abdominal pain. (S, Rpt, AD)
12.10 AM **Taskmaster** Last Thursday's edition of the comedy challenge series. (SL, S, Rpt, AD)
1.10 **Ramsay's Hotel Hell** A struggling hotel and restaurant in Washington. (SL, S, Rpt, AD)
2.00 **The National Lottery's Paralympics GB Homecoming** Saturday's celebration for the UK's Paralympics team. (SL, S, Rpt, AD)
3.50 **Kirstie's Fill Your House for Free** (S, Rpt)
4.05 **Frasier** Comedy. (Series 6, ep 4-7, S, Rpt, AD)
5.45 **to 6.25** AM **Countdown** Word game. (S, Rpt)

Channel 5

Freeview 5 (105 HD) Sky 105 Virgin 105 Freesat 105

6.00 AM **Milkshake!** Children's programmes. (S)
9.15 **Jeremy Vine** The broadcaster and guests discuss the major issues of the day. (S)
11.30 **Storm Huntley** The discussion continues with viewers' calls on the latest issues. (S)
12.45 PM **Friends** Chandler starts dating Rachel's pushy boss. (Series 4, ep 3, S, Rpt, AD) **1.10** Joey helps the building's caretaker with his dance practice. (S4, ep 4, S, Rpt, AD)
1.40 **News** (S)
1.45 **Home and Away** Cash and Eden start to worry about Felicity after Rory's confession, Irene's drinking gets worse, while Xander is reeling after finding out a secret. (S, Rpt)
2.15 Film **Happily Never After** Thriller. When a wedding planner falls for one of her clients, she plots to remove the obstacle to her happiness – the bride-to-be. Stars Erinn Fredin. (105mins, 2022, 12, S) Rating ★★
4.00 **Bargain-Loving Brits in the Sun** Documentary. A husband and wife host his 60th birthday party at their bar. (S, AD)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Animal training series. Graeme Hall deals with a labrador that is aggressive when food is around, and a husky with a fear of stairs. (S, Rpt) **News**

7.00 **Our Great Yorkshire Life** 3 of 15. Rural documentary series. Dean Andrews takes *Emmerdale* co-star Liam Fox (Dan Spencer) to the River Don, and a former RSPCA officer in Pickering talks about how she restores old teddy bears before finding them new homes. (S, Rpt) **News**

8.00 **The Yorkshire Vet** Veterinary documentary series. Julian attempts to save a baby hare who's been attacked by a dog, Matt meets a tortoise with a maggot infestation, while Rohin teams up with a cancer specialist to perform a life saving operation on a black Labrador. (S)

9.00 **The Wives** 2 of 6. Mystery drama starring Angela Griffin and Jo Joyner. A frazzled Beth escapes from Charlie's apartment and tells Natasha and Sylvie about the bag she found, while Sean learns that his brothers have business troubles. Continues tomorrow. (S, AD)

10.00 **999: Emergency Call Out** Documentary series. A devastating car crash leads to a manhunt for the driver and two passengers, and a man suffers major fractures and brain damage after falling head-first on to concrete. (S, Rpt)
11.05 **Ambulance: Code Red** A man is trapped in his car after a major accident. (S, Rpt, AD)
12.05 AM **Traffic Cops** Documentary. A car thief leads police on a dangerous pursuit. (S, Rpt)
1.00 **Interactive Gaming** (S)
3.00 **Prague with Michael Portillo** The presenter explores the city's architecture. (S, Rpt)
3.50 **The Wonderful World of Chocolate** (S, Rpt)
4.40 **Wildlife SOS** Documentary. (SL, S, Rpt)
5.05 **House Busters** Property series. (SL, S, Rpt)
5.30 **Entertainment News on 5** (S)
5.40 **to 6.00** AM **Milkshake!** (SL, S, Rpt)

S4C
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Colleen Ramsey: Bywyd a Bwyd **12.30** Heno **1.00** Codi Hwyl **1.30** Ffermio **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Am Dro! **4.00** Awr Fawr: Brethyn a Fflwff **4.05** Awr Fawr: Octonots **4.15** Awr Fawr: Caru Canu a Stori **4.25** Awr Fawr: Blero yn Mynd i Ocido **4.40** Awr Fawr: Dal Dy Ddannedd **5.00** Stwnsh: Siwrne Ni **5.05** Cath-Od **5.20** Rhyfeddodau Chwilengoch a Cath Ddu **5.40** Gwrach y Rhibyn **6.00** Darn Bach o Hanes **6.30** Sgorio **6.57** Newyddion S4C **7.00** Heno **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm **8.25** Rownd a Rownd **8.55** Newyddion S4C **9.00** Cyfrinachau'r Llyfrgell **10.00 LIVE:** Clwb Rygbi **10.30-11.35pm** Y 'Sgubor Flodau

FREEVIEW & FREESAT

What's on TV Picks of the day

The 355
Film4, 9.00pm
Spies Jessica Chastain, Diane Kruger and Lupita Nyong'o work together after a world-ending weapon falls into the wrong hands.

Jamali Maddix: Follow the Leader
U&Dave, 10.00pm
The host (right) investigates communities on the fringes of the mainstream in Britain.

On Demand — prime video

Available on Prime Video from today

Champions League
The new-look league stage of the competition begins tonight and one game a week will be available on Prime Video – beginning with Liverpool's away trip to face AC Milan. Kick-off **8.00pm**.

BBC Scotland — BBC SCOTLAND

Scot Only FV 9 HD 106
Scotland Only: Sky **115** Freesat **106** Virgin **108**
Rest of the UK: Sky **187** Freesat **110** Virgin **162**

12.00 NOON **This Is BBC Scotland**
7.00 PM **Inside the Zoo** 7 of 8. Vets at the Edinburgh Zoo deal with a zebra with arthritis, the polar bears are fed with giant popsicles, while wild horses and mountain goats undergo hoof trimming.
8.00 The Years That Changed Modern Scotland 1 of 4. Kirsty Wark explores life in Scotland in the 1970s and early 1980s.
9.00 The Nine Scottish and international news.
10.00 Yes/No: Inside the Indyref 1 of 3. The inside story of the campaign for a referendum on Scottish independence. Contributors include Nicola Sturgeon, Alex Salmond, Gordon Brown, George Osborne, Alistair Darling and Nick Clegg.
11.00 to **12.00** M'T **Surgeons: at the Edge of Life**

ITV2 — itv2

FV 6 Sky **118** Freesat **113** Virgin **115**

6.00 AM **Children's Programmes**
9.00 Totally Bonkers World Records
10.00 Secret Crush Double-bill.
12.00 NOON **Dress to Impress**
1.00 PM **In with a Shout** Game show.
2.00 Supermarket Sweep Game show.
3.00 Charmed Prue's ex-boyfriend goes on a killing spree. (S3, ep12)
4.00 Dawson's Creek The gang returns to Capeside to celebrate Christmas, but Audrey's drink problem begins to get out of control. (S6, ep10)
5.00 Dress to Impress Dating series.
6.00 Celebrity Catchphrase Sarah Millican, Vernon Kay and Joel Dommett take part for charity.
7.00 Family Fortunes Game show hosted by Gino D'Acampo. Families from Scotland and Northumberland try to guess popular responses to surveys posed to 100 people.
8.00 Bob's Burgers Teddy's family unexpectedly announce they will be coming for Thanksgiving. (S8, ep5) **8.30** Bob and Gene become closer than ever. (S8, ep8)
9.00 Family Guy Lois's parents decide to hire a nanny called Natalia to help with the kids. (S16, ep3) **9.30** Chris loses a rare dollar note that Carter gave him. (S16, ep4) **10.00** In an anthology episode, the story of Peter getting fired from the brewery is told. (S16, ep5) **10.30** Brian and Stewie open a bed and breakfast. (S15, ep18)
11.00 Family Guy Chris's Mexican girlfriend gets deported. (S15, ep19)
11.30 American Dad! Double-bill. (S11, ep9) **12.00** M'T (S11, ep11)
12.25 AM **Bob's Burgers** Double-bill. (S8, ep9) **12.50** (S8, ep10)
1.15 Hey Tracey! With Dane Baptiste.
2.10 Totally Bonkers World Records
2.35 to **3.00** AM **Unwind with ITV**

ITV3 — itv3

FV 10 Sky **119** Freesat **115** Virgin **117**

6.00 AM **Classic Emmerdale** Double-bill.
7.00 Classic Coronation Street
8.00 Lewis Allegory of Love.
10.15 The Royal Snakes and Ladders.
11.20 Heartbeat Double-bill.
1.40 PM **Classic Emmerdale** Double-bill.
2.40 Classic Coronation Street
3.50 Foyle's War They Fought in the Fields: Wartime drama series. The crash landing of a German plane and the murder of a farmer lead Foyle and Milner to investigate the activities of a group of land girls.
5.50 Heartbeat Fair Game: A woman's attempt to cool her husband's ardour has tragic consequences.
6.55 Heartbeat Red Herring: A Russian sailor claims political asylum when his ship docks in Whitby, while Greengrass finds an unlikely partner in crime.
8.00 Doc Martin Morwenna asks Martin for a pay rise, and Louisa has to find a new babysitter to look after James Henry and reluctantly decides to offer Janice a trial.
9.00 Broadchurch 3 of 8. Steve Mark's fingerprints are found at his son's murder scene, and Connelly approaches Beth claiming to have a message – from her dead son.
10.00 Broadchurch 4 of 8. Local journalist Olly investigates Jack, the newsagent for whom Danny did a paper round – and discovers a suspicious previous conviction.
11.00 The Suspect 2 of 5. Joe suspects one of his patients may know something about the murder, while a surprising breakthrough turns the police's spotlight back onto him.
12.00 M'T **Lewis** Allegory of Love: Detective drama. A woman's murder is copied from the pages of a novel.
2.00 to **2.30** AM **Unwind with ITV**

ITV4 — itv4

FV 26 Sky **120** Freesat **117** Virgin **118**

6.00 AM **Hot Shots**
6.05 Minder Comedy drama.
7.15 The Professionals
8.20 Robin of Sherwood
9.25 Kojak A Strange Kind of Love.
10.30 Kojak Laid Off.
11.35 The Motorbike Show
12.35 PM **Robin of Sherwood**
1.40 Kojak Cry for the Kids.
2.40 Kojak Once More from Birdland.
3.45 Minder Hypnotising Rita.
4.55 The Professionals Spy Probe: Doyle and Bodie pose as hitmen.
5.55 The Motorbike Show Henry and Guy reveal their Norton redesign to Norton boss Stuart Garner.
7.00 Junk and Disorderly Henry, Allen and Guy take possession of the Buick Roadmaster. After a little tinkering they cruise down to a classic car show in Newbury.
8.00 The Motorbike Show Henry Cole rides across Kent, tries to get a Ducati 948 on the road without breaking the bank and takes his Kawasaki to the powder coaters.
9.00 Film **Robin Hood** Medieval adventure directed by Ridley Scott. An archer returning from the crusades faces a plot by a traitorous knight to bring about a French conquest of England. Stars Russell Crowe and Cate Blanchett. *Includes FYI Daily at 10.05pm.* (2010, 12) ★★★ See Filmweek, page 31
11.45 All Elite Wrestling: Rampage Wrestling action with many of AEW's biggest stars, presented by Jim Ross and Tony Schiavone.
12.50 AM **Auto Mundial** The latest news and reviews from the world of cars.
1.15 Motorsport Mundial Magazine.
1.45 The Great British Treasure Hunt
2.40 to **3.00** AM **Unwind with ITV**

BBC3 — BBC THREE

FV 23 (HD 107 in Eng/NI)
Eng / N Ire: Sky **115** Freesat **107** Virgin **107**
Scot / Wales: Sky **121/117** F'sat **107** Virgin **113**

BBC3 starts broadcasting at 7.00pm

7.00 Blue Planet II Coasts.
8.00 Top Gear With Professor Green.
9.00 Film **The Wedding Planner** Romantic comedy. A single woman is hired to organise the wedding for the man of her dreams. Stars Matthew McConaughey, Jennifer Lopez and Justin Chambers. (2001, PG) ★★★ See Filmweek, page 31
10.40 Him & Her: The Wedding Comedy double-bill. (S4, ep4) **11.10** (S4, ep5)
11.40 Emily Atack: Asking for It?
12.40 AM **Made Up in Belfast** Double-bill.
1.40 Zen Motoring Motoring series.
1.50 Top Gear With Professor Green.
2.55 to **3.55** AM **Him & Her: The Wedding**

BBC4 — BBC FOUR

FV 9 HD 106 Sky **116** F'sat **108** Virgin **108** (Scot/Wales **107**) Scot 24/108

BBC4 starts broadcasting at 7.00pm

7.00 Great American Railroad Journeys
8.00 Porridge Comedy. (S1, ep2)
8.30 Yes, Prime Minister (S2, ep6)
9.00 The Bridge: Fifty Years Across the Forth The Forth Road Bridge.
10.00 Corridors of Power: Should America Police the World? New edition How Obama handled the threat of chemical weapons.
11.00 Inside Culture With Hillary Clinton.
11.30 Andy Warhol's America
12.30 AM **Great American Railroad Journeys** Illinois to Tennessee.
1.30 Corridors of Power: Should America Police the World?
2.30 to **3.30** AM **The Bridge: Fifty Years Across the Forth**

ITVBe — itvBe

FV 28 Sky **131** (Scot **132**) Freesat **119** Virgin **119**

7.20 AM **Be Beautiful** Make-up tips.
7.35 Billie and Greg: The Family Diaries
8.35 Masters of Flip Property series.
9.35 Buying and Selling Property series.
10.35 Billie and Greg: The Family Diaries
11.35 Real Housewives of New York City
12.30 PM **The Real Housewives of Atlanta**
1.20 The Only Way Is Essex
2.05 Dinner Date Dating series.
3.10 Great Chocolate Showdown
4.05 Real Housewives of New York City
5.00 The Real Housewives of Potomac New edition Gizelle reflects on her relationship with her late father.
6.00 Masters of Flip Property series.
7.00 Great Chocolate Showdown
8.00 Dinner Date Dating series.
9.00 The Real Housewives of Atlanta New edition Kenya invites the ladies to Alabama to watch her perform.
10.00 Botched A woman ravaged by a flesh-eating disease seeks help.
11.00 Totally Unbelievable: Celebrity Weddings The most over-the-top celebrity nuptials of all time.
12.00 M'T **The Only Way Is Essex**
12.45 to **1.00** AM **Unwind with ITV**

PHOTO: GETTY

E4

FV 13 Sky 135/136 F'sat 122 Virgin 106

6.00 AM **Hollyoaks** Double-bill.
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Married at First Sight UK**
9.40 **The Goldbergs**
10.05 **Young Sheldon** Double-bill.
11.00 **Modern Family** Double-bill.
12.00 NOON **The Big Bang Theory** Four episodes.
2.00 PM **The Goldbergs**
3.00 **Modern Family** (S10, ep11) **3.30** (S10, ep12)
4.00 **Married at First Sight UK**
5.40 **The Big Bang Theory** Triple-bill. (S4, ep3) **6.10** (S4, ep4) **6.35** (S4, ep5)

7.00 Hollyoaks New episode A resident discovers his life will never be the same.

7.30 Modern Family US comedy. (S7, ep8)

8.00 Below Deck: Mediterranean New edition The chef faces a culinary challenge with a blindfolded dinner.

9.00 Married at First Sight UK New edition Reality series. There is an instant and undeniable attraction for one couple.

10.05 Celebs Go Dating New edition Reality series. Chris realises that his heart lies with Jada and he made the wrong choice.

11.10 **Gogglebox** From 2023.
12.15 AM **Open House: The Great Sex Experiment**
1.15 **Married at First Sight UK**
2.15 **Celebs Go Dating**
3.10 **Below Deck**
4.00 **The Big Bang Theory** US comedy. (S7, ep18)
4.30 **to 6.00** AM **Black-ish**

Film4

FV 14 Sky 313 Freesat 300 Virgin 428

11.00 AM Film **Ice Cold in Alex** World War Two drama starring John Mills. (1958, PG, b&w) ★★★★
1.40 PM Film **40 Guns to Apache Pass** Western starring Audie Murphy. (1966, PG) ★★
3.35 Film **Young Winston** Fact-based drama following Churchill's formative years, focusing on his career as a war correspondent. Stars Simon Ward and Robert Shaw. (1971, PG) ★★★

6.25 Film **The Great Debaters** Fact-based drama. A professor from a 1930s all-black college leads a debate team to historic success. Stars Denzel Washington, Forest Whitaker and Nate Parker. (2007, 12) ★★★

9.00 Pick Film Premiere **The 355** Thriller. When a top-secret weapon falls into mercenary hands, a CIA agent joins forces with three international agents to retrieve it. Stars Jessica Chastain and Penélope Cruz. (2022, 12) ★★★ See Filmweek, page 29

11.25 Film **War for the Planet of the Apes** Fantasy. The apes battle against humans. Stars Andy Serkis. (2017, 12) ★★★★
2.10 **to 4.00** AM Film **Custody** Drama starring Lea Drucker. Subtitled. (2017, 15) ★★★★

More4

FV 18 Sky 136/137 F'sat 124 Virgin 147

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Find It, Fix It, Flog It**
12.30 PM **Come Dine with Me** Dinner parties in Kent.
3.10 **Four in a Bed** The week begins in Worcestershire. **3.40** From the Royal Forester at Bewdley. **4.15** From Ferry Lodge in Holyhead, Anglesey. **4.50** A visit to Court Colman Manor, Bridgend. **5.20** The owners meet up.
5.50 **Chateau DIY** Creating a new terrace for a hot tub.

6.55 Car S.O.S. Tim and Fuzz restore a 1930 Ford Model A for a man who suffered brain damage following a motorcycle accident.

7.55 Grand Designs Kevin McCloud follows an architect's project to build a house out of shipping containers in Co Derry.

9.00 A Cotswold Farmshop A visit to Woodchester Vineyard to meet the team behind Cotswold sparkling wine.

10.00 24 Hours in A&E A chef accidentally stabs himself chopping tomatoes and a 54-year-old father falls over while drunk.

11.05 **Emergency Helicopter Medics** Air ambulance paramedics attend to a night-time car crash.
12.10 AM **24 Hours in A&E**
1.15 **999: On the Front Line**
2.20 **24 Hours in A&E**
3.25 **to 3.50** AM **A Place in the Sun**

U&Drama

FV 20 Sky 143 Freesat 158 Virgin 116

7.10 AM **London's Burning**
8.00 **Doctors** Double-bill.
9.15 **Holby City** Medical drama.
10.35 **Casualty** Hospital drama.
11.40 **The Bill** Police drama.
12.40 PM **Classic EastEnders**
2.00 **London's Burning**
3.00 **Soldier, Soldier**
4.10 **Howards' Way**
5.20 **One Foot in the Grave** Victor endures a sleepless night alongside Margaret.
6.00 **'Allo 'Allo!** Herr Flick interrogates René.
6.40 **Last of the Summer Wine** Howard buys a used car.

7.20 Last of the Summer Wine Howard discovers he has agreed to take Pearl and Marina out to dinner at the same time.

8.00 Jonathan Creek The Reconstituted Corpse: Mystery drama starring Alan Davies. A glamorous beautician is accused of killing her former lover.

9.20 New Tricks Big Topped: Crime drama. Sandra discovers that the team have withheld information concerning her father's death from her. With guest star Sheila Hancock.

10.40 New Tricks Spare Parts: Jack's mind is not on the job as Ricky Hanson faces trial for trying to murder him.

12.00 M'T **Waking the Dead** Straw Dog: Part One. A man convicted of murder and mutilation mounts an appeal.
1.20 AM **Waking the Dead**
2.45 **to 4.00** AM **Holby City**

U&Dave

FV 19 Sky 111/112 Freesat 157 Virgin 127

7.10 AM **Whose Line Is It Anyway? USA** Double-bill.
8.00 **Special Ops: Crime Squad UK** Double-bill.
10.00 **Robson's Extreme Fishing Challenge** Double-bill.
12.00 NOON **Storage Hunters UK**
2.00 PM **Extreme Fishing with Robson Green**
3.00 **Top Gear** Double-bill.
5.00 **Rick Stein's Far Eastern Odyssey** Sampling the cuisine of Bangladesh.
6.00 **Rick Stein's Far Eastern Odyssey** Exploring the Far East's diverse food cultures.

7.00 QI: Rejoice! A Christmas Special With Justin Moorhouse.

7.40 Richard Osman's House of Games With Sarah Kendall and Jay McGuiness. **8.20** With Johnny Ball, Suzi Ruffell, Nina Wadia and Danny Wallace.

9.00 QI XL Daniel Radcliffe, Graham Norton, Lee Mack and regular Alan Davies answer questions on the theme of hocus pocus.

10.00 Pick New **Jamali Maddix: Follow the Leader** The comedian examines fringe groups in growing around the UK.

11.00 **Taskmaster** Tim Vine is left feeling bereft by a small piece of bent metal.
12.00 M'T **Dave Gorman: Modern Life Is Goodish** The presenter invents a newish game show.
1.00 AM **Room 101**
3.30 **to 4.00** AM **Travel Man**

Talking Pictures TV

FV 82 Sky 328 Freesat 306 Virgin 445

6.00 AM **All In Good Fun**
6.50 **Bulldog Drummond Comes Back** (1937, U) ★★
8.00 **The Strange Woman** (1946)
10.00 **Look at Life** Traffic warden.
10.15 **Hindle Wakes** (1952) ★★★
12.00 NOON **Worzel Gummidge**
12.35 PM **I Love Trouble** (1947)
2.30 **The Ghost Goes West** Comedy. (1935, U) ★★★
4.10 **The Woman in Question** Mystery. (1949, PG) ★★★
5.55 **The Beverly Hillbillies**
6.30 **Scotland Yard** (S1, ep36)
7.05 **Batman** Drama. (S1, ep8)
7.35 **Dangerous Assignment**
8.05 **Rumpole of the Bailey**
9.10 **Let No Man Write My Epitaph** (1961, 18) ★
11.25 **The House on Sorority Row** (1982, 18) ★★★
1.20 AM **Offerings** (1989) ★★★
3.15 **Woman Eater** (1957) ★★
4.40 **Four Star Theatre**
5.10 **Look at Life** Gliding.
5.25 **to 6.00** AM **For the Love of Ada**

5Action

FV 33 Sky 150 Freesat 132 Virgin 130

9.00 AM **Entertainment News**
9.05 **Car Pound Cops**
9.35 **Extreme Tow Truckers**
10.35 **Traffic Cops**
11.40 Film **Virginia City** Western. Stars Errol Flynn. (1940, U, b&w) ★★★
2.05 PM Film **Belle Starr** Western starring Gene Tierney. (1941, PG) ★★
4.00 **Extreme Tow Truckers**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** An officer is called to a crash between two cars.
9.00 **Motorway: Hell on the Highway** Drivers and experts return to assess dramatic traffic incidents.
10.00 **Transporter: The Series** Double-bill. (S2, ep1&8)
12.05 AM **Yellowstone**
2.00 **Trucking Hell** Double-bill.
3.50 **to 4.00** AM **Entertainment News**

5STAR

FV 32 Sky 128/129 F'sat 131 Virgin 126

8.00 AM **Rich Kids Go Skint**
9.00 **Shoplifters: Caught Red Handed** Documentary.
10.00 **Car Pound Cops**
11.00 **Traffic Cops** Triple-bill.
2.00 PM **Police Interceptors**
5.00 **Nightmare Tenants, Slum Landlords**
6.00 **Home and Away**
6.30 **Home and Away** New episode John tries to intervene in Irene's downward spiral.
7.00 **GPs: Behind Closed Doors**
8.00 **Casualty 24/7**
9.00 **Hospital: Life on the Line**
10.00 **Accused: Guilty or Innocent?** Documentary.
11.00 **Police: Night Shift 999**
12.00 M'T **999: Emergency Call Out** Documentary.
1.00 AM **World's Most Dangerous Prisoners**
2.00 **Casualty 24/7**
2.50 **GPs: Behind Closed Doors**
3.35 **to 4.00** AM **Home and Away**

5USA

FV 21 Sky 141/169 F'sat 129 Vir 120/162

9.00 AM **NCIS** Double-bill.
10.55 **Entertainment News**
11.00 **NCIS** (S10, ep16)
12.00 NOON **Law & Order** (S2, ep16) **1.00** PM (S2, ep17) **2.00** (S2, ep18) **3.00** (S3, ep10) **4.00** (S3, ep12) **5.00** (S3, ep13)
6.00 **NCIS** A US marine corps reservist is killed. (S11, ep6)
7.00 **NCIS** Gibbs helps his father track down an old wartime friend. (S11, ep7)
8.00 **NCIS** A petty officer is killed. (S11, ep8)
9.00 **Law & Order: Special Victims Unit** New to Freeview The team investigate a potentially predatory boss. (S24, ep5)
10.00 **Law & Order: SVU** (S18, ep1) **11.00** (S18, ep2) **12.00** M'T (S18, ep3) **12.55** AM (S16, ep12)
1.55 **Criminal Minds** Double-bill.
3.35 **to 4.00** AM **Criminals: Caught on Camera**

Sky Mix

FV 11 Sky 151 Freesat 144 Virgin 135

7.00 AM **Nothing to Declare**
9.00 **Monkey Life** Double-bill.
10.00 **Road Wars** Vehicle crime.
11.00 **Highway Patrol**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Monkey Life** Double-bill.
3.00 **Nothing to Declare**
4.00 **Star Trek: TNG** (S2, ep22)
5.00 **Star Trek: Enterprise**
6.00 **Star Trek: DS9** (S3, ep20)
7.00 **Star Trek: Voyager** Sci-fi.
8.00 **Hawaii Five-0** (S3, ep10)
9.00 **FBI: Most Wanted** New to Freeview (S2, ep5)
10.00 **Chucky** New to Freeview Hororr. (S1, ep6 of 8)
11.00 **Killer in My Village**
12.00 M'T **Caught on Dashcam**
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: War on Crime**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

TUESDAY

7 PM | 8 PM | 9 PM | 10 PM

PRIME-TIME

more freeview

Key to episode numbers: ***(S1, ep1 of 10)*** *= Series 1, episode 1, and there are a total of 10 episodes in the series*

PRIME-TIME

U&W

FV 25 Sky 132/133 F'sat 156 Virgin 125

6.10 AM **Inside the Ambulance**
7.00 **Property Brothers**
8.00 **Tipping Point** Quiz series.
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **Tipping Point: Lucky Stars** With Kimberly Wyatt and Duncan Preston.
7.00 **MasterChef Australia** New edition With world-famous chef Curtis Stone.
8.00 **Emma Willis: Delivering Babies** Documentary.
9.00 **Trevor McDonald and the Killer Nurse** Beverley Allitt.
10.00 **Stacey Dooley: Stalkers**
11.00 **Aaron Hernandez Uncovered** New edition
12.00 M'T **Killer Women with Piers Morgan** Interviews.
1.00 AM **One Born Every Minute**
2.00 **Date Night** Reality series.
2.25 **to 3.00** AM **Nigella: At My Table**

GREAT! tv

FV 50 Sky 157 Virgin 170

8.00 AM **Hart to Hart** (S4, ep14)
9.00 **Father Dowling Mysteries**
10.00 **Diagnosis Murder**
11.00 **Castle** (S6, ep8)
12.00 NOON **Hart to Hart**
2.00 PM **Father Dowling Mysteries** Crime drama.
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote** A voodoo cult murders a journalist in New Orleans.
6.00 **Murder, She Wrote** Two elderly people are killed.
7.00 **M*A*S*H** (S1, ep1-4)
9.00 **The New Avengers** Five secret agents are killed.
10.00 **Randall and Hopkirk (Deceased)** Drama.
11.00 **Return of the Saint**
12.00 M'T **M*A*S*H** US comedy.
2.00 AM **Randall and Hopkirk (Deceased)** Drama.
3.00 **Return of the Saint**
4.00 **to 5.00** AM **Highway to Heaven**

Quest

FV 12 Sky 144 Freesat 167 Virgin 137

6.00 AM **Chasing Classic Cars**
8.00 **American Pickers**
10.00 **The Repair Shop**
12.00 NOON **How Do They Do It?**
2.00 PM **Shed and Buried**
3.00 **Find It, Fix It, Flog It**
5.00 **Wheeler Dealers**
6.00 **Wheeler Dealers** A 58-year-old Dormobile.
7.00 **Salvage Hunters: Classic Cars** Drew and Paul are seduced by a Lotus Esprit.
8.00 **Salvage Hunters: The Restorers** Craig and Nev transform a lounge chair.
9.00 **Yorkshire Auction House** Morris Minor cars and African carvings.
10.00 **Celebrity Yorkshire Auction House**
11.00 **The Repair Shop**
12.00 M'T **Speedway**
1.00 AM **Wheeler Dealers**
3.00 **How Do They Do It?**
4.00 **to 5.00** AM **How It's Made**

True Crime

FV 67 Sky 146 Freesat 135 Virgin 148

9.00 AM **Judge Judy** Back-to-back small-claims cases.
12.00 NOON **Close Calls On Camera** Double-bill.
1.00 PM **Judge Judy** Back-to-back small-claims cases.
7.00 **Close Calls On Camera**
8.00 **Murder by the Sea** The death of Linda Anders.
9.00 **Snapped Killer Couples** A farmer husband and wife are brutally murdered.
10.00 **The Hunt For the Chameleon Killer** New edition After twelve years, the net closes in on the Chameleon Killer.
11.00 **The Black Widow Murders**
12.00 M'T **Shocking Crimes: Murder Book**
1.00 AM **Snapped Killer Couples**
2.00 **The Hunt For the Chameleon Killer**
3.00 **Facing Evil** Double-bill.
4.00 **to 6.00** AM **Judge Judy**

Pick of the day

Elsbeth

Sky Witness, 9.00pm

The investigator meets a cocktail-bar owner who may have sought justice for a troubled customer.

PRIME-TIME

U&Yesterday

FV 27 Sky 155 Freesat 159 Virgin 129

6.10 AM **Underground Worlds**
8.00 **Abandoned Engineering**
10.00 **War Factories** Porsche.
11.00 **The World at War**
12.00 NOON **Canal Boat Diaries**
1.00 PM **Antiques Roadshow**
2.00 **Bangers & Cash**
4.00 **War Factories**
5.00 **The World at War**
6.00 **Antiques Roadshow**
7.00 **Canal Boat Diaries** Robbie Cumming heads to Ripon. **7.30** Liverpool Docks.
8.00 **Bangers & Cash: Restoring Classics** The team restore a VW Beetle.
9.00 **Bangers & Cash** A sporty vintage Jaguar Viking.
10.00 **Bangers & Cash** A 1936 Singer Le Mans sports car.
11.00 **Abandoned Engineering**
12.00 M'T **Great American Railroad Journeys**
1.00 **to 3.00** AM **Restoration Workshop**

GREAT! movies

FV 34 Sky 321 Virgin 425

9.00 AM Film **Stranger in the House** (2016, PG) ★★
10.55 Film **Fatal Trust** Thriller. (2016, 12) ★★★
1.00 PM Film **The Black Widow Killer** (2018, 12) ★
3.00 Film **Farmer Seeking Love** (2022, PG) ★★
5.00 Film **Right in Front of Me** (2021, PG) ★★★
7.05 Film **Martha's Vineyard Mystery: Poisoned in Paradise** (2021) ★★
9.00 Film **Redemption** Drama starring Jason Statham and Agata Buzek. (2013, 15) ★★★★
11.15 Film **Acts of Violence** Drama starring Bruce Willis. (2018, 15) ★★
1.10 AM Film **First Kill** Action thriller. (2017, 15) ★★
3.20 **Wild West Chronicles**
4.00 **to 6.00** AM Film **Instakiller** (2018, 12) ★★

Quest Red

FV 40 Sky 149 Freesat 169 Virgin 168

6.00 AM **Say Yes to the Dress**
10.00 **Curvy Brides Boutique**
11.00 **Reasonable Doubt**
12.00 NOON **Forensic Detectives**
1.00 PM **FBI Files** Documentary.
2.00 **Murder on CCTV**
3.00 **Judge Rinder's Crime Stories** Real life cases.
4.00 **American Monster**
6.00 **Murder in the Heartland**
7.00 **10 Steps to Murder**
8.00 **Murder on CCTV** A case in which a woman was found dead in a landfill.
9.00 **Murder on CCTV** The death of pregnant student Loretta Saunders in 2014.
10.00 **Fatal Affairs** A girl arrives in town and attracts the local, married heartthrob.
11.00 **Signs of a Psychopath**
12.00 M'T **Nightmare Next Door**
1.00 AM **Betrayed** Documentary.
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

Legend

FV 41 Sky 148 Freesat 137 Virgin 149

8.00 AM **Walker, Texas Ranger**
9.00 **The A-Team** (S2, ep4)
10.00 **MacGyver** (S1, ep20)
11.00 Film **The Legend of Butch and Sundance** Western. (2004, PG) ★★
1.00 PM Film **Gunsmoke: To the Last Man** (1992) ★★
3.00 Film **Danger Within** Drama. (1959, U) ★★★
5.00 **Star Trek** Sci-fi. (S3, ep18)
6.00 **MacGyver** (S1, ep21)
7.00 **The A-Team** (S2, ep5)
8.00 **Walker, Texas Ranger**
9.00 Film **Deepstar Six** Sci-fi fantasy starring Greg Evigan. (1988, 15) ★★★
11.00 Film **Legacy of Lies** Action starring Scott Adkins. (2020, 15) ★★
1.00 AM Film **2:22** Crime thriller. (2008, 18) ★★
3.00 Film **Fright Fest** (2018) ★
4.50 **to 5.15** AM **Legend Lowdown**

PBS America

FV 84 Sky 174 Freesat 155 Virgin 187

Available 1pm to 12m't on Freeview

8.00 AM **Beautiful Serengeti**
8.30 **Italy's Invisible Cities**
9.50 **Edwardian Britain**
10.50 **Hitler's Propaganda Machine** Documentary.
12.00 NOON **D-Day: Invasion**
1.00 PM **Women Under Hitler's Flag** Female Nazi agents.
2.05 **Italy's Invisible Cities**
3.20 **Edwardian Britain**
4.20 **Hitler's Propaganda Machine** Documentary.
5.35 **D-Day: Invasion**
6.35 **Italy's Invisible Cities**
7.50 **Edwardian Britain in Colour** A tram in Wigan.
8.50 **Hitler's Propaganda Machine** Documentary.
10.00 **D-Day: Invasion**
11.00 **Edwardian Britain**
12.00 M'T **Hitler's Propaganda Machine** Documentary.
1.10 **to 2.00** AM **Beautiful Serengeti**

PRIME-TIME

Really

FV 17 Sky 142 Freesat 160 Virgin 128

6.00 AM **Fantasy Homes**
7.00 **Home Shopping**
8.00 **Salvage Hunters**
10.00 **A Place in the Sun**
12.00 NOON **Money for Nothing**
2.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **Yorkshire Auction House** Double-bill of the series.
7.00 **Antiques Road Trip** The search for items in Lancashire and Cumbria.
8.00 **Antiques Road Trip** The trip continues in Wales.
9.00 **Dr Pimple Popper** A man who has a unique growth.
10.00 **Dr Pimple Popper** A man with a growth on his bicep.
11.00 **Help! My House Is Haunted** Double-bill.
1.00 AM **Unexplained: Caught on Camera** Mystery series.
2.00 **Home Shopping**
4.00 **to 6.00** AM **Salvage Hunters**

GREAT! christmas

FV 52 Sky 319 Virgin 424

8.00 AM Film **The Christmas Getaway** (2017, PG) ★★
10.00 Film **Marry Me at Christmas** (2017) ★★★
12.00 NOON Film **A Bride for Christmas** (2012, PG) ★★
2.00 PM Film **A Storybook Christmas** (2019, PG) ★★
4.00 Film **The Christmas Chalet** (2019, PG) ★★
6.00 Film **Snowbound for Christmas** (2019, PG) ★★
8.00 Film **Christmas with a Prince** Drama starring Kaitlyn Leeb and Nick Hounslow. (2018, PG) ★★
10.00 Film **The Christmas Cottage** Romantic comedy. (2017, U) ★★
12.00 M'T Film **Correcting Christmas** (2014) ★★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM Film **A Family for Christmas** Comedy. (2015, PG) ★★

GREAT! action

FV 42 Sky 323 Virgin 426

8.00 AM **Police Ten 7**
9.00 **The War in the Air**
10.10 **War in the Atlantic**
11.20 **Air Rescue** Documentary.
12.00 NOON **Wanted: Dead or Alive** Double-bill.
1.00 PM Film **Rage at Dawn** Western. (1955, U) ★★★
3.00 Film **Mackenna's Gold** Western. (1968, 15) ★★
5.50 **Wanted: Dead or Alive**
7.00 Film **Disaster Zone: Volcano in New York** Thriller. (2006, 12) ★★
9.00 Film **Mercenary for Justice** Thriller starring Steven Seagal and Luke Goss. (2006, 18) ★★
11.05 Film **Half Past Dead** Adventure starring Steven Seagal. (2002, 15) ★★★
1.20 AM Film **Pistol Whipped** Thriller. (2007, 15) ★★★
3.35 **Cops Uncut**
4.05 **to 5.00** AM **The Panzer**

Challenge

FV 48 Sky 145 Freesat 146 Virgin 139

7.00 AM **The Chase** Quiz series.
10.00 **Weakest Link** Quiz show.
11.00 **Pointless Celebrities**
12.00 NOON **Cash Trapped** Quiz.
1.00 PM **Family Fortunes**
3.00 **Catchphrase** Game show.
4.00 **Blockbusters** Game show.
5.00 **Bullseye** Four editions of the darts-based quiz.
7.00 **Cash Trapped** Quiz series hosted by Bradley Walsh.
8.00 **The Chase** Double-bill of the quiz show series.
10.00 **Celebrity Who Wants to Be a Millionaire?** Celebrities co mpete to win a cash prize for a charity of their choice.
11.00 **Bullseye** Darts-based quiz.
12.00 M'T **Weakest Link** Quiz.
1.00 AM **Cash Trapped** Quiz.
2.00 **The Chase** Quiz series.
4.00 **Classic Who Wants to Be a Millionaire?** Quiz series.
5.00 **to 6.00** AM **Bullseye**

Sky Arts

FV 36 Sky 130/131 F'Sat 147 Virgin 123

6.00 AM **Andrea Bocelli: Cinema**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Alfred Hitchcock Presents**
11.00 **Discovering** Rex Harrison.
12.00 NOON **Portrait Artist 2014**
1.30 **Tales of the Unexpected**
2.00 **The Art of the Garden**
3.00 **Discovering** Yul Brynner.
4.00 **Watercolour Challenge**
5.00 **Portrait Artist 2014**
6.00 **Tales of the Unexpected**
7.00 **Alfred Hitchcock Presents**
8.00 **Stories from the National Gallery** New edition
9.00 New **The Sky Arts Awards** The inaugural staging of the event.
11.00 **Story of the Deer Hunter**
12.00 M'T **Discovering**
1.00 **Dr Jack and Mr Nicholson**
2.00 **World War II & Cinema**
3.00 **Unmuted**
4.00 **Sky Arts Book Club**
5.00 **to 6.00** AM **Auction**

Sky Showcase

Sky 106 Virgin 109

6.00 AM **Sky News Breakfast**
7.00 **Breakfast with Anna Jones** News reports.
8.00 **Border Patrol** Double-bill.
9.00 **Stargate SG-1** Double-bill.
11.00 **Secret Life of the Koala**
12.00 NOON **Supergirl** (S2, ep16)
1.00 PM **NCIS: New Orleans** (S7, ep5) **2.00** (S7, ep6)
3.00 **Hawaii Five-0** (S9, ep7)
4.00 **S.W.A.T.** (S7, ep10)
5.00 **The Simpsons** Double-bill.
6.00 **The Office (US)** Dwight leads a team on a mission in Florida. (S8, ep14) **6.30** Dwight takes his team to Florida. (S8, ep15)

7.00 The Simpsons Bart finds his old teacher's diary and learns a secret. **7.30** Lisa becomes an apprentice to a magician.

8.00 David Attenborough's Kingdom of Plants 2 of 3. How plants change through the seasons.

9.00 New **The Sky Arts Awards** The inaugural staging of an event that will celebrate a range of artistic genres, including classical music, comedy, dance, film, literature, poetry, opera, pop, TV, theatre and visual art. Hosted by Joe Lycett.

11.00 **Black Widow** Documentary following the decade-long police investigation into Dena Thompson.
12.00 M'T **An Idiot Abroad 2**
1.00 AM **Road Wars** Double-bill.
3.00 **Hawaii Five-0** (S9, ep7)
4.00 **S.W.A.T.** (S7, ep10)
5.00 **to 6.00** AM **Motorway Patrol**

Sky Witness

Sky 107 Virgin 110

6.00 AM **Bondi Rescue**
7.00 **The Real A&E** Double-bill.
8.00 **Border Patrol** Double-bill.
9.00 **Brit Cops: Law & Disorder**
10.00 **The Force: Manchester**
11.00 **Bull** Drama. (S6, ep10)
12.00 NOON **The Rookie** (S3, ep4)
1.00 PM **Chicago Fire** Firehouse 51 welcomes back some familiar faces. (S12, ep6)
2.00 **The Equalizer** McCall asks her ex-husband for help with a victim. (S2, ep15)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare** Back-to-back editions of the documentary series.

7.00 Nothing to Declare Double-bill of the series following the working lives of customs officers inside Australia's major airports.

8.00 The Equalizer A psychic claims his sister is in grave danger, while Delilah struggles to keep McCall's secrets. (S2, ep17)

9.00 Pick **Elsbeth** New episode A cocktail-bar owner seeks revenge. Guest stars Arian Moayed (*Succession*). (S1, ep9)

10.00 FBI: Most Wanted A woman is snatched from her home after the murder of her husband and the theft of money. (S2, ep3)

11.00 **Chicago Fire** (S11, ep21)
12.00 M'T **Chicago PD** (S9, ep7)
1.00 AM **Blue Bloods** (S14, ep2)
2.00 **Blue Bloods** New episode Franks attempts to get over the grief of his best friend's death. (S14, ep2)
3.00 **Departure** (S3, ep2)
4.00 **Sun, Sea and A&E**
5.00 **to 6.00** AM **Bondi Rescue**

Sky Atlantic

Sky 108 (Wales 109)

6.00 AM **Urban Secrets**
8.00 **Boardwalk Empire** (S3, ep4) **9.05** (S3, ep5)
10.15 **Big Love** Double-bill. (S1, ep7) **11.20** (S1, ep8)
12.25 PM **Game of Thrones**
1.35 **The Sopranos** Double-bill. (S6, ep3) **2.35** (S6, ep4)
3.40 **Boardwalk Empire** Margaret promotes Dr Mason's clinic. (S3, ep4)
4.40 **Boardwalk Empire** Nucky ensures that Billie's show has star quality. (S3, ep5)
5.45 **Big Love** Nicki confesses to Bill she has $58,000 worth of debt. (S1, ep9)

6.45 Big Love Bill tries to get information on Roman's business dealings, and Margene continues her feud with Nicki. (S1, ep10)

7.45 Game of Thrones As Cersei awaits judgement, Walder Frey and Jaime celebrate. Meanwhile, winter arrives. (S6, ep10)

9.00 The Sopranos Christopher struggles to overcome his addictions, and AJ finds a new girlfriend. (S6, ep12)

10.05 The Sopranos After a close call with the law, Tony heads to the lake house to celebrate his birthday. (S6, ep13)

11.05 **The Staircase** David angles for a retrial in 2011, and in 2017, Michael faces another hearing. (S1, ep8)
12.30 AM **Winning Time: The Rise of the Lakers Dynasty** (S1, ep10)
1.35 **Game of Thrones**
2.55 **Scenes from a Marriage**
4.10 **to 6.00** AM **Fish Town**

Sky Comedy

Sky 114 (Wales 115) Virgin 112

8.00 AM **Will & Grace**
9.00 **The Conners** Double-bill.
10.00 **Bloods** (S1, ep4)
10.40 **Bored to Death**
11.40 **Veep** Double-bill.
12.50 PM **High Maintenance**
2.10 **Bored to Death**
3.20 **Veep** Double-bill.
4.30 **Bloods** (S1, ep5)
5.00 **Will & Grace** The duo vie for the affections of a new tenant. (S1, ep16) **5.30** The gang spends a weekend at Karen's rural cabin. (S1, ep17)
6.00 **The Office (US)** Double-bill. (S8, ep14) **6.30** (S8, ep15)

7.00 The Conners Dan and Jackie take a road trip to Oklahoma. (S5, ep18) **7.30** Louise gets into a feud with Becky. (S5, ep19)

8.00 Will & Grace A handsome doctor makes Grace's day. (S5, ep1) **8.30** Jack lands his dream job. (S5, ep2)

9.00 Curb Your Enthusiasm Larry reveals a secret. (S7, ep2) **9.35** Larry organises a Seinfeld reunion. (S7, ep3) **10.10** Larry abuses his doctor's trust. (S7, ep4)

10.45 The Tonight Show Starring Jimmy Fallon New edition

11.45 **Divorce** Double-bill.
12.55 AM **Ricky Velez: Here's Everything**
2.00 New **Chris Ramsey: Live from London** Comedy. See feature, page 12.
3.00 **Pete Holmes: Faces and Sounds**
4.00 **to 5.00** AM **Bored to Death**

Gold

Sky 110 (Wales 111) Virgin 124

7.00 AM **The Fosters** Sitcom.
7.50 **Open All Hours** Comedy.
8.30 **The Green Green Grass**
9.05 **Last of the Summer Wine**
10.05 **Hi-de-Hi!** Comedy series.
10.40 **Open All Hours** Comedy.
11.20 **Last of the Summer Wine**
1.40 PM **The Green Green Grass**
2.20 **Open All Hours** Comedy.
3.00 **Dad's Army** Comedy.
3.40 **Hi-de-Hi!** Comedy series.
4.20 **Last of the Summer Wine**
5.40 **Open All Hours** Arkwright tries to improve the sale of his overstocked goods.
6.20 **The Green Green Grass** Marlene takes up cookery.

7.00 Dad's Army A daring bid to rescue Walker and Godfrey goes wrong. **7.40** The platoon are threatened with being made air-raid wardens.

8.20 The Thin Blue Line Patricia decides to spend her fortnight's leave with a group of environmentalists.

9.00 Gavin & Stacey Smithy takes a glum Gavin for a boys' night out in Essex.

9.40 Not Going Out Lee and his father have relationship counselling.

10.20 Detectorists The police investigate a huge hole that has been excavated.

11.00 **Inside No 9** A woman pays a visit to a medium.
11.40 **Toast of London** Steven is reunited with an old flame.
12.15 AM **Gavin & Stacey**
12.55 **Not Going Out** As 9.40pm.
1.35 **Detectorists** As 10.20pm.
2.25 **Inside No 9** See 11.00pm.
2.55 **Toast of London** Comedy.
3.20 **to 4.00** AM **The Fosters**

Sky Crime

Sky 122 (Scot 123) Virgin 121

6.00 AM **Brit Cops**
7.00 **Road Wars** Vehicle crime.
8.00 **UK Border Force**
9.00 **Caught on Dashcam**
10.00 **Highway Cops**
11.00 **Killer in My Village**
12.00 NOON **Killer Siblings**
1.00 PM **The Killer Within**
2.00 **Catching the Killer**
3.00 **Most Evil Killers**
5.00 **Killer Siblings**
6.00 **Killer in My Village**
7.00 **World's Most Evil Killers** Profiling Richard Ramirez.
8.00 **Britain's Most Evil Killers** Jordan Monaghan.
9.00 **How I Caught the Killer**
10.00 **Murders That Shocked the Nation** Documentary.
11.00 **World's Most Evil Killers**
12.00 M'T **Murders That Shocked the Nation: Moors Murders**
1.00 AM **New York Homicide**
2.00 **Snapped** Documentary.
3.00 **Love You to Death**
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Motorway Patrol**

Sky Documentaries

Sky 121 (Scot 122) Virgin 188

6.00 AM **The Seventies**
7.00 **Discovering**
8.00 **Directors** Ridley Scott.
9.00 **The Movies**
10.00 **The Jinx Part Two**
11.00 **The Man Who Bought Cricket** See 8.00pm.
12.00 NOON **Faye**
1.45 PM **My Icon** Denise Lewis.
2.00 **The Two Escobars**
4.00 **Directors** Ridley Scott.
5.00 **Discovering**
6.00 **The Movies**
7.00 **The Jinx Part Two** The film-makers continue to investigate Robert Durst.
8.00 **The Man Who Bought Cricket** Allen Stanford's plan to revolutionise the game of cricket.
9.00 **Tina** A celebration of Tina Turner's life and career.
11.15 **Black Widow**
12.15 AM **The Stroll**
2.00 **Dying to Divorce**
3.45 **My Icon** Maggie Alphonsi.
4.00 **Directors** Ridley Scott.
5.00 **to 6.00** AM **Discovering**

Sky Nature

Sky 124 (Scot 125) Virgin 189

6.00 AM **Gangs of Lemur Island**
7.00 **Monkey Life** Double-bill.
8.00 **Wildlife Rescue New Zealand** Documentary.
9.00 **Guardians of the Wild**
10.00 **Undiscovered Vistas**
11.00 **Secret Life of the Koala**
12.00 **Mysteries of the Mekong**
1.00 PM **Monkey Life**
2.00 **Wildlife Rescue New Zealand** Documentary.
3.00 **Guardians of the Wild**
4.00 **Undiscovered Vistas**
5.00 **Mysteries of the Mekong**
6.00 **Into the Wild: Colombia**
7.00 **Monkey Life** Double-bill.
8.00 **Kingdom of Plants**
9.00 **Wild Birds of Australia**
10.00 **Into the Wild: Colombia**
11.00 **Mysteries of the Mekong**
12.00 M'T **Osprey**
1.00 AM **Waterworld Africa**
2.00 **Kingdom of Plants**
3.00 **Wild Birds of Australia**
4.00 **Wildlife Rescue New Zealand** Documentary.
5.00 **to 6.00** AM **Guardians of the Wild**

Sky Max

Sky 113 (Wales 114) Virgin 111

6.00 AM **Legends of Tomorrow**
7.00 **SEAL Team** (S5, ep2)
8.00 **Supergirl** (S2, ep14)
9.00 **Stargate SG-1** Double-bill.
11.00 **Legends of Tomorrow**
12.00 NOON **Supergirl** (S2, ep16)
1.00 PM **NCIS: New Orleans**
3.00 **Hawaii Five-0** (S9, ep7)
4.00 **S.W.A.T.** (S7, ep10)
5.00 **SEAL Team** (S5, ep1)
6.00 **Stargate SG-1** Sci-fi drama. (S9, ep1) **7.00** (S9, ep2)
8.00 **An Idiot Abroad 2** A trek to the summit of Mount Fuji.
9.00 **Rob Beckett's Smart TV** With Natasia Demetriou and Nicola Coughlan.
9.45 **Funny Woman** Sophie finds her head turned by a Hollywood agent. (S2, ep2)
10.45 **The Walking Dead** The Saviors launch an attack on Alexandria. (S8, ep8)
12.00 M'T **Road Wars** Triple-bill.
3.00 AM **Hawaii Five-0** (S9, ep7)
4.00 **S.W.A.T.** (S7, ep10)
5.00 **to 6.00** AM **Highway Patrol**

Alibi

Sky 109 (Wales 110) Virgin 114

7.10 AM **Murdoch Mysteries**
9.00 **Miss Fisher's Murder Mysteries** (S1, ep10)
10.00 **Shakespeare & Hathaway**
11.00 **Hudson & Rex** (S4, ep1)
12.00 NOON **Father Brown**
1.00 PM **Death in Paradise**
2.00 **Murdoch Mysteries**
4.00 **Shakespeare & Hathaway**
5.00 **Father Brown** Drama.
6.00 **Hudson & Rex** Two hikers are murdered. (S4, ep1)
7.00 **Elementary** Kitty Winter returns. (S5, ep15 of 24)
8.00 **Death in Paradise** Camille's best friend collapses on stage.
9.00 **The Company You Keep** New episode Charlie becomes Emma's new CIA asset and is tasked with spying on Daphne.
10.00 **So Help Me Todd**
11.00 **Elementary** (S5, ep15)
12.00 M'T **Hudson & Rex**
1.00 AM **Justified** (S2, ep4)
1.55 **to 4.00** AM **Murdoch Mysteries**

TUESDAY

7 PM

8 PM

9 PM

10 PM

PRIME-TIME

Key to episode numbers: ***(S1, ep1 of 10)*** *= Series 1, episode 1, and there are a total of 10 episodes in the series*

SPORT

TNT SPORTS 1
Sky 410 Virgin 527

6.00 AM **Women's T20 Cricket**
7.00 **Premier League Review**
8.00 **Boxing 8.45 Carl Frampton Meets**
9.00 **Motorcycling** MotoE highliggths.
10.00 Live **Australian Rules Football** **Collingwood v West Coast Eagles**. AFLW, bounce-up is at **10.15am**.
12.00 NOON **Boxing** Bout previews.
12.15 **Carl Frampton Meets 12.30 Sailing**
1.00 Live **Sailing** Coverage of the Youth Series of the America's Cup.
3.30 **Premier League Review**
4.30 **Football** Champions League.
5.00 Pick Live **Football** **Young Boys v Aston Villa**. The Champions League match at Wankdorf Stadium, kick-off **5.45pm**.
8.00 Live **Football** **Real Madrid v VfB Stuttgart**. The Champions League match at the Bernabeu, kick-off **8.00pm**.
10.30 **Premier League Reload**
10.45 **Sailing** America's Cup.
11.15 **UFC Fight Week 11.45 Badminton Weekly 12.00** M'T **Baseball** MLB.
12.30 AM Live **Baseball** **Milwaukee Brewers v Philadelphia Phillies**. MLB, start-time **12.40am**.
3.30 **Baseball 4.00 Sailing** America's Cup.
4.30 **to 5.00** AM **UFC Fight Week** UFC 306.

TNT SPORTS 2
Sky 411 Virgin 528

2.00 AM Live **Badminton** Coverage of the round of 64 of the China Open, a BWF World Tour Super 1000 event at Changzhou Olympic Sports Centre.
12.30 PM **Football** Champions League.
1.00 **Italian Football** Highlights from Cagliari v Napoli in Serie A.
2.00 **Italian Football** Highlights of Monza v Inter Milan in Serie A.
3.00 **Premier League Netbusters**
3.30 **Baseball** Highlights from a Major League Baseball fixture.
4.30 **Surfing** WSL Championship Tour.
5.30 Live **Football** **Juventus v PSV Eindhoven**. Coverage of the Champions League match in the league phase held at Allianz Stadium, kick-off **5.45pm**.
7.45 Live **Football** **Bayern Munich v Dinamo Zagreb**. Coverage of the Champions League match in the league phase staged at Allianz Arena, kick-off **8.00pm**.
10.00 **Premier League Stories**
10.30 **Surfing** The Rip Curl Finals event on the WSL Championship Tour.
11.30 **Football** Highlights of Young Boys v Aston Villa in the Champions League at Wankdorf Stadium.
12.00 M'T **to 2.00** AM **Football** Highlights.

TNT SPORTS 3
Sky 417 Virgin 529

6.00 AM **Sailing** America's Cup.
6.30 **Football** Champions League.
7.00 **Cricket** Caribbean Premier League.
12.30 PM **TNT Sports Cricket Reload**
12.45 **Women's T20 Cricket** Highlights of Ireland v England.
2.45 Live **Women's T20 Cricket** Coverage of an international game.
6.45 **Sign Up: Into Football**
7.30 **Football** Champions League.
10.45 **Badminton Weekly** Magazine.
11.00 **Cricket** Highlights of a match in the Caribbean Premier League.
11.30 Live **T20 Cricket** **Barbados Royals v St Kitts and Nevis Patriots**. Coverage of the Caribbean Premier League match at Kensington Oval in Barbados.
3.45 AM **TNT Sports Cricket Reload**
4.00 **Surfing** WSL Championship Tour.
5.00 **to 6.00** AM **Basketball** WNBA.

sky sports MAIN EVENT
Sky 401 Virgin 511 (501 HD)

5.00 AM Live **Tennis** Coverage of the second day from this week's WTA tournaments, featuring The Korea Open and The Thailand Open 2.
12.00 NOON **Lunchtime Live** A look at all the latest sports stories that are making the headlines this lunchtime.
2.00 PM **Sports Desk** Headlines with live analysis and comments.
5.00 **Sky Sports News** Rolling news and updates throughout the day.
7.00 Live **Football** **Manchester United v Barnsley**. Coverage of the third-round EFL Cup match which is being staged at Old Trafford, kick-off is at **8.00pm**. After overcoming Wigan Athletic in the first round via a penalty shootout following a 1-1 draw in normal time, Barnsley then claimed an impressive 1-0 win over Sheffield United courtesy of a second-half Max Watters goal from close range, to set up this glamour tie away to the six-time champions.
10.30 **Back Pages Tonight** A look at the latest sports stories making the headlines in tomorrow's papers.
11.00 **to 4.00** AM **Sky Sports News** Rolling news and updates.

sky sports FOOTBALL
Sky 403 Virgin 513 (503 HD)

6.00 AM **Championship Play-Offs 15/16**
7.00 **League One Play-Offs 15/16**
8.00 **League Two Play-Offs 15/16**
9.00 **Greatest Games** Archive action.
10.00 **EFL Cup Retro** The 2017 final.
12.00 NOON **EFL Highlights** Action from matches in the championship.
12.30 PM **German Football** Bundesliga.
1.30 **EFL Highlights** Championship.
2.30 **Scottish Premiership**
2.45 **SPFL Highlights** Recent action.
3.00 **EFL Highlights** Championship.
4.30 **German Football** Bundesliga.
5.30 **EFL Highlights** Championship.
6.00 **EFL Cup** Birmingham v Fulham.
6.30 **EFL Cup** The Carabao Cup.
7.00 Live **EFL Cup** **Manchester United v Barnsley**. Coverage of the third-round match from Old Trafford, kick-off **8.00pm**.
● *All EFL Cup games live via Sky Sports+*
10.30 **Scottish Premiership**
10.45 **SPFL Highlights** Recent action.
11.00 **EFL Championship Highlights**
12.00 M'T **EFL Cup** Third-round highlights.
12.30 AM **EFL Cup Retro 2.30 EFL Trophy**
3.00 **Greatest Games** Archive action.
4.00 **Championship Season Review**
5.00 **to 6.00** AM **Best Moments from the EFL Play-Off Finals (1993-2019)**

sky sports GOLF
Sky 405 Virgin 515 (505 HD)

6.00 AM **Tee Time Tips** Golf advice.
8.00 **Solheim Cup** Action from the final day at Robert Trent Jones Golf Club.
9.00 **DP World Tour** The Amgen Irish Open.
10.00 **PGA Tour** The Procore Championship.
11.00 **Tee Time Tips** Golf advice.
4.00 PM **DP World Tour** Irish Open.
5.00 **PGA Tour** Procore Championship.
6.00 **Solheim Cup** The final round at the Robert Trent Jones Golf Club.
7.00 **Rose Ladies Series** Action from the tournament in Hertfordshire.
8.00 **Golf** Action from the Farmfoods British Par 3 Championship.
10.00 **Rose Ladies Series** Action from the tournament in Hertfordshire.
11.00 **Solheim Cup** The final round held at the Robert Trent Jones Golf Club.
12.00 M'T **DP World Tour** The Irish Open.
1.00 AM **PGA Tour** Procore Championship.
2.00 **to 6.00** AM **Tee Time Tips** Golf advice.

sky sports PREM LEAGUE
Sky 402 Virgin 512 (502 HD)

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **The Football Show** Magazine.
12.00 NOON **Gary Neville's Soccerbox**
1.00 PM **Premier League Highlights**
5.30 **Premier League Review**
6.30 **Premier League Netbusters**
7.00 **Soccer Special** Follow the full story of the evening's football.
10.15 **Soccer Special** All the post-match reaction following the evening's football across the country.
10.30 **Premier League Netbusters**
11.00 **Premier League Years** A look back at the 1998/99 season.
1.00 AM **PL Retro** Liverpool v Blackburn Rovers from the 1995/96 season.
3.00 **PL Greatest Games** Archive matches.
4.00 **Best Premier League Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

sky sports CRICKET
Sky 404 Virgin 514 (504 HD)

6.00 AM **2014 T20 Blast** Archive action.
7.35 **Best of England v Australia**
10.00 **Best of T20 World Cup** England v Australia in the 2010 final.
10.15 **England's ODI Record Breakers**
2.30 PM **Best of Jos Buttler** The cricketer's one-day innings of 110 for England against Australia.
8.00 **The World Cup Through Their Eyes** Looking back at England's victorious Cricket World Cup through the eyes of the players.
10.00 **Best of England v Australia**
12.00 M'T **2014 T20 Blast** Birmingham Bears v Lancashire Lightning.
1.35 AM **Best of England v Australia**
2.00 **How the 2003 World Cup Was Won** A look at the tournament in South Africa, where defending champions Australia were the favourites to win.
5.00 **to 6.00** AM **2007 Twenty20 Cup**

sky sports TENNIS
Sky 407 Virgin 537 (520 HD)

4.00 AM Live **WTA Tour** Coverage of day two of this week's WTA tournaments, The Korea Open and Thailand Open 2.
12.00 NOON **WTA Tour** Action from the final of the Guadalajara Open held at the Panamerican Tennis Centre.
2.00 PM **Tennis** The US Open highlights.
3.00 **WTA Tour** The Jasmin Open final.
4.00 **WTA Tour** The Guadalajara Open.
5.00 **Tennis** The US Open highlights.
6.00 **WTA Tour** Tournament highlights
2.15 AM **US Open** Archive action.
2.30 **Tennis** The 2024 WTA final between Jessica Pegula and Anna Kalinskaya.
2.45 **US Open** Archive action.
3.00 **to 4.00** AM **WTA Tour** Jasmin Open.

sky sports MIX
Sky 416 Virgin 510

6.00 AM **Golf** Tee Time Tips.
8.00 **American Football** NFL highlights.
10.00 **Tennis** The WTA Jasmin Open final.
11.00 **Tennis** WTA Guadalajara Open Akron.
12.00 NOON **Tennis** The WTA Canadian Open final at Sobeys Stadium.
1.00 PM **Tennis** The ATP Canadian Open final at IGA Stadium in Montreal.
2.00 **American Football** Highlights.
5.00 **Tennis** The ATP Cincinnati Open.
6.00 **Tennis** The WTA Cincinnati Open.
7.00 **American Football** Highlights.
8.00 **The World Cup Through Their Eyes** A look back at England's victorious Cricket World Cup.
10.00 **Golf: Solheim Cup** Highlights.
11.00 **Golf** The Amgen Irish Open.
12.00 M'T **Golf** Procore Championship.
1.00 AM **Golf** Tee Time Tips.
2.00 **How the 2003 World Cup Was Won**
5.00 **to 6.00** AM **Golf** Tee Time Tips.

What's on TV Pick of the day

Football: Young Boys v Aston Villa
TNT Sports 1, kick-off 5.45pm
The Villa and their midfielder Amadou Onana begin their first-ever Champions League campaign in Bern, Switzerland.

sky sports NFL
Sky 408 Virgin 517 (507 HD)

6.00 AM **American Football** NFL highlights.
12.00 NOON **American Football** NFL.
1.00 PM **Good Morning Football**
3.00 **American Football** NFL.
5.00 **American Football** Highlights.
6.00 **Pro-Football Talk** NFL talk show.
8.00 **American Football** Highlights.
9.00 **American Football** NFL.
11.00 **NFL Fantasy** In-depth stats.
12.00 M'T **The Insiders** NFL updates.
1.00 AM **American Football** NFL highlights.
2.00 **Pro-Football Talk** NFL talk show.
4.00 **to 6.00** AM **American Football**

sky sports +
Sky 412 Virgin 518 (508 HD)

4.00 AM Live **Tennis** Day two from this week's WTA tournaments – The Korea Open and Thailand Open 2.
12.00 NOON **The Football Show**
1.00 PM **Lunchtime Live** The sports stories making the headlines.
2.00 **Sports Desk** The latest headlines.
5.00 **Sky Sports News**
7.00 Live **Football** **Everton v Southampton**. The third-round EFL Cup match held at Goodison Park, kick-off **7.45pm**.
10.30 **Back Pages Tonight** A look at the latest headline sports stories.
11.00 **to 4.00** AM **Sky Sports News**

EUROSPORT 1
Sky 413 Virgin 521

6.00 AM **Snooker** The English Open.
8.00 **Cycling** European Championships.
10.00 **Athletics** The Sydney Marathon.
11.00 **Snooker** The English Open.
1.00 PM Live **Snooker** Coverage of day two of the English Open held at the Brentwood Centre in Essex, featuring second-round matches.
5.00 **Motorcycling** Superbikes.
6.00 **Snooker** Action from the afternoon session of the English Open held at the Brentwood Centre in Essex.
7.00 Live **Snooker** Coverage of the evening session of the English Open at the Brentwood Centre in Essex, featuring second-round matches.
11.00 **Snooker** The English Open.
1.00 AM **Cycling** European Championships.
2.00 **Snooker** English Open.
4.00 **Speedway** Premiership semi-final.
5.00 **to 6.00** AM **Motorcycling**

PHOTO: GETTY

Premiere
Sky 301 Virgin 401

7.30 AM **Paint** See 2.50pm.
9.15 **If You Were the Last** (2023)
11.00 **Migration** (2023, U) ★★★
12.40 PM **Aquaman and the Lost Kingdom** See 8.00pm.
2.50 **Paint** Comedy. (2023) ★★★
4.35 **If You Were the Last** Comedy starring Anthony Mackie. (2023, 15) ★★★★
6.20 **Moving On** Comedy starring Jane Fonda. (2022, 15) ★★★

PRIME-TIME

8.00 Aquaman and the Lost Kingdom Fantasy. The hero sets out to defeat a mercenary. Stars Jason Momoa. (2023, 12) ★★★

10.10 I Used to Be Funny Comedy drama. A young woman struggles to deal with PTSD. Stars Rachel Sennott. (2023, 15) ★★★

12.05 AM **Barber** Mystery starring Aidan Gillen. (2023) ★★★
1.45 **Moving On** See 6.20pm.
3.25 **I Used to Be Funny** (2023)
5.20 to 6.55 AM **Barber** (2023)

Comedy
Sky 308 Virgin 408

6.25 AM **Arthur's Whisky** (2023)
8.05 **Disaster Movie** (2008, 12) ★
9.35 **A Night at the Roxbury** ★★
11.00 **See No Evil, Hear No Evil** Comedy. (1989, 15) ★★★
12.45 PM **Arthur's Whisky** (2023)
2.25 **The Five-Year Engagement** Romance. (2012, 15) ★★★
4.30 **Bean** (1997, PG) ★★★
6.05 **Scott Pilgrim vs. the World** Adventure. (2010, 12) ★★★★

8.00 Barbie Comedy. The living doll's perfect life is turned upside down. Stars Margot Robbie and Ryan Gosling. (2023, 12) ★★★★

9.55 A Night at the Roxbury Comedy. Two brothers try to gain entry to an exclusive LA nightclub. Stars Will Ferrell. (1998, 15) ★★

11.25 **Brüno** (2009, 18) ★★★
12.50 AM **See No Evil, Hear No Evil**
2.35 **Scott Pilgrim vs. the World**
4.30 to 6.35 AM **The Five-Year Engagement** See 2.25pm.

Ultimate
Sky 307 Virgin 407

6.50 AM **Looper** See 5.55pm.
8.55 **Shaolin Soccer** (2001) ★★★
10.55 **The Hand of Death** Action thriller. (1976, 15) ★★★
12.40 PM **Hancock** Comedy. Stars Will Smith. (2008, 12) ★★★
2.20 **Once Upon a Time in China and America** (1997, 15) ★★★
4.05 **The Hurricane Heist** (2018)
5.55 **Looper** Time-travel thriller. (2012, 15) ★★★★

8.00 Top Gun Action drama. An arrogant pilot joins a US Navy fighter school. Stars Tom Cruise and Kelly McGillis. (1986, 12) ★★★★

9.55 Robin Hood: Prince of Thieves Adventure. An outlaw fights to protect the downtrodden. Stars Kevin Costner. (1991, PG) ★★★

12.20 AM **Once Upon a Time in China and America** (1997)
2.05 **The Hand of Death** (1976)
3.50 to 6.15 AM **The Mask of Zorro** (1998, PG) ★★★★

Family
Sky 306 Virgin 406

7.05 AM **Paulie** (1998, U) ★★★
8.40 **The Karate Kid** See 7.45pm.
10.50 **Johnny English** (2002) ★★★
12.25 PM **Johnny English Reborn** Comedy. (2011, PG) ★★★★
2.20 **Blithe Spirit** Comedy remake. (2020, 12) ★★★
4.15 **Journey to the Center of the Earth** Fantasy. (2008) ★★★
6.00 **Journey 2: The Mysterious Island** Fantasy. (2012) ★★★

7.45 The Karate Kid Adventure. A teenager is trained in martial arts by a wise old man. Stars Ralph Macchio. (1984, 12) ★★★★

10.00 Johnny English Reborn Comedy sequel. The spy must stop an assassination. Stars Rowan Atkinson. (2011, PG) ★★★★

11.50 **Blithe Spirit** See 2.20pm.
1.45 AM **Journey to the Center of the Earth** See 4.15pm.
3.30 **Journey 2** 5.20 to 7.10 AM **The Spy Next Door** (2010)

Animation
Sky 305 Virgin 412

6.00 AM **Pil's Adventures** (2021)
7.45 **Teen Titans Go! to the Movies** (2018, PG) ★★★
9.25 **Teen Titans Go! & DC Super Hero Girls: Mayhem in the Multiverse** (2022, PG) ★★★
11.00 **Two by Two** (2015, U) ★★
12.35 PM **Mummies** (2023, U) ★★★
2.15 **Kung Fu Panda** ★★★★★
4.00 **Spider-Man: Across the Spider-Verse** (2023) ★★★★

PRIME-TIME

6.35 Spider-Man: Into the Spider-Verse Animation with the voices of Shameik Moore and Nicolas Cage. (2018, PG) ★★★★★

8.45 The Nut Job Animated comedy. A squirrel plans to break into a nut shop and gather enough food for the winter. (2014, U) ★★★

10.20 **DC Super Hero Girls: Hero of the Year** (2016, PG) ★★★
11.45 **In Search of Santa** (2004)
1.20 to 2.55 AM **Teen Titans Go! to the Movies** (2018) ★★★

Drama
Sky 310 Virgin 410

6.40 AM **Ferrari** Biopic. (2023)
8.55 **Turtles All the Way Down** Romance. (2024, 12) ★★★★
11.00 **She Said** Fact-based drama. (2022, 15) ★★★★
1.15 PM **Erin Brockovich** Drama. (2000, 15) ★★★★
3.35 **A Good Person** Drama (2022, 15) ★★★★
5.55 **Save the Last Dance** Romance. (2001, 12) ★★★

8.00 Meet Joe Black Fantasy drama. Death bestows a temporary reprieve upon a businessman. Stars Brad Pitt. (1998, 12) ★★★★

11.05 Charlie Wilson's War Comedy. A congressman manipulates the US political machine. Stars Tom Hanks. (2007, 15) ★★★★

12.55 AM **Turtles All the Way Down**
2.55 **Nantucket Noel** Festive romance. (2021, PG) ★★★
4.35 to 6.35 AM **Save the Last Dance** See 5.55pm.

Sci-Fi/Horror
Sky 311 Virgin 411

6.55 AM **Friendship's Death** ★
8.15 **Total Recall** (2012, 12) ★★★
10.15 **Back to the Future Part II** Comedy. (1989, PG) ★★★
12.05 PM **Ghostbusters** (2016)
2.05 **Star Trek V: The Final Frontier** (1989, PG) ★★
3.55 **Back to the Future Part III** Fantasy. (1990, PG) ★★★★
5.55 **Star Trek VI: Undiscovered Country** (1991, PG) ★★★

8.00 The Lawnmower Man Sci-fi. A scientist uses a mentally-impaired man as his guinea pig. Stars Pierce Brosnan. (1992, 15) ★★★

10.25 Halloween Horror sequel. A woman tries to protect her family from a serial killer. Stars Jamie Lee Curtis. (2018, 18) ★★★★

12.15 AM **Hollow Man** Sci-fi thriller. (2000, 18) ★★★
2.10 **Friendship's Death** ★
3.35 **Simulant** (2023, 15) ★★★
5.20 to 7.15 AM **Voyagers** (2020)

Hits
Sky 303 Virgin 403

7.05 AM **Superbad** Comedy drama. (2007, 15) ★★★★
9.00 **Road Trip** (2000, 15) ★★★
10.40 **Aeon Flux** (2005, 15) ★★
12.20 PM **Ocean's Thirteen** (2007)
2.25 **The Secret Life of Pets** Cartoon. (2016, U) ★★★
3.55 **Ella Enchanted** Fantasy adventure. (2004, PG) ★★★
5.40 **Ready Player One** Fantasy adventure. (2018, 12) ★★★★

8.00 Alfie Comedy remake. A womanising chauffeur enjoys a carefree existence in Manhattan. Stars Jude Law. (2004, 15) ★★★

10.00 Ocean's Eight Comedy. An all-female crew plans a jewel heist. Stars Sandra Bullock and Cate Blanchett. (2018, 12) ★★★★

12.00 M'T **The Nun** (2018, 15) ★★★
1.50 AM **Aeon Flux** (2005, 15) ★★.
3.35 **Road Trip** (2000, 15) ★★★
5.15 to 7.00 AM **Accident Man: Hitman's Holiday** (2022)

Greats
Sky 304 Virgin 404

6.50 AM **Once Upon a Time in China** (1991, 15) ★★★
9.05 **Superman II** See 3.25pm.
11.20 **Dallas Buyers Club** Drama. (2013, 15) ★★★★
1.20 PM **Jarhead** Gulf War action drama. (2005, 15) ★★★★
3.25 **Superman II** Fantasy sequel. (1980, PG) ★★★★
5.40 **Vanilla Sky** Thriller starring Tom Cruise. (2001, 15) ★★★

PRIME-TIME

8.00 Philadelphia Oscar-winning drama. A lawyer with Aids sues his former employers. Stars Tom Hanks. (1993, 12) ★★★★

10.10 American Gigolo Thriller. A male escort is accused of a woman's murder. Stars Richard Gere. (1980, 18) ★★★

12.10 AM **True Romance** Crime thriller. (1993, 18) ★★★★
2.20 **Dallas Buyers Club** (2013)
4.25 to 6.20 AM **Let's Dance** Musical. (1950, U) ★★★

Revenge
Sky 302 Virgin 402

6.20 AM **57 Seconds** (2023) ★★★
8.05 **Retribution** (2023, 12) ★★
9.40 **The Beekeeper** See 8.00pm.
11.35 **John Wick** Action thriller. (2014, 15) ★★★★
1.25 PM **John Wick: Chapter 2** Action. (2017, 15) ★★★★
3.30 **The Equalizer 3** Thriller sequel. (2023, 15) ★★★
5.25 **Gladiator** Oscar-winning epic. (2000, 15) ★★★★★

8.00 The Beekeeper Thriller. An unassuming man seeks vengeance on the people behind a scam. Stars Jason Statham. (2023, 15) ★★★

10.00 Mad Max Action thriller. A cop sets out to avenge the murder of his family by a gang. Stars Mel Gibson. (1979, 15) ★★★★★

11.40 **RoboCop** Sci-fi. Stars Peter Weller. (1987, 18) ★★★★
1.30 AM **RoboCop 2** (1990, 18) ★★
3.30 **RoboCop 3** (1992, 15) ★★
5.20 to 6.55 AM **Retribution**

Thriller
Sky 309 Virgin 409

7.20 AM **State of Play** As 3.35pm.
9.35 **Rear Window** Hitchcock thriller. (1954, PG) ★★★★★
11.35 **The Life of David Gale** Drama. (2002, 15) ★★★
1.50 PM **Last Seen Alive** Mystery thriller. (2022, 15) ★★★
3.35 **State of Play** Crime thriller. (2009, 12) ★★★★
5.50 **Hotel Mumbai** Fact-based thriller. (2018, 15) ★★★★

8.00 Munich Thriller. Assassins hunt the orchestrators of the 1972 Olympic hostage crisis. Stars Eric Bana. (2005, 15) ★★★★

10.45 Dig Thriller. A widowed father and his daughter are taken hostage by a lethal couple. Stars Thomas Jane. (2022, 15) ★★★

12.20 AM **Red Right Hand** Crime thriller. (2023, 15) ★★★
2.15 **To Catch a Killer** Crime thriller. (2023, 15) ★★★★
4.20 to 7.10 AM **Munich** (2005)

Movies 24
Sky 312 Virgin 419

7.00 AM **Love & Where to Find It** Romance. (2021, PG) ★★
9.00 **The Engagement Back-Up** Comedy. (2022, PG) ★★
11.00 **A Bridesmaid in Love** Comedy. (2022, PG) ★★
1.00 PM **3 Bed, 2 Bath, 1 Ghost** Comedy. (2023, PG) ★★
3.00 **Love Stories in Sunflower Valley** (2021, PG) ★★
5.00 **Made for Each Other** (2023)

7.00 The Magic of Lemon Drops Fantasy. A woman sees how her life could have been. Stars Lyndsy Fonseca. (2024, PG) ★★

9.00 Styled with Love Comedy. A personal stylist forms a relationship with a photographer. Stars Rachel Bles. (2022, PG) ★★

11.00 **Love Hacks** (2022, PG) ★★
1.00 AM **Something's Brewing** Romance. (2023, PG) ★★
3.00 to 5.00 AM **Field Day** Comedy. (2023, PG) ★★

RADIO

RADIO 1 — FREEVIEW 700
Sky 0101 Virgin 901 Freesat 700

5.00am Early Breakfast with Dean McCullough. **7.00** Breakfast with Greg James. **10.30** Rickie, Melvin and Charlie. **12.45pm** Newsbeat. **1.00** Matt and Mollie. **3.30** Going Home with Vick, Katie and Jamie. **5.45** Newsbeat. **6.00** Radio 1's New Music Show with Jack Saunders. **8.00** Radio 1's Future Artists with Sian Eleri. **10.00** Radio 1's Power Down Playlist with Sian Eleri. **11.00** Martha. **1.00am** Radio 1's Drum & Bass Mix. **2.00** Radio 1's Chillout Anthems. **3.00** Radio 1 Anthems. **4.00 to 5.00am** Radio 1 Pop Anthems.

RADIO 2 — FREEVIEW 702
Sky 0102 Virgin 902 Freesat 702

6.30am The Zoe Ball Breakfast Show. **9.30** Vernon Kay. **12.00noon** Jeremy Vine. **2.00pm** Scott Mills. **4.00** Sara Cox. **6.30** Sara Cox's Half Wower. **7.00** Jo Whiley's Shiny Happy Playlist. **7.30** Jo Whiley. **9.00** The Jazz Show with Jamie Cullum. **10.00** Trevor Nelson's Rhythm Nation. **12.00m't** OJ Borg. **3.00am** Radio 2 in the Park. **4.00 to 6.30am** Owain Wyn Evans.

RADIO 3 — FREEVIEW 703
Sky 0103 Virgin 903 Freesat 703

6.30am Breakfast. **9.30** Essential Classics. **1.00pm** Classical Live. **4.00** Composer of the Week: Holst. **5.00** In Tune. **7.00** Classical Mixtape. **7.30** Radio 3 in Concert. **9.45** The Essay: Five Kinds of Amadeus. **10.00** Night Tracks. **11.30** 'Round Midnight. **12.30 to 6.30am** Through the Night.

RADIO 4 — FREEVIEW 704
Sky 0104 Virgin 904 Freesat 704

6.00am Today. **9.00** The Life Scientific. **9.30** All in the Mind. **10.00** Woman's Hour. **11.00** Add to Playlist. **11.45** Book of the Week: The Siege. **12.00noon** News. **12.05pm** Call You and Yours; Weather. **1.00** The World at One. **1.45** Uncharted with Hannah Fry. **2.00** The Archers. **2.15** Drama: Half Lives. **3.00** Short Cuts. **3.30** BBC National Short Story Award 2024. **4.00** Thinking Allowed. **4.30** When It Hits the Fan. **5.00** PM; Weather. **6.00** Six O'Clock News. **6.30** Heresy. **7.00** The Archers: Tom struggles to mediate and Eddie makes his feelings clear. **7.15** Front Row: Arts programme. **8.00** File on 4. New series. **8.40** In Touch. **9.00** Three Million: Kavita Puri meets the last survivors of the 1943 Bengal famine. **9.30** Great Lives; Weather. **10.00** The World Tonight. **10.45** Book at Bedtime: Still Lives. Heartrending stories. **11.00** Poetry Please: A selection of listeners' poetry requests. **11.30** A Good Read. **12.00m't** News and Weather. **12.30am** Book of the Week: The Siege. **12.50** Shipping Forecast. **1.00** As BBC World Service. **5.20** Shipping Forecast. **5.30** News; Prayer for the Day. **5.45 to 6.00am** Farming Today.

RADIO 5 LIVE — FREEVIEW 705
Sky 0105 Virgin 905 Freesat 705

5.00am Wake Up to Money. **6.00** 5 Live Breakfast. **9.00** Nicky Campbell. **11.00** Naga Munchetty. **2.00pm** Matt Chorley. **4.00** 5 Live Drive **7.00** 5 Live Sport. AC Milan v Liverpool. **10.30** Gordon Smart. **1.00 to 5.00am** Dotun Adebayo.

WEDNESDAY *18 September*

What's on TV Picks of the day

EastEnders

BBC1, 7.30pm Behind his back… Vinny's party gets underway at The Albert where Nish exhibits some surprising and heartfelt behaviour – but Suki isn't fooled by it.

Coronation Street

ITV1, 8.00pm Keeping watch… Dee-Dee and Swain sift through dash-cam footage, hoping it will identify the company that sent the abortion-drug package to Joel.

Celebrity Race Across the World

BBC1, 9.00pm Out in front… Kola and Mary Ellen are in the lead but their budget is down to almost nothing ahead of the final leg across the Andes and into Chile.

ARE YOU A Thunderball WINNER? Write the winning numbers here ↓ THUNDERBALL

ARE YOU A Lotto WINNER? Write the winning numbers here ↓ BONUS NUMBER

BBC ONE — BBC1

Freeview 1 (101 HD) Sky 101 Virgin 101 Freesat 101

6.00 AM **Breakfast** News and sport. (S)
9.30 **Morning Live** Daily magazine. (S)
10.45 **SAS: Catching the Criminals** 8 of 15. Documentary series. Billy Billingham stakes out shops that are selling illegal vapes. (S)
11.15 **Homes Under the Hammer** Properties in Cambridgeshire, Stoke and Suffolk. (S, Rpt)
12.15 PM **Bargain Hunt** Builth Wells. (S, AD)
1.00 **News; Local News; Weather** (S)
2.00 **Doctors** Tornado Talulah: Medical drama series. Kirsty discovers she's in demand. (S)
2.30 **Robson Green's Weekend Escapes** The presenter meets actor Mark Benton for a weekend in horse-drawn caravans. (S, Rpt)
3.00 **Escape to the Country** Property series. A couple returning to Britain from the US search for a home in Cornwall. (S, Rpt, AD)
3.45 **Garden Rescue** Horticultural series. A passionate gardener from Shaftesbury needs help fixing up her garden. (S)
4.30 **The Answer Run** Quiz series. (S)
5.15 **Pointless** Quiz series hosted by Alexander Armstrong and Chris Ramsey. (S)
6.00 **News; Weather** (S)
6.30 **Local News; Weather** (S)
6.55 **Party Political Broadcast** By the Liberal Democrats. (S)

7 PM

7.00 **The One Show** Magazine. (S)
7.30 **EastEnders** All hell breaks loose inside the Beale household, Vinny's party gets started at The Albert where Nish shows off some surprising behaviour, and Reiss is accosted by a reporter asking why he's defending his wife's killer. (S, AD)

8 PM

8.00 **The Repair Shop** Restoration series hosted by Jay Blades. The experts try to restore a pair of high heels belonging to a drag queen, a camera from Vietnam, a wooden toucan mobile and a suitcase used to store important documents during the Troubles in Northern Ireland. (S, AD)

9 PM

9.00 **Celebrity Race Across the World** Last in the challenge series. The pressure is on with just 39 minutes separating all of the teams as they face the final leg of their epic journey – a 2,750km race across the Andes mountain range into the South American country of Chile. (S)

10 PM

10.00 **News; Weather** (S)
10.30 **Local News; Weather** (S)
10.40 **MOTD: Champions League** Jason Mohammad introduces highlights from the opening two nights of matchday one fixtures in the new league phase. Including Young Boys v Aston Villa at Wankdorf Stadium, AC Milan v Liverpool at the San Siro and Manchester City v Inter Milan at the Etihad Stadium. (S)
12.00 M'T **Mbappe** Documentary profile of World Cup-winning French footballer Kylian Mbappe, exploring his upbringing in the suburbs of Paris and just why he has been so successful in his career. Contributors include Thierry Henry, Didier Deschamps, Arsene Wenger, Bernardo Silva and Ibrahima Konate. (S, Rpt) **Weather**
1.05 **to 6.00** AM **BBC News** (S)

BBC1 REGIONAL VARIATIONS
■ **WALES**
Programmes today are as above.

BBC TWO — BBC2

Freeview 2 (102 HD) Sky 102 Virgin 102 Freesat 102

6.30 AM **Escape to the Country** Cumbria. (S, Rpt)
7.15 **Garden Rescue** Horticultural series. (S, Rpt)
8.00 **Amazing Hotels: Life Beyond the Lobby** A hotel built into a quarry. (SL, S, Rpt, AD)
9.00 **News** (S)
12.15 PM **Politics Live** News from Westminster. (S)
1.00 **Bridge of Lies** Quiz show. (S, Rpt)
1.45 **Unbeatable** Quiz series. (S, Rpt)
2.30 **My Unique B&B** Simon Parfett and his team take on a 1980s bus conversion. (S, Rpt, AD)
3.00 **MasterChef: The Professionals** Culinary challenge. The quarter-finalists create a dish using squash as the key ingredient. (S, Rpt)
4.00 **Home Away from Home** People from West Sussex and Gloucestershire swap homes and try out a new way of life. (S, Rpt)
4.45 **More Creatures Great and Small** Documentary series. A farm vet carries out a tracheotomy to save a calf's life. (S, Rpt)
5.15 **Flog It!** Antiques series. Caroline Hawley and David Harper hunt for objects in Hull. (S, Rpt)
6.00 **Richard Osman's House of Games** With Chris Hughes, Debra Stephenson, Inel Tomlinson and Toyah Willcox. (S, Rpt)
6.30 **Great British Railway Journeys** Shawlands to Livingston: Michael Portillo investigates an alien attack in Edinburgh. (S, Rpt, AD)

7.00 **Amol Rajan Interviews** John Major: An interview with the former Prime Minister of the United Kingdom. (S)
7.45 **Grand Tours of Scotland's Lochs** 2 of 6. Travel documentary series. Paul Murton explores the lochs and mountains of Wester Ross. (S, Rpt)
8.00 **Earth** Human: 5 of 5. Documentary series about the history of the planet. Tonight, Chris Packham explores how dramatic twists in Earth's story enabled humans to go from being part of nature to controlling it – and what can be learnt from this epic tale before it becomes too late. (S, Rpt)
9.00 **The Zelensky Story** Last in the documentary series. President Volodymyr Zelensky and First Lady Olena Zelenska discuss the harsh realities of living through war, revealing what happened during the Russian invasion and how Olena and their children left Kyiv. (S, AD)
10.00 **Colin from Accounts** Yass King: 6 of 8. Australian comedy series starring Patrick Brammall and Harriet Dyer. Gordon and Ash head to Yass to spend a weekend at home with the Crapp family. (S, AD)
10.30 **Newsnight; Weather** (S)
11.05 **Couples Therapy** 3 of 18. Documentary series. Psychologist Dr Orna Guralnik has a session with two brothers who reveal their lack of a father growing up and how that may be the root of feelings of repression. (S)
11.30 **Couples Therapy** 4 of 18. A woman uncovers her darker fears about pregnancy. (S)
12.00 M'T **Saving Lives in Cardiff** (S, Rpt, AD)
1.00 AM **Sign Zone** Starting with: **1.00 Who Do You Think You Are?** (S, Rpt, AD) **2.00 Celebrity Race Across the World** (S, Rpt, AD) **3.00 to 4.00** AM **The Misinvestigations of Romesh Ranganathan** (S, Rpt, AD)

BBC2 REGIONAL VARIATIONS
■ **WALES**
Programmes today are as above.

Listings for Welsh-language channel S4C (F'sat 120, Sky 134, Virgin 164) are on opposite page.

PHOTOS: BBC, ITV

ITV1

Freeview 3 (103 HD) Sky 103 Virgin 103 Freesat 103

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** Entertainment news. (S)
10.00 **This Morning** Daily magazine. (S)
12.30 PM **Loose Women** Celebrity interviews and discussion from a female perspective. (S)
1.30 **News; Weather** (S)
1.55 **Local News; Weather** (S)
2.00 **Dickinson's Real Deal** Antiques series. David Dickinson is joined in London by Alison Chapman, Karen Dalmeny, Henry Nicholls and Mark Stevens. (S, Rpt, AD)
3.00 **Lingo** Word game hosted by Adil Ray. Here, teams from Liverpool, Bedfordshire and Buckinghamshire and London try to find words from the fewest letters possible. (S)
4.00 **Tipping Point** Ben Shephard hosts the arcade-themed quiz in which contestants drop tokens down a choice of four chutes in the hope of winning the £10,000 jackpot. (S)
5.00 **The Chase** Quiz series hosted by Bradley Walsh in which four contestants take on one of the trivia experts in the hope of winning a cash prize worth thousands of pounds. (S)
6.00 **Local News; Weather** (S)
6.20 **Party Political Broadcast** By the Liberal Democrats. (S)
6.30 **News; Weather** (S)

7.30 **Emmerdale** Jai is bolstered by Charles, Billy and Dawn are furious, while Caleb has some devastating news. (S, AD)

8.00 **Coronation Street** Swain and Dee-Dee trace the source of the drugs Joel fed to Lauren, Alina learns of Tyrone's devious tactics, Bernie and Billy have differing ideas for Paul's funeral, while Daisy agrees to mind Bertie for Daniel. (S, AD)

9.00 **My Mum, Your Dad** 3 of 10. Dating series presented by Davina McCall. The parents take part in a self-reflection workshop which proves to be more emotional than expected and the kids choose which parents will go on a pottery date. Continues tomorrow. (S, AD)

10.00 **News; Weather** (S)
10.30 **Local News; Weather** (S)
10.45 **Unbelievable Moments Caught on Camera** Last Thursday's edition of the series, featuring footage of a kayaker trapped behind a waterfall in Mexico and a barber who pulled a driver from a burning car in Las Vegas. (S, Rpt, AD)
11.40 **My Mum, Your Dad** As 9.00pm. (S, Rpt, AD)
12.25 AM **Teleshopping**
3.00 **Tonight** The Summer Riots: Burning Britain. Last Thursday's edition of the current affairs series in which Paul Brand investigates the reasons behind the recent riots. (SL, S, Rpt)
3.25 **My Mum, Your Dad** (SL, S, Rpt, AD)
4.15 **Unwind with ITV** (S)
5.30 **to 6.00** AM **Tom Kerridge Cooks Britain** Culinary series. The chef begins a cooking tour of the UK, beginning with a trip to the fens in Cambridgeshire. (SL, S, Rpt, AD)

ITV1 REGIONAL VARIATIONS
■ **WALES**
Programmes today are as above.

Channel 4

Freeview 4/7 (104/110 HD) Sky 104/108 Virgin 104/108 Freesat 104/106

6.25 AM **Cheers** (Series 7, ep 13, S, Rpt) **6.50** (S7, ep 14, S, Rpt) **7.15** (S7, ep 15, S, Rpt)
7.45 **The King of Queens** US comedy. (Series 2, ep 22, S, Rpt, AD) **8.10** (Series 2, ep 23, S, Rpt, AD) **8.35** (Series 2, ep 24, S, Rpt, AD)
9.05 **Frasier** (Series 3, ep 2, S, Rpt, AD) **9.35** (Series 3, ep 3, S, Rpt, AD) **10.05** (Series 3, ep 4, S, Rpt, AD) **10.35** (S3, ep 5, S, Rpt, AD)
11.05 **Come Dine with Me: The Professionals** Culinary competition in Nottingham. (S, Rpt)
12.05 PM **News** (S)
12.10 **Narrow Escapes** Documentary. Renovation work on a narrowboat begins. (S, Rpt, AD)
1.10 **Find It, Fix It, Flog It** Items found in Devon include a Raleigh Shopper bike. (S, Rpt, AD)
2.10 **Countdown** Word game. (S)
3.00 **Chateau DIY** Documentary. Two new chateau owners uncover a nasty surprise behind their wood panelling. (S, Rpt, AD)
4.00 **A Place in the Sun** Property series. A search for a new home in Almeria, Spain. (S)
5.00 **Help! We Bought a Village** Documentary. A country estate faces problems. (S)
6.00 **A Place in the Sun** Property series. A couple seek a home in Valencia, Spain. (S, Rpt)
6.30 **The Simpsons** Gump Roast: Two aliens probe Homer's memory. (S, Rpt, AD)

7.00 **News** (S)

8.00 **999: On the Front Line** Documentary series. Paramedics treat a man who came off his motorbike with no protective gear on and a young boy who is complaining of chest pains. Plus, a man with only one leg has suspected deep vein thrombosis and requires hospital treatment. (S)

9.00 **Trump's Heist: The President Who Wouldn't Lose** The concluding edition of this two-part documentary examines the pressure that Vice President Mike Pence came under to block certification of Joe Biden's presidential victory. (S, AD)

10.05 **Extraordinary Extensions** Property series. 2 of 6. In this edition, Tinie Tempah heads to Peckham, where a Silicon Valley tech entrepreneur is letting a graffiti artist and a massive living jungle-wall take over his Victorian property, while in Essex, a couple extend their 1960s home. (S, Rpt)
11.10 **First Dates** Last Friday's edition. (S, Rpt, AD)
12.10 AM **Ramsay's Hotel Hell** A hotel located in Newtown, Pennsylvania. (SL, S, Rpt, AD)
1.00 **Come Dine with Me** Stamford. (S, Rpt)
1.50 Film Premiere **The World Is Family** Documentary film-maker Anand Patwardhan explores his parent's connections to the Indian independence movement. Subtitled. (105mins, 2023, W/S) Rating ★★★★
3.35 **Grand Designs New Zealand** (SL, S, Rpt)
4.30 **Frasier** (Series 6, ep 8, S, Rpt, AD) **4.55** (S6, ep 9, S, Rpt, AD) **5.20** (S6, ep 11, S, Rpt, AD)
5.45 **to 6.25** AM **Countdown** Word game. (S, Rpt)

S4C 6.00am Cyw 11.00 Dysgu Gyda Cyw 12.00noon Newyddion S4C a'r Tywydd 12.05pm Cymry ar Gynfas 12.30 Heno 1.00 Colleen Ramsey: Bywyd a Bwyd 1.30 Garddio a Mwy 2.00 Newyddion S4C a'r Tywydd 2.05 Prynhawn Da 3.00 Newyddion S4C a'r Tywydd 3.05 Cefn Gwlad 4.00 Awr Fawr: Blociau Lliw 4.05 Awr Fawr: Sam Tan 4.15 Awr Fawr: Dreigiau Cadi 4.25 Awr Fawr: Pablo 4.40 Awr Fawr: Kim a Cet a Twrch 5.00 Stwnsh 6.00 Trefi Gwyllt Iolo 6.30 Rownd a Rownd 6.57 Newyddion S4C 7.00 Heno 7.30 Newyddion S4C 8.00 Pobol y Cwm 8.55 Newyddion S4C 9.00 Radio Fa'ma 10.00 Am Dro! 11.00pm-12.05am Ty am Ddim

Channel 5

Freeview 5 (105 HD) Sky 105 Virgin 105 Freesat 105

6.00 AM **Milkshake!** Children's programmes. (S)
9.15 **Jeremy Vine** The broadcaster and guests discuss the major issues of the day. (S)
11.30 **Storm Huntley** The discussion continues with viewers' calls on the latest issues. (S)
12.45 PM **Friends** Chandler falls for Joey's latest girlfriend. (Series 4, ep 5, S, Rpt, AD) **1.10** Chandler gets on intimate terms with Joey's girlfriend. (Series 4, ep 6, S, Rpt, AD)
1.40 **News** (S)
1.45 **Home and Away** Mali leaves Kirby confused when he doesn't show up to his surfing class, while John attempts to intervene in Irene's downward spiral. (S, Rpt, AD)
2.15 Film Premiere **Stalked by My Stepsister** Drama. A 17-year-old discovers that her seemingly-perfect new stepsister has a sinister dark side. Stars Christa Rose and Eva Igo. (105mins, 2023, 12, S) Rating ★★
4.00 **Bargain-Loving Brits in the Sun** Documentary. An octogenarian hosts a red carpet charity evening, and two bar owners make preparations for a new season. (S, AD)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Animal training series. Graeme Hall takes on a cocker spaniel that loves to steal food. (S, Rpt) **News**

7.00 **Ben Fogle's New Lives in the Country** Documentary series. The presenter spends a year following a family as they risk everything to buy, restore and run a rundown pub in the wilds of Scotland – despite having no experience in hospitality. (S, Rpt) **News**

8.00 **Kent: The Garden of England** 2 of 5. Documentary series celebrating the beauty of the county. Tonight, cameras follow the harvesting of oysters at a farm near Chiddingstone, and a mason works to shape a stone for one of Canterbury Cathedral's flying buttresses. (S)

9.00 **The Wives** 3 of 6. Drama starring Angela Griffin, Jo Joyner and Tamzin Outhwaite. When the brothers return to England to help Charlie access Annabelle's estate, the wives start investigating their sister-in-law's death – but Vinay warns them not to. Continues next week. (S, AD)

10.00 **James Bulger: The Trial** Documentary telling the story of the 1993 trial of Jon Venables and Robert Thompson for the murder of toddler James Bulger, using transcripts from the trial, reconstructions of key moments and first-hand testimony of those who were in court. (S, Rpt)
11.25 **Serial Killer Wives** Documentary. Hearing from the ex-wife of Bobby Joe Long, who was found guilty of eight murders. (S, Rpt)
12.25 AM **Accused: Guilty or Innocent?** True crime documentary. A young mother murders her boyfriend in a bid to defend her child. (S)
1.15 **Interactive Gaming** (S)
3.15 **Prague with Michael Portillo** (S, Rpt)
4.05 **The Wonderful World of Chocolate** (S, Rpt)
4.55 **Wildlife SOS** Documentary. (SL, S, Rpt)
5.20 **House Busters** Noises in a flat. (SL, S, Rpt)
5.45 **Entertainment News on 5** (S)
5.50 **to 6.00** AM **Milkshake!** (SL, S, Rpt)

Key: Subtitles (S); Sign Language (SL); Audio Description (AD); Repeat (Rpt)

FREEVIEW & FREESAT

What's on TV Picks of the day

The Chelsea Detective
U&Drama, 8.00pm
DI Arnold (Adrian Scarborough, left) looks into the disappearance of a social media star linked to a clan of restaurateurs.

Shetland
BBC4, from 10.00pm
Alison O'Donnell, who stars as DS 'Tosh' McIntosh, recalls the long-running series before a screening of the debut episode.

On Demand
Paramount+

Available on Paramount+ from today

Nothin' But a Good Time: The Uncensored Story of 80s Hair Metal A nostalgic look at wild 'heavy metal' rock bands of the 1980s, including Skid Row and Poison. *All three episodes are available today.*

BBC Scotland
BBC SCOTLAND

Scot Only FV 9 HD 106 — **Scotland Only:** Sky **115** Freesat **106** Virgin **108**
Rest of the UK: Sky **187** Freesat **110** Virgin **162**

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Mart** 4 of 6. Rural series. A rookie auctioneer battles nerves.
7.30 **The Big Scottish Book Club** New edition 4 of 6. Damian Barr discusses new books with Naomi Alderman and Nikesh Shukla, and Jack Docherty gives his book picks.
8.00 **Back from the Brink** 2 of 2. Zoologists in the Cairngorms create a home for the critically endangered Scottish wildcat.
8.50 **Beechgrove Repotted** The team serves up more gardening pearls of wisdom.
9.00 **The Nine** Scottish and international news.
10.00 **Two Doors Down** Cathy attempts to turn Colin's dad's wake into a party. (S4, ep2)
10.30 **Debate Night** Topical debate on the big issues affecting Scotland and beyond.
11.30 **to 12.00** M'T **Dinosaur**

ITV2
itv2

FV 6 — Sky **118** Freesat **113** Virgin **115**

6.00 AM **Children's Programmes**
9.00 **Totally Bonkers World Records**
10.00 **Secret Crush** Dating series.
12.00 NOON **Dress to Impress**
1.00 PM **In with a Shout** Families from London and Suffolk compete.
2.00 **Supermarket Sweep** Game show.
3.00 **Charmed** Prue is kidnapped by an evil priestess. (S3, ep13 of 22)
4.00 **Dawson's Creek** The producers of Todd's film tell him to re-shoot the entire ending. (S6, ep11)
5.00 **Dress to Impress** Dating series.
6.00 **Celebrity Catchphrase** With Dianne Buswell, Ria Hebden and Neil Morrissey. Stephen Mulhern hosts.
7.00 **Family Fortunes** Gino D'Acampo hosts as families from London and Birmingham try to guess the most popular responses to surveys posed to 100 people.
8.00 **Bob's Burgers** Linda volunteers to help at the local library. (S8, ep9) **8.30** The kids try to find a secret room filled with homemade ceramics in their school. (S8, ep10)
9.00 **Family Guy** Brian posts an offensive tweet that goes viral and is kicked out the house. (S16, ep6) **9.30** Peter's past as a sperm donor catches up with him. (S15, ep20)
10.00 **Plebs** The boys attempt to infiltrate a firm of chariot hooligans. (S5, ep5) **10.30** The boys are brought in for questioning when a professor they recently visited vanishes. (S5, ep6)
11.00 **Family Guy** Peter goes out of his way to win an Emmy. (S16, ep1)
11.30 **American Dad!** Animated comedy. (S11, ep12) **12.00** M'T (S11, ep6)
12.25 AM **Bob's Burgers** Animated comedy. (S8, ep11) **12.55** (S8, ep12)
1.20 **Hey Tracey!** Joel Dommett hosts.
2.15 **Totally Bonkers World Records**
2.40 **to 3.00** AM **Unwind with ITV**

ITV3
itv3

FV 10 — Sky **119** Freesat **115** Virgin **117**

6.00 AM **Classic Emmerdale** Double-bill.
7.00 **Classic Coronation Street**
8.00 **Lewis** The Point of Vanishing.
10.15 **The Royal** Thicker Than Water.
11.20 **Heartbeat** Fair Game.
12.30 PM **Heartbeat** Red Herring.
1.40 **Classic Emmerdale** Double-bill.
2.40 **Classic Coronation Street**
3.50 **Foyle's War** A War of Nerves: A crackdown on a crime racket leads Foyle to a shipyard owned by the Talbot brothers, a duo with links to a communist agitator.
5.50 **Heartbeat** Arms and the Man: Local children from the village get their hands on wartime ammunition.
6.55 **Heartbeat** Treading Carefully: Nick and Kate receive advice from the locals when their marriage runs into trouble, and Greengrass becomes the main suspect for theft.
8.00 **Doc Martin** The medic moves out of the surgery, PC Penhale helps Janice babysit, and Al is concerned when he finds out there are bailiffs at the restaurant.
9.00 **Broadchurch** 5 of 8. Olly and Karen work on an article about Jack's past – but they discover the piece has been rewritten to make the newsagent look like a sex offender.
10.00 **Broadchurch** 6 of 8. Case files are piling up at the police station but, with no fresh leads, the investigation is stalling and Hardy is told to scale back resources.
11.00 **The Suspect** Joe believes that there is a pattern to be found amongst the coincidences and a breakthrough gives him a new path to investigate, while Ruiz and Devi hit a roadblock.
12.00 M'T **Lewis** The Point of Vanishing: A religious fanatic is found beaten and drowned in his bath.
2.00 **to 2.30** AM **Unwind with ITV**

ITV4
itv4

FV 26 — Sky **120** Freesat **117** Virgin **118**

6.00 AM **Dramatic Finishes**
6.05 **The Protectors** 2,000 Feet To Die.
6.35 **Minder** Hypnotising Rita.
7.45 **Robin of Sherwood** Fantasy drama.
8.50 **Kojak** Caper on a Quiet Street.
9.55 **Kojak** Letters of Death.
10.55 **The Motorbike Show**
12.00 NOON **Cadfael** One Corpse Too Many: The sleuthing 12th-century monk investigates a murder.
1.40 PM **Kojak** Tears for All Who Loved Her: A mobster is killed by his wife.
2.45 **Kojak** The Summer of '69.
3.45 **Minder** The Balance of Power.
4.55 **The Professionals** Cry Wolf.
6.00 **The Motorbike Show** British bikes.
7.00 **Goodwood Revival** Highlights from this year's prestigious event as the glory days of motor racing are re-lived at Goodwood, one of England's greatest sporting estates.
8.00 **The Motorbike Show** Henry Cole takes a road trip through the Malvern Hills, rips up the tarmac on an MV Agusta, and meets a new generation of female bikers.
9.00 Film **Rise of the Planet of the Apes** Sci-fi thriller inspired by the famous film series. A laboratory ape born with super-intelligence grows up determined to release his fellow apes from bondage. Stars James Franco, Andy Serkis and Freida Pinto. *Includes FYI Daily at 10.05pm.* (2011, 12) ★★★★ **See Filmweek, page 29**
11.10 **All Elite Wrestling: Collision** Hard-hitting action from AEW's newest show, featuring stars including FTR, The House of Black and more.
1.05 AM **The Professionals** Discovered in a Graveyard: Doyle is shot by an intruder in his flat and experiences dreams involving a graveyard.
1.55 **to 3.00** AM **Minder**

BBC3
BBC THREE

FV 23 (HD 107 in Eng/NI) — **Eng / N Ire:** Sky **115** Freesat **107** Virgin **107**
Scot / Wales: Sky **121/117** F'sat **107** Virgin **113**

BBC3 starts broadcasting at 7.00pm

7.00 **Blue Planet II** 7 of 7. The impact of humans on aquatic wildlife.
8.00 **Top Gear** Bentley Continental GT.
9.00 **Conversations with Friends** Nick and Frances discuss the kiss and their attraction deepens. (S1, ep3) **9.30** Frances and Bobbi join Nick and Melissa in Croatia. (S1, ep4)
10.00 **Fresh Cops** Documentary series.
12.00 M'T **Starstruck** Double-bill.
12.45 AM **Zen Motoring** Motoring series.
1.00 **Top Gear** Bentley Continental GT.
2.00 **Fresh Cops** Documentary series.
2.30 **RuPaul's Drag Race UK: Meet the Queens** Reality challenge series.
2.50 **to 3.50** AM **Conversations with Friends**

BBC4
BBC FOUR

FV 9 HD 106 Scot 24/108 — Sky **116** F'sat **108** Virgin **108** (Scot/Wales **107**)

BBC4 starts broadcasting at 7.00pm

7.00 **Around the World in 80 Gardens**
8.00 **Wild Weather with Richard Hammond** The role played by water in the creation of weather.
9.00 **Bent Coppers: Crossing the Line of Duty** Last in the series. A look at corruption within London's CID.
10.00 Pick New **Alison O'Donnell Remembers: Shetland** The actor looks back at the crime drama.
10.20 Pick **Shetland** Perez and the team investigate a murder. (S5, ep1)
11.20 **Scotland's Sacred Islands**
12.20 AM **Around the World in 80 Gardens**
1.20 **Wild Weather** See 8.00pm.
2.15 **to 3.15** AM **Bent Coppers: Crossing the Line of Duty**

ITVBe
itvBe

FV 28 — Sky **131** (Scot **132**) Freesat **119** Virgin **119**

7.20 AM **Be Beautiful** Make-up tips.
7.35 **Billie and Greg: The Family Diaries**
8.35 **Masters of Flip** Property series.
9.35 **Buying and Selling** Property series.
10.35 **Billie and Greg: The Family Diaries**
11.35 **Real Housewives of New York City**
12.30 PM **The Real Housewives of Atlanta**
1.20 **The Only Way Is Essex**
2.05 **Dinner Date** Dating series.
3.10 **Great Chocolate Showdown**
4.05 **Real Housewives of New York City**
5.00 **The Real Housewives of Potomac** New edition Last in the series. Gordon shares heart-breaking news.
6.00 **Masters of Flip** Property series.
7.00 **Great Chocolate Showdown** The top bakers pair up for challenges.
8.00 **Dinner Date** Reality series.
9.00 New **Ferne McCann: My Family and Me** Reality series. Ferne's life is still non-stop for her and her family.
10.00 **Botched** A cancer patient visits with fears that her original surgeon didn't remove all her breast tissue.
11.00 **Botched** Dr Paul Nassif helps a woman with blowfish lips.
11.55 **to 1.00** AM **The Only Way Is Essex**

PHOTO: GETTY

E4

FV 13 Sky 135/136 F'sat 122 Virgin 106

6.00 AM **Hollyoaks** Double-bill.
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Married at First Sight UK**
9.05 **The Goldbergs** Double-bill.
10.00 **Young Sheldon** Double-bill.
11.00 **Modern Family** Double-bill.
12.00 NOON **The Big Bang Theory** US comedy series.
2.00 PM **The Goldbergs**
3.00 **Modern Family** Double-bill.
4.00 **Married at First Sight UK**
5.05 **The Big Bang Theory**
6.30 **The Big Bang Theory** Raj makes a pass at Bernadette. (S4, ep9)

7.00 **Hollyoaks** New episode A new mum wants to focus on her career.

7.30 **Modern Family** US comedy series. (S7, ep9)

8.00 **Below Deck: Mediterranean** New edition Bad weather threatens to trap the final charter of the season.

9.00 **Married at First Sight UK** New edition The first couples embark on romantic honeymoons to get to know each other.

10.15 **Celebs Go Dating** New edition Chris attempts to convince Jada to give him a chance and attend the pool party.

11.15 **Gogglebox** Opinions on *Surviving Paradise*.
12.20 AM **Open House: The Great Sex Experiment**
1.20 **Married at First Sight UK**
2.30 **Celebs Go Dating**
3.25 **Below Deck** Reality series.
4.20 **The Big Bang Theory**
4.45 **to 6.00** AM **Black-ish**

Film4

FV 14 Sky 313 Freesat 300 Virgin 428

11.00 AM Film **Rio Grande** Western starring John Wayne. (1950, U) ★★★★
1.10 PM Film **Arizona Raiders** Western starring Audie Murphy. (1965, PG) ★★★
2.55 Film **A Lawless Street** Western. Three outlaws cause trouble for a veteran marshal. Stars Randolph Scott. (1955, U) ★★★
4.30 Film **Sands of Iwo Jima** Adventure. A sergeant moulds his recruits into marines. Stars John Wayne. (1949, PG) ★★★★

6.40 Film **Sahara** Adventure. An explorer searches for a treasure-laden American Civil War battleship believed to be in the Sahara. Stars Matthew McConaughey, Penélope Cruz and Steve Zahn. (2005, 12) ★★★

9.00 Film **Kingsman: The Golden Circle** Spy adventure sequel. Secret agents Eggsy and Merlin join forces with their US counterparts to bring down a psychotic femme fatale. Stars Taron Egerton and Colin Firth. (2017, 15) ★★★

11.50 Film **Peppermint** Revenge thriller starring Jennifer Garner and Jeff Hephner. (2018, 15) ★★
1.50 **to 4.00** AM Film **Monster** Drama. Stars Charlize Theron and Christina Ricci. (2003, 18) ★★★★ See Filmweek, page 31

More4

FV 18 Sky 136/137 F'sat 124 Virgin 147

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Find It, Fix It, Flog It**
12.30 PM **Come Dine with Me**
3.10 **Four in a Bed** The first visit of the week is in Blackpool. **3.40** A visit to Church Spa in East Markham. **4.15** From the King's Head Inn in Rye, East Sussex. **4.50** TV presenter Matt Arnold hosts in Suffolk. **5.20** The hosts meet to announce the winner.
5.50 **Chateau DIY** Erin and JB try to combat a leaky roof.

6.55 **Car S.O.S.** Tim and Fuzz rescue the rusting wreck of a rare Talbot Sunbeam Lotus belonging to a former firefighter in Forfar.

7.55 **Grand Designs Revisited** Last in the series. Kevin revisits a couple who built a family home in rural East Sussex.

9.00 **Guy Martin's Lost WW2 Bomber** Efforts to retrieve a Lancaster bomber – and the remains of its missing crew.

10.35 **24 Hours in A&E** A girl is rushed into resus after slumping over her desk at school and a boy is treated for a broken leg.

11.40 **Emergency Helicopter Medics** A tennis player is put into an induced coma after having a heart attack.
12.40 AM **Guy Martin's Lost WW2 Bomber** As 9.00pm.
2.10 **24 Hours in A&E**
3.15 **to 3.45** AM **A Place in the Sun**

U&Drama

FV 20 Sky 143 Freesat 158 Virgin 116

7.10 AM **London's Burning**
8.00 **Doctors** Double-bill.
9.15 **Holby City** Medical drama.
10.35 **Casualty** Hospital drama.
11.40 **The Bill** Police drama.
12.40 PM **Classic EastEnders**
2.00 **London's Burning**
3.00 **Soldier, Soldier** Drama.
4.10 **Howards' Way** Drama.
5.20 **One Foot in the Grave**
6.00 **'Allo 'Allo!** Herr Flick learns that the Communists have kidnapped his sausage.
6.40 **Last of the Summer Wine** A rumour abounds that aliens have landed.

7.20 **Last of the Summer Wine** Howard finds it difficult to hide his new bike from Pearl, and Clegg only make things worse.

8.00 Pick **The Chelsea Detective** New episode 3 of 8. DI Arnold looks into the case of a media star who has gone missing.

9.00 **Shakespeare & Hathaway: Private Investigators** A role-playing battle in the woods goes very wrong.

10.00 **New Tricks** Final Curtain: The publication of a letter in a late actor's biography reopens an old case for the team.

11.20 **Waking the Dead** 1 of 2. The team links a benefit fraudster to murder.
12.40 AM **Waking the Dead** 2 of 2. The team is forced to release Hunt from custody.
2.00 **Holby City** Medical drama.
3.10 **to 4.00** AM **Birds of a Feather**

U&Dave

FV 19 Sky 111/112 Freesat 157 Virgin 127

7.10 AM **Whose Line Is It Anyway? USA** Double-bill.
8.00 **Special Ops: Crime Squad UK** Double-bill.
10.00 **Robson's Extreme Fishing Challenge** Double-bill.
12.00 NOON **Storage Hunters UK**
2.00 PM **Extreme Fishing with Robson Green** The actor visits the Philippines.
3.00 **Top Gear** Double-bill.
5.00 **Rick Stein's French Odyssey** A gastronomic tour of southern France. **5.30** Exploring the banks of the River Garonne.

7.00 **QI** With Ed Gamble and Maggie Aderin-Pocock.

7.40 **Richard Osman's House of Games** With Sarah Kendall, Jay McGuiness, Linda Robson and Bobby Seagull. **8.20** Johnny Ball, Suzi Ruffell, Nina Wadia and Danny Wallace compete.

9.00 **QI XL** Stephen Fry hosts an extended version of the quiz, with guests Robert Webb, Phill Jupitus, Ronni Ancona and Alan Davies.

10.00 **David Mitchell's Outsiders** The comedian oversees demonstrations of skills in plumbing and painting.

11.00 **Taskmaster** Russell Howard invents sticky tape architecture and Alex Horne receives a gift.
12.00 M'T **Dave Gorman: Modern Life Is Goodish** Dave takes a hammer to a printer.
1.00 AM **Room 101** Panel show.
3.35 **to 4.00** AM **Travel Man**

Talking Pictures TV

FV 82 Sky 328 Freesat 306 Virgin 445

6.00 AM **Burke's Law** (S2, ep18)
7.10 **Hammer the Toff** (1952)
8.40 **Those People Next Door** Comedy. (1952, U) ★★
10.15 **Look at Life**
10.30 **The Buccaneers** (S1, ep36)
11.05 **The Scarlet Web** (1954) ★★
12.20 PM **Avalanche** (1969) ★★
1.55 **The Brothers** (S2, ep2)
3.05 **The Proud Ones** (1956)
4.50 **The Life and Legend of Wyatt Earp** (S1, ep9)
5.20 **Bonanza** (S2, ep15)
6.25 **The Texan** (S1, ep8)
7.00 **Dixon of Dock Green**
8.05 **The Human Jungle**
9.05 **Maigret** A stripper reports a murder. (S1, ep4 of 4)
10.55 **House on Haunted Hill** Horror starring Vincent Price. (1958, 12) ★★★★
12.30 AM **Maigret** (S2, ep8)
1.35 **The Black Hole** (1979)
3.30 **Richard's Things** (1981) ★
5.30 **to 6.00** AM **Star Performance: Marked Down**

5Action

FV 33 Sky 150 Freesat 132 Virgin 130

9.00 AM **Car Pound Cops**
9.30 **Extreme Tow Truckers**
10.35 **Traffic Cops** Vehicle crime.
11.30 **Police Interceptors**
12.35 PM Film **Young Guns of Texas** (1962, U) ★★
2.15 Film **Gunfight at Comanche Creek** Western. (1963, U) ★★
4.00 **Extreme Tow Truckers**
5.00 **Traffic Cops** Vehicle crime.
6.00 **Police Interceptors** The unit chases a drug dealer.
7.00 **Police Interceptors** A pursuit from London arrives in the Essex area.
8.00 **Police Interceptors** The officers chase a lorry driver across counties.
9.00 **Motorway Cops: Catching Britain's Speeders**
10.00 **Police: Hour of Duty**
11.05 Film **True Grit** Western. (2010, 15) ★★★★
1.20 AM **Yellowstone** Drama. (S3, ep3) **2.15** (S3, ep4)
3.10 **to 4.00** AM **Trucking Hell**

5STAR

FV 32 Sky 128/129 F'sat 131 Virgin 126

8.00 AM **Rich Kids Go Skint**
9.00 **Shoplifters: Caught Red Handed** Documentary.
10.00 **Car Pound Cops**
11.00 **Traffic Cops** Vehicle crime.
2.00 PM **Police Interceptors**
5.00 **Nightmare Tenants, Slum Landlords** Documentary.
6.00 **Home and Away**
6.30 **Home and Away** New episode Justin, Leah and Marilyn deal with the failure of their plans.
7.00 **GPs: Behind Closed Doors**
8.00 **Casualty 24/7: Every Second Counts**
9.00 **I Escaped a Murderer**
10.00 **A&E After Dark**
11.00 **Cam Girl Millionaires**
12.00 M'T **Killer at the Crime Scene** A body in Surrey.
1.00 AM **Cold Case Killers**
2.00 **Casualty 24/7: Every Second Counts**
2.50 **GPs: Behind Closed Doors**
3.35 **to 4.00** AM **Home and Away**

5USA

FV 21 Sky 141/169 F'sat 129 Vir 120/162

9.00 AM **NCIS** (S10, ep17-19)
12.00 NOON **Law & Order** Drama series. (S2, ep19) **1.00** PM (S2, ep20) **2.00** (S2, ep21) **3.00** (S3, ep14) **4.00** (S3, ep15) **5.00** (S3, ep16)
6.00 **NCIS** A covert listening device is found in a pen belonging to the Secretary of the Navy. (S11, ep9)
7.00 **NCIS** The team looks at a marine's death. (S11, ep10)
8.00 **NCIS** A mysterious illness strikes children of military families. (S11, ep11)
9.00 **Criminal Minds** New to Freeview The profilers welcome a new addition. (S10, ep1)
10.00 **Law & Order: Special Victims Unit** Drama series. (S18, ep4) **11.00** (S18, ep5) **12.00** M'T (S16, ep14) **12.55** AM (S16, ep15)
1.55 **Criminal Minds** Double-bill.
3.35 **to 4.00** AM **Criminals: Caught on Camera**

Sky Mix

FV 11 Sky 151 Freesat 144 Virgin 135

7.00 AM **Nothing to Declare**
9.00 **Monkey Life** Double-bill.
10.00 **Road Wars** Vehicle crime.
11.00 **Highway Patrol**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Monkey Life** Double-bill.
3.00 **Nothing to Declare**
4.00 **Star Trek: TNG** (S3, ep1)
5.00 **Star Trek: Enterprise**
6.00 **Star Trek: DS9** (S3, ep21)
7.00 **Star Trek: Voyager**
8.00 **Hawaii Five-0** (S3, ep11)
9.00 **The Rookie** New to Freeview (S4, ep10)
10.00 **The Rookie** New to Freeview (S4, ep11)
11.00 **Killer in My Village**
12.00 M'T **Caught on Dashcam**
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: War on Crime**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

more freeview

WEDNESDAY

7 PM | 8 PM | 9 PM | 10 PM

PRIME-TIME

Key to episode numbers: ***(S1, ep1 of 10)*** *= Series 1, episode 1, and there are a total of 10 episodes in the series*

PRIME-TIME

U&W

FV 25 Sky 132/133 F'sat 156 Virgin 125

6.10 AM **Inside the Ambulance**
7.00 **Property Brothers**
8.00 **Tipping Point** Quiz series.
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point** Quiz.
4.00 **My Dream Home**
6.00 **Tipping Point: Lucky Stars** With Tito Jackson, Faye Brookes and Laura Tobin.
7.00 **MasterChef Australia** New edition Competition.
8.00 **The Big Brunch** New edition A Trendsetting Starter challenge.
9.00 **Love Me** New episode The Mathiesons prepare to sell their home. (S2, ep 6 of 6)
10.00 **Emma Willis: Delivering Babies** Documentary.
11.00 **Aaron Hernandez Uncovered** New edition
12.00 M'T **Killer Women**
1.00 **One Born Every Minute**
2.00 **Inside the Ambulance**
2.25 **to 3.00** AM **At My Table**

GREAT! tv

FV 50 Sky 157 Virgin 170

8.00 AM **Hart to Hart** (S4, ep16)
9.00 **Father Dowling Mysteries**
10.00 **Diagnosis Murder**
11.00 **Castle** (S6, ep9)
12.00 NOON **Hart to Hart**
2.00 **Father Dowling Mysteries**
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote** 1 of 2. Jessica visits a castle.
6.00 **Murder, She Wrote** 2 of 2. Jessica manages to escape from the dungeon.
7.00 **M*A*S*H** (S1, ep5-8)
9.00 **The New Avengers** The trio chase the White Rat.
10.00 **Randall and Hopkirk (Deceased)** A phoney medium is rumbled.
11.00 **Return of the Saint**
12.00 M'T **M*A*S*H** US comedy.
2.00 AM **Randall and Hopkirk (Deceased)** Drama.
3.00 **Return of the Saint**
4.00 **to 5.00** AM **Highway to Heaven**

Quest

FV 12 Sky 144 Freesat 167 Virgin 137

6.00 AM **Chasing Classic Cars**
8.00 **American Pickers**
10.00 **The Repair Shop**
12.00 NOON **How Do They Do It?**
2.00 PM **Shed and Buried**
3.00 **Find It, Fix It, Flog It**
5.00 **Wheeler Dealers**
6.00 **Wheeler Dealers** A rare Land Rover Series 1.
7.00 **Salvage Hunters: Classic Cars** A Triumph TR4.
8.00 **Salvage Hunters: The Restorers** A vintage ventriloquist doll and a dusty chandelier.
9.00 **The Antiques Brothers** New edition A search for French treasures.
10.00 **The Travelling Auctioneers** A home filled with family heirlooms.
11.00 **The Repair Shop**
1.00 AM **Wheeler Dealers**
3.00 **How Do They Do It?**
4.00 **to 5.00** AM **How It's Made**

True Crime

FV 67 Sky 146 Freesat 135 Virgin 148

9.00 AM **Judge Judy** Back-to-back small-claims cases.
12.00 NOON **Close Calls: On Camera** Double-bill.
1.00 PM **Judge Judy** Back-to-back editions.
7.00 **Close Calls: On Camera** Double-bill of the series of everyday events that are transformed into disasters.
8.00 **Murder by the Sea** The Brighton Trunk Murders.
9.00 **Snapped: Killer Couples** An Airforce veteran falls victim to a case of revenge.
10.00 **Bloodline Detectives** New edition The murder of a great-grandmother.
11.00 **Fatal Frontier: Evil In Alaska** A woman's death.
12.00 M'T **Murder Book**
1.00 **Snapped: Killer Couples**
2.00 **Bloodline Detectives**
3.00 **Facing Evil** Documentary.
4.00 **to 6.00** AM **Judge Judy**

Pick of the day

Chris Ramsey: Live from London

Sky Showcase/Comedy, 9pm

A stand-up performance at the Royal Court Theatre in London.

PRIME-TIME

U&Yesterday

FV 27 Sky 155 Freesat 159 Virgin 129

6.10 AM **Underground Worlds**
8.00 **Abandoned Engineering**
10.00 **War Factories**
11.00 **The World at War**
12.00 NOON **Canal Boat Diaries**
1.00 PM **Antiques Roadshow**
2.00 **Bangers & Cash**
4.00 **War Factories**
5.00 **The World at War**
6.00 **Antiques Roadshow**
7.00 **Canal Boat Diaries** Braunston to Lapworth.
8.00 **Canal Boat Diaries** A trip to Anglesey Basin.
9.00 **The Warship: Tour of Duty** *HMS Queen Elizabeth*'s first operational mission.
10.20 **Bangers & Cash** A 1947 Lea Francis is examined.
11.20 **Abandoned Engineering**
12.20 AM **Great American Railroad Journeys**
1.20 **Restoration Workshop**
2.15 **to 3.00** AM **Great Railway Journeys**

GREAT! movies

FV 34 Sky 321 Virgin 425

9.00 AM Film **Dating to Kill** Thriller. (2019, 12) ★★
11.00 Film **Hidden in Plain Sight** (2019, 12) ★
12.55 PM Film **Retribution** Drama. (2012, PG) ★★★★
3.00 Film **Together Forever Tea** (2021, PG) ★★
5.00 Film **Baked with a Kiss** Comedy. (2022, PG) ★★
7.10 Film **Aurora Teagarden: Real Murders** Mystery. Stars Candace Cameron Bure. (2015, PG) ★★
9.00 Film **Battle: Los Angeles** Sci-fi starring Aaron Eckhart. (2011, 12) ★★★
See Filmweek, page 31
11.30 Film **Renegades** Action adventure. (2017, 15) ★★
1.55 AM Film **Secrets of My Stepdaughter** Thriller. (2017, 12) ★★★
4.00 **to 6.00** AM Film **Deadly Exchange** (2017, 12) ★★★

Quest Red

FV 40 Sky 149 Freesat 169 Virgin 168

6.00 AM **Say Yes to the Dress**
10.00 **Curvy Brides Boutique**
11.00 **Reasonable Doubt**
12.00 NOON **Forensic Detectives**
1.00 PM **FBI Files**
2.00 **Murder on CCTV**
3.00 **Judge Rinder's Crime Stories** Real-life cases.
4.00 **American Monster**
6.00 **Murder in the Heartland**
7.00 **10 Steps to Murder**
8.00 **Murder on CCTV** The case of a kidnapping.
9.00 **Murder on CCTV** Diane Cunningham's murder.
10.00 **American Monster** A relationship turns violent.
11.00 New **Hostage 911** Documentary. Negotiators plead with a man who takes his wife hostage.
12.00 M'T **Nightmare Next Door**
1.00 AM **Betrayed** Documentary.
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

Legend

FV 41 Sky 148 Freesat 137 Virgin 149

8.00 AM **Walker, Texas Ranger**
9.00 **The A-Team** (S2, ep5)
10.00 **MacGyver** (S1, ep21)
11.00 Film **Danger Within** War drama. (1959) ★★★
1.00 PM Film **Charro!** Western. (1969, U) ★★
3.00 Film **The Appaloosa** Western. (1966, PG) ★★★
5.00 **Star Trek** Sci-fi. (S3, ep19)
6.00 **MacGyver** (S1, ep22)
7.00 **The A-Team** (S2, ep6)
8.00 **Walker, Texas Ranger**
9.00 Film **Hot Seat** Action adventure starring Mel Gibson. (2022, 15) ★★
11.00 Film **The Football Factory** Drama starring Danny Dyer and Frank Harper. (2004, 18) ★★★
12.50 AM Film **Killerman** Action starring Liam Hemsworth. (2018) ★★★
3.00 **to 4.55** AM Film **Saturn 3** (1980, 15) ★★★

PBS America

FV 84 Sky 174 Freesat 155 Virgin 187

Available 1pm to 12m't on Freeview

8.00 AM **Beautiful Serengeti**
8.30 **Italy's Invisible Cities**
9.50 **Thirties in Colour**
10.50 **Hitler's Propaganda Machine** See 8.50pm.
12.00 NOON **D-Day: Victory**
1.00 PM **Women Under Hitler's Flag** 2 of 2. Female Nazis.
2.05 **Italy's Invisible Cities**
3.20 **Thirties in Colour**
4.20 **Hitler's Propaganda Machine** See 8.50pm.
5.25 **D-Day: Victory**
6.30 **Italy's Invisible Cities**
7.50 **Thirties in Colour**
8.50 **Hitler's Propaganda Machine** How Hitler's ambitions led to war.
10.00 **D-Day: Victory**
11.00 **Thirties in Colour**
12.00 M'T **Hitler's Propaganda Machine** As 8.50pm.
1.15 **to 2.00** AM **Beautiful Serengeti**

PRIME-TIME

Really

FV 17 Sky 142 Freesat 160 Virgin 128

6.00 AM **Fantasy Homes**
7.00 **Home Shopping**
8.00 **Salvage Hunters**
10.00 **A Place in the Sun**
12.00 NOON **Money for Nothing**
2.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **Yorkshire Auction House** Double-bill of the series.
7.00 **Antiques Road Trip** Items found in West Yorkshire.
8.00 **Antiques Road Trip** An auction in Rayleigh.
9.00 **Body Bizarre** A teacher who cries crystals.
10.00 **Body Bizarre** A four-year-old who weighs 66kg.
11.00 **Help! My House Is Haunted** Double-bill.
1.00 AM **Unexplained: Caught on Camera** An entity wreaks havoc on a shop.
2.00 **Home Shopping**
4.00 **to 6.00** AM **Salvage Hunters**

GREAT! christmas

FV 52 Sky 319 Virgin 424

8.00 AM Film **Christmas in the Highlands** (2019) ★★
10.00 Film **Runaway Christmas Bride** (2017)
12.00 NOON Film **A Christmas Wedding Date** (2012) ★★
2.00 PM Film **A Christmas Exchange** (2020, PG) ★★
4.00 Film **A Joyous Christmas** Romance. (2017, U) ★★
6.00 Film **A Gift to Remember** Romance starring Ali Liebert. (2017, U) ★★★
8.00 Film **Christmas with a Prince: Becoming Royal** Romantic drama starring Kaitlyn Leeb. (2019) ★★
10.00 Film **Christmas Angel** Drama starring Della Reese. (2012, PG) ★★
12.00 M'T Film **A Blue Ridge Mountain Christmas**
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM Film **Love for Christmas** (2012) ★★

GREAT! action

FV 42 Sky 323 Virgin 426

8.00 AM **Police Ten 7**
9.00 Film **The Walking Hills** (1949, PG, b&w) ★
10.50 **War Machines**
12.00 **Wanted: Dead or Alive**
1.00 PM Film **Domino Kid** (1957, U, b&w) ★★
2.45 Film **Shadow on the Mesa** (2013, PG) ★★
4.50 **Wanted: Dead or Alive**
6.00 **Wild West Chronicles**
7.10 Film **San Andreas Mega Quake** Thriller. Stars Glen Baggerly. (2019, 12) ★★
9.00 Film **S.W.A.T: Under Siege** Action starring Sam Jaeger. (2017, 15) ★★
10.55 Film **Beyond the Law** Thriller starring DMX and Steven Seagal. (2019) ★
12.50 AM Film **Out of Reach** Action. (2004, 15) ★
2.55 **Cops Uncut** Double-bill.
3.55 **to 5.00** AM **The Blitz on London**

Challenge

FV 48 Sky 145 Freesat 146 Virgin 139

7.00 AM **The Chase** Quiz series.
10.00 **Weakest Link** Quiz show.
11.00 **Pointless Celebrities**
12.00 NOON **Cash Trapped** Quiz.
1.00 PM **Family Fortunes**
3.00 **Catchphrase** Game show.
4.00 **Blockbusters** Game show.
5.00 **Bullseye** Four editions of the darts-based quiz.
7.00 **Cash Trapped** Quiz series.
8.00 **The Chase** Double-bill.
10.00 **Celebrity Who Wants to Be a Millionaire?** Russell Grant, Sheila Ferguson, Piers Morgan and Ann Widdecombe try to win money for charity.
11.00 **Bullseye** Double-bill.
12.00 M'T **Who Wants to Be a Millionaire?** Quiz series.
1.00 AM **Cash Trapped** Quiz.
2.00 **The Chase** Quiz series.
4.00 **Classic Who Wants to Be a Millionaire?** Quiz series.
5.00 **to 6.00** AM **Bullseye**

Sky Arts

FV 36 Sky 130/131 F'Sat 147 Virgin 123

6.00 AM **La Bayadere**
8.20 **The Joy of Painting**
8.55 **Tales of the Unexpected**
10.00 **Alfred Hitchcock Presents**
11.00 **Discovering** Yul Brynner.
12.00 NOON **Portrait Artist 2014**
1.00 **Tales of the Unexpected**
2.00 **Thomas Hardy**
3.00 **Story of the Deer Hunter**
4.00 **Watercolour Challenge**
5.00 **Landscape Artist 2015**
6.00 **Tales of the Unexpected**
7.00 **National Gallery**
8.00 **Landscape Artist 2022**
9.00 **Voices of Ireland**
10.15 **Jack B Yeats**
11.30 **Guy Garvey: From the Vaults** With U2 and OMD
12.30 AM **The Great Songwriters**
1.30 **Music Icons**
2.00 New **The Art of Film with Ian Nathan**
3.00 **The Art of the Garden**
4.00 **Landmark**
5.00 **to 6.00** AM **Auction**

VIRGIN & EE

18 September WEDNESDAY

Sky Showcase
Sky 106 Virgin 109

6.00 AM **Sky News Breakfast**
7.00 **Breakfast with Anna Jones** News reports.
8.00 **Border Patrol** Double-bill.
9.00 **Stargate SG-1** Double-bill.
11.00 **Secret Life of the Kangaroo** Documentary.
12.00 NOON **Supergirl** (S2, ep17)
1.00 PM **NCIS: New Orleans** (S7, ep7) **2.00** (S7, ep8)
3.00 **Hawaii Five-0** (S9, ep8)
4.00 **S.W.A.T.** (S7, ep11)
5.00 **The Simpsons** Double-bill.
6.00 **The Office (US)** Jim fends off an intruder. (S8, ep16) **6.30** Dwight plans a presentation. (S8, ep17)

7.00 The Simpsons Milhouse decides to live each day to the fullest. **7.30** Lisa uncovers a hidden classroom.

8.00 Rob & Romesh vs Strongman Comedians Rob and Romesh enter the world of strongman competitions.

9.00 Pick New **Chris Ramsey: Live from London** From the Royal Court Theatre in London's West End. See feature, page 12.

10.00 The Walking Dead: Dead City Maggie and Negan carry out an attack but not everything unfolds according to plan. (S1, ep4)

11.00 **An Idiot Abroad 2**
12.00 M'T **Mission to Burnley** The club sign new players in a transfer window.
1.00 AM **The Force: North East**
2.00 **Road Wars** Vehicle crime.
3.00 **Hawaii Five-0** (S9, ep8)
4.00 **S.W.A.T.** (S7, ep11)
5.00 **to 6.00** AM **Motorway Patrol**

Sky Witness
Sky 107 Virgin 110

6.00 AM **Bondi Rescue**
7.00 **The Real A&E**
8.00 **Border Patrol**
9.00 **Highway Patrol**
10.00 **The Force: Manchester**
11.00 **Bull** Drama. (S6, ep11)
12.00 NOON **The Rookie** Nolan is taken hostage. (S3, ep5)
1.00 PM **Chicago Fire** Violet clashes with her new partner. (S12, ep7)
2.00 **The Equalizer** Aunt Vi serves on a jury and believes the defendant is innocent. (S2, ep16)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

7.00 Nothing to Declare Double-bill of the series following the working lives of customs officers inside Australia's major airports.

8.00 The Equalizer McCall's determination to take down Mason Quinn ventures into obsessive and dangerous territory. (S2, ep18 of 18)

9.00 Blue Bloods New episode Frank tries to get over his friend's death by trying to help his jailed daughter. (S14, ep3 of 18)

10.00 9-1-1 The team races to save a woman who has fallen over her balcony, while Eddie begins his therapy. (S5, ep14 of 18)

11.00 **Chicago Fire** Brett waits for some life-changing news. (S11, ep22 of 22)
12.00 M'T **Chicago PD** (S9, ep8)
1.00 AM **The Rookie: Feds** Drama series. (S1, ep3)
2.00 **FBI: Most Wanted**
3.00 **Departure** (S3, ep3)
4.00 **Sun, Sea and A&E**
5.00 **to 6.00** AM **Bondi Rescue**

Sky Atlantic
Sky 108 (Wales 109)

6.00 AM **Urban Secrets**
8.00 **Boardwalk Empire** (S3, ep6) **9.05** (S3, ep7)
10.15 **Big Love** Double-bill. (S1, ep9) **11.15** (S1, ep10)
12.20 PM **Game of Thrones** Fantasy drama. (S6, ep9)
1.25 **The Sopranos** Double-bill. (S6, ep5) **2.30** (S6, ep6)
3.30 **Boardwalk Empire** Gillian begins a feud with Lucky Luciano. (S3, ep6)
4.35 **Boardwalk Empire** Eli tries to get back into Nucky's good books. (S3, ep7)
5.45 **Big Love** Barb decides to amend her will. (S1, ep11)

6.50 Big Love Barb prepares for the Beehive Mother of the Year Ceremony, unaware someone is out to ruin the event. (S1, ep12)

7.50 Game of Thrones Daenerys comes home and Arya reminds the Freys that the North remembers. (S7, ep1)

9.00 Big Little Lies Gordon lands in trouble, leaving Renata facing an uncertain future, and Ed confronts Madeline. (S2, ep2)

10.05 The Wire Russell is assigned the case of the 13 dead women discovered in the cargo container. (S2, ep2)

11.15 **My Brilliant Friend** Italian drama series. Subtitled. (S2, ep1)
12.30 AM **My Brilliant Friend** Elena's relationship with Antonio is threatened. Subtitled. (S2, ep2)
1.35 **Game of Thrones** (S7, ep1)
2.45 **Scenes from a Marriage**
3.50 **to 6.00** AM **Urban Secrets**

Sky Comedy
Sky 114 (Wales 115) Virgin 112

8.00 AM **Will & Grace**
9.00 **The Conners** Double-bill.
10.00 **Bloods** (S1, ep5)
10.40 **Bored to Death**
11.40 **Veep** Double-bill.
1.00 PM **High Maintenance**
2.10 **Bored to Death**
3.20 **Veep** Double-bill.
4.30 **Bloods** (S1, ep6)
5.00 **Will & Grace** Will's eccentric new neighbour replaces Grace. (S1, ep18) **5.30** Will reluctantly takes Jack along to his swanky gym. (S1, ep19)
6.00 **The Office (US)** Double-bill. (S8, ep16) **6.30** (S8, ep17)

7.00 The Conners Jackie and Louise help Becky meet a new guy. (S5, ep20) **7.30** Darlene tries to play matchmaker. (S5, ep21)

8.00 Will & Grace Grace focuses on her relationship with Leo. (S5, ep3) **8.30** Joe and Larry throw a birthday party. (S5, ep4)

9.00 Pick New **Chris Ramsey: Live from London** From the Royal Court Theatre in London's West End. See feature, page 12.

10.00 The Tonight Show Starring Jimmy Fallon American chat show, with guests from the world of showbusiness.

11.00 **Romantic Getaway** (S1, ep5) **11.30** (S1, ep6)
12.00 M'T **Marc Maron: From Bleak to Dark**
1.15 AM **Entourage** Double-bill. (S3, ep3) **1.55** (S3, ep4)
2.35 **Silicon Valley** Double-bill. (S4, ep5) **3.15** (S4, ep6)
3.55 **to 5.00** AM **Bored to Death**

Gold
Sky 110 (Wales 111) Virgin 124

7.10 AM **The Green Green Grass**
8.20 **Last of the Summer Wine**
9.40 **Hi-de-Hi!** Comedy series.
10.20 **Open All Hours** Comedy.
11.00 **Last of the Summer Wine**
1.40 PM **The Green Green Grass**
2.20 **Open All Hours** Comedy.
3.00 **Dad's Army** Comedy.
3.40 **Hi-de-Hi!** Jeffrey tries to fix his marital difficulties.
4.20 **Last of the Summer Wine** Double-bill of the sitcom.
5.40 **Open All Hours** Granville's bike develops a squeak.
6.20 **The Green Green Grass** Marlene allows Boycie to buy cows for the farm.

7.00 Dad's Army The older members of the platoon attempt to look younger. **7.40** Mainwaring has a dream that he is Napoleon at the Battle of Waterloo.

8.20 The Thin Blue Line Fowler thinks marrying Patricia might improve his chances of promotion.

9.00 Gavin & Stacey Nessa goes into labour, so the couple try to find Smithy before the baby's birth.

9.40 Not Going Out Lee poses as Lucy's husband at a trade conference.

10.20 Detectorists Andy considers setting Lance up with an internet date.

11.00 **Inside No 9: The Devil of Christmas**
11.40 **Toast of London**
12.15 AM **Gavin & Stacey**
12.55 **Not Going Out** Sitcom.
1.30 **Detectorists** Comedy.
2.20 **Inside No 9: The Devil of Christmas**
2.50 **Toast of London**
3.15 **to 4.00** AM **The Fosters**

Sky Crime
Sky 122 (Scot 123) Virgin 121

6.00 AM **Brit Cops**
7.00 **Road Wars** Vehicle crime.
8.00 **UK Border Force**
9.00 **Caught on Dashcam**
10.00 **Highway Cops**
11.00 **Killer in My Village**
12.00 NOON **Killer Siblings**
1.00 PM **The Killer Within**
2.00 **Catching the Killer**
3.00 **Most Evil Killers**
5.00 **Killer Siblings**
6.00 **Killer in My Village**
7.00 **World's Most Evil Killers** Profiling Dorothea Puente.
8.00 **Britain's Most Evil Killers** Danville Neil's crimes.
9.00 **Catching the Killer** The murder of David Morley.
10.00 **What the Killer Did Next** Debbie Starbuck's murder.
11.00 **World's Most Evil Killers** Lester Jones' crimes.
12.00 M'T **Murders That Shocked**
1.00 AM **Killer in My Village**
3.00 **Love You to Death**
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Motorway Patrol**

Sky Documentaries
Sky 121 (Scot 122) Virgin 188

6.00 AM **The Seventies**
7.00 **Discovering**
8.00 **Directors** Martin Scorsese.
9.00 **Navajo Police: Class 57**
10.00 **The Jinx Part Two**
11.00 **The Man Who Bought Cricket** See 8.00pm.
12.00 NOON **JFK: Destiny Betrayed** Documentary.
4.10 PM **Directors**
5.05 **Discovering**
6.00 **Navajo Police: Class 57**
7.00 **The Jinx Part Two**
8.00 **The Man Who Bought Cricket** Now bankrupt, Allen Stanford spies an opportunity in Montserrat.
9.00 **Giroud** A profile of French footballer Olivier Giroud.
10.40 **Mission to Burnley** The club sign new players in a frantic transfer window.
11.40 **My Name Is Francesco Totti** Subtitled.
1.50 AM **I Am Evidence**
3.30 **The Insurrectionist Next Door** Documentary.
5.00 **to 6.00** AM **Discovering**

Sky Nature
Sky 124 (Scot 125) Virgin 189

6.00 AM **Gangs of Lemur Island**
7.00 **Monkey Life** Double-bill.
8.00 **Wildlife Rescue New Zealand** Documentary.
9.00 **Guardians of the Wild**
10.00 **Undiscovered Vistas**
11.00 **Life of the Kangaroo**
12.00 **Mysteries of the Mekong**
1.00 PM **Monkey Life**
2.00 **Wildlife Rescue New Zealand** Documentary.
3.00 **Guardians of the Wild**
4.00 **Undiscovered Vistas**
5.00 **Mysteries of the Mekong**
6.00 **Into the Wild: Colombia**
7.00 **Monkey Life** Double-bill.
8.00 **Super Shark Highway**
9.00 **Waterworld Africa**
10.00 **Into the Wild: Colombia**
11.00 **Mysteries of the Mekong**
12.00 M'T **Island of the Monsoon**
1.00 AM **Surviving the Amazon**
2.00 **Super Shark Highway**
3.00 **Waterworld Africa**
4.00 **Wildlife Rescue New Zealand** Documentary.
5.00 **to 6.00** AM **Guardians of the Wild**

Sky Max
Sky 113 (Wales 114) Virgin 111

6.00 AM **Legends of Tomorrow**
7.00 **SEAL Team** (S5, ep3)
8.00 **Supergirl** (S2, ep15)
9.00 **Stargate SG-1** (S9, ep1&2)
11.00 **Legends of Tomorrow**
12.00 NOON **Supergirl** (S2, ep17)
1.00 PM **NCIS: New Orleans**
3.00 **Hawaii Five-0** (S9, ep8)
4.00 **S.W.A.T.** (S7, ep11)
5.00 **SEAL Team** (S5, ep2)
6.00 **Stargate SG-1** Sci-fi series. (S9, ep3) **7.00** (S9, ep4)

8.00 Rob & Romesh vs Strongman The world of strongman competitions.

9.00 The Walking Dead Post-apocalyptic drama.

10.05 The Walking Dead: Dead City Maggie and Negan launch an attack. (S1, ep4)

11.00 **An Idiot Abroad 2**
12.00 M'T **Banshee** (S3, ep4)
1.00 AM **The Force: North East**
2.00 **Road Wars** Vehicle crime.
3.00 **Hawaii Five-0** (S9, ep8)
4.00 **S.W.A.T.** (S7, ep11)
5.00 **to 6.00** AM **Highway Patrol**

Alibi
Sky 109 (Wales 110) Virgin 114

7.10 AM **Murdoch Mysteries**
9.00 **Miss Fisher's Murder Mysteries** (S1, ep11)
10.00 **Shakespeare & Hathaway**
11.00 **Hudson & Rex** (S4, ep2)
12.00 NOON **Father Brown**
1.00 PM **Death in Paradise**
2.00 **Murdoch Mysteries**
4.00 **Shakespeare & Hathaway**
5.00 **Father Brown** Drama.
6.00 **Hudson & Rex** A singer is a murder suspect. (S4, ep2)

7.00 Elementary Joan and Kitty look into a string of murders. (S5, ep16)

8.00 Death in Paradise A tourist is strangled.

9.00 Death in Paradise A meteorologist is found dead at the university.

10.00 Father Brown A murderer uses Kembleford's model village to plan attacks.

11.00 **Elementary** (S5, ep16)
12.00 M'T **Hudson & Rex**
1.00 AM **Justified** (S2, ep5)
1.55 **to 4.00** AM **Murdoch Mysteries**

WEDNESDAY

7 PM · 8 PM · 9 PM · 10 PM

PRIME-TIME

Key to episode numbers: ***(S1, ep1 of 10)*** *= Series 1, episode 1, and there are a total of 10 episodes in the series*

SPORT 18 September

TNT SPORTS 1
Sky 410 Virgin 527

5.00 AM Live **Test Cricket** **Sri Lanka v New Zealand**. Coverage of day one of the first Test held at Galle International Stadium.
1.30 PM **TNT Sports Reload**
2.00 **Cricket** Highlights of a match in the Caribbean Premier League.
2.30 **Premier League Stories**
3.00 **Football** Champions League.
4.00 **Premier League Netbusters**
4.30 **Football** A replay of Southampton v Manchester United in the Premier League which was held at St Mary's.
6.00 **Women's T20 Cricket** Highlights of England v Ireland.
7.00 Pick Live **Football** **Manchester City v Inter Milan**. Coverage of the Champions League match in the league phase held at Etihad Stadium, kick-off **8.00pm**.
10.30 **Boxing** Joshua v Dubois preview.
11.15 **Boxing** Denny v Hamzah: Face Off.
11.30 Live **Baseball** **Baltimore Orioles v San Francisco Giants**. Coverage of the MLB inter-league match staged at Camden Yards, start-time **11.35pm**.
2.45 AM **Baseball** MLB Plays of the Week.
3.15 **Sailing** America's Cup highlights.
3.45 **to 4.45** AM **Women's T20 Cricket**

TNT SPORTS 2
Sky 411 Virgin 528

2.00 AM Live **Badminton** Coverage of the China Open, the round of 32 of the BWF World Tour Super 1000 at Changzhou Olympic Sports Centre.
12.30 PM **Sailing** America's Cup.
1.00 Live **Sailing** The semi-finals of the Louis Vuitton Cup and the Youth Series of the America's Cup.
3.30 **Women's T20 Cricket** Highlights of England v Ireland.
4.30 **Cricket** Highlights of a match in the Caribbean Premier League.
5.00 **WWE Raw** Wrestling action.
6.00 **WWE SmackDown** Wrestling.
7.00 **In My Blood** Chelcee Grimes.
7.15 Live **Football** **Celtic v Slovan Bratislava**. Coverage of the Champions League match in the league phase staged at Celtic Park, kick-off is at **8.00pm**. Celtic will considered favourites, as their Slovakian opponents are making their first ever appearance in the Champions League tonight.
10.30 **WWE Raw** Wrestling action.
11.30 **Sailing** The Louis Vuitton Cup and Youth Series of the America's Cup.
12.00 M'T **Premier League Reload**
12.15 AM **Pool** Ultimate Pool Pairs Cup.
1.45 **to 2.00** AM **Badminton Weekly**

TNT SPORTS 3
Sky 417 Virgin 529

6.00 AM **Surfing** WSL Championship Tour.
7.00 **WWE Raw 9.30 Boxing** Fight action.
10.00 Live **Australian Rules Football** **Brisbane Lions Women v Western Bulldogs Women**. Coverage of the AFLW match, bounce-up **10.15am**.
12.00 NOON **Women's T20 Cricket**
1.00 PM **Football** Champions League.
2.00 **Rugby Union** Pacific Nations Cup.
4.00 **Baseball** MLB Highlights.
5.30 **Pool** Ultimate Pool Pairs Cup.
7.00 **Italian Football** Serie A.
7.30 **Football** Champions League.
10.45 **TNT Sports Reload** Highlights.
11.00 **Cricket** Caribbean Premier League.
11.30 Live **T20 Cricket** **Trinbago Knight Riders v Guyana Amazon Warriors**. The Caribbean Premier League match in Trinidad.
3.45 AM **TNT Sports Cricket Reload**
4.00 **to 5.00** AM **Test Cricket** Highlights.

sky sports MAIN EVENT
Sky 401 Virgin 511 (501 HD)

4.00 AM Live **Tennis** Coverage of the opening day from this week's ATP tournaments – The Chengdu Open and The Hangzhou Open – and day three of the WTA tournaments – The Korea Open and Thailand Open 2.
12.00 NOON **Lunchtime Live** A look at all the latest sports stories making the headlines this lunchtime.
12.30 PM Live **Tennis** Coverage of the opening day of the Hangzhou Open, a hard-court tournament that takes place at Hangzhou Olympic Sports Expo Center in China. This is the first time this event takes place after it replaced the Zhuhai Open. Russian Andrey Rublev is seeded number one at this contest, ahead of Denmark's Holger Rune, American Sebastian Korda and fellow Russian Karen Khachanov.
2.30 **Sports Desk** The latest headlines.
5.00 **Sky Sports News** Round-up.
7.00 Live **Football** **Coventry City v Tottenham Hotspur**. Coverage of the third-round match at Coventry Building Society Arena, kick-off is at **8.00pm**.
10.30 **Back Pages Tonight**
11.00 **to 4.00** AM **Sky Sports News**

sky sports FOOTBALL
Sky 403 Virgin 513 (503 HD)

6.00 AM **Championship Play-Offs 16/17**
7.00 **League One Play-Offs 16/17**
8.00 **League Two Play-Offs 16/17**
9.00 **Greatest Games** Archive action.
10.00 **EFL Cup Retro** The 2018 final.
12.00 NOON **EFL Cup** Recent action.
2.00 PM **Scottish Premiership**
2.15 **SPFL Highlights** Recent action.
2.30 **German Football** Bundesliga.
3.30 **EFL Highlights** Championship.
4.30 **EFL Cup** Third-round highlights.
5.00 **EFL Highlights** Championship.
6.30 **EFL Cup** Third-round highlights.
7.00 Live **EFL Cup** **Coventry City v Tottenham Hotspur**. Coverage of the third-round match at Coventry Building Society Arena, kick-off is at **8.00pm**.
● *All EFL Cup games live via Sky Sports+*
10.30 **EFL Cup** Third-round highlights.
11.00 **EFL Championship Highlights**
11.30 **EFL Cup** Third-round highlights.
12.00 M'T **EFL Cup** Recent action.
12.30 AM **EFL Cup Retro** The 2015 final.
2.30 **EFL Trophy** The 2022 final.
3.00 **Greatest Games** Archive action.
4.00 **Championship Season Review**
5.00 **EFL Rivalries** Second City Derby.
5.30 **to 6.00** AM **Jimmy Glass: The Great Escape** Carlisle's survival in 1999.

sky sports GOLF
Sky 405 Virgin 515 (505 HD)

6.00 AM **DP World Tour** The Irish Open.
7.00 **PGA Tour** Procore Championship.
8.00 **Rose Ladies Series** Recent action.
9.00 **Solheim Cup** Tournament highlights.
12.00 NOON **The Greatest Solheim Cup** A look at the 2019 competition.
2.00 PM **Solheim Cup** Highlights.
5.00 **Rose Ladies Series** Highlights.
6.00 **PGA Tour Champions** Action from the Sanford International.
7.00 **PGA Tour: The Cut** Magazine.
7.30 **European Challenge Tour**
8.00 **Rose Ladies Series** Highlights.
9.00 **Tee Time Tips** Golf advice.
9.30 **Solheim Cup** Tournament action.
10.30 **European Challenge Tour**
11.00 **PGA Tour Champions**
12.00 M'T **Solheim Cup** Tournament action.
1.00 AM **PGA Tour: The Cut** Magazine.
1.30 **European Challenge Tour**
2.00 **to 6.00** AM **DP World Tour**

sky sports PREM LEAGUE
Sky 402 Virgin 512 (502 HD)

6.00 AM **PL Greatest Games 7.00 Premier League Highlights 7.30 Football**
8.00 **Premier League Highlights**
9.30 **Football 10.00 The Football Show**
12.00 NOON **Gary Neville's Soccerbox**
1.00 PM **Premier League Highlights**
3.30 **Football** Premier League action.
4.00 **Premier League Highlights**
5.00 **Premier League Best Goals**
6.00 **PL 100** Double-bill.
7.00 **Premier League Stories**
7.30 **Netbusters**
8.00 **Gary Neville's Soccerbox**
9.00 **Premier League Stories**
9.30 **Premier League 100 Club**
10.00 **Premier League Icons**
10.30 **PL Stories 11.00 Premier League Years 1.00** AM **PL Retro 3.00 PL Greatest Games 4.00 Best PL Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

sky sports CRICKET
Sky 404 Virgin 514 (504 HD)

6.00 AM **Ashes Greats** Andrew Flintoff.
6.10 **Best of England v Australia**
7.00 **The World Cup Through Their Eyes**
9.00 **T20 Cricket** England v Australia.
1.30 PM **T20 Cricket** England v Australia in the second T20 in the three-match series held in Cardiff.
6.00 **T20 Cricket** England v Australia the final match of the series held at Emirates Old Trafford in Manchester.
10.30 **The World Cup Through Their Eyes** Looking back at England's victorious Cricket World Cup through the eyes of the players.
12.30 AM **Best of England v Australia**
1.45 **Best of T20 World Cup**
2.00 **How the 2007 World Cup Was Won**
5.00 **Ashes Greats** Andrew Flintoff.
5.10 **to 6.00** AM **Best of England v Australia** Archive action.

sky sports TENNIS
Sky 407 Virgin 537 (520 HD)

4.00 AM Live **WTA & ATP Tour** Coverage of day one from this week's ATP tournaments – The Chengdu Open and The Hangzhou Open – and day three of the WTA tournaments – The Korea Open, and Thailand Open 2.
12.00 NOON **WTA All Access** Magazine.
12.30 PM Live **ATP Tour** Coverage of the Hangzhou Open at Hangzhou Olympic Sports Expo Center, China.
2.30 **WTA Tour** Highlights.
4.00 **Tennis** The US Open.
5.00 **WTA Tour** The Jasmin Open final.
6.00 **WTA & ATP Tour** Highlights.
2.15 AM **US Open 2.30 Tennis 2.45 Billie Jean King 3.00 to 4.00** AM **WTA Tour**

sky sports MIX
Sky 416 Virgin 510

6.00 AM **Golf** World Tour and PGA action.
8.00 Live **Rugby Union** **Manawatu v Southland**. Coverage of the NPC match, kick-off **8.05am**.
10.00 **GB3 Championship Highlights**
11.00 **F1: Singapore Grand Prix**
12.00 NOON **Tennis** Action from the men's singles final at the US Open.
2.00 PM **Tennis** Action from the women's singles final at the US Open.
4.00 **GB3 Championship Highlights**
5.00 **F1: Singapore Grand Prix**
6.00 **T20 Cricket** Action from England v Australia in the final match.
10.30 **Golf** European Challenge Tour.
11.00 **Golf** PGA Tour Champions.
12.00 M'T **Golf: Solheim Cup** Highlights.
1.00 AM **PGA Tour: The Cut** Magazine.
1.30 **Golf** European Challenge Tour.
2.00 **How the 2007 World Cup Was Won**
5.00 **to 6.00** AM **Golf** DP World Tour.

What's on TV Pick of the day

Football: Manchester City v Inter Milan
TNT Sports 1, kick-off 8.00pm
Bernardo Silva and City begin their quest for Champions League glory with a home fixture against Internazionale.

sky sports NFL
Sky 408 Virgin 517 (507 HD)

6.00 AM **American Football** NFL highlights.
12.00 NOON **American Football** NFL.
1.00 **Good Morning Football**
3.00 **American Football** Highlights.
6.00 **Pro-Football Talk** NFL talk show.
8.00 **American Football** Highlights.
9.00 **Jaguars Weekly UK** Round-up.
9.30 **One Jets Drive** New York Jets.
10.15 **American Football** Highlights.
11.00 **NFL Fantasy** In-depth stats.
12.00 M'T **The Insiders** NFL updates.
1.00 AM **American Football** NFL highlights.
2.00 **Pro-Football Talk** NFL talk show.
4.00 **American Football** NFL highlights.
5.45 **to 6.00** AM **American Football**

sky sports +
Sky 412 Virgin 518 (508 HD)

4.00 AM Live **Tennis** Coverage of this week's ATP tournaments and day three of the WTA tournaments.
12.00 NOON **Lunchtime Live**
12.30 PM Live **Tennis** Coverage of day one of the Hangzhou Open.
2.30 **Sports Desk** The latest headlines.
5.00 **Sky Sports News**
7.00 Live **Football** **Brighton & Hove Albion v Wolverhampton Wanderers**. The EFL Cup match, kick-off **7.45pm**.
10.30 **Back Pages Tonight**
11.00 **to 4.00** AM **Sky Sports News**

EUROSPORT 1
Sky 413 Virgin 521

6.00 AM **Motorcycling 7.00 Sailing**
7.30 **Motorsport 7.45 Motorcycling**
8.15 **MotorSport 9.15 Speedway**
10.15 **Mountain Biking 10.45 Snooker**
11.00 **Snooker** The English Open.
1.00 PM Live **Snooker** Coverage of the afternoon session of the English Open at Brentwood Centre in Essex, featuring second-round matches.
5.00 **Show Jumping** The World Cup.
6.00 **Snooker** English Open.
7.00 Live **Snooker** The evening session on day three of the English Open from the Brentwood Centre.
11.00 **Sailing** America's Cup.
11.30 **Trail Running** Golden Trail Series.
12.00 M'T **Cycling** Wallonie Grand Prix.
1.00 AM **Cycling** Tour of Luxembourg.
2.00 **Snooker** English Open action.
4.00 **to 6.00** AM **Motocross** Recent action.

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Premiere
Sky 301 Virgin 401

6.55 AM **Paint** See 6.15pm.
8.40 **Madame Web** See 2.20pm.
10.40 **Aquaman and the Lost Kingdom** See 8.00pm.
12.50 PM **Migration** Animated comedy. (2023, U) ★★★
2.20 **Madame Web** Fantasy adventure. (2024, 12) ★★★
4.20 **I Used to Be Funny** Comedy drama. (2023, 15) ★★★
6.15 **Paint** Comedy. (2023) ★★★

PRIME-TIME

8.00 Aquaman and the Lost Kingdom Fantasy. The hero sets out to defeat a mercenary. Stars Jason Momoa. (2023, 12) ★★★

10.10 The Three Musketeers: Milady Adventure sequel. D'Artagnan's sweetheart is kidnapped. Stars François Civil. (2023, 12) ★★★★

12.20 AM **Head Count** (2023) ★★★
2.00 **He Went That Way** (2023)
3.40 **Lovely, Dark, and Deep**
5.15 **to 7.15** AM **The Three Musketeers: Milady** (2023)

Comedy
Sky 308 Virgin 408

6.35 AM **Please Don't Destroy: The Treasure of Foggy Mountain**
8.10 **Am I OK?** (2022, 15) ★★★
9.40 **Weird Science** (1985) ★★★
11.20 **Little Monsters** (2019)
1.00 PM **Barbie** (2023, 12) ★★★★
2.55 **Please Don't Destroy: The Treasure of Foggy Mountain**
4.25 **Johnny English Reborn** Spy comedy. (2011, PG) ★★★★
6.10 **Asteroid City** (2023) ★★★★

8.00 The Hangover Comedy. Three friends try to find the groom after a stag party in Las Vegas. Stars Bradley Cooper. (2009, 15) ★★★★

9.45 Two Weeks Notice Comedy. A lawyer walks out on her job with a self-centred tycoon. Stars Hugh Grant. (2002, 12) ★★★★

11.35 **Am I OK?** Romantic comedy drama. (2022, 15) ★★★
1.10 AM **Weird Science** (1985)
2.50 **Asteroid City** (2023) ★★★★
4.40 **to 6.20** AM **Little Monsters**

Ultimate
Sky 307 Virgin 407

6.15 AM **Kung Fu Hustle** (2004)
8.00 **Zu: Warriors from the Magic Mountain** (1982, PG) ★★★
9.45 **Police Story 3: Supercop** Adventure. (1992, 15) ★★★
11.30 **Sisu** Drama. (2022, 15) ★★★
1.10 PM **Top Gun** (1986) ★★★★
3.05 **Robin Hood: Prince of Thieves** (1991, PG) ★★★
5.35 **The Mask of Zorro** Period adventure. (1998) ★★★★

8.00 The Mummy Action adventure. An evil high priest is unwittingly revived. Stars Brendan Fraser. (1999, 15) ★★★★

10.10 The Huntsman: Winter's War Fantasy. Two warriors hide their forbidden love. Stars Chris Hemsworth. (2016) ★★★

12.10 AM **Kung Fu Hustle** (2004)
1.55 **Zu: Warriors from the Magic Mountain** (1982, PG) ★★★
3.40 **Police Story 3: Supercop**
5.25 **to 7.05** AM **Sisu** (2022) ★★★

Family
Sky 306 Virgin 406

7.10 AM **Twins** See 4.00pm.
9.10 **The Karate Kid Part II** (1986)
11.15 **Bean** See 8.10pm.
12.50 PM **The SpongeBob SquarePants Movie** (2004)
2.20 **Addams Family Values** Comedy. (1993) ★★★★
4.00 **Twins** Comedy. Stars Danny DeVito. (1988, PG) ★★★
6.00 **The Karate Kid Part II** Action adventure. (1986, PG) ★★

8.10 Bean Comedy. A gallery employee is sent to LA, where he is mistaken for an art professor. Stars Rowan Atkinson. (1997, PG) ★★★

9.55 The SpongeBob SquarePants Movie Animation based on the TV series set in an undersea world. (2004, U) ★★★★

11.40 **Addams Family Values**
1.30 AM **The Spy Next Door** (2010)
3.20 **Reuniting the Rubins** (2010)
5.10 **to 6.55** AM **The Adventures of Sharkboy and Lavagirl**

Animation
Sky 305 Virgin 412

7.15 AM **Lego Justice League: Cosmic Clash** (2016) ★★★
8.50 **The Nut Job** (2014, U) ★★★
10.30 **Kung Fu Panda** (2008)
12.20 PM **Spider-Man: Into the Spider-Verse** Adventure. (2018, PG) ★★★★★
2.30 **Migration** (2023, U) ★★★
4.00 **The Lego Batman Movie**
5.50 **The Lego Movie** Animated comedy. (2014, U) ★★★★★

PRIME-TIME

7.35 Teenage Mutant Ninja Turtles: Mutant Mayhem Animation. Turtles try to win over New Yorkers. (2023) ★★★★

9.25 Captain Underpants Animated family adventure. A mean-spirited principal is transformed into a daring vigilante. (2017, U) ★★★★

11.00 **Lego Justice League: Attack of the Legion of Doom!**
12.30 **to 1.55** AM **Lego DC Super Hero Girls: Super-Villain High** Animation. (2018) ★★

Drama
Sky 310 Virgin 410

6.35 AM **You Can Live Forever**
8.25 **Rent** Musical. Stars Rosario Dawson. (2005, 12) ★★★
10.45 **Charlie Wilson's War** Comedy. (2007, 15) ★★★★
12.30 PM **Meet Joe Black** Romantic drama. (1998, 12) ★★★★
3.35 **P.S. I Love You** Romantic drama. (2007, 12) ★★★
5.55 **What Dreams May Come** Fantasy. (1998, 15) ★★★

8.00 The Theory of Everything Biopic of physicist Stephen Hawking. Stars Eddie Redmayne. (2014, 12) ★★★★

10.20 Carmen Musical. A young Mexican woman goes on the run to the US. Stars Melissa Barrera and Paul Mescal. (2022, 15) ★★★

12.20 AM **You Can Live Forever** Drama. (2022, 15) ★★★★
2.05 **Rent** See 8.25am.
4.30 **to 6.40** AM **What Dreams May Come** See 5.55pm.

Sci-Fi/Horror
Sky 311 Virgin 411

7.15 AM **Doom** (2005, 15) ★★★
9.10 **Back to the Future Part III** Sci-fi. (1990, PG) ★★★★
11.15 **Star Trek VI: Undiscovered Country** (1991, PG) ★★★
1.20 PM **The Lawnmower Man** Thriller. (1992, 15) ★★★
3.50 **Arrival** Sci-fi starring Amy Adams. (2016, 12) ★★★★★
5.55 **Star Trek: Generations** Sci-fi adventure. (1994, PG) ★★★

8.00 Interstellar Sci-fi drama. A spacecraft searches for a home for humanity. Stars Matthew McConaughey. (2014, 12) ★★★★

10.50 Simulant Sci-fi. A hacker removes the restrictions on a humanoid AI's thoughts and abilities. Stars Robbie Amell. (2023, 15) ★★★

12.30 AM **Aeon Flux** Sci-fi martial arts thriller. (2005, 15) ★★
2.10 **Voyagers** (2020, 15) ★★★
4.00 **Doom** (2005, 15) ★★★
5.50 **to 7.45** AM **Midnight Special**

Hits
Sky 303 Virgin 403

7.00 AM **Mass** (2021) ★★★★★
9.00 **Vanilla Sky** See 12.05am.
11.20 **The Secret Life of Pets** Cartoon. (2016, U) ★★★
12.55 PM **Ella Enchanted** Fantasy adventure. (2004, PG) ★★★
2.40 **Johnny English** Spy comedy. (2002, PG) ★★★
4.15 **Ocean's Eight** Crime comedy. (2018, 12) ★★★★
6.10 **Alfie** (2004, 15) ★★★

8.00 Fast & Furious 8 Action thriller sequel. A former street racer is lured into the world of terrorism. Stars Vin Diesel. (2017, 12) ★★★

10.20 The Nun Horror. A priest and a novice nun uncover a terrible secret. Stars Demián Bichir and Taissa Farmiga. (2018, 15) ★★★

12.05 AM **Vanilla Sky** Thriller. Stars Tom Cruise. (2001, 15) ★★★
2.35 **Layer Cake** Gangster crime thriller. (2004, 15) ★★★★
4.35 **to 6.35** AM **Mass** (2021)

Greats
Sky 304 Virgin 404

6.20 AM **Groundhog Day** (1993)
8.05 **Superman III** See 3.40pm.
10.15 **Shane** (1953, PG) ★★★★★
12.15 PM **Lady Bird** Comedy drama. (2017, 15) ★★★★★
1.55 **Groundhog Day** Comedy. (1993, PG) ★★★★★
3.40 **Superman III** Adventure sequel. (1983, PG) ★★★★
5.50 **Philadelphia** Oscar-winning drama. (1993, 12) ★★★★

PRIME-TIME

8.00 Lost in Translation Comedy drama. An actor and a young woman strike up a friendship. Stars Bill Murray. (2003) ★★★★★

9.55 True Romance Crime thriller. A young couple have to go on the run from mobsters. Stars Christian Slater. (1993, 18) ★★★★

12.00 M'T **Taxi Driver** (1976)
2.05 AM **Shane** (1953) ★★★★★
4.15 **Lady Bird** See 12.15pm.
5.55 **to 7.55** AM **Eternal Sunshine of the Spotless Mind** (2004)

Revenge
Sky 302 Virgin 402

6.55 AM **Vendetta** (2022, 15) ★★
8.35 **Section 8** (2022, 15) ★★
10.20 **Clean** Drama. (2021, 15) ★★
12.05 PM **Gran Torino** Drama. (2008, 15) ★★★★
2.05 **Retribution** Thriller starring Liam Neeson. (2023, 12) ★★
3.55 **Ocean's Thirteen** Caper sequel. (2007, PG) ★★★
6.00 **The Beekeeper** Action thriller. (2023, 15) ★★★

8.00 Mad Max Action thriller. A cop sets out to avenge the murder of his family by a gang. Stars Mel Gibson. (1979, 15) ★★★★★

10.00 The Equalizer 3 Thriller. A former US government assassin takes on the Italian mafia. Stars Denzel Washington. (2023) ★★★

11.55 **Promising Young Woman** Crime thriller starring Carey Mulligan. (2020, 15) ★★★★
1.55 AM **Blade** (1998, 18) ★★★★
4.00 **to 5.55** AM **Assassin Club**

Thriller
Sky 309 Virgin 409

7.10 AM **Naked Singularity** (2021)
9.00 **Escape from Alcatraz** (1979)
10.55 **To Catch a Killer** (2023)
1.00 PM **Some Other Woman** Thriller. (2023, 15) ★★★
2.35 **Eye in the Sky** (2015) ★★★★
4.20 **Extremely Wicked, Shockingly Evil, and Vile** Biopic. (2019, 15) ★★★★
6.15 **The Hurricane Heist** Action thriller. (2018, 12) ★

8.00 Escape from Alcatraz Drama. A convict tries to break out of the notorious island prison. Stars Clint Eastwood. (1979, 15) ★★★

10.00 Vertigo Hitchcock thriller. A private eye is hired to follow his friend's wife. Stars James Stewart. (1958, PG) ★★★★★

12.15 AM **Naked Singularity** (2021)
2.05 **Extremely Wicked, Shockingly Evil, and Vile**
4.00 **Eye in the Sky** (2015)
5.50 **to 7.50** AM **Green Zone**

Movies 24
Sky 312 Virgin 419

7.00 AM **Paging Mr Darcy** (2024)
9.00 **Been There All Along** Drama. (2023, PG) ★★
11.00 **Love in Wolf Creek** Romance. (2022, PG) ★★
1.00 PM **Love in Winterland** Romance. (2020, PG) ★★
3.00 **A Royal Runaway Romance** Comedy. (2022, PG) ★★
5.00 **Heaven Down Here** Drama. (2023, PG) ★★

7.00 His and Hers Drama. Married lawyers find their relationship strained by a divorce case. Stars Lacey Chabert. (2024, PG) ★★

9.00 Romantic Rewrite Comedy. A book editor helps a mystery writer with a love story. Stars Kristina Cole. (2022, PG) ★★

11.00 **The Royal Nanny** Christmas comedy. (2022, PG) ★★
1.00 AM **A Nashville Legacy**
3.00 **to 5.00** AM **Love & Where to Find It** (2021, PG) ★★

RADIO

WEDNESDAY

RADIO 1 — FREEVIEW 700
Sky 0101 Virgin 901 Freesat 700

5.00am Early Breakfast with Dean McCullough. **7.00** Breakfast with Greg James. **10.30** Rickie, Melvin and Charlie. **12.45pm** Newsbeat. **1.00** Matt and Mollie. **3.30** Going Home with Vick, Katie and Jamie. **5.45** Newsbeat. **6.00** Radio 1's New Music Show with Jack Saunders. **8.00** Radio 1's Future Pop with Mollie King. **10.00** Radio 1's Power Down Playlist with Sian Eleri. **11.00** Benji B. **1.00am** Radio 1 Dance Presents. **2.00** Radio 1 Interview. **2.15** Radio 1 Playlists. **2.30** 6 Degrees from Jamie and Spencer. **3.00** Radio 1 Anthems. **4.00 to 5.00am** Radio 1 Pop Anthems.

RADIO 2 — FREEVIEW 702
Sky 0102 Virgin 902 Freesat 702

6.30am The Zoe Ball Breakfast Show. **9.30** Vernon Kay. **12.00noon** Jeremy Vine. **2.00pm** Scott Mills. **4.00** Sara Cox. **6.30** Sara Cox's Half Wower. **7.00** Jo Whiley's Shiny Happy Playlist. **7.30** Jo Whiley. **9.00** The Folk Show with Mark Radcliffe. Singer and guitarist Sam Carter plays live. **10.00** Trevor Nelson's Rhythm Nation. **12.00m't** OJ Borg. **3.00am** Sounds of the 90s with Fearne Cotton. **4.00 to 6.30am** Owain Wyn Evans.

RADIO 3 — FREEVIEW 703
Sky 0103 Virgin 903 Freesat 703

6.30am Breakfast. **9.30** Essential Classics. **1.00pm** Classical Live. **3.00** Choral Evensong. **4.00** Composer of the Week: Holst. **5.00** In Tune. **7.00** Classical Mixtape. **7.30** Radio 3 in Concert. Featuring a performance of Bach's *Matthew Passion*. **9.45** The Essay: Five Kinds of Amadeus. **10.00** Night Tracks. **11.30** 'Round Midnight. **12.30 to 6.30am** Through the Night.

RADIO 4 — FREEVIEW 704
Sky 0104 Virgin 904 Freesat 704

6.00am Today. **9.00** More or Less. **9.30** The Coming Storm. **10.00** Woman's Hour. **11.00** File on 4. **11.45** Book of the Week: The Siege. **12.00noon** News. **12.05pm** You and Yours; Weather. **1.00** The World at One. **1.45** Uncharted with Hannah Fry. **2.00** The Archers. **2.15** Drama: Riot Girls: Dykes. **3.00** Money Box Live. **3.30** BBC National Short Story Award. **4.00** The Media Show. **5.00** PM; Weather. **6.00** Six O'Clock News. **6.30** Paul Sinha's Perfect Pub Quiz. **7.00** The Archers. **7.15** Front Row. **8.00** AntiSocial. **8.45** About the Boys. Teenage boys talk about friendship. **9.00** The Life Scientific. **9.30** All in the Mind; Weather. **10.00** The World Tonight. **10.45** Book at Bedtime: Still Lives. **11.00** Follow the Rabbit. **11.15** The Skewer. **11.30** A Good Read. **12.00m't** News. **12.30am** Book of the Week: The Siege. **12.50** Shipping Forecast. **1.00** As World Service. **5.20** Shipping Forecast. **5.30** News; Prayer for the Day. **5.45 to 6.00am** Farming Today.

RADIO 5 LIVE — FREEVIEW 705
Sky 0105 Virgin 905 Freesat 705

5.00am Wake Up to Money. **6.00** 5 Live Breakfast. **9.00** Nicky Campbell. **11.00** Naga Munchetty. **2.00pm** Matt Chorley. **4.00** 5 Live Drive. **7.00** 5 Live Sport. **10.30** Gordon Smart. Topical discussion. **1.00 to 5.00am** Dotun Adebayo.

Brilliant ★★★★★ Great ★★★★ Good ★★★ Watchable ★★ Rubbish ★

THURSDAY *19 September*

What's on TV Picks of the day

Emmerdale

ITV1, 7.30pm Flat out… Will follows his blackmailer's instructions to the woods, where he's greeted by a shocking sight.

Taskmaster

C4, 9.00pm Ready for anything… Jack Dee and Rosie Jones hope that host Greg Davies will reward their task-solving antics.

NEW

All Creatures Great and Small

C5, 9.00pm Two's company… New mum Helen (Rachel Shenton) is pleased to have Mrs Hall (Anna Madeley) around to help.

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BBC ONE — BBC1

Freeview 1 (101 HD) Sky 101 Virgin 101 Freesat 101

6.00 AM **Breakfast** News and sport. (S)
9.30 **Morning Live** Daily magazine. (S)
10.45 **SAS: Catching the Criminals** 9 of 15. Raids on multiple secret cannabis labs. (S)
11.15 **Homes Under the Hammer** Property series. Student housing based in Liverpool. (S, AD)
12.15 PM **Bargain Hunt** Antiques challenge. From Leominster, Herefordshire. (S, Rpt, AD)
1.00 **News; Local News; Weather** (S)
2.00 **Doctors** Rozar S'Macco: Medical drama series. Al looks into a medical mystery which involves a new mother. (S, AD)
2.30 **Robson Green's Weekend Escapes** The host is joined by Tanni Grey-Thompson in Northumberland's Kielder Forest. (S, Rpt)
3.00 **Escape to the Country** Property advice series. Sonali Shah helps a couple find a home in the Hampshire countryside. (S, Rpt)
3.45 **Garden Rescue** Horticultural series. Charlie Dimmock and Chris Hull tackle a strange-shaped garden in Taunton. (S)
4.30 **The Answer Run** Fast-paced quiz series presented by Jason Manford. (S)
5.15 **Pointless** Quiz series hosted by Alexander Armstrong and Chris Ramsey. (S)
6.00 **News; Weather** (S)
6.30 **Local News; Weather** (S)

7 PM

7.00 **The One Show** Magazine. (S)
7.30 **EastEnders** After his interview with a journalist, Reiss is pleased to have cast doubt on Sonia's guilt, Kim decides to publicly support Sonia, Alfie makes 'Save Our Sonia' t-shirts and Harvey gives Jean and Stacey the holiday he won. (S, AD)

8 PM

8.00 **Celebrity MasterChef** 17 of 18. Culinary competition. As Finals Week continues, John Torode and Gregg Wallace's opening brief is to produce a dish inspired by someone special – a meal full of emotion that sets the taste buds alight. Continues tomorrow. (S, AD)

9 PM

9.00 **Who Do You Think You Are?** Olly Murs: 6 of 8. Genealogy series. Tonight, the singer explores his Latvian roots, discovering his great-grandparents were circus performers and hears of a relative put on trial for making 'anti-Soviet' statements. **See feature, page 24.** (S, AD)

10 PM

10.00 **News; Weather** (S)
10.30 **Local News; Weather** (S)
10.40 **Question Time** Fiona Bruce presents the topical debate, inviting a panel of politicians and other guests to answer questions from an invited audience on subjects that have made the headlines. (S)

11.40 **Newscast** A weekly round-up from Westminster, delivering the usual mix of serious analysis and light-hearted gossip about the biggest stories in politics. (S)
12.10 AM **In My Own Words: Hanif Kureishi** Monday's edition of the documentary. The author reflects on his life and work and recalls the trajectory of the post-war immigrant experience in the UK with the aid of photographs and footage. (S, Rpt) **Weather**
1.00 **to 6.00** AM **BBC News** (S)

BBC1 REGIONAL VARIATIONS

■ **WALES**
11.40pm-1.00am MOTD: Champions League Highlights from the opening matchday of the elite competition.

BBC TWO — BBC2

Freeview 2 (102 HD) Sky 102 Virgin 102 Freesat 102

6.30 AM **Bargain Hunt** Builth Wells. (S, Rpt, AD)
7.15 **Garden Rescue** A gardener in Shaftesbury needs help fixing up her garden. (S, Rpt)
8.00 **Gardeners' World** Planting camassias and cyclamen for a spring display. (SL, S, Rpt)
9.00 **News** (S)
12.15 PM **Politics Live** News from Westminster. (S)
1.00 **Bridge of Lies** Quiz series. (S, Rpt)
1.45 **Unbeatable** Quiz series. (S, Rpt)
2.30 **My Unique B&B** The team creates an eco shed for a primary school teacher. (S, Rpt)
3.00 **MasterChef: The Professionals** Culinary challenge series. The 12 surviving chefs move on to Knockout Week. (S, Rpt, AD)
4.00 **Home Away from Home** Couples from Bedfordshire and the South Pennines exchange homes and lifestyles. (S, Rpt)
4.45 **More Creatures Great and Small** Angela has to deliver bad news in Fife. (S, Rpt)
5.15 **Flog It!** Antiques series. Five experts assess items brought to the Blickling Estate. (S, Rpt)
6.00 **Richard Osman's House of Games** With Chris Hughes, Debra Stephenson, Inel Tomlinson and Toyah Willcox. (S, Rpt)
6.30 **Great British Railway Journeys** Edinburgh to Queensferry: Michael Portillo meets Bay City Rollers guitarist Stuart Wood. (S, Rpt)

7.00 **Celebrity Antiques Road Trip** Antiques challenge series. In tonight's edition, former BBC royal correspondent Jennie Bond and newsreader Simon McCoy rummage for hidden treasures around Devon accompanied by experts Margie Cooper and Raj Bisram. (S, Rpt)

8.00 **Amazing Hotels: Life Beyond the Lobby** Argos in Cappadocia: Documentary series. Rob Rinder and Monica Galetti travel to Turkey to work at Argos in Cappadocia, a hotel built into a network of ancient caves. (S, AD)

9.00 **Dead Calm: Killing in the Med?** Documentary series. A look back at the events surrounding the migrant boat disaster off the coast of Greece in June 2023, when around 600 people were presumed to have died after a trawler overturned. Survivors' accounts suggest that the Greek coastguard was at fault, something the authorities deny. (S, Rpt)
10.30 **Newsnight; Weather** (S)

11.05 **MOTD: Champions League** Highlights from the latest matchday one fixtures. (S)
12.25 AM **Cricket** England v Australia: Highlights from the first game in the five-match series staged at Trent Bridge in Nottingham. (S)
1.25 **Sign Zone** Starting with: **1.25 Celebrity MasterChef** The semi-finals draw to a close. (S, Rpt) **1.55 Saving Lives in Cardiff** There is a lack of beds at Cardiff's Noah's Ark Children's Hospital. (S, Rpt, AD) **2.55 The Travelling Auctioneers** David sells the antiques that have taken over his home. (S, Rpt) **3.40 to 4.25** AM **Bridge of Lies** (S, Rpt)

BBC2 REGIONAL VARIATIONS

■ **WALES**
11.05pm Scrum V: Inside Out 11.35 Coast 11.40 Newscast
12.10-12.25am Planet Earth: A Tale of Three Bears
The dangers faced by black bear cubs in Minnesota.

Listings for Welsh-language channel S4C (F'sat 120, Sky 134, Virgin 164) are on opposite page.

PHOTOS: ITV, C4, C5

ITV1

Freeview 3 (103 HD) Sky 103 Virgin 103 Freesat 103

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** Entertainment news. (S)
10.00 **This Morning** Daily magazine featuring celebrity chat and lifestyle features. (S)
12.30 PM **Loose Women** Celebrity interviews and discussion from a female perspective. (S)
1.30 **News; Weather** (S)
1.55 **Local News; Weather** (S)
2.00 **Dickinson's Real Deal** Antiques series. David Dickinson arrives in Bosworth with Tim Hogarth, Stewart Hofgartner, Karen Dalmeny and Mark Stevens. (S, Rpt, AD)
3.00 **Lingo** Word-based game show presented by Adil Ray. In this edition, two sisters from the Swansea Valley, a mother and son duo from Telford, and a woman and her mother from Buckinghamshire take part. (S, Rpt)
4.00 **Tipping Point** Ben Shephard hosts the arcade-themed quiz in which contestants drop tokens down a choice of four chutes in the hope of winning the jackpot. (S, Rpt)
5.00 **The Chase** Quiz series hosted by Bradley Walsh in which four contestants take on one of the trivia experts in the hope of winning a cash prize worth thousands of pounds. (S)
6.00 **Local News; Weather** (S)
6.30 **News; Weather** (S)

7.30 Emmerdale Kim is kidnapped, Dawn decides to confront Billy, while Ryan attempts to convince Gail. (S, AD)

8.30 Tonight Trump v Harris: The Battle for America. With America soon heading to the polls, Robert Moore visits the swing states of Pennsylvania, North Carolina and Georgia to hear from voters who hold the nation's future in their hands. (S)

9.00 My Mum, Your Dad A blossoming romance develops on a dancing date, a new mum arrival sends ripples through the retreat, and another mum begins to realise her feelings for one of the dads but holds back for fear of breaking the girl code. Continues tomorrow. (S, AD)

10.00 News; Weather (S)
10.30 Local News; Weather (S)
10.45 Emergency Nurses: A&E Stories Medical documentary series. A man crushed by a bull receives emergency treatment, the resus lead helps a patient who has come in with a broken ankle and a paediatric nurse throws a party. (S, Rpt)
11.40 **My Mum, Your Dad** As 9.00pm. (S, Rpt, AD)
12.30 AM **Teleshopping**
3.00 **My Mum, Your Dad** (SL, S, Rpt, AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Lingo** Word-based game show presented by Adil Ray. Contestants from Liverpool, Bedfordshire, Buckinghamshire and London take part. (SL, S, Rpt)

ITV1 REGIONAL VARIATIONS
■ **WALES**
Programmes today are as above.

Channel 4

Freeview 4/7 (104/110 HD) Sky 104/108 Virgin 104/108 Freesat 104/106

6.25 AM **Cheers** (Series 7, ep 16, S, Rpt) **6.50** (S7, ep 17, S, Rpt) **7.15** (S7, ep 18, S, Rpt)
7.45 **The King of Queens** Sitcom. (Series 2, ep 25, S, Rpt, AD) **8.10** (Series 3, ep 1, S, Rpt, AD) **8.35** (Series 3, ep 2, S, Rpt, AD)
9.05 **Frasier** (Series 3, ep 6, S, Rpt, AD) **9.35** (Series 3, ep 7, S, Rpt, AD) **10.05** (Series 3, ep 8, S, Rpt, AD) **10.35** (S3, ep 10, S, Rpt)
11.05 **Come Dine with Me: The Professionals** Culinary contest in Rochdale. (S, Rpt)
12.05 PM **News** (S)
12.10 **Narrow Escapes** Documentary. (S, Rpt, AD)
1.10 **Find It, Fix It, Flog It** Transforming barrels into a bar bench in Worcestershire. (S, Rpt)
2.10 **Countdown** Word game. (S)
3.00 **Chateau DIY** Documentary. Two barns are transformed into a nightclub and a lounge for the wedding business. (S, Rpt, AD)
4.00 **A Place in the Sun** Property series. Helping a couple who wish to move to France. (S)
5.00 **Help! We Bought a Village** Documentary. In Italy, two videogame buffs lean into local medieval history to create a new game. (S)
6.00 **A Place in the Sun** Property series. A home in France's Haute-Vienne region. (S, Rpt)
6.30 **The Simpsons** I Am Furious Yellow: Bart creates a comic-strip. (S, Rpt, AD)

7.00 News (S)

8.00 George Clarke's Old House, New Home Property renovation series. The architect adds an industrial-style extension to a ramshackle Georgian farmhouse in Stroud and helps a couple flip the layout of their Victorian end-of-terrace in Wootton Bassett. (S, Rpt, AD)

9.00 Taskmaster 2 of 10. Comedy challenge series. In tonight's edition, Jack Dee has a dramatic change of wardrobe, Rosie Jones presents her new baby, Babátúndé Aléshé deals with ducks, Andy Zaltzman starts seeing chickens and Emma Sidi is obsessed by Tamzin Outhwaite. (S, AD)

10.00 Ramsay's Kitchen Nightmares USA Love Bites: 6 of 10. Restaurant advice series. Tonight, chef Gordon Ramsay steps in to save Love Bites Cafe, a small New York diner run by a couple whose relationship has turned sour to the point that Gordon recommends therapy. (S)

10.55 **Gogglebox** Last Friday's edition. (S, Rpt, AD)
12.00 M'T New **Dangerous Diet Drugs: Exposed – Untold** How social media is driving a growing market for illegal diet drugs. (SL, S)
12.30 AM **Ramsay's Hotel Hell** (SL, S, Rpt, AD)
1.20 **Come Dine with Me** Staffordshire. (S, Rpt)
2.10 Film Premiere **Something Like an Autobiography** Drama starring Mostofa Sarwar Farooki and Nusrat Imrose Tisha. Subtitled. (2023, 15, S, W/S) Rating ★★★★
3.35 **Britain's Atomic Bomb Scandal** (SL, S, Rpt)
4.30 **Frasier** (Series 6, ep 12-14, S, Rpt, AD)
5.45 **to 6.25** AM **Countdown** Word game. (S, Rpt)

Channel 5

Freeview 5 (105 HD) Sky 105 Virgin 105 Freesat 105

6.00 AM **Milkshake!** Children's programmes. (S)
9.15 **Jeremy Vine** The broadcaster is joined by guests to discuss the issues of the day. (S)
11.30 **Storm Huntley** Viewers' calls. (S)
12.45 PM **Friends** Chandler tries to prevent Joey from discovering the truth about his kiss with Kathy. (Series 4, ep 7, S, Rpt, AD) **1.10** Chandler agrees to spend Thanksgiving in a packing crate. (Series 4, ep 8, S, Rpt)
1.40 **News** (S)
1.45 **Home and Away** Justin, Leah and Marilyn, still recovering from Irene's dinner party, deal with the failure of their plans. (S, Rpt)
2.15 Film **Last Scene Alive: The Teagarden Mysteries** Mystery drama. A Hollywood star is murdered while filming a new movie and Aurora attempts to clear the name of a former flame. Stars Candace Cameron Bure. (105mins, 2018, PG, S) Rating ★★★
4.00 **Bargain-Loving Brits in the Sun** Documentary series. A couple spend £100k on their dream static home. (S, AD)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Animal training series. A professional dog walker finds her Afghan hound is beyond even her control when it pulls her over. (S, Rpt) **News**

7.00 The Isle of Wight with Kate Humble Travel documentary series. The naturalist takes a wintry walk around the western corner of the Isle of Wight, where she holidayed as a girl. Starting on Yarmouth's wooden pier, her journey begins with a boat trip to the Needles. (S, Rpt) **News**

8.00 Yorkshire Great and Small with Dan and Helen Documentary series in which Dan Walker and Helen Skelton explore the county. Tonight, the duo head to Yorkshire's coastline to enjoy jaw-dropping scenery along the county's 90 miles of ocean which straddles it. (S)

9.00 All Creatures Great and Small New ★ To All Our Boys: Veterinary drama series starring Nicholas Ralph. With World War Two under way, Siegfried is taking up the slack at the surgery, while Mrs Hall and Helen are considering their contribution within the community. **See feature, page 9.** (S)

10.00 Murder in a Small Town Film Thriller. A teenage girl who is prone to uncontrollable and sometimes violent rages falls for a charismatic stranger. However, when her best friend is brutally murdered, she has no choice but to depend on her new love – because she is worried that she might be the killer. (100mins, 2018, PG, S) Rating ★★★
Starring: Susan Walters, Cristine Prosperi, Blake Burt, Emily Galley, Blake Canning.

11.40 **Gabby Petito: The Murder That Gripped the World** Documentary. (S, Rpt)
1.10 AM **Interactive Gaming** (S)
3.10 **Prague with Michael Portillo** (S, Rpt)
4.00 **The Wonderful World of Chocolate** (S, Rpt)
4.50 **Wildlife SOS** Documentary. (SL, S, Rpt)
5.15 **House Busters** (SL, S, Rpt)
5.40 **Entertainment News on 5** (S)
5.45 **to 6.00** AM **Milkshake!** (SL, S, Rpt)

6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Natur a Ni **12.30** Heno **1.00** Darn Bach o Hanes **1.30** Trysorau Cymru: Tir, Tai a Chyfrinachau **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Radio Fa'ma **4.00** Awr Fawr: Bing **4.10** Awr Fawr: Brethyn a Fflwff **4.15** Awr Fawr: Byd Tad-Cu **4.30** Awr Fawr: Patrol Pawennau **4.45** Awr Fawr: Awyr Iach **5.00** Stwnsh **6.00** Codi Hwyl **6.30 LIVE:** Clwb Rygbi **6.57** Newyddion S4C **7.00** Heno **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm **8.25** Rownd a Rownd **8.55** Newyddion S4C **9.00** Y Byd yn ei Le **9.45** Iaith ar Daith **10.45-11.50pm** Ar Brawf

Key: Subtitles (S); Sign Language (SL); Audio Description (AD); Repeat (Rpt)

FREEVIEW & FREESAT

What's on TV Picks of the day

Home and Away
5STAR, 6.30pm
Tane is not happy when Perri arrives home late and is tardy for a shift the next day – but he's unware that it's Perri 18th birthday.

Easy A
BBC3, 9.00pm
Emma Stone's high-school pupil becomes the subject of hot gossip – but finds a way to turn the rumour mill to her advantage.

On Demand
prime video

Available on Prime Video from today

A Very Royal Scandal
Ruth Wilson plays *Newsnight* presenter Emily Maitlis and Michael Sheen is Prince Andrew in this drama about the infamous 2019 interview given by the prince. *All three episodes are available today.*

ITV2
itv2

FV 6 Sky **118** Freesat **113** Virgin **115**

6.00 AM **Children's Programmes**
9.00 **Totally Bonkers World Records**
10.00 **Secret Crush** Dating series.
12.00 NOON **Dress to Impress**
1.00 PM **In with a Shout** Game show.
2.00 **Supermarket Sweep** Game show.
3.00 **Charmed** Prue travels back in time to the mid-19th century, hoping to save Phoebe from being killed by a frontier thug. (S3, ep14)
4.00 **Dawson's Creek** Joey and Eddie face up to their emotions. (S6, ep12)
5.00 **Dress to Impress** Dating series.
6.00 **Celebrity Catchphrase** With Danny Miller, Richard Arnold and Rachel Stevens. Stephen Mulhern hosts.
7.00 **Family Fortunes** Gino D'Acampo hosts as families from Wales and Suffolk, compete to guess the most popular responses to surveys posed to 100 people.
8.00 **Bob's Burgers** Tina allows Tammy to stay with the Belchers during spring break. (S8, ep11) **8.30** Linda and Gene turn the restaurant into a bar. (S8, ep12)
9.00 **Family Guy** Brian spies on his neighbours and suspects Principal Shepherd of a crime. (S16, ep8) **9.30** Brian enters a dog competition in which the prize is to breed with a female. (S16, ep10) **10.00** Peter's friendship with a paramedic prompts him to dump his old pals. (S16, ep2) **10.30** Lois's parents hire a nanny to help with the children. (S16, ep3)
11.00 **Family Guy** Chris loses a rare dollar note Carter gave him. (S16, ep4)
11.30 **American Dad!** Animated comedy. (S11, ep13) **12.00** M'T (S11, ep7)
12.25 AM **Bob's Burgers** Animated comedy. (S8, ep13) **12.50** (S8, ep14)
1.15 **Don't Hate the Playaz** Game show.
2.00 **Totally Bonkers World Records**
2.30 **to 3.00** AM **Unwind with ITV**

ITV3
itv3

FV 10 Sky **119** Freesat **115** Virgin **117**

6.00 AM **Classic Emmerdale** Double-bill.
7.00 **Classic Coronation Street**
8.00 **Lewis** The Dead of Winter.
10.15 **The Royal** Wishing and Hoping.
11.20 **Heartbeat** Arms and the Man.
12.30 PM **Heartbeat** Treading Carefully.
1.40 **Classic Emmerdale** Double-bill.
2.40 **Classic Coronation Street**
3.50 **Foyle's War** Invasion: American GIs arrive in Hastings to a cold welcome, and a barmaid's involvement with a visiting soldier leads to murder.
5.50 **Heartbeat** Bad Blood: Emily finds out she is pregnant – but the joy is tempered by ill-feeling from the family over the death of their father.
6.55 **Heartbeat** Assault and Battery: Nick investigates an egg farm, and discovers there is more to the case than meets the eye and Greengrass attracts suspicion by selling eggs.
8.00 **Doc Martin** Louisa and Martin have their first therapy session, and Mrs Tishell is surprised when her husband Clive returns and tells her he wants to give things another go.
9.00 **Broadchurch** 7 of 8. Miller tries to find out what really happened at the hut, while the police focus on Susan as Nige grows increasingly desperate for her to leave town.
10.00 **Broadchurch** 8 of 8. Last in the series. After weeks of speculation, the community struggles to come to terms with the revelations about Danny Latimer's death.
11.05 **The Suspect** An old grudge rears its head and Joe flees to his dad's house for sanctuary with the police closing in, while Ruiz has a nagging doubt that he is missing something.
12.05 AM **Lewis** The Dead of Winter: The detectives investigate when a body is found on an Oxford tour bus.
2.00 **to 2.30** AM **Unwind with ITV**

ITV4
itv4

FV 26 Sky **120** Freesat **117** Virgin **118**

6.00 AM **Minder** The Balance of Power.
7.10 **Cadfael** One Corpse Too Many.
8.50 **Kojak** The Summer of '69 – Part Two: Theo opens a cold case.
9.50 **Kojak** Case Without a File.
10.55 **The Motorbike Show**
11.55 **Cadfael** The Sanctuary Sparrow.
1.35 PM **Kojak** I Could Kill My Wife's Lawyer: A boat belonging to one of Theo's co-workers is destroyed.
2.40 **Kojak** Justice for All.
3.45 **Minder** Around the Corner.
4.50 **The Professionals** A Man Called Quinn: A former agent turns killer.
5.55 **The Motorbike Show** Henry learns the delights of riding in Cornwall.
6.55 **The Motorbike Show** Henry rides through the Peak District, from Buxton down to Crich Tramway Village. En route he explores the history of the Magpie lead mine.
8.00 **Silverstone Festival** 1 of 2. Highlights from this summer's event – featuring modern and historic F1, touring car action and glamorous GT cars. Concludes tomorrow.
9.00 **Auf Wiedersehen, Pet** The lads inadvertently turn up at the wrong Spanish villa – and outrage the local expats by going skinny-dipping in the pool.
10.05 Film **Die Hard with a Vengeance** Action thriller sequel. John McClane plays a deadly game of bluff when a terrorist mastermind holds New York to ransom. Stars Bruce Willis. *Includes FYI Daily at 11.05pm.* (1995, 15) ★★★ See Filmweek, page 31
12.40 AM **Minder** Hypnotising Rita: Arthur takes over a cleaning business.
1.35 **Auto Mundial** The latest news and reviews from the world of cars.
2.05 **Motorsport Mundial** Magazine.
2.30 **to 3.00** AM **The Protectors**

BBC Scotland
BBC SCOTLAND

Scot Only FV 9 HD 106
Scotland Only: Sky **115** Freesat **106** Virgin **108**
Rest of the UK: Sky **187** Freesat **110** Virgin **162**

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Bridge: Fifty Years Across the Forth** One-off documentary celebrating the Forth Road Bridge.
8.00 **Beechgrove Garden** New edition George Anderson and Calum Clunie offer tips for cutting down on unwanted weeds.
8.30 **Landward** New edition Dougie Vipond visits a Fife arable farmer who has been recognised as a 'climate hero'.
9.00 **The Nine** Scottish and international news.
10.00 **Gary: Tank Commander** Gary shows an MP around the barracks. (S3, ep4)
10.30 **Dinosaur** The bridal party heads to Rothesay for Evie's hen do. (S1, ep4)
11.00 **The Karen Dunbar Show** The comedian deals with a pointy present. (S1, ep5)
11.30 **to 12.00** M'T **Burnistoun**

BBC3
BBC THREE

FV 23 (HD 107 in Eng/NI)
Eng / N Ire: Sky **115** Freesat **107** Virgin **107**
Scot / Wales: Sky **121/117** F'sat **107** Virgin **113**

BBC3 starts broadcasting at 7.00pm

7.00 **Dynasties** 1 of 5. Documentary following a chimpanzee troop.
8.00 **Top Gear** Luxury limousines are put through an endurance test.
9.00 Pick Film **Easy A** Comedy. A girl becomes the talk of her school after lying about her dating history. Stars Emma Stone and Dan Byrd. (2010, 15) ★★★★ See Filmweek, page 31
10.25 **Suits** (S2, ep11) **11.10** (S2, ep12)
11.50 **Back to Life** Double-bill of the drama. (S2, ep3) **12.15** AM (S2, ep4)
12.45 **Laugh Lessons** (S1, ep12)
12.50 **Top Gear** See 8.00pm.
1.50 **Fresh Cops** Documentary series.
2.50 **to 3.55** AM **Andrew Tate: The Man Who Groomed the World?**

BBC4
BBC FOUR

FV 9 HD 106 Scot 24/108 Sky **116** F'sat **108** Virgin **108** (Scot/Wales **107**)

BBC4 starts broadcasting at 7.00pm

7.00 **Around the World in 80 Gardens** Monty Don explores the gardens of New York and California.
8.00 **Princess Margaret: The Rebel Royal** 1 of 2. Documentary profile.
9.00 Film **Operation Crossbow** World War Two action drama starring George Peppard. (1965, PG) ★★★
10.50 **Sophia Loren: Talking Pictures** A look at the star's life and career.
11.25 Film **El Cid** Epic historical drama starring Charlton Heston as the legendary 11th-century hero who drove the Moors from Spain. With Sophia Loren. (1961, U) ★★★★★
2.15 **to 3.15** AM **Around the World in 80 Gardens**

ITVBe
itvBe

FV 28 Sky **131** (Scot **132**) Freesat **119** Virgin **119**

7.20 AM **Be Beautiful** Make-up tips.
7.35 **Billie and Greg: The Family Diaries**
8.35 **Masters of Flip** Property series.
9.35 **Buying and Selling** Property series.
10.35 **Billie and Greg: The Family Diaries**
11.35 **Real Housewives of New York City**
12.30 PM **The Real Housewives of Atlanta**
1.20 **The Only Way Is Essex**
2.05 **Dinner Date** Reality series.
3.10 **Great Chocolate Showdown**
4.05 **Real Housewives of New York City**
5.00 **Real Housewives of Beverly Hills**
6.00 **Masters of Flip** Property series.
7.00 **Great Chocolate Showdown** The bakers make filmic desserts.
8.00 **Dinner Date** A man from Brighton chooses three blind dates.
9.00 **The Real Housewives of Orange County** Gina warns Heather about Tamra and hears a disparaging comment about Heather's career.
10.00 **Botched** A woman hopes that her 15th nose job is the charm.
11.00 **Botched** Medic Paul Nassif helps a mother out of a 'snotty' situation.
11.55 **The Only Way Is Essex**
12.45 **to 1.00** AM **Unwind with ITV**

E4

FV 13 Sky 135/136 F'sat 122 Virgin 106

6.00 AM **Brooklyn Nine-Nine**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Married at First Sight UK**
9.10 **The Goldbergs** Double-bill.
10.05 **Young Sheldon** Double-bill.
11.00 **Modern Family** Double-bill.
12.00 NOON **The Big Bang Theory**
2.00 PM **The Goldbergs**
3.00 **Modern Family** Double-bill.
4.00 **Married at First Sight UK**
5.10 **The Big Bang Theory**
6.30 **The Big Bang Theory** The pals attend a science conference. (S4, ep13)

7.00 The Big Bang Theory (S1, ep3)

7.30 Modern Family US comedy series. (S7, ep10)

8.00 Below Deck: Mediterranean New edition Last in the series. The crew arrange a party for the guests.

9.00 Married at First Sight UK New edition Two more couples take the ultimate leap of faith by entering the experiment.

10.05 Celebs Go Dating New edition Last in the series. It's finale time, and the Celebrity Agency throws its first pool party.

11.10 New **Mafs Uk: It's Official! 11.40 First Dates 12.50** AM **Married at First Sight UK 1.55 Rick and Morty 2.20 Superman** New episode **2.50 Celebs Go Dating 3.45 Below Deck 4.30 Big Bang Theory**
4.55 to 6.00 AM **Black-ish**

Film4

FV 14 Sky 313 Freesat 300 Virgin 428

11.00 AM Film **Payroll** Crime thriller starring Michael Craig and Billie Whitelaw. (1961, PG, b&w) ★★★
1.10 PM Film **Von Ryan's Express** World War Two drama. A PoW suspected of being an enemy sympathiser launches a escape. Stars Frank Sinatra. (1965, PG) ★★★★
3.30 Film **The Quiet Man** Romantic comedy drama. A boxer returns to Galway to settle down. Stars John Wayne. (1952, U) ★★★★

6.10 Film **Independence Day** Sci-fi adventure. The US president, a computer genius and a fighter pilot lead the fight against a force of aliens intent on conquering Earth. Stars Will Smith and Bill Pullman. (1996, 12) ★★★★

9.00 Film **Notting Hill** Romantic comedy. A London bookshop owner falls for a Hollywood film star but intrusive media interest makes for a tricky relationship. Stars Julia Roberts and Hugh Grant. (1999, 15) ★★★★

11.30 Film **Hustlers** Comedy drama starring Jennifer Lopez and Constance Wu. (2019, 15) ★★★★
See Filmweek, page 29
1.40 to 3.40 AM Film **The Doorman** Thriller starring Ruby Rose and Jean Reno. (2020, 15) ★★

More4

FV 18 Sky 136/137 F'sat 124 Virgin 147

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Find It, Fix It, Flog It** Items include a cattle feeder.
12.30 PM **Come Dine with Me** A week of dinner parties from around Sheffield.
3.10 **Four in a Bed** Back-to-back editions of the B&B challenge series.
5.50 **Chateau DIY** Last in the series. JB's engineering skills are put to the test when attempting to raise the original mediaeval foundations of their island.

6.55 Car S.O.S. Fuzz and Tim travel to Kent to restore a very tired 1991 VW T4 Campervan belonging to a man who has cancer.

7.55 Grand Designs Kevin McCloud follows the progress of a couple, who set out to build an art deco lighthouse tower in Devon.

9.00 24 Hours in A&E Last in series. A 20-year-old who was attacked outside a nightclub is worried it'll affect his looks.

10.00 Super Surgeons: A Chance at Life Documentary following pioneering surgeons at Royal Marsden Hospital.

11.05 **The Emergency Ward**
12.10 AM **Emergency Helicopter Medics** A mountain biker has a bad fall in a forest.
1.15 **Super Surgeons: A Chance at Life**
2.20 **24 Hours in A&E**
3.25 to 3.55 AM **A Place in the Sun**

U&Drama

FV 20 Sky 143 Freesat 158 Virgin 116

7.10 AM **London's Burning**
8.00 **Doctors** Double-bill.
9.15 **Holby City** Medical drama.
10.35 **Casualty** Hospital drama.
11.40 **The Bill** Police drama.
12.40 PM **Classic EastEnders**
2.00 **London's Burning**
3.00 **Soldier, Soldier**
4.10 **Howards' Way**
5.20 **One Foot in the Grave** Margaret has a nightmare.
6.00 **'Allo 'Allo!** Herr Flick interrogates Gruber.
6.40 **Last of the Summer Wine** Howard tries to disguise himself to hide from Pearl.

7.20 Last of the Summer Wine Smiler learns to dance to impress a woman and recruits Truly to help accomplish the task.

8.00 The Chelsea Detective New episode 4 of 8. Max finds himself embroiled in the explosive world of family politics.

9.00 Father Brown Fifties-set crime drama. Flambeau enlists Father Brown's help to steal a gift intended for the Queen from the Pope.

10.00 New Tricks A Face for Radio: The team look into an arson attack on a music station that resulted in the death of a controversial DJ.

11.20 **Waking the Dead** 1 of 2. Spencer is suspected of destroying evidence.
12.40 AM **Waking the Dead** 2 of 2. Boyd realises a dangerous insider is at work.
2.00 **Holby City** Medical drama.
3.10 to 4.00 AM **Birds of a Feather**

U&Dave

FV 19 Sky 111/112 Freesat 157 Virgin 127

7.10 AM **Whose Line Is It Anyway? USA** Double-bill.
8.00 **Special Ops: Crime Squad UK** Double-bill.
10.00 **Robson's Extreme Fishing Challenge** Double-bill.
12.00 NOON **Storage Hunters UK**
2.00 PM **Extreme Fishing with Robson Green** The actor fishes for catfish in Africa.
3.00 **Top Gear** Double-bill.
5.00 **Rick Stein's French Odyssey** The chef fishes for pike on the River Tarn. **5.30** The chef samples sausages in Toulouse.

7.00 QI Wtih Gyles Brandreth and Jessica Fostekew.

7.40 Richard Osman's House of Games With Sarah Kendall, Jay McGuiness, Linda Robson and Bobby Seagull. **8.20** Johnny Ball, Suzi Ruffell, Nina Wadia and Danny Wallace compete.

9.00 QI XL Guests David Mitchell, Rob Brydon, Sandi Toksvig and regular panellist Alan Davies join host Stephen Fry.

10.00 QI Comedy panel show.
10.40 Two Pints of Lager and a Packet of Crisps Comedy series.

11.20 **Two Pints of Lager and a Packet of Crisps** Louise starts losing weight and gets stretch marks.
12.00 M'T **Dave Gorman: Modern Life Is Goodish** Katy Perry's American flag dresses are considered.
1.00 to 4.00 AM **Room 101**

Talking Pictures TV

FV 82 Sky 328 Freesat 306 Virgin 445

6.00 AM **The Lone Wolf Strikes** Comedy. (1940, PG) ★★★
7.20 **Mark of the Phoenix** Drama. (1958, U) ★★★★
8.40 **On the Fiddle** (1961) ★★★
10.40 **Beach Red** (1967, 12) ★★★
12.30 PM **Derby Day** (1952) ★★★
2.10 **Number 13**
3.00 **Crown Court** Triple-bill.
4.30 **Enemy at the Door**
5.35 **Scotland Yard** (S1, ep3)
6.15 **Genevieve** Comedy starring Dinah Sheridan, John Gregson, Kenneth More and Kay Kendall. (1953, U) ★★★★★
8.00 **The Brothers** (S4, ep2)
9.05 **Van der Valk** (S4, ep1)
11.15 **Hobson's Choice** Comedy. (1953, U) ★★★★
1.25 AM **Ghost Ship** (1952) ★★
2.55 **The Fall of the House of Usher** (1950, PG) ★★★
4.15 **The Butler's Dilemma** Comedy. (1943, U) ★★★
5.45 to 6.00 AM **What's on TPTV with Noel**

5Action

FV 33 Sky 150 Freesat 132 Virgin 130

9.00 AM **Entertainment News**
9.05 **Extreme Tow Truckers**
10.05 **Traffic Cops** Vehicle crime.
11.05 **Police Interceptors**
12.05 PM Film **Death of a Gunfighter** (1969) ★★
2.10 Film **Gunpoint** Western. (1966, U) ★★★
4.00 **Extreme Tow Truckers**
5.00 **Traffic Cops** Vehicle crime.
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** A constable attends a serious crash on the M6.
9.00 **Trucking Hell** New edition Ian faces danger working metres from a live lane to rescue a truck in trouble.
10.00 **Outback Truckers**
11.00 **Extreme Tow Truckers**
12.00 M'T **Yellowstone** Drama.
1.50 AM **Trucking Hell**
2.50 **Big Road Rescue: Emergency Call Out**
3.35 to 4.00 AM **Car Pound Cops**

5STAR

FV 32 Sky 128/129 F'sat 131 Virgin 126

8.00 AM **Rich Kids Go Skint**
9.00 **Shoplifters: Caught Red Handed** Documentary.
10.00 **Car Pound Cops: Give Me My Car Back!**
11.00 **Traffic Cops** Vehicle crime.
2.00 PM **Police Interceptors**
5.00 **Nightmare Tenants, Slum Landlords** Documentary.
6.00 **Home and Away**
6.30 Pick **Home and Away** New episode Cash is worried about Felicity.
7.00 **GPs: Behind Closed Doors**
8.00 **Casualty 24/7: Every Second Counts**
9.00 **A&E After Dark**
10.00 **Ambulance: Code Red**
11.00 **The Hospital: Life on the Line** Documentary series.
12.00 M'T **Skin A&E** Documentary.
1.00 AM **Don't Tell the Doctor**
2.00 **Casualty 24/7: Every Second Counts**
2.50 **GPs: Behind Closed Doors**
3.35 to 4.00 AM **Home and Away**

5USA

FV 21 Sky 141/169 F'sat 129 Vir 120/162

9.00 AM **NCIS** (S10, ep20)
9.55 **Entertainment News**
10.00 **NCIS** (S10, ep21&22)
12.00 NOON **Law & Order** Drama series. (S2, ep22) **1.00** PM (S3, ep1) **2.00** (S3, ep2) **3.00** (S3, ep17) **4.00** (S3, ep18) **5.00** (S3, ep19)
6.00 **NCIS** A theft is linked to a terrorist. (S11, ep12)
7.00 **NCIS** The team attempts to find the terrorist Benham Parsa. (S11, ep13)
8.00 **NCIS** The murder of a port authority officer reveals Parsa's possible whereabouts. (S11, ep14)
9.00 **Blue Bloods** New to Freeview Frank has an argument with a friend of Gormley. (S5, ep14)
10.00 **Law & Order: Special Victims Unit** Drama series.
1.55 AM **Criminal Minds** (S9, ep7) **2.50** (S9, ep8)
3.35 to 4.00 AM **Criminals: Caught on Camera**

Sky Mix

FV 11 Sky 151 Freesat 144 Virgin 135

7.00 AM **Nothing to Declare**
9.00 **Monkey Life** Double-bill.
10.00 **Road Wars** Vehicle crime.
11.00 **Highway Patrol**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Monkey Life** Double-bill.
3.00 **Nothing to Declare**
4.00 **Star Trek: TNG** (S3, ep2)
5.00 **Star Trek: Enterprise**
6.00 **Star Trek: DS9** (S3, ep22)
7.00 **Star Trek: Voyager**
8.00 **Hawaii Five-0** (S3, ep12)
9.00 **Strike Back: Retribution** New to Freeview (S6, ep8)
10.00 **The Swarm** New to Freeview (S1, ep5)
11.00 **Killer in My Village**
12.00 M'T **Caught on Dashcam**
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: War on Crime**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 to 6.00 AM **Highway Cops**

more freeview

THURSDAY

7 PM | 8 PM | 9 PM | 10 PM

PRIME-TIME

Key to episode numbers: ***(S1, ep1 of 10)*** *= Series 1, episode 1, and there are a total of 10 episodes in the series*

PRIME-TIME

U&W

FV 25 Sky 132/133 F'sat 156 Virgin 125

- 6.10 AM **Inside the Ambulance**
- 7.00 **Property Brothers**
- 8.00 **Tipping Point** Quiz series.
- 11.00 **DIY SOS: The Big Build**
- 1.00 PM **Tipping Point** Quiz.
- 4.00 **My Dream Home**
- 6.00 **Tipping Point: Lucky Stars** Christopher Biggins and Lesley Joseph take part.
- 7.00 **MasterChef Australia** New edition The chefs recreate a meat dish.
- 8.15 Pick **Don't Hate Your House** New edition A kitchen is given a revamp.
- 9.10 **Emma Willis: Delivering Babies** New edition
- 10.10 **Freddie Flintoff: Living with Bulimia**
- 11.20 **Aaron Hernandez Uncovered** New edition
- 12.20 AM **Killer Women**
- 1.30 **Fashion's Secrets...**
- 2.35 **to 3.00** AM **Nigella: At My Table**

GREAT! tv

FV 50 Sky 157 Virgin 170

- 8.00 AM **Hart to Hart** (S4, ep18)
- 9.00 **Father Dowling Mysteries**
- 10.00 **Diagnosis Murder**
- 11.00 **Castle** (S6, ep10)
- 12.00 NOON **Hart to Hart**
- 2.00 PM **Father Dowling Mysteries** Crime drama.
- 3.00 **Diagnosis Murder**
- 5.00 **Murder, She Wrote**
- 7.00 **M*A*S*H** Back-to-back episodes. (S1, ep9-12)
- 9.00 **The New Avengers** Steed's team try to track down a man who stole top secret information.
- 10.00 **Randall and Hopkirk (Deceased)** A bird-lover leaves a strange will.
- 11.00 **Return of the Saint**
- 12.00 M'T **M*A*S*H** US comedy.
- 2.00 AM **Randall and Hopkirk (Deceased)** Drama.
- 3.00 **Return of the Saint**
- 4.00 **to 5.00** AM **Highway to Heaven**

Quest

FV 12 Sky 144 Freesat 167 Virgin 137

- 6.00 AM **Chasing Classic Cars**
- 8.00 **American Pickers**
- 10.00 **The Repair Shop**
- 12.00 NOON **How Do They Do It?**
- 2.00 PM **Shed and Buried**
- 3.00 **Find It, Fix It, Flog It**
- 5.00 **Wheeler Dealers**
- 6.00 **Wheeler Dealers** Mike finds a Porsche 997.
- 7.00 **Salvage Hunters: Classic Cars** Drew and Paul rescue a Vauxhall Viva.
- 8.00 **Salvage Hunters: The Restorers** Nick works on a fairground centrepiece.
- 9.00 **Fifth Gear** New edition Showcasing the Ford Transit Custom, new Kia EV9 and luxury saloons.
- 10.00 **Shed and Buried: Classic Cars** A Morris Minor.
- 11.00 **The Repair Shop**
- 1.00 AM **Wheeler Dealers**
- 3.00 **How Do They Do It?**
- 4.00 **to 5.00** AM **How It's Made**

True Crime

FV 67 Sky 146 Freesat 135 Virgin 148

- 9.00 AM **Judge Judy** Back-to-back small-claims cases.
- 12.00 NOON **Close Calls On Camera** Double-bill.
- 1.00 PM **Judge Judy** Back-to-back editions of cases.
- 7.00 **Close Calls On Camera**
- 8.00 **Murder by the Sea** Examining the case of John Bodkin Adams.
- 9.00 **Snapped: Killer Couples** A loving husband and father goes missing.
- 10.00 **Killers: Caught on Camera** New edition Four murders and a manhunt are in full flow.
- 11.00 **Murder Calls**
- 12.00 M'T **Shocking Crimes: Murder Book**
- 1.00 AM **Snapped: Killer Couples** Documentary.
- 2.00 **Killers on Camera**
- 3.00 **Facing Evil** Documentary.
- 4.00 **to 6.00** AM **Judge Judy**

Pick of the day

Don't Hate Your House *U&W, 8.15pm*

The Scott brothers help a couple whose dated kitchen is making mealtimes a chore for the family.

PRIME-TIME

U&Yesterday

FV 27 Sky 155 Freesat 159 Virgin 129

- 6.10 AM **Underground Worlds**
- 8.00 **Abandoned Engineering**
- 10.00 **War Factories**
- 11.00 **The World at War**
- 12.00 NOON **Canal Boat Diaries**
- 1.00 PM **Antiques Roadshow**
- 2.00 **Bangers & Cash**
- 4.00 **Adolf Hitler's War**
- 5.00 **The World at War**
- 6.00 **Antiques Roadshow**
- 7.00 **Canal Boat Diaries**
- 8.00 **Bangers & Cash** New edition Derek meets an old schoolmate with a 1912 De Dion Bouton.
- 9.00 **Dream Car Fixers** A mint imported Beetle Cabriolet.
- 10.00 **Bangers & Cash** Derek picks up a restored 1925 Calthorpe motorbike.
- 11.00 **Abandoned Engineering**
- 12.00 M'T **Great American Railroad Journeys**
- 1.00 AM **Restoration Workshop**
- 2.00 **to 3.00** AM **Private Lives**

GREAT! movies

FV 34 Sky 321 Virgin 425

- 9.00 AM Film **Living with the Enemy** (2005, PG) ★★★
- 10.55 Film **The Wrong Daughter** (2018, 12) ★★★
- 12.55 PM Film **Crimes of Passion** (2005, PG) ★★★
- 2.50 Film **Snapshot of Love** Drama. (2022, PG) ★★
- 4.45 Film **Love in Design** Comedy. (2018, PG) ★★★
- 6.40 Film **The Bounty Hunter** Comedy starring Gerard Butler. (2010, 12) ★★★
- 9.00 Film **Centurion** Action thriller starring Michael Fassbender. (2009, 15) ★★★ See Filmweek, page 31
- 11.05 Film **Last Knights** Action adventure starring Clive Owen. (2015, 15) ★★
- 1.30 AM Film **The Road** Drama. (2009, 15) ★★★★
- 4.00 **to 6.00** AM Film **Killer Family: A Nanny Nightmare** (2020, 12) ★★

Quest Red

FV 40 Sky 149 Freesat 169 Virgin 168

- 6.00 AM **Say Yes to the Dress**
- 10.00 **Curvy Brides Boutique**
- 11.00 **Reasonable Doubt**
- 12.00 NOON **Forensic Detectives**
- 1.00 PM **FBI Files** Documentary.
- 2.00 **Murder on CCTV**
- 3.00 **Rinder's Crime Stories**
- 4.00 **American Monster**
- 6.00 **Murder in the Heartland**
- 7.00 **10 Steps to Murder** The case of 14-year-old Breck Bedner, who was killed by 18-year-old Lewis Daynes.
- 8.00 **Murder on CCTV** The 2011 murder of Patty Ayala.
- 9.00 **Murder on CCTV** A look at the daylight shooting of Richard Arenas.
- 10.00 **Evil Lives Here** The violent traits of Magdi Girgis.
- 11.00 **Evil Lives Here**
- 12.00 M'T **Nightmare Next Door**
- 1.00 AM **Betrayed** Documentary.
- 2.00 **Murder Comes to Town**
- 3.00 **to 4.00** AM **FBI Files**

Legend

FV 41 Sky 148 Freesat 137 Virgin 149

- 8.00 AM **Walker, Texas Ranger**
- 9.00 **The A-Team** (S2, ep6)
- 10.00 **MacGyver** (S1, ep22)
- 11.00 Film **A Study in Terror** Mystery. (1965, 15) ★★★
- 1.00 PM Film **Island of Terror** Horror. (1966, PG) ★★★★
- 3.00 Film **Sea of Sand** Adventure. (1958, U) ★★★
- 5.00 **Star Trek** Sci-fi. (S3, ep20)
- 6.00 **MacGyver** (S2, ep1)
- 7.00 **The A-Team** (S2, ep7)
- 8.00 **Walker, Texas Ranger**
- 9.00 Film **Code Name: Geronimo** Fact-based drama starring William Fichtner. (2012, 15) ★★
- 11.00 Film **The Inglorious Bastards** World War Two thriller starring Peter Hooten. (1978, 15) ★★
- 12.55 AM Film **Narrow Margin** Thriller. (1990, 15) ★★★
- 2.50 **to 4.40** AM Film **Never Let Go** (2015, 15) ★★

PBS America

FV 84 Sky 174 Freesat 155 Virgin 187

Available 1pm to 12m't on Freeview

- 8.00 AM **Italy's Invisible Cities**
- 9.20 **Thirties in Colour: Countdown to War**
- 10.20 **Egypt's Lost Queens**
- 11.40 **Hidden Letters**
- 1.00 PM **Italy's Invisible Cities**
- 2.30 **Thirties in Colour: Countdown to War**
- 3.30 **Egypt's Lost Queens**
- 4.50 **Hidden Letters**
- 6.10 **Italy's Invisible Cities**
- 7.20 **Thirties in Colour: Countdown to War**
- 8.25 **Egypt's Lost Queens** Joann Fletcher explores the power that is held by women in ancient Egypt.
- 9.40 **Hidden Letters** A look at the language of Nushu.
- 11.00 **Thirties in Colour: Countdown to War**
- 12.00 M'T **Egypt's Lost Queens**
- 1.15 **to 2.00** AM **Beautiful Serengeti**

PRIME-TIME

Really

FV 17 Sky 142 Freesat 160 Virgin 128

- 6.00 AM **Fantasy Homes**
- 7.00 **Home Shopping**
- 8.00 **Salvage Hunters**
- 10.00 **A Place in the Sun**
- 12.00 NOON **Money for Nothing**
- 2.00 PM **The Repair Shop** Restoring a rocking chair.
- 3.00 **Antiques Road Trip**
- 5.00 **Yorkshire Auction House**
- 7.00 **Antiques Road Trip**
- 9.00 **It's Me or the Dog UK** New editions Expert Victoria meets Bertie, a border terrier cross. **9.30** Last in series. A tiny Chihuahua that lunges at dogs five times her size.
- 10.00 **Long Lost Family**
- 11.00 **Help! My House Is Haunted** Double bill.
- 1.00 AM **Unexplained on Camera** Mystery series.
- 2.00 **Home Shopping**
- 4.00 **to 6.00** AM **Salvage Hunters**

GREAT! christmas

FV 52 Sky 319 Virgin 424

- 8.00 AM Film **Christmas Manger** (2018) ★★★★
- 10.00 Film **Angel of Christmas** Drama. (2015, PG) ★★
- 12.00 NOON Film **A Bramble House Christmas** (2017)
- 2.00 PM Film **Christmas Around the Corner** Drama. (2018, PG) ★★★
- 4.00 Film **My Christmas Love** Comedy. (2016, PG) ★★★
- 6.00 Film **Christmas à la Carte** (2021, PG) ★★
- 8.00 Film **Once Upon a Holiday** Romantic drama starring Tara Wilson. (2015, PG) ★★
- 10.00 Film **Double Christmas** Comedy. (2019, U) ★★
- 12.00 M'T Film **A Starstruck Christmas** (2021, U) ★★★
- 2.00 AM **Highway to Heaven**
- 3.00 **to 5.00** AM Film **The Christmas Dance** Drama. (2021, PG) ★★

GREAT! action

FV 42 Sky 323 Virgin 426

- 8.00 AM **Police Ten 7** Double-bill.
- 9.10 Film **Mackenna's Gold** Western. (1968, 15) ★★
- 12.00 NOON **Wanted: Dead or Alive** Detective drama.
- 1.00 PM Film **The Texas Rangers** (1951, U) ★★★★
- 2.40 Film **Bite the Bullet** Western. (1975) ★★★★
- 5.30 **Wanted: Dead or Alive**
- 6.30 **Wild West Chronicles**
- 7.10 Film **Shockwave: Countdown to Disaster** Thriller starring Stacey Oristano. (2017) ★★
- 9.00 Film **The Day of the Jackal** Thriller starring Edward Fox and Eric Porter. (1973, 15) ★★★★
- 11.55 Film **A Dangerous Man** Thriller. (2009, 18) ★★★
- 1.55 AM Film **Half Past Dead** Action. (2002, 15) ★★★
- 4.10 **to 5.00** AM **Battle of Kursk**

Challenge

FV 48 Sky 145 Freesat 146 Virgin 139

- 7.00 AM **The Chase** Quiz series.
- 10.00 **Weakest Link** Quiz show.
- 11.00 **Pointless Celebrities**
- 12.00 NOON **Cash Trapped** Quiz.
- 1.00 PM **Family Fortunes**
- 3.00 **Catchphrase** Game show.
- 4.00 **Blockbusters** Game show.
- 5.00 **Bullseye** Four editions of the darts-based quiz show.
- 7.00 **Cash Trapped** Quiz series hosted by Bradley Walsh.
- 8.00 **The Chase** Double-bill of the quiz show series, hosted by Bradley Walsh.
- 10.00 **Celebrity Who Wants to Be a Millionaire?** Quiz hosted by Chris Tarrant.
- 11.00 **Bullseye** Double-bill.
- 12.00 M'T **Who Wants to Be a Millionaire?** Quiz series.
- 1.00 AM **Cash Trapped** Quiz.
- 2.00 **The Chase** Quiz series.
- 4.00 **Classic Who Wants to Be a Millionaire?** Quiz series.
- 5.00 **to 6.00** AM **Bullseye**

Sky Arts

FV 36 Sky 130/131 F'Sat 147 Virgin 123

- 6.00 AM **Cirque du Soleil**
- 7.25 **The Joy of Painting**
- 9.00 **Tales of the Unexpected**
- 10.00 **Alfred Hitchcock Presents**
- 11.00 **Discovering** Claude Rains.
- 12.00 **Landscape Artist 2015**
- 1.00 **Tales of the Unexpected**
- 2.00 **Art Traffickers**
- 3.00 **Discovering** Janet Leigh.
- 4.00 **Watercolour Challenge**
- 5.00 **Landscape Artist 2015**
- 6.00 **Tales of the Unexpected**
- 7.00 **Alfred Hitchcock Presents**
- 8.00 **The Art of Film**
- 9.00 **Discovering** Jeremy Irons.
- 10.00 **Directors** A profile.
- 11.00 **Comedy Legends**
- 12.00 **Ghost of Richard Harris**
- 2.20 AM **John Malkovich: Just Call Me God** Musical.
- 3.45 **Lenny Henry's Got the Blues** Documentary.
- 4.45 **Auction** A Stradivarius.
- 5.45 **to 6.00** AM **Arts Uncovered**

Sky Showcase

Sky 106 Virgin 109

6.00 AM **Sky News Breakfast**
7.00 **Breakfast with Anna Jones** News reports.
8.00 **Border Patrol** Double-bill.
9.00 **Stargate SG-1** Double-bill.
11.00 **Secret Life of the Kangaroo** A young joey.
12.00 NOON **Supergirl** (S2, ep18)
1.00 PM **NCIS: New Orleans**
3.00 **Hawaii Five-0** (S9, ep9)
4.00 **S.W.A.T.** (S7, ep12)
5.00 **The Simpsons** Double-bill.
6.00 **The Office (US)** Jim tries to warn Dwight about Robert's plans. (S8, ep18) **6.30** Andy heads south to Florida. (S8, ep19)

7.00 **The Simpsons** Abe is accused of a crime. Guest starring Stellan Skarsgård. **7.30** Comic Book Guy is humiliated at Comic-Con.

8.00 **A League of Their Own: Mexican Road Trip** 2 of 6. Jamie, Mo, Jill and Micah take part in the Day of the Dead parade.

9.00 **The Walking Dead: Dead City** New episode Maggie and Negan and the others travel further into the city's depths. (S1, ep5)

10.00 **Never Mind the Buzzcocks** Phil Wang and Ashnikko take part.
10.45 **Funny Woman** Comedy drama. (S2, ep2)

11.45 **Veep** Double-bill. (S1, ep7) **12.25** AM (S1, ep8)
1.05 **Brit Cops: Frontline Crime**
2.00 **Road Wars** Vehicle crime.
3.00 **Hawaii Five-0** The team delves into the world of superheroes. (S9, ep9)
4.00 **S.W.A.T.** (S7, ep12)
5.00 **to 6.00** AM **Motorway Patrol**

Sky Witness

Sky 107 Virgin 110

6.00 AM **Bondi Rescue**
7.00 **The Real A&E**
8.00 **Border Patrol**
9.00 **Highway Patrol**
10.00 **The Force: Manchester**
11.00 **Bull** Drama. (S6, ep12)
12.00 NOON **The Rookie**
1.00 PM **Chicago Fire** A fire at a recording studio is investigated. (S12, ep9)
2.00 **The Equalizer** A psychic claims that his sister is in grave danger. (S2, ep17)
3.00 **Caught on Dashcam** Road disasters caught on video.
4.00 **Nothing to Declare** Back-to-back editions.

7.00 **Nothing to Declare** Double-bill of the series following the working lives of customs officers inside Australia's major airports.

8.00 **The Equalizer** McCall's family and vigilante life crumble as those closest to her must come together to save her. (S3, ep1)

9.00 **FBI: International** The hijacking of millions worth of cryptocurrency leaves an American transporter dead. (S1, ep3)

10.00 **The Good Doctor** Shaun is put in a difficult position by a patient's family who think they know what is best. (S1, ep14)

11.00 **Chicago Fire** (S12, ep1)
12.00 M'T **Law & Order: SVU**
1.00 AM **Law & Order: Organized Crime** (S4, ep4)
2.00 **Law & Order: Special Victims Unit** New episode
3.00 **Law & Order: Organized Crime** New episode
4.00 **Sun, Sea and A&E**
5.00 **to 6.00** AM **Bondi Rescue**

Sky Atlantic

Sky 108 (Wales 109)

6.00 AM **Urban Secrets**
8.00 **Boardwalk Empire** (S3, ep8) **9.05** (S3, ep9)
10.10 **Big Love** Double-bill. (S1, ep11) **11.15** (S1, ep12)
12.15 PM **Game of Thrones**
1.35 **The Sopranos** Double-bill. (S6, ep7) **2.35** (S6, ep8)
3.35 **Boardwalk Empire** Nucky visits treasury secretary Andrew Mellon. (S3, ep8)
4.50 **Boardwalk Empire** Nucky vows to eliminate his foe Gyp Rosetti. (S3, ep9)
5.50 **Big Love** Bill looks for the people who exposed Barb as a polygamist. (S2, ep1)

6.50 **Big Love** Nicki heads to Juniper Creek after receiving a call for help from Wanda, and Margene tags along. (S2, ep2)

7.50 **Game of Thrones** Daenerys receives an unexpected visitor, while Tyrion plans the conquest of Westeros. (S7, ep2)

9.00 **Succession** Logan gives Roman an unsavoury task, and Connor becomes fixated on small details at his wedding. (S4, ep3)

10.15 **Yellowjackets** Recovering from an attack, the Yellowjackets are left to suss out the best of their worst ideas. (S1, ep8)

11.25 **Euphoria** (S1, ep5)
12.25 AM **In Treatment** (S1, ep2)
12.55 **Game of Thrones** (S7, ep2)
2.00 New **The Penguin** Crime drama starring Colin Farrell. (S1, ep1)
3.20 **Winning Time: The Rise of the Lakers Dynasty** Drama series. (S2, ep1)
4.55 **to 6.00** AM **Urban Secrets**

Sky Comedy

Sky 114 (Wales 115) Virgin 112

8.00 AM **Will & Grace**
9.00 **The Conners** Double-bill.
10.00 **Bloods** (S1, ep6)
10.35 **Bored to Death**
11.35 **Veep** Double-bill.
12.55 PM **High Maintenance**
2.10 **Bored to Death**
3.20 **Veep** Double-bill.
4.30 **Bloods** (S2, ep1)
5.00 **Will & Grace** A publicist offers Grace a job, but expects a favour – a date with Will. (S1, ep20) **5.30** A game of charades turns nasty. (S1, ep21)
6.00 **The Office (US)** Double-bill. (S8, ep18) **6.30** (S8, ep19)

7.00 **The Conners** Mark considers his relationship with his father. (S5, ep22)
7.30 **Young Rock** Stars Dwayne Johnson. (S1, ep1)

8.00 **Will & Grace** Will is dragged along for a cycle ride with Grace. (S5, ep5) **8.30** Will is appointed as a dogsbody. (S5, ep6)

9.00 **Girls** Hannah attends her editor's funeral, while Ray gives Marnie some frank advice. (S3, ep5) **9.40** Hannah lands a job writing advertorials for *GQ* magazine. (S3, ep6)
10.20 **The Tonight Show Starring Jimmy Fallon** New edition

11.20 **Veep** Selina's public image deteriorates. (S1, ep7) **11.55** Selina tries to redeem herself. (S1, ep8)
12.30 AM **Pete Holmes: Faces and Sounds** Stand-up.
1.45 **Ricky Velez: Here's Everything** Comedy.
2.50 **to 5.00** AM **Bored to Death**

Gold

Sky 110 (Wales 111) Virgin 124

7.20 AM **The Fosters** Sitcom.
7.45 **The Green Green Grass**
8.20 **Last of the Summer Wine**
9.40 **Hi-de-Hi!** Comedy series.
10.20 **Open All Hours** Comedy.
11.00 **Last of the Summer Wine**
1.40 PM **The Green Green Grass**
2.20 **Open All Hours** Comedy.
3.00 **Dad's Army** Comedy.
3.40 **Hi-de-Hi!** Comedy series.
4.20 **Last of the Summer Wine**
5.40 **Open All Hours** Arkwright makes his own product.
6.20 **The Green Green Grass** Tyler gets his exam results, while Marlene starts missing the city.

7.00 **Dad's Army** Mainwaring dreams he is Napoleon after a night at the cinema. **7.40** Jones buys some black-market pigeons.

8.20 **Blackadder the Third** The butler must enter the world of politics to foil a plan to bankrupt the Prince Regent.

9.00 **Gavin & Stacey** Gavin starts his job and Smithy has to come to terms with not living near his friend.
9.40 **Not Going Out** Lee feels jealous when Lucy talks about her first love.
10.20 **Detectorists** Sophie seems to be making progress with her friend.

11.00 **Inside No 9** An argument about a restaurant bill spirals out of control.
11.40 **Toast of London** Comedy.
12.15 AM **Gavin & Stacey**
12.55 **Not Going Out** As 9.40pm.
1.35 **Detectorists** As 10.20pm.
2.10 **Inside No 9** See 11.00pm.
2.45 **Toast of London** Comedy.
3.25 **to 4.00** AM **The Fosters**

Sky Crime

Sky 122 (Scot 123) Virgin 121

6.00 AM **Brit Cops**
7.00 **Road Wars** Vehicle crime.
8.00 **UK Border Force**
9.00 **Caught on Dashcam**
10.00 **Highway Cops**
11.00 **Killer in My Village**
12.00 NOON **Killer Siblings**
1.00 PM **The Killer Within**
2.00 **Catching the Killer**
3.00 **Most Evil Killers**
5.00 **Twisted Killers**
6.00 **Killer in My Village**
7.00 **World's Most Evil Killers** The story of rapist and serial killer Rodney Alcala.
8.00 **Britain's Most Evil Killers** Profiling Nicholas Burton.
9.00 **Killer in My Village** New edition Investigating the suspicious death of Sabrina Cooper at home.
10.00 **Who Killed Robert Wone**
12.55 AM **New York Homicide**
2.00 **Snapped** Documentary.
3.00 **Love You to Death**
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Motorway Patrol**

Sky Documentaries

Sky 121 (Scot 122) Virgin 188

6.00 AM **The Eighties** Television.
7.00 **Discovering**
8.00 **Directors** Oliver Stone.
9.00 **Navajo Police: Class 57**
10.00 **The Jinx Part Two**
11.00 **The Man Who Bought Cricket** See 8.00pm.
12.00 NOON **Laurel and Hardy: Their Lives and Magic**
2.00 PM **Steve McQueen: The Lost Movie** Documentary.
3.50 **My Icon** Natasha Jonas.
4.00 **Directors** Oliver Stone.
5.00 **Discovering**
6.00 **Navajo Police: Class 57**
7.00 **The Jinx Part Two**
8.00 **The Man Who Bought Cricket** Allen Stanford discovers the power of cricket in the Caribbean.
9.00 **Amy** An intimate portrait of singer Amy Winehouse.
11.30 **Look Away** Documentary.
1.20 AM **Doom Scroll: Andrew Tate and the Dark Side of the Internet**
3.10 **Wild Wild Space**
5.00 **to 6.00** AM **Discovering**

Sky Nature

Sky 124 (Scot 125) Virgin 189

6.00 AM **Gangs of Lemur Island**
7.00 **Monkey Life** Double-bill.
8.00 **Wildlife Rescue New Zealand** Documentary.
9.00 **Guardians of the Wild**
10.00 **Undiscovered Vistas**
11.00 **Secret Life of the Kangaroo** A young joey.
12.00 **Mysteries of the Mekong**
1.00 PM **Monkey Life**
2.00 **Wildlife Rescue**
3.00 **Guardians of the Wild**
4.00 **Undiscovered Vistas**
5.00 **Mysteries of the Mekong**
6.00 **Into the Wild: Colombia**
7.00 **Monkey Life** Double-bill.
8.00 **Island of the Monsoon**
9.00 **Surviving the Amazon**
10.00 **Into the Wild: Colombia**
11.00 **Mysteries of the Mekong**
12.00 M'T **Woodpeckers: The Hole Story** Documentary.
1.00 AM **After the Wildfires**
2.00 **Island of the Monsoon**
3.00 **Surviving the Amazon**
4.00 **Wildlife Rescue**
5.00 **to 6.00** AM **Guardians of the Wild**

Sky Max

Sky 113 (Wales 114) Virgin 111

6.00 AM **Legends of Tomorrow**
7.00 **SEAL Team** (S5, ep4)
8.00 **Supergirl** (S2, ep16)
9.00 **Stargate SG-1** (S9, ep3&4)
11.00 **Legends of Tomorrow**
12.00 NOON **Supergirl** (S2, ep18)
1.00 PM **NCIS: New Orleans**
3.00 **Hawaii Five-0** (S9, ep9)
4.00 **S.W.A.T.** (S7, ep12)
5.00 **SEAL Team** (S5, ep3)
6.00 **Stargate SG-1** Sci-fi drama. (S9, ep5) **7.00** (S9, ep6)
8.00 **A League of Their Own: Mexican Road Trip** The Day of the Dead parade.
9.00 **The Walking Dead: Dead City** New episode Maggie and Negan travel into the city's depths. (S1, ep5)
10.00 **Never Mind the Buzzcocks**
10.45 **Funny Woman** (S2, ep2)
11.50 **The Walking Dead**
12.50 AM **Entourage** Double-bill.
2.00 **Road Wars** Vehicle crime.
3.00 **Hawaii Five-0** (S9, ep9)
4.00 **S.W.A.T.** (S7, ep12)
5.00 **to 6.00** AM **Highway Patrol**

Alibi

Sky 109 (Wales 110) Virgin 114

7.10 AM **Murdoch Mysteries**
9.00 **Miss Fisher's Murder Mysteries** (S1, ep12)
10.00 **Shakespeare & Hathaway**
11.00 **Hudson & Rex** (S4, ep3)
12.00 NOON **Father Brown**
1.00 PM **Death in Paradise**
2.00 **Murdoch Mysteries**
4.00 **Shakespeare & Hathaway**
5.00 **Father Brown** The sleuth hunts down a murderer.
6.00 **Hudson & Rex** (S4, ep3)
7.00 **Elementary** A homicide is picked up by a cutting-edge gunshot detection system. (S5, ep17)
8.00 **Death in Paradise** A meteorologist is killed – just as a storm is brewing.
9.00 **Death in Paradise** The host of a charity fundraiser is shot dead.
10.00 **The Company You Keep**
11.00 **Elementary** (S5, ep17)
12.00 M'T **Hudson & Rex**
1.00 AM **Justified** (S2, ep6)
2.00 **to 4.00** AM **Murdoch Mysteries**

THURSDAY

7 PM

8 PM

9 PM

10 PM

PRIME-TIME

Key to episode numbers: ***(S1, ep1 of 10)*** *= Series 1, episode 1, and there are a total of 10 episodes in the series*

SPORT 19 September

TNT SPORTS 1
Sky 410 Virgin 527

4.45 AM Live **Test Cricket** **India v Bangladesh**. Coverage of the opening day of the first Test in the two-match series staged at MA Chidambaram Stadium in Chennai.
1.00 PM **Cricket** Highlights of a game in the Caribbean Premier League.
1.30 **Football** Champions League.
2.30 **Fishing** On the Bank.
3.30 **Boxing** The life of Daniel Dubois.
4.00 **Premier League Stories**
4.30 **Premier League Netbusters**
5.00 **Baseball** MLB highlights.
6.30 **Premier League Reload**
6.45 **Between the Lines**
7.00 Pick Live **Football** **Atalanta v Arsenal**. Coverage of the Champions League group match staged at Stadio Atleti Azzurri d'Italia, kick-off **8.00pm**.
10.30 **Test Cricket** Highlights from Sri Lanka v New Zealand in Galle.
11.30 **Boxing** The life of Daniel Dubois.
12.00 M'T Live **Baseball** **New York Mets v Philadelphia Phillies**. Coverage of the MLB National League East match staged at Citi Field, start-time is at **12.10am**.
3.15 AM **Baseball** MLB: Off the Bat.
3.45 **to 4.45** AM **Test Cricket** Highlights.

TNT SPORTS 2
Sky 411 Virgin 528

2.00 AM Live **Badminton** Coverage of the China Open round of 16 from Changzhou Olympic Sports Centre.
12.30 PM **Sailing** America's Cup.
1.00 Live **Sailing** Coverage of the semi-finals of the America's Cup Challenger Series in Barcelona.
3.00 **Cricket** Caribbean Premier League.
3.30 **Motorcycling** MotoE.
4.30 **Football** Champions League.
5.30 Live **Football** **Feyenoord v Bayer Leverkusen**. The Champions League match held at De Kuip, kick-off is at **5.45pm**.
7.45 Live **Football** **Monaco v Barcelona**. Coverage of the Champions League match at Stade Louis II, kick-off at **8.00pm**.
10.00 **Baseball** MLB: Off the Bat.
10.30 **Premier League Big Interview**
11.00 **Sailing** America's Cup.
11.30 Live **T20 Cricket** **Trinbago Knight Riders v Antigua and Barbuda Falcons**. Coverage of the Caribbean Premier League match held at Queen's Park Oval.
3.45 AM **Premier League Reload**
4.00 **Sailing** America's Cup.
4.30 **UFC Fight Week** UFC 306 Review.
5.00 **to 6.00** AM **The Football Archives**

TNT SPORTS 3
Sky 417 Virgin 529

5.00 AM Live **Test Cricket** **Sri Lanka v New Zealand**. Day two of the opening Test in the two-match series at Galle International Stadium.
1.30 PM **Baseball** MLB Highlights.
2.30 **WWE SmackDown** Wrestling.
4.00 **WWE Raw** Wrestling action.
6.30 **Test Cricket** India v Bangladesh held at MA Chidambaram Stadium.
7.30 **Football** All the goals as they go in from tonight's Champions League matches, including Atletico Madrid v RB Leipzig, Atalanta v Arsenal and Red Star Belgrade v Benfica.
10.45 **Women's T20 Cricket** Action from Australia v New Zealand.
11.45 **TNT Sports Reload** Highlights.
12.00 M'T **Football** Highlights of tonight's matches in the Champions League.
3.00 **Women's T20 Cricket** Highlights.
4.00 **to 5.00** AM **Test Cricket** Highlights.

sky sports MAIN EVENT
Sky 401 Virgin 511 (501 HD)

4.00 AM Live **Tennis** Coverage of the second day of the Chengdu Open and Hangzhou Open on the ATP Tour, and coverage of day four of the Korea Open and Thailand Open 2, which are part of the WTA Tour.
8.30 Live **Golf** Featured-groups coverage of the opening round of the PGA Championship at Wentworth in Surrey. New Zealand's Ryan Fox won the prestigious tournament last year, with a birdie on the 18th hole meaning he finished 18 under par and one shot ahead of Aaron Rai and the 2020 champion Tyrrell Hatton.
12.00 NOON Live **Cricket** **England v Australia.** Coverage of the first ODI in the five-match series staged at Trent Bridge, Nottingham.
8.30 PM **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports Newst**
12.00 M'T **to 5.00** AM Live **American Football** **New York Jets v New England Patriots**. Coverage of the NFL match at MetLife Stadium, East Rutherford. The Patriots co-hold the record for most Super Bowl wins with six, while the Jets' sole victory came way back in 1968, kick-off is at **1.15am**.

sky sports FOOTBALL
Sky 403 Virgin 513 (503 HD)

6.00 AM **EFL Play-Off Finals 17/18**
9.00 **Greatest Games** Archive action.
10.00 **EFL Cup Retro** The 2020 final.
12.00 NOON **EFL Cup** A third-round game.
2.00 **EFL Championship Highlights**
2.30 **EFL Cup** Third round highlights.
3.30 **German Football** Bundesliga.
4.30 **EFL Championship Highlights**
5.00 **Scottish Premiership** Highlights.
5.15 **SPFL Highlights** Scottish action.
5.30 **EFL Cup** Third-round highlights.
6.30 **German Football** Bundesliga.
7.00 **EFL Championship Highlights**
8.00 **Scottish Premiership** Highlights.
8.15 **SPFL Highlights** Scottish action.
8.30 **EFL Cup** Third-round highlights.
9.30 **German Football** Bundesliga.
10.00 **Scottish Premiership** Highlights.
10.15 **SPFL Highlights** Scottish action.
10.30 **EFL Championship Highlights**
11.00 **German Football** Bundesliga.
11.30 **Greatest Games** Archive action.
12.00 M'T **Dundee United: Champions 83**
12.30 AM **SPFL 1.00 Craig Brown: My Scotland 1.30 There's Only One Sauzee 2.00 Greatest Games**
3.30 **SPFL Highlights** Rangers v Celtic.
4.00 **Greatest Games 5.00 to 6.00** AM **Henrik Larsson: 20 Years On**

sky sports GOLF
Sky 405 Virgin 515 (505 HD)

6.00 AM **PGA Tour Champions**
7.00 **PGA Tour: The Cut** Magazine.
7.30 **PGA Tour Learning Centre** Golf tips.
8.00 **Tee Time Tips** Golf advice.
8.30 Live **DP World Tour** Featured-groups coverage of the opening round of the PGA Championship staged at Wentworth in Surrey.
12.00 NOON Live **DP World Tour** Full live coverage of the opening round of the PGA Championship.
6.00 PM Live **LPGA Tour** Coverage of the opening round of the Queen City Championship staged at TPC River's Bend in Cincinnati, Ohio.
9.00 **DP World Tour** The opening round of the PGA Championship.
10.00 **Golf** British Par 3 Championship.
12.00 M'T **DP World Tour** Event highlights.
2.00 AM **Tee Time Tips 3.00 DP World Tour**
5.00 **to 6.00** AM **Tee Time Tips** Advice.

sky sports PREM LEAGUE
Sky 402 Virgin 512 (502 HD)

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Best Premier League Goals**
9.00 **Premier League 100 Club**
10.00 **The Football Show** Magazine.
12.00 NOON **Gary Neville's Soccerbox**
1.00 PM **Premier League Years**
3.00 **PL Retro** A replay of Sheffield United v Wigan Athletic from 2007.
5.00 **Premier League Best Goals**
6.00 **Premier League 100 Club**
6.30 **Premier League 100**
7.00 **The Big Interview**
7.30 **Premier League Stories**
8.00 **Gary Neville's Soccerbox**
9.00 **The Big Interview**
9.30 **Premier League Stories**
10.00 **Premier League Icons**
11.00 **Premier League Years** 2002/03.
1.00 AM **PL Retro** A replay of Liverpool v Manchester City at Anfield in 2018.
3.00 **PL Greatest Games** Archive matches.
4.00 **Best Premier League Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

sky sports CRICKET
Sky 404 Virgin 514 (504 HD)

6.00 AM **England's ODI Record Breakers**
10.15 **Ashes Greats** Andrew Flintoff.
10.25 **Best of England v Australia**
12.00 Live **One Day International** **England v Australia.** Coverage of the first ODI in the five-match series staged at Trent Bridge, Nottingham.
8.30 PM **Nathan Lyon Masterclass: Chasing the Ashes Dream**
9.00 **Best of England v Australia**
10.15 **Best of T20 World Cup**
10.30 **One-Day International**
11.30 **Dreams of a Nation**
12.30 AM **One-Day International**
1.30 **Best of England v Australia**
1.50 **Ashes Greats** Andrew Flintoff.
2.00 **How the 2011 Cricket World Cup Was Won 4.00 One-Day International**
5.00 **Best of England v Australia**
5.45 **to 6.00** AM **Best of T20 World Cup**

sky sports TENNIS
Sky 407 Virgin 537 (520 HD)

4.00 AM Live **WTA & ATP Tour** The second day of the Chengdu Open and the Hangzhou Open on the ATP Tour, and day four of the Korea Open and Thailand Open 2, which are both on the WTA Tour.
2.30 PM **WTA Tour** The Italian Open.
3.00 **Tennis** US Open women's final.
4.00 **WTA Tour** The Guadalajara Open.
6.00 **WTA & ATP Tour** Event highlights.
2.15 AM **US Open 2.30 Tennis 2.45 US Open 3.00 to 4.00** AM **ATP Tour**

sky sports MIX
Sky 416 Virgin 510

6.00 AM **Golf** PGA Tour Champions.
7.00 **PGA Tour: The Cut** Magazine.
7.30 **Golf** The Open De Portugal.
8.00 **PGA Tour Learning Centre** Golf tips.
8.30 **American Football** NFL highlights.
9.30 Live **Netball** An international game.
12.00 NOON **American Football** NFL.
1.00 PM Live **Golf** Coverage of the opening round of the La Sella Open at La Sella Golf Resort in Alicante.
4.00 **American Football** NFL action.
6.00 **F1: Singapore Grand Prix** Highlights of the 2019 race.
7.00 **F1: Singapore Grand Prix** Highlights of the 2022 race.
8.00 **American Football** NFL action.
10.00 **Golf: Solheim Cup** Day three.
11.00 **Golf** The PGA Championship.
12.00 M'T **Golf 2.00** AM **How the 2011 Cricket World Cup Was Won**
4.00 **Cricket 5.00 to 6.00** AM **Golf** Tips.

What's on TV Pick of the day

LIVE SPORT

Football: Atalanta v Arsenal
TNT Sports 1, kick-off 8.00pm
Gunners captain Martin Ødegaard and his team-mates begin their Champions League campaign in Bergamo, Italy.

sky sports NFL
Sky 408 Virgin 517 (507 HD)

6.00 AM **American Football** NFL highlights.
1.00 PM **Good Morning Football**
3.00 **American Football** Highlights.
6.00 **Pro-Football Talk** NFL talk show.
8.00 **NFL Gameday** The latest news.
8.30 **American Football** Highlights.
9.00 **One Jets Drive** New York Jets.
9.45 **American Football** Highlights.
10.00 **NFL Fantasy** In-depth stats.
11.00 **American Football** Highlights.
11.30 **NFL Gameday** The latest news.
12.00 M'T Live **American Football** **New York Jets v New England Patriots**. The NFL match staged at MetLife Stadium in East Rutherford, New Jersey, kick-off is at **1.15am**.
5.00 **to 6.00** AM **American Football** NFL.

sky sports +
Sky 412 Virgin 518 (508 HD)

4.00 AM Live **Tennis** Coverage of day two of the Chengdu Open and the Hangzhou Open on the ATP Tour, and day four of the Korea Open and Thailand Open 2 on the WTA Tour.
2.30 PM **Sky Sports News** Headlines.
10.30 **Back Pages Tonight**
11.00 PM **to 4.00** AM **Sky Sports News**

EUROSPORT 1
Sky 413 Virgin 521

6.00 AM **Snooker** English Open.
8.00 **Cycling** Tour of Luxembourg.
9.00 **Cycling** Wallonie Grand Prix.
10.00 **Cycling** Vuelta a España.
11.00 **Snooker** English Open day three.
1.00 PM Live **Snooker** Coverage of day four of the English Open staged at the Brentwood Centre in Essex, featuring third-round matches.
5.00 **Speedway Grand Prix** The 10th round from Vojens in Denmark.
6.00 **Snooker** The afternoon session on the fourth day of the English Open.
7.00 Live **Snooker** The evening session on day four of the English Open at the Brentwood Centre, featuring fourth-round games.
11.00 **Sailing** America's Cup action.
11.30 **Mountain Biking** Action from the World Cup meeting at Val di Fassa.
12.00 M'T **Cycling** Wallonie Grand Prix.
1.00 AM **Cycling** Tour of Luxembourg.
2.00 **Snooker** English Open highlights.
4.00 **to 6.00** AM **Motocross** Highlights.

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Premiere
Sky 301 Virgin 401

7.15 AM **If You Were the Last** Comedy. (2023, 15) ★★★★
8.55 **He Went That Way** Crime drama. (2023, 15) ★★★
10.35 **Migration** (2023, U) ★★★
12.05 PM **Aquaman and the Lost Kingdom** See 8.00pm.
2.15 **I Used to Be Funny** (2023)
4.15 **Paint** Comedy. (2023) ★★★
6.00 **Madame Web** Fantasy adventure. (2024, 12) ★★★

PRIME-TIME

8.00 Aquaman and the Lost Kingdom Fantasy. The hero sets out to defeat a mercenary. Stars Jason Momoa. (2023, 12) ★★★

10.10 Head Count Thriller. An escaped prisoner is threatened with a revolver. Stars Aaron Jakubenko. (2023, 15) ★★★

11.50 **I Used to Be Funny** Comedy drama. (2023, 15) ★★★
1.50 AM **If You Were the Last**
3.30 **Paint** See 4.15pm.
5.15 to 6.55 AM **Moving On**

Comedy
Sky 308 Virgin 408

6.20 AM **Tropic Thunder** (2008)
8.15 **Oh! What a Lovely War**
10.45 **Kangaroo Jack** (2003) ★★
12.25 PM **The Taming of the Shrew** Comedy. (1967, U) ★★★★
2.30 **Two Weeks Notice** Comedy drama. (2002, 12) ★★★★
4.20 **Tropic Thunder** Spoof war movie. (2008, 15) ★★★★
6.15 **The Hangover** Comedy drama. (2009, 15) ★★★★

8.00 The Hangover Part II Comedy. Three friends arrange a stag weekend in Bangkok. Stars Bradley Cooper. (2011, 15) ★★

9.50 The Holiday Romantic comedy. Two women swap homes for Christmas. Stars Cameron Diaz and Kate Winslet. (2006, 12) ★★★

12.10 AM **Oh! What a Lovely War** Musical. (1969, PG) ★★★★
2.40 **Kangaroo Jack** (2003) ★★
4.15 to 6.20 AM **The Taming of the Shrew** See 12.25pm.

Ultimate
Sky 307 Virgin 407

7.05 AM **The Huntsman: Winter's War** (2016, 12) ★★★
9.05 **The Bricklayer** See 12.50am.
11.00 **The Last Son** Western. Stars Colson Baker. (2021, 15) ★★
12.45 PM **The Mummy** Action fantasy. (1999, 15) ★★★★
2.55 **Black Adam** Fantasy adventure. (2022, 12) ★★★
5.05 **Interstellar** Sci-fi drama. (2014, 12) ★★★★

8.00 The Dark Knight Thriller. Criminal mastermind the Joker crosses paths with Batman. Stars Christian Bale. (2008, 12) ★★★★★

10.35 American Sniper Biopic of US Navy Seal sniper Chris Kyle. Stars Bradley Cooper and Sienna Miller. (2014, 15) ★★★★

12.50 AM **The Bricklayer** Action thriller. (2023, 15) ★★
2.45 **The Last Son** See 11.00am.
4.35 to 6.30 AM **Red Right Hand** Thriller. (2023, 15) ★★★

Family
Sky 306 Virgin 406

6.55 AM **Pups United** (2015) ★★★
8.40 **The Karate Kid: Part III**
10.40 **Johnny English Reborn** Spy comedy. (2011, PG) ★★★★
12.35 PM **Scooby-Doo** Comedy adventure. (2002) ★★★★
2.15 **Scooby-Doo 2: Monsters Unleashed** (2004) ★★★
4.00 **Jumanji** (1995, PG) ★★★★
6.00 **The Karate Kid: Part III** Adventure. (1989, PG) ★★

8.05 Annie Musical. An orphan goes to live with a wealthy businessman. Stars Quvenzhane Wallis and Jamie Foxx. (2014) ★★★

10.20 The Spy Next Door Comedy. A retired CIA spy takes care of his girlfriend's three children. Stars Jackie Chan. (2010, PG) ★★

12.10 AM **Reuniting the Rubins** Comedy. (2010, PG) ★
2.05 **Pups United** (2015, U) ★★★
3.45 **Daddy Day Camp** (2007)
5.25 to 7.40 AM **Annie** (2014)

Animation
Sky 305 Virgin 412

6.20 AM **Lego Justice League: Gotham City Breakout**
7.45 **Lego Batman: DC Super Heroes Unite** (2013)
9.00 **Migration** (2023, U) ★★★
10.25 **Captain Underpants** (2017)
12.05 PM **The Lego Batman Movie**
2.05 **The Lego Movie** (2014)
4.00 **Teenage Mutant Ninja Turtles: Mutant Mayhem**
5.45 **Barnyard** (2006, PG) ★★

PRIME-TIME

7.20 Storks Animated family adventure. A stork and an orphan have to deliver a newborn baby to its destination. (2016) ★★★

8.55 Surf's Up Animated family comedy. A penguin leaves his Antarctic home to surf in a prestigious tournament. (2007) ★★★★

10.35 **Justin and the Knights of Valour** Animated adventure. (2013, PG) ★★
12.20 to 1.50 AM **Lego DC Batman: Family Matters** (2019)

Drama
Sky 310 Virgin 410

6.40 AM **Carmen** (2022, 15) ★★★
8.40 **The Theory of Everything** Biopic. (2014, 12) ★★★★
10.55 **Defiance** See 9.40pm.
1.20 PM **Cold Mountain** Period drama. (2003, 15) ★★★★
4.05 **Save the Cinema** Fact-based drama. (2021) ★★★
6.05 **The Unlikely Pilgrimage of Harold Fry** Drama. Stars Jim Broadbent. (2023, 12) ★★★

8.00 Lady Bird Drama. A teenage girl experiences a difficult relationship with her mother. Stars Saoirse Ronan. (2017, 15) ★★★★★

9.40 Defiance World War Two action drama. Refugees wage a guerrilla war on the German army. Stars Daniel Craig. (2008, 15) ★★★★

12.00 M'T **Mother!** Psychological drama starring Jennifer Lawrence. (2017) ★★★★
2.05 AM **Cold Mountain** (2003)
4.45 to 6.35 AM **Suburbicon**

Sci-Fi/Horror
Sky 311 Virgin 411

8.15 AM **It Came from Outer Space** Thriller. (1953) ★★★
9.50 **Something in the Dirt** Comedy. (2022, 15) ★★★★
12.00 NOON **Aeon Flux** Sci-fi thriller. (2005, 15) ★★
1.45 PM **Star Trek: Generations** Sci-fi. (1994, PG) ★★★
3.45 **The Island** (2005, 12) ★★★
6.15 **After Earth** Sci-fi starring Will Smith. (2013, 12) ★★

8.00 Blade Runner Sci-fi thriller. A former cop in a future LA is forced to return to duty. Stars Harrison Ford. (1982, 15) ★★★★★

10.05 Star Trek: First Contact Sci-fi. The crew attempts to stop the Borg changing history. Stars Patrick Stewart. (1996, 12) ★★★

12.00 M'T **Continuum** Sci-fi drama. (2013, 15) ★★★
1.40 AM **Midnight Special** (2015)
3.40 **It Came from Outer Space**
5.05 to 6.55 AM **Wifelike** (2022)

Hits
Sky 303 Virgin 403

6.35 AM **The Tuxedo** (2002) ★★
8.25 **Dreamgirls** See 2.15am.
10.40 **Big Daddy** (1999, 12) ★★★
12.25 PM **Johnny English** Spy comedy. (2002, PG) ★★★
2.00 **Fast & Furious 8** Action adventure. (2017, 12) ★★★
4.30 **Galaxy Quest** Sci-fi comedy. (1999, PG) ★★★★
6.25 **Hancock** Comedy. Stars Will Smith. (2008, 12) ★★★

8.00 The Matrix Sci-fi thriller. A computer hacker joins rebel fighters. Stars Keanu Reeves and Carrie-Anne Moss. (1999, 15) ★★★★★

10.25 Mission: Impossible Thriller. A secret agent is accused of betraying his fellow spies. Stars Tom Cruise. (1996, PG) ★★★★

12.25 AM **The Tuxedo** Comedy adventure. (2002, 12) ★★
2.15 **Dreamgirls** Musical starring Jamie Foxx. (2006) ★★★★
4.30 to 6.20 AM **Big Daddy**

Greats
Sky 304 Virgin 404

7.55 AM **Superman IV** (1987)
9.35 **Friendship's Death** (1987) ★
11.05 **"About Last Night..."** (1986)
1.05 PM **The Men Who Stare at Goats** (2009, 15) ★★★
2.40 **Eternal Sunshine of the Spotless Mind** (2004)
4.40 **Superman IV: The Quest for Peace** (1987, PG) ★★
6.15 **Lost in Translation** Drama. (2003, 15) ★★★★★

PRIME-TIME

8.00 Top Gun Action drama. An arrogant pilot joins a US Navy fighter school. Stars Tom Cruise and Kelly McGillis. (1986, 12) ★★★★

10.00 Taxi Driver Drama. A New York cab driver obsesses about rescuing a teenage prostitute. Stars Robert De Niro. (1976, 18) ★★★★★

12.00 M'T **Layer Cake** Crime thriller. (2004, 15) ★★★★
1.55 AM **"About Last Night..."**
4.00 **The Men Who Stare at Goats**
5.45 to 7.20 AM **The Big Heat**

Revenge
Sky 302 Virgin 402

6.55 AM **Section 8** (2022, 15) ★★
8.40 **Clean** Drama. (2021, 15) ★★
10.20 **Gran Torino** (2008) ★★★★
12.20 PM **Retribution** Thriller. Stars Liam Neeson. (2023) ★★
2.00 **Ocean's Thirteen** Caper sequel. (2007, PG) ★★★
4.05 **Promising Young Woman** Thriller. (2020, 15) ★★★★
6.05 **The Equalizer 3** Thriller sequel. (2023, 15) ★★★

8.00 Now You See Me Heist thriller. A quartet of Las Vegas magicians go on a crime spree. Stars Jesse Eisenberg. (2013, 12) ★★★

10.00 Blade Horror thriller. A half-vampire takes on an undead renegade. Stars Stephen Dorff and Wesley Snipes. (1998, 18) ★★★★

12.05 AM **Silent Night** Action thriller. (2023, 15) ★★★★
1.55 **Darkman** (1990, 18) ★★★
3.35 **Sick** Horror. (2022, 18) ★★★
5.05 to 6.45 AM **The Old Way**

Thriller
Sky 309 Virgin 409

7.50 AM **The Independent** (2022)
9.45 **Vertigo** Hitchcock thriller. (1958, PG) ★★★★★
12.00 NOON **Extremely Wicked, Shockingly Evil, and Vile** Biopic. (2019, 15) ★★★★
1.55 PM **Green Zone** Military thriller. (2010, 15) ★★★★
3.55 **No Country for Old Men** Thriller. (2007, 15) ★★★★
6.00 **Hanna** (2011, 12) ★★★★

8.00 Dead Shot Thriller set during the 1970s. A retired Irish paramilitary seeks revenge. Stars Colin Morgan. (2023, 15) ★★★

9.40 The Sum of All Fears Action thriller. A CIA agent uncovers a terrorist plan to attack America. Stars Ben Affleck. (2002, 12) ★★★★

11.50 **The Independent** (2022)
1.50 AM **Against All Odds** (1984)
4.05 **Dead Shot** See 8.00pm.
5.45 to 7.35 AM **Every Breath You Take** (2021, 15) ★★★

Movies 24
Sky 312 Virgin 419

7.00 AM **The Best Version of Love**
9.00 **Love Stories in Sunflower Valley** Comedy. (2021) ★★
11.00 **Made for Each Other** Fantasy. (2023, PG) ★★
1.00 PM **The Engagement Back-Up** (2022, PG) ★★
3.00 **How to Find Forever** Romance. (2021, PG) ★★
5.00 **Destination Love** Romantic comedy. (2021, PG) ★★

7.00 Just One Kiss Comedy. Two mothers decide their children would be a perfect love match. Stars Krysta Rodriguez. (2022) ★★

9.00 The Magic of Lemon Drops Fantasy. A woman sees how her life could have been. Stars Lyndsy Fonseca. (2024, PG) ★★

11.00 **A Bet with the Matchmaker** Drama. (2023, PG) ★★
1.00 AM **Paging Mr Darcy** (2024)
3.00 to 5.00 AM **The Love Subscription** (2023) ★★

RADIO

RADIO 1 — FREEVIEW 700
Sky 0101 Virgin 901 Freesat 700

5.00am Early Breakfast with Dean McCullough. **7.00** Breakfast with Greg James. **10.30** Rickie, Melvin and Charlie. **12.45pm** Newsbeat. **1.00** Matt and Mollie. **3.00** Radio 1 Pop Anthems. **3.30** Going Home with Vick, Katie and Jamie. **5.45** Newsbeat. **6.00** Radio 1's New Music Show with Jack Saunders. Some of the best new music in the world. **8.00** Radio 1's Rave-Up with Arielle Free. **10.00** BBC Introducing Dance. **11.00** Radio 1's Residency. **1.00am** Danny Howard Club Mix. **2.00** Pete Tong. **4.00 to 5.00am** Radio 1's Workout Anthems.

RADIO 2 — FREEVIEW 702
Sky 0102 Virgin 902 Freesat 702

6.30am The Zoe Ball Breakfast Show. **9.30** Vernon Kay. **12.00noon** Jeremy Vine. **2.00pm** Scott Mills. **4.00** Sara Cox. **6.30** Sara Cox's Half Wower. **7.00** Jo Whiley's Shiny Happy Playlist. **7.30** Jo Whiley. **9.00** The Country Show with Bob Harris. A selection of music from across the generations. **10.00** Trevor Nelson's Rhythm Nation. **12.00m't** OJ Borg. **3.00am** Dance Sounds of the 90s with Vernon Kay. **4.00 to 6.30am** Owain Wyn Evans.

RADIO 3 — FREEVIEW 703
Sky 0103 Virgin 903 Freesat 703

6.30am Breakfast. **9.30** Essential Classics. **1.00pm** Classical Live. **4.00** Composer of the Week: Holst. **5.00** In Tune. **7.00** Classical Mixtape. **7.30** Radio 3 in Concert. Irish Baroque Orchestra from the Edinburgh International Festival. **9.45** The Essay: Five Kinds of Amadeus. **10.00** Night Tracks. **11.30** 'Round Midnight. **12.30 to 6.30am** Through the Night.

RADIO 4 — FREEVIEW 704
Sky 0104 Virgin 904 Freesat 704

6.00am Today. **9.00** In Our Time. **9.45** Glued Up: The Sticky Story of Humanity. **10.00** Woman's Hour. **11.00** This Cultural Life. **11.45** Book of the Week: The Siege. **12.00noon** News. **12.05pm** You and Yours. **12.30** Sliced Bread; Weather. **1.00** The World at One. **1.45** Uncharted with Hannah Fry. **2.00** The Archers. **2.15** Drama: The Ballad of Bobby Sands. **3.00** Open Country. **3.25** Radio 4 Appeal. **3.30** BBC National Short Story Award. **4.00** Rethink. **4.30** BBC Inside Science. **5.00** PM; Weather. **6.00** Six O'Clock News. **6.30** Phil Ellis Is Trying. **7.00** The Archers. Susan attempts to hold everyone together. **7.15** Front Row. **8.00** The Media Show. **9.00** Loose Ends. **9.45** NatureBang; Weather. **10.00** The World Tonight. **10.45** Book at Bedtime: Still Lives. **11.00** The Today Podcast. **11.30** A Good Read. **12.00m't** News; Weather. **12.30am** Book of the Week: The Siege. By Ben Macintyre. **12.50** Shipping Forecast. **1.00** As BBC World Service. **5.20** Shipping Forecast. **5.30** News; Prayer for the Day. **5.45 to 6.00am** Farming Today.

RADIO 5 LIVE — FREEVIEW 705
Sky 0105 Virgin 905 Freesat 705

5.00am Wake Up to Money. **6.00** 5 Live Breakfast. **9.00** Nicky Campbell. **11.00** Adrian Chiles. **2.00pm** Matt Chorley. **4.00** 5 Live Drive. **7.00** 5 Live Sport. **10.30** Gordon Smart. Discussion. **1.00 to 5.00am** Dotun Adebayo.

Brilliant ★★★★★ Great ★★★★ Good ★★★ Watchable ★★ Rubbish ★

FRIDAY *20 September*

What's on TV Picks of the day

Coronation Street

ITV1, 8.00pm Caught red-handed… Cassie is disappointed to find a vape pen in Hope's school bag – and the youngster begs her not to tell her parents about it.

Celebrity MasterChef

BBC1, 9.00pm And the trophy goes to… Only three finalists remain who must now prepare a main and dessert for judges John Torode and Gregg Wallace to taste.

Spot the shot

See if you can spot the photo in this issue from which this picture is taken. To enter, just tell us which page it's on. Turn to page 97 to enter. The winner gets £100 cash. Usual rules apply (see page 97).

BBC ONE — BBC1

Freeview 1 (101 HD) Sky 101 Virgin 101 Freesat 101

6.00 AM **Breakfast** News and sport. (S)
9.30 **Morning Live** Daily magazine. (S)
10.45 **SAS: Catching the Criminals** Raids on suspected organised crime gangs. (S)
11.15 **Homes Under the Hammer** Properties in Bradford and the Isle of Wight. (S, Rpt, AD)
12.15 PM **Bargain Hunt** Antiques challenge. From Wetherby antiques fair, Yorkshire. (S, AD)
1.00 **News; Local News; Weather** (S)
2.00 **Sister Boniface Mysteries** 5 of 10. Drama series. The body of a high-level government official's secretary is found dead. (S, Rpt)
2.45 **Robson Green's Weekend Escapes** The actor, his brother David and uncle Matheson go on a canal boat trip in Yorkshire. (S, Rpt)
3.15 **Celebrity Escape to the Country** Property series. Actor Christopher Biggins and his partner consider a new home. (S, Rpt)
3.45 **Garden Rescue Revisited** Stevenage, Pontefract and Watford: Horticultural series. Charlie Dimmock revisits three of her favourite Garden Rescue gardens. (S)
4.30 **The Answer Run** Last in the fast-paced quiz series hosted by Jason Manford. (S)
5.15 **Pointless** Quiz series. (S)
6.00 **News; Weather** (S)
6.30 **Local News; Weather** (S)

7 PM

7.00 **The One Show** Magazine show. (S)
7.30 **Our Lives** Our Yorkshire Stately Home: Documentary following the efforts of dedicated workers and volunteers to restore the country house of Wentworth Woodhouse in South Yorkshire. (S, AD)

8 PM

8.00 **Would I Lie to You?** Comedy panel show. With Sam Campbell, Kimberley Walsh and Charlene White. (S, Rpt)
8.30 **Ghosts** The Grey Lady: Comedy series. The fragile harmony at Button House is broken when a ghostly photograph goes viral. Stars Charlotte Ritchie. (S, Rpt, AD)

9 PM

9.00 **Celebrity MasterChef** Last in the culinary challenge series. The three finalists vie to win the series title. (S, AD)
9.30 **Daddy Issues** Sadie: Last in the comedy series. Derek surprises Malcolm with an escape-room visit for his birthday, while Xander finds Gemma in labour. (S, Rpt)

10 PM

10.00 **News; Weather** (S)
10.30 **Local News; Weather** (S)
10.40 **The Outfit**
Film Premiere
Crime drama. A master English tailor who has ended up in Chicago operates a corner tailor shop with his assistant, where he makes clothes for the only people around who can afford them – a family of vicious gangsters. (100mins, 2022, 15, S, W/S) Rating ★★★★
Starring: Mark Rylance Zoey Deutch, Dylan O'Brien, Johnny Flynn, Nikki Amuka-Bird.
See Filmweek, page 29

12.20 AM **The Hit List** 5 of 12. Saturday's edition of the music-based quiz series. Contestants from Cardiff, Leeds and London attempt to guess songs and artists. (S, Rpt) **Weather**
1.10 **to 6.00** AM **BBC News** (S)

BBC1 REGIONAL VARIATIONS
■ **WALES**
7.30-8.00pm Our Lives **8.30-9.00** Our Lives **10.40** Rewind: 60 Years of Welsh Pop **11.10 FILM PREMIERE:** The Outfit **12.50am** The Hit List **1.35-6.00am** BBC News

BBC TWO — BBC2

Freeview 2 (102 HD) Sky 102 Virgin 102 Freesat 102

6.45 AM **Beechgrove Garden** Dahlias. (S, Rpt)
7.15 **Garden Rescue** Taunton. (S, Rpt)
8.00 **Dr Xand's Con or Cure** (SL, S, Rpt)
8.30 **Big Little Crimes** A burglary puts police on the trail of a car theft gang. (SL, S, Rpt)
9.00 **News** (S)
12.50 PM **Lifeline** Rav Wilding presents an appeal on behalf of Air Ambulances UK. (S, Rpt)
1.00 **Bridge of Lies** Quiz show. (S, Rpt)
1.45 **Unbeatable** Quiz series. (S, Rpt)
2.30 **My Unique B&B** The team head to Dorset to help out a pair of musicians. (S, Rpt, AD)
3.00 **MasterChef: The Professionals** Culinary challenge series. The first group of cooks take part in Knockout Week. (S, Rpt, AD)
4.00 **Home Away from Home** Property series. Couples from Buckinghamshire and mid-Wales exchange homes. (S, Rpt)
4.45 **More Creatures Great and Small** Vet Ian performs a dangerous operation. (S, Rpt)
5.15 **Flog It!** From Hereford Cathedral. (S, Rpt)
5.45 **Great British Railway Journeys** Dundee to Loch of the Lowes: Michael Portillo travels to Scotland's fourth largest city. (S, Rpt, AD)
6.15 **Richard Osman's House of Games** Chris Hughes, Debra Stephenson, Toyah Willcox and Inel Tomlinson take part. (S, Rpt)

6.45 Live **MOTD: Women's Super League**
Chelsea v Aston Villa: Coverage of the opening match of the season staged at Kingsmeadow, kick-off **7.00pm**. The Blues won their fifth successive league title last term but now have a new manager at the helm, with former Lyon boss Sonia Bompastor replacing Emma Hayes, who has taken charge of the USA. The Villans do not have their opponents' pedigree but they have established themselves in the top flight over the past four seasons and will be hoping for a major upset. (S)
9.00 **Gardeners' World** Horticultural series. Monty Don offers tips on how to keep lawns looking their best, Rachel de Thame visits a collection of asters in Worcester, while Adam Frost learns how the derelict garden of Peckover House in Cambridgeshire was restored. (S)
10.00 **QI** VG: Part II: More of the best moments from the 'T' series, hosted by Sandi Toksvig, featuring Alan Davies. (S, Rpt)
10.30 **Newsnight; Weather** (S)

11.05 Film **The Best Man Holiday** Comedy drama sequel. A group of former college friends reunite to celebrate Christmas together. Stars Taye Diggs and Morris Chestnut. (115mins, 2013, 15, S, W/S) Rating ★★
1.00 AM **Sign Zone** Starting with: **1.00 Panorama** HS2: The Railway That Blew Billions. (S, Rpt) **2.00 Celebrity Antiques Road Trip** Travel series. With journalists Clive Myrie and Reeta Chakrabarti. (S, Rpt) **3.00 to 4.00** AM **A Cook Abroad: Monica Galetti's France** The chef goes on a culinary tour of the Jura region of eastern France. (S, Rpt)

BBC2 REGIONAL VARIATIONS
■ **WALES**
6.45pm Designing the Hebrides **7.15 LIVE:** Scrum V Live Cardiff v Zebre. **9.35-10.00pm** The North York Moors: A Wild Year An exploration of the upland area.

Listings for Welsh-language channel S4C (F'sat 120, Sky 134, Virgin 164) are on opposite page.

PHOTOS: ITV, BBC

ITV1

Freeview 3 (103 HD) Sky 103 Virgin 103 Freesat 103

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** Entertainment news. (S)
10.00 **This Morning** Daily magazine featuring celebrity chat and lifestyle features. (S)
12.30 PM **Loose Women** Celebrity interviews and discussion from a female perspective. (S)
1.30 **News; Weather** (S)
1.55 **Local News; Weather** (S)
2.00 **Dickinson's Real Deal** Antiques series. David Dickinson pitches up in Swindon with his team of experts, Tracy Thackray-Howitt, Alison Chapman, Simon Schneider and Fay Rutter assessing items. (S, Rpt, AD)
3.00 **Lingo** Quiz show hosted by Adil Ray. In this edition, a couple from Bexley, a husband and wife from Wales and a married couple of 50 years from Wiltshire take part. (S, Rpt)
4.00 **Tipping Point** Ben Shephard hosts the arcade-themed quiz in which contestants drop tokens down a choice of four chutes in the hope of winning the jackpot. (S, Rpt)
5.00 **The Chase** Quiz series hosted by Bradley Walsh in which four contestants take on one of the trivia experts in the hope of winning a cash prize worth thousands of pounds. (S)
6.00 **Local News; Weather** (S)
6.30 **News; Weather** (S)
7.30 **Emmerdale** Jimmy and Lydia bicker, Laurel is left feeling concerned, while Arthur's good mood is short-lived. (S, AD)
8.00 **Coronation Street** Betsy makes a guilty confession to Carla and Lisa, Ryan confronts Daisy over the feelings that she has for Daniel, while Lauren discovers she is under investigation for trying to abort her baby. (S, AD)
9.00 **My Mum, Your Dad** 5 of 10. Dating series. Parents channel the wild west for a party with some intimate conversations leading to a first kiss. One of the mums has a breakthrough, and another plucks up the courage to ask a dad on a date, with a strange outcome. (S, AD)
10.00 **News; Weather** (S)
10.30 **Local News; Weather** (S)
10.45 **Password** 3 of 7. Game show hosted by Stephen Mangan in which contestants join team captains Daisy May Cooper and Alan Carr as they attempt to guess a series of mystery words across multiple rounds in an effort to win £10,000. (S, Rpt)
11.25 **My Mum, Your Dad** As 9.00pm. (S, Rpt, AD)
12.10 AM **Teleshopping**
3.00 **My Mum, Your Dad** (SL, S, Rpt, AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Goodwood Revival** Highlights from this year's prestigious event as the glory days of motor racing are re-lived at England's great sporting estate. (SL, S, Rpt)

ITV1 REGIONAL VARIATIONS
■ **WALES**
7.00-7.30pm Backstage Ella Lloyd is joined by theatre star Sophie Evans. Plus, a look at the ancient art of henna and meeting make-up artist Danny Marie Elias.

Channel 4

Freeview 4/7 (104/110 HD) Sky 104/108 Virgin 104/108 Freesat 104/106

6.25 AM **Cheers** (Series 7, ep 19, S, Rpt) **6.50** (S7, ep 20, S, Rpt) **7.15** (S7, ep 21, S, Rpt)
7.45 **The King of Queens** US sitcom. (Series 3, ep 3, S, Rpt, AD) **8.10** (Series 3, ep 4, S, Rpt, AD) **8.35** (Series 3, ep 5, S, Rpt, AD)
9.05 **Frasier** (Series 3, ep 11, S, Rpt, AD) **9.35** (Series 3, ep 12, S, Rpt, AD) **10.05** (Series 3, ep 13, S, Rpt, AD) **10.35** (S3, ep 14, S, Rpt)
11.05 **Come Dine with Me: The Professionals** Culinary competition in Bristol. (S, Rpt)
12.05 PM **News** (S)
12.10 **Narrow Escapes** Documentary. (S, Rpt, AD)
1.10 **Find It, Fix It, Flog It** A pedal car and a toy yacht are found in Wales. (S, Rpt, AD)
2.10 **Countdown** Word game. (S)
3.00 **Chateau DIY** The garden is brought back to life at the Château de Lalacelle. (S, Rpt, AD)
4.00 **A Place in the Sun** Property series. A retired vicar seeks a home in the Canary Islands. (S)
5.00 **Help! We Bought a Village** Upgrading the infrastructure of a medieval settlement. (S)
6.00 **A Place in the Sun** Property series. The search for a holiday home in Mar Menor, Europe's largest coastal lagoon. (S, Rpt)
6.30 **The Simpsons** The Frying Game: Homer and Marge befriend an old woman, only to find themselves framed for her murder. (S, Rpt)
7.00 **News** (S)
8.00 **PopMaster TV** 6 of 16. Music quiz hosted by Ken Bruce. Contestants from Abington, Newtownabbey, Stevenage, Leeds and London compete in this fourth heat contest, as they attempt to secure a place in the grand final. (S, Rpt)
9.00 **Gogglebox** The armchair critics offer their views on a selection of the past week's television shows and streaming content – with cameras capturing their instant reactions to the content. (S, AD)
10.00 **First Dates** Dating series in which several strangers enjoy blind dates at a restaurant. Tonight, a divorcee is introduced to a pub landlord, while a voice-over artist is paired with a 57-year-old cinema operator. (S, AD)
11.05 **Married at First Sight UK** Reality series. Hopefuls take the ultimate gamble on love, by marrying a complete stranger. (S, Rpt)
12.45 AM Film **G.I. Joe: The Rise of Cobra** Adventure. A military general trains a special team to counter a global attack led by a Scottish scientist with a powerful weapon. Stars Dennis Quaid. (120mins, 2009, 12, S, W/S) Rating ★★★ **See Filmweek, page 31**
2.45 **Ramsay's Hotel Hell** (SL, S, Rpt, AD)
3.40 **Come Dine with Me** Culinary challenge. From Nottingham and Derby. (S, Rpt, AD)
5.50 **to 6.05** AM **Kirstie's House of Craft** (S, Rpt)

Channel 5

Freeview 5 (105 HD) Sky 105 Virgin 105 Freesat 105

6.00 AM **Milkshake!** Children's programmes. (S)
9.15 **Jeremy Vine** The broadcaster is joined by guests to discuss the issues of the day. (S)
11.30 **Storm Huntley** The discussion continues with viewers' calls on the latest issues. (S)
12.45 PM **Friends** Monica gets a career opportunity that is too good to turn down and Rachel is offered a promotion. (Series 4, ep 9, S, Rpt) **1.10** Ross embarks on a long-distance relationship. (Series 4, ep 10, S, Rpt, AD)
1.40 **News** (S)
1.45 **Home and Away** Cash is still worried about Felicity, who's been unreachable since she watched Rory be taken away. (S, Rpt)
2.15 Film **A Dangerous Affair** Thriller. A pilates instructor embarks on a relationship with a journalist, angering his jealous and hostile ex-girlfriend. Stars Aubree Bouche and Charlie Bewley. (105mins, 2022, 12, S) Rating ★★
4.00 **Bargain-Loving Brits in the Sun** Documentary. Two sisters celebrate their parents' 30th wedding anniversary. (S, AD)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Animal training series. In this edition, Graeme Hall meets a couple who are struggling to walk their dogs on and off the lead. (S, Rpt) **News**
7.00 **World's Most Scenic Railway Journeys** Italy: 5 of 10. Travel series. Following the Neapolitan Line in Italy, travelling west from the seaside town of Pescara, through the wild Apennine Mountains down to the bustling city of Naples on the west coast. (S, Rpt) **News**
8.00 **Seychelles with Jane McDonald** Travel documentary. The singer visits the beautiful beaches of Mahe, one of the Seychelles' most iconic islands, where she goes snorkelling over coral reefs, creates a silk sarong and feasts on the island's fabulous foods in Victoria. (S, Rpt)
9.00 **Titanic: Mysteries from the Grave** New ★ One-off documentary examining the 1912 sinking of the RMS *Titanic*. The tragic journey only lasted five days but over a century later, a collective obsession with the ill-fated ocean liner shows no signs of letting up. As new stories continue to emerge, this documentary reveals the race to decode the remaining secrets still lying on the Atlantic Ocean floor. (S)
11.05 **The Greatest TV of the '80s** The best programmes of the decade, featuring archive clips from shows including *The Tube*, *The Young Ones*, *Brookside*, *Dallas*, *EastEnders*, *Dynasty* and *Blind Date*. (S, Rpt)
1.00 AM **Interactive Gaming** (S)
3.00 **The Cotswolds with Pam Ayres** The poet meets the-then Prince Charles. (S, Rpt)
3.50 **The Wonderful World of Chocolate** (S, Rpt)
4.40 **Wildlife SOS** Documentary. (SL, S, Rpt)
5.05 **House Busters** (SL, S, Rpt)
5.30 **Entertainment News on 5** (S)
5.40 **to 6.00** AM **Milkshake!** (SL, S, Rpt)

6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Trysorau Cymru: Tir, Tai a Chyfrinachau **12.30** Heno **1.00** Cegin Bryn **1.30** Y Sîn **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Hydref Gwyllt Iolo **4.00** Awr Fawr: Timpo **4.10** Anifeiliaid Bach y Byd **4.20** Fferm Fach **4.35** Guto Gwningen **4.50** Ein Byd Bach **5.00** Stwnsh **6.00** Colleen Ramsey: Bywyd a Bwyd **6.30** Garddio a Mwy **6.57** Newyddion S4C **7.00** Heno **7.30** Newyddion S4C a'r Tywydd **8.00** Ras Antur Itera **8.55** Newyddion S4C **9.00 NEW SERIES:** Y Ty Gwyrdd **9.30** Cyfrinachau'r Llyfrgell **10.30-11.35pm** Mike Phillips: Croeso i Dubai

FREEVIEW & FREESAT

What's on TV Picks of the day

21 Jump Street

ITV2, 9.00pm

Undercover cops Jonah Hill and Channing Tatum are sent back to school in this spoof comedy based by the 1980s TV series.

The Chateau Murders

More4, 9.00pm

A sequel to French-Canadian crime thriller *The Wall* in which detective Trudeau is called to body found in a bath of cement.

On Demand NETFLIX

Available on Netflix from today

His Three Daughters
Natasha Lyonne (pictured), Elizabeth Olsen and Carrie Coon play three estranged – and very different – sisters who agree to come together for the sake of their dying father (Jay O Sanders).

ITV2

FV 6 Sky **118** Freesat **113** Virgin **115**

6.00 AM **Children's Programmes**
9.00 **Totally Bonkers World Records**
10.00 **Secret Crush** Double-bill.
12.00 NOON **Dress to Impress** Dating.
1.00 PM **In with a Shout** Game show.
2.00 **Supermarket Sweep** Game show.
3.00 **Charmed** Prue has vivid dreams about a seedy bar and a biker, and is arrested for murder. (S3, ep15)
4.00 **Dawson's Creek** Dawson finds his authority questioned while directing re-shoots on his film. (S6, ep13)
5.00 **Dress to Impress** Dating series.
6.00 **Celebrity Catchphrase** A charity edition, with Bonnie Langford, Aston Merrygold and Liza Tarbuck.
7.00 **Family Fortunes** Gino D'Acampo hosts as families from Wales and Newcastle attempt to guess the most popular responses to surveys posed to 100 people.
8.00 **Bob's Burgers** Gene is invited to his first sleepover, and things do not go as planned. (S8, ep13) **8.30** Bob and Linda's double-date plans end in disaster. (S8, ep14)
9.00 Pick Film **21 Jump Street** Action comedy. Two former classmates get sent back to school as undercover cops, posing as pupils to track down the source of a lethal new drug. Stars Jonah Hill, Channing Tatum, Brie Larson and Dave Franco. *Includes FYI Daily at 10.05pm.* (2012, 15) ★★★★ See Filmweek, page 31
11.10 **Family Guy** Brian mutilates one of Stewie's teddy bears. (S16, ep11) **11.40** Peter gets fired. (S16, ep5)
12.10 AM **American Dad!** Animated sitcom. (S11, ep14) **12.35** (S11, ep8)
1.00 **Bob's Burgers** Animated comedy series. (S8, ep15) **1.25** (S8, ep16)
1.50 **The Stand Up Sketch Show**
2.45 **to 3.00** AM **Unwind with ITV**

ITV3

FV 10 Sky **119** Freesat **115** Virgin **117**

6.00 AM **Classic Emmerdale** Double-bill.
7.00 **Classic Coronation Street**
8.00 **Lewis** Dark Matter: Detective drama.
10.15 **The Royal** One of Those Days: Lizzie is blamed for a man's death.
11.20 **Heartbeat** Bad Blood: Rural drama.
12.30 PM **Heartbeat** Assault and Battery.
1.40 **Classic Emmerdale** Double-bill.
2.40 **Classic Coronation Street**
3.50 **Foyle's War** Bad Blood: A biological warfare experiment goes wrong, killing a local woman and giving Sam a potentially fatal illness.
5.50 **Heartbeat** Lost and Found: An inquiry prompted by a lost suitcase reveals a long-running family feud.
6.55 **Heartbeat** A Bird in the Hand: Nick is determined to resolve a dispute between neighbouring farms, while Kate tries to track down the source of a rare disease.
8.00 **Doc Martin** Louisa and Martin's picnic is interrupted by a vet who appears to be hallucinating, while Penhale makes a hash of asking Janice out. With Martin Clunes.
9.00 **Broadchurch** Drama series starring David Tennant and Olivia Colman. Joe Miller shocks everyone by pleading not guilty to the murder of 11-year-old Danny Latimer.
10.00 **Broadchurch** As the townspeople try to come to terms with recent events, Paul continues his secret meetings and Hardy must face a figure from his past.
11.00 **The Suspect** Having finally uncovered the truth, Joe now faces the challenge of convincing those around him before it is too late.
12.05 AM **Lewis** Dark Matter: The master of Gresham College, an amateur astronomer, is found dead at the Oxford University observatory.
2.00 **to 2.30** AM **Unwind with ITV**

ITV4

FV 26 Sky **120** Freesat **117** Virgin **118**

6.00 AM **Minder** Around the Corner.
7.10 **Cadfael** The Sanctuary Sparrow.
8.50 **Kojak** Mouse: Crime drama.
9.55 **Kojak** Chain of Custody.
10.55 **The Motorbike Show** In Cornwall.
12.00 NOON **Cadfael** The Leper of St Giles.
1.40 PM **Kojak** The Captain's Brother's Wife: Guest stars Shelley Winters.
2.45 **Kojak** No License to Kill.
3.50 **Minder** Give Us This Day Arthur Daley's Bread: Comedy drama.
4.55 **The Professionals** No Stone: CI5 investigates a judge's death.
5.55 **The Motorbike Show** Henry Cole discovers the joys of Portugal's roads on a visit to the Algarve.
7.00 **The Motorbike Show** Henry Cole is in Somerset riding a Honda Goldwing. He meets historians and cheesemakers along the way, and visits the Haynes motor museum.
8.00 **Silverstone Festival** 2 of 2. Highlights from this summer's motorport weekend, featuring modern and historic F1, touring car action and glamorous GT cars.
9.00 Film **The Chronicles of Riddick** Sci-fi adventure sequel. While attempting to discover who has placed a bounty on his head, intergalactic fugitive Riddick encounters a ruthless race of warriors determined to take over the universe. Stars Vin Diesel and Thandie Newton. *Includes FYI Daily at 10.10pm.* (2004, 15) ★★★
11.20 **All Elite Wrestling: Dynamite** Hard-hitting action featuring all of the biggest stars on the AEW roster.
1.20 AM **The Professionals** Spy Probe: Doyle and Bodie pose as hitmen to infiltrate a group of hire killers.
2.10 **The Protectors** Brother Hood: An industrial magnate asks for help.
2.40 **to 3.00** AM **Unwind with ITV**

BBC Scotland

Scot Only FV 9 HD 106
Scotland Only: Sky **115** Freesat **106** Virgin **108**
Rest of the UK: Sky **187** Freesat **110** Virgin **162**

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Seven** News magazine.
8.00 **Amazing Hotels: Life Beyond the Lobby** Monica Galetti works in some of the most unusual hotels around the world.
9.00 **Aberdeen '83: Once in a Lifetime** Marking the 40th anniversary of Aberdeen's European Cup Winners' Cup triumph, featuring interviews with Alex Ferguson, Willie Miller, Alex McLeish, Mark McGhee and Gordon Strachan.
10.00 **Still Game** Last in series. The Clansman is threatened with demolition. (S4, ep6)
10.30 **Two Doors Down** Comedy, starring Arabella Weir and Alex Norton.
11.00 **Gary: Tank Commander** Gary shows an MP around the barracks. (S3, ep4)
11.30 **to 12.00** M'T **Burnistoun**

BBC3

FV 23 (HD 107 in Eng/NI)
Eng / N Ire: Sky **115** Freesat **107** Virgin **107**
Scot / Wales: Sky **121/117** F'sat **107** Virgin **113**

BBC3 starts broadcasting at 7.00pm

7.00 **Dynasties** 2 of 5. Footage of emperor penguins in Antarctica.
8.00 **Top Gear** With Stephen Mangan.
9.00 **Gaia: A Death on Dancing Ledge** 1 of 3. A mysterious death in 2017. **9.45** 2 of 3. The investigation reveals a world of online grooming. **10.30** 3 of 3. The inquest into Gaia Pope-Sutherland's death.
11.15 **People Just Do Nothing** (S3, ep1-3)
12.45 **Zen Motoring** Exploring nature.
1.00 **Top Gear** The Rolls-Royce Phantom.
2.00 **Hire Me: Competing for a Dream Job** Two editions.
3.00 **Press X to Continue**
3.10 **to 3.55** AM **Gaia: A Death on Dancing Ledge**

BBC4

FV 9 HD 106 Scot 24/108 Sky **116** F'sat **108** Virgin **108** (Scot/Wales **107**)

BBC4 starts broadcasting at 7.00pm

7.00 **TOTP: 1996** Featuring Mariah Carey.
8.00 **TOTP: 1978** Paul Burnett presents.
8.30 **TOTP: 1982** Featuring Culture Club.
9.00 **Peter, Paul and Mary: Rhythm on Two** Double-bill. A concert given by the well known American folk trio.
10.00 **Judy Collins: Folk America at the Barbican** A performance.
10.30 **Judy Collins: In Person Tonight**
11.00 **Martin Carthy and Friends: BBC Four Sessions** A concert.
12.00 M'T **Kate Rusby Live at Hyde Park**
12.30 AM **Peter, Paul and Mary: Rhythm on Two** Double-bill.
1.30 **TOTP: 1996** Double-bill. Pop music.
2.30 **TOTP: 1978** See 8.00pm.
3.05 **to 3.45** AM **TOTP: 1982**

ITVBe

FV 28 Sky **131** (Scot **132**) Freesat **119** Virgin **119**

7.20 AM **Be Beautiful** Make-up tips.
7.35 **Billie and Greg: The Family Diaries**
8.35 **Masters of Flip** Property series.
9.35 **Buying and Selling** Property series.
10.35 **Billie and Greg: The Family Diaries**
11.35 **Real Housewives of New York City**
12.30 PM **The Real Housewives of Atlanta**
1.20 **The Only Way Is Essex** Reality.
2.05 **Dinner Date** Dating series.
3.10 **Great Chocolate Showdown**
4.05 **Real Housewives of New York City**
5.00 **Real Housewives of Beverly Hills**
6.00 **Masters of Flip** Property series.
7.00 **Great Chocolate Showdown** The final four bakers are challenged to create delectable trifle terrariums.
8.00 **Dinner Date** A woman from London picks three blind dates.
9.00 **Botched** A patient whose surgeon poked a hole through her nose.
10.00 **Botched** A woman ravaged by a flesh-eating disease seeks help.
11.00 **Jacqueline Jossa: Me and Periods** Jacqueline sets out to investigate the condition of painful periods.
12.00 M'T **The Only Way Is Essex**
12.45 **to 1.00** AM **Unwind with ITV**

E4

FV 13 Sky 135/136 F'sat 122 Virgin 106

6.00 AM **Brooklyn Nine-Nine**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Married at First Sight UK**
9.05 **The Goldbergs** Double-bill.
10.00 **Young Sheldon** Double-bill.
11.00 **Modern Family** Double-bill.
12.00 NOON **The Big Bang Theory** US comedy series.
2.00 PM **The Goldbergs**
3.00 **Modern Family** Double-bill.
4.00 **Married at First Sight UK**
5.05 **The Big Bang Theory**
6.30 **The Big Bang Theory** Sheldon decides to make new friends. (S4, ep17)

7.00 **The Big Bang Theory** Sheldon is fired from his job. (S1, ep4 of 17)

7.30 **Modern Family** US comedy. (S7, ep11)

8.00 New **Below Deck Sailing Yacht** Captain Glenn is poised for his smoothest sail yet as another season begins.

9.00 Film **Jumanji: Welcome to the Jungle** Fantasy action comedy. Four teenagers get transported into a video game and find themselves transformed into jungle explorers. Stars Dwayne Johnson. (2017, 12) ★★★★

11.20 **Naked Attraction** Dating.
12.20 AM **Naked Attraction** Two women look for partners.
1.25 **Open House: The Great Sex Experiment**
2.25 **First Dates** Reality series.
3.20 **Below Deck Sailing Yacht**
4.10 **The Big Bang Theory**
5.05 **to 6.00** AM **Black-ish**

Film4

FV 14 Sky 313 Freesat 300 Virgin 428

11.00 AM Film **The Nevadan** Western drama starring Howard Duff. (1949, U) ★
12.40 PM Film **Yesterday's Enemy** Second World War drama starring Stanley Baker and Leo McKern. (1959, PG, b&w) ★★★★
2.30 Film **Born Free** Fact-based wildlife adventure starring Virginia McKenna. (1965, U) ★★★★
4.20 Film **First Men in the Moon** Sci-fi adventure starring Edward Judd. (1964, U) ★★★

6.25 Film **Indiana Jones and the Last Crusade** Action adventure. Indiana Jones and his father tangle with Nazis while searching for the Holy Grail. Stars Sean Connery, Harrison Ford and Denholm Elliott. (1989, PG) ★★★★★

9.00 Film **Deadpool 2** Action comedy sequel. The anti-hero attempts to protect a young mutant who is being pursued by a heavily armed cyborg from the future. Stars Ryan Reynolds and Josh Brolin. (2018, 15) ★★★★
See Filmweek, page 31

11.20 Film **Under Siege 2** Action sequel. A criminal plans to seize a satellite weapon. Stars Steven Seagal. (1995, 18) ★★★
1.25 **to 3.20** AM Film **Brightburn** Superhero horror starring Elizabeth Banks. (2019, 15) ★★★

More4

FV 18 Sky 136/137 F'sat 124 Virgin 147

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Find It, Fix It, Flog It** Simon O'Brien and Henry Cole visit Witney in Oxfordshire.
12.30 PM **Come Dine with Me** A week of dinner parties in Co Durham, including an evening on a farm.
3.10 **Four in a Bed** Back-to-back editions of the B&B challenge series.
5.50 **Chateau DIY** Edward starts a project to transform caves under Chateau Lagorce into a wine venue.

6.55 **Car S.O.S** Tim Shaw and Fuzz Townshend restore a 1971 Lamborghini Espada, belonging to a Derbyshire man with health issues.

7.55 **Grand Designs** Kevin McCloud meets a couple who are building a curved glass family home in a Manchester suburb.

9.00 Pick New **The Chateau Murders** Sequel to French-Canadian crime thriller *The Wall*. Subtitled. (S2, ep1)

10.00 **The Chateau Murders** New episode Detective Trudeau is reunited with her dodgy ex partner. Subtitled. (S2, ep2)

11.00 **24 Hours in A&E** A woman has difficulty breathing.
12.05 AM **24 Hours in A&E** A man is involved in a car crash.
1.05 **Emergency Helicopter Medics** Documentary.
2.15 **24 Hours in A&E**
3.20 **to 3.50** AM **A Place in the Sun**

U&Drama

FV 20 Sky 143 Freesat 158 Virgin 116

7.10 AM **London's Burning**
8.00 **Doctors** Double-bill.
9.15 **Holby City** Medical drama.
10.35 **Casualty** Hospital drama.
11.40 **The Bill** Police drama.
12.45 PM **Classic EastEnders**
2.00 **London's Burning**
3.00 **Soldier, Soldier**
4.10 **Howards' Way**
5.20 **One Foot in the Grave** Victor's brother visits.
6.00 **'Allo 'Allo!** Three rescue attempts are launched.
6.40 **Last of the Summer Wine** Truly's attempt to help Howard backfires.

7.20 **Last of the Summer Wine** A man believes he has been cursed, so Truly, Entwistle and Alvin feel it is their duty to exorcise it.

8.00 **Father Brown** Lady Felicia's reckless driving lands her in the hospital bed next to Mrs McCarthy – with a killer on the loose.

9.00 **Father Brown** The priest investigates an apparent suicide, believing the death of a returned RAF pilot to be murder.

10.00 **New Tricks** Loyalties and Royalties: A deathbed confession leads the team to investigate the suicide of a 1970s rock star.

11.20 **Waking the Dead** 1 of 2. The team investigate a teenager's death.
12.40 AM **Waking the Dead** 2 of 2. The team learns what really happened at the bout.
2.00 **Holby City** Medical drama.
3.10 **to 4.00** AM **Birds of a Feather**

U&Dave

FV 19 Sky 111/112 Freesat 157 Virgin 127

7.10 AM **Whose Line Is It Anyway? USA** Double-bill.
8.00 **Special Ops: Crime Squad UK** Double-bill.
10.00 **Robson's Extreme Fishing Challenge** Double-bill.
12.00 NOON **Storage Hunters UK**
2.00 PM **Extreme Fishing with Robson Green** The actor visits the coast of Kenya.
3.00 **Top Gear** Double-bill.
5.00 **Rick Stein's French Odyssey** Double-bill.
6.00 **Rick Stein's Fresh Food** Cooking with Caribbean fruit and vegetables.

7.00 **QI** Guests include Susan Calman and Lou Sanders.

7.40 **Richard Osman's House of Games** With Sarah Kendall, Jay McGuiness, Linda Robson and Bobby Seagull. **8.20** Johnny Ball, Suzi Ruffell, Nina Wadia and Danny Wallace compete.

9.00 **QI XL** An edition of the show celebrating 2012's Cultural Olympiad, with Bill Bailey, David Mitchell, Sue Perkins and Alan Davies.

10.00 **Have I Got a Bit More News for You** Jo Brand guest hosts this extended edition of the satirical news quiz.

11.00 **Sons of Anarchy** Samcro's dark past resurfaces.
12.00 M'T **Sons of Anarchy** Jax finds himself caught in a dangerous position.
1.00 AM **Room 101** With Rob Delaney, Davina McCall and Laurence Fox.
1.35 **to 4.00** AM **Room 101**

Talking Pictures TV

FV 82 Sky 328 Freesat 306 Virgin 445

6.00 AM **The Hostage** (1956) ★★
7.30 **Impulse** (1954, PG) ★★★
9.10 **Bluebeard** (1944, PG) ★★★
10.35 **A Cry from the Streets** Drama. (1958, U) ★★★
12.30 PM **The Four Just Men**
1.05 **Ghost Ship** (1952, U) ★★
2.45 **The Card** (1952, U) ★★★
4.35 **Malta Story** (1953, U) ★★
6.40 **Look at Life** Documentary.
6.55 **The Thirty Nine Steps** Thriller starring Robert Powell. (1978, PG) ★★★
9.10 **Hammer House of Mystery and Suspense** A woman on a trip to Prague is caught up in an espionage plot. (S1, ep3)
10.45 **The Gamma People** Sci-fi drama starring Paul Douglas. (1955, PG) ★
12.20 AM **Firewalker** Action adventure. (1986, 15) ★★
2.25 **Dakota Lil** (1950, PG) ★★★
4.10 **Four Star Theatre**
4.45 **Look at Life** Documentary.
5.00 **to 6.00** AM **Bonanza**

5Action

FV 33 Sky 150 Freesat 132 Virgin 130

9.00 AM **Entertainment News**
9.10 **Car Pound Cops**
9.45 **Extreme Tow Truckers**
10.45 **Traffic Cops** Vehicle crime.
11.45 Film **The Last Wagon** Western starring Richard Widmark. (1956, PG) ★★★
1.50 PM Film **Sitting Bull** Western starring Dale Robertson. (1954, U) ★★
4.00 **Extreme Tow Truckers**
5.00 **Traffic Cops** Vehicle crime.
6.00 **Police Interceptors**
8.00 **Police Interceptors** A selection of highlights.
9.00 **999: Police Hour of Duty** A man has facial wounds following an assault.
10.00 **Motorway Cops: Catching Britain's Speeders**
11.00 **Motorway: Hell on the Highway** Traffic incidents.
12.00 M'T **Yellowstone** Drama. (S3, ep7) **1.00** AM (S3, ep8)
2.00 **Trucking Hell** Double-bill.
3.45 **to 4.00** AM **Entertainment News**

5STAR

FV 32 Sky 128/129 F'sat 131 Virgin 126

8.00 AM **Rich Kids Go Skint**
9.00 **Shoplifters: Caught Red Handed** Documentary.
10.00 **Car Pound Cops**
11.00 **Traffic Cops** Vehicle crime.
2.00 PM **Police Interceptors**
5.00 **Nightmare Tenants, Slum Landlords** Documentary.
6.00 **Home and Away**
6.30 **Home and Away** New episode Mackenzie gives Mali a talking to.
7.00 **GPs: Behind Closed Doors**
8.00 **Casualty 24/7**
9.00 Film **Non-Stop** Action thriller starring Liam Neeson. (2014, 12) ★★★★
11.10 Film **Gun** Crime thriller. Stars Curtis Jackson and Val Kilmer. (2010, 18) ★★
12.55 AM **Killer at the Crime Scene** A makeshift grave.
1.50 **Casualty 24/7**
2.40 **GPs: Behind Closed Doors**
3.25 **Home and Away**
3.50 **to 4.00** AM **Entertainment News**

5USA

FV 21 Sky 141/169 F'sat 129 Vir 120/162

9.00 AM **NCIS** (S10, ep23)
9.55 **Entertainment News**
10.00 **NCIS** Double-bill.
12.00 NOON **Law & Order** Drama series. (S3, ep3) **1.00** PM (S3, ep4) **2.00** (S3, ep5) **3.00** (S3, ep20) **4.00** (S3, ep21) **5.00** (S3, ep22)
6.00 **NCIS** Drama guest starring Challen Cates. (S11, ep15)
7.00 **NCIS** DiNozzo confronts an impersonator. (S11, ep16)
8.00 **NCIS** A bomb detonates at a military charity concert, killing two men. (S11, ep17)
9.00 **NCIS** The body of a former agent washes ashore in New Orleans. (S11, ep18)
10.00 **Law & Order: Special Victims Unit** A six-year-old goes missing. (S18, ep8)
11.00 **Law & Order: Special Victims Unit** Triple-bill.
1.55 AM **Criminal Minds** (S9, ep9) **2.50** (S9, ep10)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

Sky Mix

FV 11 Sky 151 Freesat 144 Virgin 135

7.00 AM **Nothing to Declare**
9.00 **Monkey Life** Double-bill.
10.00 **Road Wars** Vehicle crime.
11.00 **Highway Patrol**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Monkey Life** Double-bill.
3.00 **Nothing to Declare**
4.00 **Star Trek: TNG** (S3, ep3)
5.00 **Star Trek: Enterprise**
6.00 **Star Trek: DS9** (S3, ep23)
7.00 **Star Trek: Voyager**
8.00 **Hawaii Five-0** (S3, ep13)
9.00 **Hawaii Five-0** (S3, ep14)
10.00 **Murder at the Cottage** New to Freeview 5 of 5. A look at Ian Bailey's trial.
11.00 **Killer in My Village**
12.00 M'T **Caught on Dashcam**
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: War on Crime**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

more freeview

FRIDAY 7 PM 8 PM 9 PM 10 PM PRIME-TIME

Key to episode numbers: ***(S1, ep1 of 10) = Series 1, episode 1, and there are a total of 10 episodes in the series***

PRIME-TIME

U&W

FV 25 Sky 132/133 F'sat 156 Virgin 125

6.10 AM **Inside the Ambulance**
7.00 **Property Brothers: Forever Homes**
8.00 **Tipping Point** Quiz series.
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point** Quiz.
4.00 **My Dream Home**
6.00 **Tipping Point: Lucky Stars** Paul Merton takes part.
7.00 **MasterChef Australia** New edition Featuring a wobbly jelly Mystery Box.
8.00 **Inside the Ambulance: Coast and Country** A newborn baby with a low temperature.
9.00 **999 Rescue Squad** The team helps a biker critically injured in a crash.
10.00 **999 Rescue Squad**
11.00 **Gavin & Stacey** Triple-bill.
1.00 AM **One Born Every Minute**
1.50 **Inside the Ambulance**
2.25 **to 3.00** AM **Nigella: At My Table**

GREAT! tv

FV 50 Sky 157 Virgin 170

8.00 AM **Hart to Hart** (S4, ep20)
9.00 **Father Dowling Mysteries**
10.00 **Diagnosis Murder**
11.00 **Castle** (S6, ep11)
12.00 NOON **Hart to Hart**
2.00 PM **Father Dowling Mysteries** Crime drama.
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote** Jessica uncovers rivalry at an ice-cream company.
6.00 **Murder, She Wrote** Jessica testifies in court.
7.00 **M*A*S*H** Back-to-back episodes. (S1, ep13-16)
9.00 **The New Avengers**
10.00 **Randall and Hopkirk (Deceased)** Drama.
11.00 **Return of the Saint**
12.00 M'T **M*A*S*H** US comedy.
2.00 AM **Randall and Hopkirk (Deceased)** Drama.
3.00 **Return of the Saint**
4.00 **to 5.00** AM **Highway to Heaven**

Quest

FV 12 Sky 144 Freesat 167 Virgin 137

6.00 AM **Chasing Classic Cars**
8.00 **American Pickers**
10.00 **The Repair Shop**
12.00 NOON **How Do They Do It?**
2.00 PM **Shed and Buried**
3.00 **Find It, Fix It, Flog It**
5.00 **Wheeler Dealers**
6.00 **Wheeler Dealers** A 1974 Jaguar XJ6 is restored.
7.00 **Salvage Hunters: Classic Cars** An automatic Alfa Romeo 2000 GTV.
8.00 **Salvage Hunters: The Restorers** A settle bed.
9.00 **Saving Lives at Sea** Two paddleboarders are swept into a shipping lane.
10.00 **Helicopter ER: Coastal Special** Rescues by the Yorkshire Air Ambulance.
11.00 **The Repair Shop**
12.00 M'T **Speedway** Semi-final.
1.00 AM **Wheeler Dealers**
3.00 **How Do They Do It?**
4.00 **to 5.00** AM **How It's Made**

True Crime

FV 67 Sky 146 Freesat 135 Virgin 148

9.00 AM **Judge Judy** Back-to-back small-claims cases.
12.00 NOON **Close Calls: On Camera** Double-bill.
1.00 PM **Judge Judy** Back-to-back editions of real-life, small-claims cases.
7.00 **Close Calls: On Camera** Split-second moments. **7.30** A dad wheeling his son to playgroup has a near-death experience.
8.00 **Murder by the Sea** A look at the case of Robert Henry Davies.
9.00 **Snapped: Killer Couples** A good Samaritan falls victim to a brutal crime.
10.00 **Cold Justice**
11.00 **To Catch a Killer**
12.00 M'T **Shocking Crimes**
1.00 AM **Killer Couples**
2.00 **Cold Justice**
3.00 **Facing Evil** Double-bill.
4.00 **to 6.00** AM **Judge Judy**

Pick of the day

The Penguin
Sky Atlantic, 9.00pm
A *Batman* spin-off in which Colin Farrell plays Gotham City gangster Oscar Cobblepot, aka The Penguin.

PRIME-TIME

U&Yesterday

FV 27 Sky 155 Freesat 159 Virgin 129

6.10 AM **Underground Worlds**
8.00 **Abandoned Engineering**
10.00 **Adolf Hitler's War**
11.00 **The World at War**
12.00 NOON **Canal Boat Diaries**
1.00 PM **Antiques Roadshow**
2.00 **Bangers & Cash**
4.00 **Adolf Hitler's War**
5.00 **The World at War**
6.00 **Antiques Roadshow**
7.00 **Canal Boat Diaries** A journey from Hawne Basin to Stourbridge.
8.00 **Martin Clunes: Islands of Australia** The actor explores Mundoo Island.
9.00 **Canal Boat Diaries** A trip along the River Severn. **9.30** An epic aqueduct near Stratford-upon-Avon.
10.00 **Bangers & Cash**
11.00 **Abandoned Engineering**
12.00 M'T **Great American Railroad Journeys**
1.00 **to 3.00** AM **Private Lives**

GREAT! movies

FV 34 Sky 321 Virgin 425

9.00 AM Film **Live Once, Die Twice** Thriller. (2006) ★★
10.55 Film **Off the Rails** Drama. (2017, PG) ★★★
1.00 PM Film **I Do, I Do, I Do** Fantasy. (2015, PG) ★★
3.00 Film **Autumn in the Vineyard** Romantic drama. (2016, PG) ★★★★
4.55 Film **A Winter Princess** Drama. (2019, PG) ★★★★
6.45 Film **Did You Hear About the Morgans?** Comedy starring Hugh Grant. (2009, PG) ★★★
9.00 Film **2 Guns** Action adventure starring Mark Wahlberg. (2013, 15) ★★★
11.20 Film **Redemption** Drama starring Jason Statham. (2013, 15) ★★★★
1.35 AM Film **The Box** Sci-fi thriller. (2009, 12) ★★★
4.00 **to 6.00** AM Film **An Organised Killer**

Quest Red

FV 40 Sky 149 Freesat 169 Virgin 168

6.00 AM **Say Yes to the Dress**
10.00 **Curvy Brides Boutique**
11.00 **Reasonable Doubt**
12.00 NOON **Forensic Detectives**
1.00 PM **FBI Files** A bank heist.
2.00 **Murder on CCTV**
3.00 **Judge Rinder's Crime Stories** A drugs bust.
4.00 **American Monster**
6.00 **Murder in the Heartland**
7.00 **The Killer in My Family**
8.00 **Murder on CCTV** The murder of Philip Gattuso.
9.00 **Murder on CCTV** The case of two Florida parents who were gunned down.
10.00 New **The Real Murders on Elm Street** A house on Elm Street goes up in flames, leaving two dead.
11.00 **Cabin in the Woods**
12.00 M'T **Nightmare Next Door**
1.00 AM **Betrayed** True-crime.
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

Legend

FV 41 Sky 148 Freesat 137 Virgin 149

8.00 AM **Walker, Texas Ranger**
9.00 **The A-Team** (S2, ep7)
10.00 **MacGyver** (S2, ep1)
11.00 Film **Sea of Sand** War adventure. (1958, U) ★★★
12.55 PM Film **She** Fantasy adventure. (1965, U) ★★
3.00 Film **The People That Time Forgot** Fantasy adventure. (1977, U) ★★★
5.00 **Star Trek** (S3, ep21)
6.00 **MacGyver** (S2, ep2)
7.00 **The A-Team** (S2, ep8)
8.00 **Walker, Texas Ranger**
9.00 Film **The Hunted** Thriller starring Christopher Lambert. (1995, 18) ★★★
11.10 Film **Half Past Dead** Thriller. (2002, 15) ★★★
1.05 AM Film **The Most Dangerous Game** Action thriller. (2022, 15) ★★
3.00 **to 5.00** AM Film **Circus of Horrors** Chiller. (1960, 15) ★★★

PBS America

FV 84 Sky 174 Freesat 155 Virgin 187

Available 1pm to 12m't on Freeview

8.00 AM **Beautiful Serengeti**
8.30 **A.I. Revolution**
9.40 **Thirties in Colour**
10.35 **Cleopatra: Portrait of a Killer** See 8.30pm.
11.50 **When Patsy Cline Was Crazy** Profiling the singer.
1.00 PM **Beautiful Serengeti**
1.40 **A.I. Revolution**
2.55 **Thirties in Colour**
3.55 **Cleopatra** See 8.30pm.
5.10 **When Patsy Cline Was Crazy** Profiling the singer.
6.20 **A.I. Revolution**
7.30 **Thirties in Colour**
8.30 **Cleopatra: Portrait of a Killer** Examining the reign of the Egyptian queen.
9.50 **When Patsy Cline Was Crazy** Profiling the singer.
11.00 **Thirties in Colour**
12.00 M'T **Cleopatra** See 8.30pm.
1.15 **to 2.00** AM **Beautiful Serengeti**

PRIME-TIME

Really

FV 17 Sky 142 Freesat 160 Virgin 128

6.00 AM **Fantasy Homes**
7.00 **Home Shopping**
8.00 **Salvage Hunters**
10.00 **A Place in the Sun**
12.00 NOON **Money for Nothing**
2.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **Yorkshire Auction House**
7.00 **Antiques Road Trip**
9.00 **Help! My House Is Haunted** New edition The practice of Soul Tapping.
10.00 **Help! My House Is Haunted** New edition A home with a Poltergeist.
11.00 **Death Walker with Nick Groff** New edition The Bellevue Theatre.
12.00 M'T **Help! My House Is Haunted** True's Yard.
1.00 AM **Unexplained: Caught on Camera**
2.00 **Home Shopping**
4.00 **to 6.00** AM **Salvage Hunters**

GREAT! christmas

FV 52 Sky 319 Virgin 424

8.00 AM Film **A Mission for Christmas** (2015, PG) ★★
10.00 Film **The Spirit of Christmas** (2015, PG) ★★
12.00 NOON Film **Christmas on Mistletoe Lake** Festive drama. (2022, PG) ★★★
2.00 PM Film **Christmas at Holly Lodge** (2017, U) ★★
4.00 Film **Fixing Up Christmas** (2021, PG) ★
6.00 Film **Grounded for Christmas** (2019, PG) ★★
8.00 Film **Royal New Year's Eve** Drama starring Jessy Schram. (2017, U) ★★
10.00 Film **Hometown Holiday** Drama starring Sarah Troyer. (2017, PG) ★★★
12.00 M'T Film **Will You Merry Me?** Comedy. (2008) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM Film **The National Tree** Festive drama. (2009, PG) ★★

GREAT! action

FV 42 Sky 323 Virgin 426

8.00 AM **Police Ten 7**
9.00 Film **Domino Kid** Western. (1957, U) ★★
10.50 **War Machines**
12.00 NOON **Wanted: Dead or Alive** Double-bill.
1.00 PM Film **Battle of Rogue River** Western. (1954) ★★
2.30 Film **Fury At Gunsight Pass** Western. (1955, 15) ★
4.00 **Wanted: Dead or Alive**
5.00 **Wild West Chronicles**
6.00 **Battle of Kursk**
7.00 Film **Super Eruption** Thriller starring Juliet Aubrey. (2011, 15) ★★
9.00 Film **Priest** Fantasy thriller starring Paul Bettany. (2011, 15) ★★★
11.00 Film **Red Headed Stranger** (1986, 15) ★★
1.15 AM Film **Jetstream** Thriller. (2012, 12) ★★
3.05 **Cops Uncut** Double-bill.
4.05 **to 5.00** AM **The Panzer**

Challenge

FV 48 Sky 145 Freesat 146 Virgin 139

7.00 AM **The Chase** Quiz series.
10.00 **Weakest Link** Quiz show.
11.00 **Pointless Celebrities**
12.00 NOON **Cash Trapped** Quiz.
1.00 PM **Family Fortunes**
3.00 **Catchphrase** Game show.
4.00 **Blockbusters** Game show.
5.00 **Bullseye** Four editions of the darts-based quiz.
7.00 **Cash Trapped** Quiz series hosted by Bradley Walsh.
8.00 **The Chase** Double-bill.
10.00 **Celebrity Who Wants to Be a Millionaire?** Jamie Theakston and Wendi Peter, and Max Beesley and Susie Amy take part.
11.00 **Bullseye** Double-bill.
12.00 M'T **Who Wants to Be a Millionaire?** Quiz series.
1.00 AM **Cash Trapped** Quiz.
2.00 **The Chase** Quiz series.
4.00 **Classic Who Wants to Be a Millionaire?** Quiz series.
5.00 **to 6.00** AM **Bullseye**

Sky Arts

FV 36 Sky 130/131 F'Sat 147 Virgin 123

6.00 AM **Giselle** A ballet show.
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Alfred Hitchcock Presents**
11.00 **Discovering** Janet Leigh.
12.00 NOON **Landscape Artist of the Year 2015** Trelissick.
1.00 **Tales of the Unexpected**
2.00 **Raphael: Revealed**
3.00 **Discovering** Rod Steiger.
4.00 **Watercolour Challenge**
5.00 **Landscape Artist 2015**
6.00 **Tales of the Unexpected**
7.00 **Alfred Hitchcock Presents**
8.00 **Discovering** Double-bill.
9.00 **Beach Boys: Good Vibrations Tour**
10.00 **Guy Garvey: From the Vaults** New edition
11.00 **The Sky Arts Awards**
1.00 AM **Pink Floyd: A Technicolor Dream**
3.00 **Discovering** Pink Floyd.
3.25 **Record On** New Order.
5.05 **to 6.00** AM **Auction**

Sky Showcase

Sky 106 Virgin 109

6.00 AM **Sky News Breakfast**
7.00 **Breakfast with Anna Jones** News reports.
8.00 **Border Patrol** Double-bill.
9.00 **Stargate SG-1** Double-bill.
11.00 **Secret Life of the Kangaroo** A male's life.
12.00 NOON **Supergirl** (S2, ep19)
1.00 PM **NCIS: New Orleans**
3.00 **Hawaii Five-0** (S9, ep10)
4.00 **S.W.A.T.** (S7, ep13)
5.00 **The Simpsons** Double-bill.
6.00 **The Office (US)** The Scranton branch hosts a welcome party. (S8, ep20) **6.30** Andy returns to Scranton. (S8, ep21)

7.00 The Simpsons Lisa refuses to apologise for insulting Miss Hoover. **7.30** Comic Book Guy's origin story is revealed.

8.00 The F1 Show The latest Formula 1 news, highlights and previews.

9.00 Funny Woman New episode Sophie returns to rehearsals amid gossip about a romance with her co-star. (S2, ep3)

10.00 Chris Ramsey: Live from London A stand-up performance at the Royal Court Theatre in London's West End.

11.00 **Sex and the City** Sitcom. (S1, ep3) **11.40** (S1, ep4)
12.15 AM **The Force: North East**
1.10 **Brit Cops: Frontline Crime** A domestic incident.
2.05 **Road Wars** Vehicle crime.
3.00 **Hawaii Five-0** (S9, ep10)
4.00 **S.W.A.T.** (S7, ep13)
5.00 **to 6.00** AM **Motorway Patrol**

Sky Witness

Sky 107 Virgin 110

6.00 AM **Bondi Rescue**
7.00 **The Real A&E**
8.00 **Border Patrol**
9.00 **Highway Patrol**
10.00 **The Force: Manchester**
11.00 **Bull** Drama. (S6, ep13)
12.00 NOON **The Rookie** (S3, ep7)
1.00 PM **Chicago Fire** Severide steps up in Chief Boden's absence. (S12, ep10 of 13)
2.00 **The Equalizer** Delilah seeks the help of her mother's team. (S2, ep18)
3.00 **Caught on Dashcam** Road disasters caught on video.
4.00 **Nothing to Declare** Back-to-back editions.

7.00 Nothing to Declare Double-bill of the fly-on-the-wall series following the work of customs and immigration officers.

8.00 The Equalizer The team attempt to help the daughter of a firefighter after her father goes missing. (S3, ep2 of 18)

9.00 Law & Order: Special Victims Unit New episode A cryptic note reveals a new track to find Maddie. (S25, ep5)

10.00 Law & Order: Organized Crime New episode A rescued victim goes missing. **See feature, page 12.** (S4, ep5)

11.00 **Elsbeth** A bar owner seeks revenge on behalf of a bullied customer. (S1, ep9)
12.00 M'T **The Cleaning Lady** Gangster drama. (S3, ep6)
1.00 AM **The Rookie: Feds**
2.00 **Bull** Drama. (S6, ep16)
3.00 **The Good Doctor** (S1, ep14)
4.00 **Sun, Sea and A&E**
5.00 **to 6.00** AM **Bondi Rescue**

Sky Atlantic

Sky 108 (Wales 109)

6.00 AM **Urban Secrets**
7.00 **The Guest Wing**
7.55 **In Treatment** (S1, ep2)
8.30 **Boardwalk Empire**
10.35 **Big Love** Double-bill. (S2, ep1) **11.35** (S2, ep2)
12.35 PM **Game of Thrones**
1.40 **The Sopranos** Double-bill. (S6, ep9) **2.40** (S6, ep10)
3.40 **Boardwalk Empire** Nucky tries to silence political aide Jess Smith. (S3, ep10)
4.45 **Boardwalk Empire** Rosetti makes his move in Atlantic City. (S3, ep11)
5.45 **Big Love** Ben receives a card from Cindy. (S2, ep3)

6.45 Big Love Joey continues to cover for his unstable wife, and Sarah takes Heather along on her date with Scott. (S2, ep4)

7.50 Game of Thrones Jon and Daenerys finally meet, Cersei gains a new ally, and Sam is confronted for his actions. (S7, ep3)

9.00 Pick New **The Penguin** Crime drama spin-off from *The Batman* film, starring Colin Farrell. **See feature, page 12.** (S1, ep1)

10.20 Gangs of London Crime drama starring Sope Dirisu. International gangs attempt to take control of London. (S1, ep1)

12.05 AM **Mare of Easttown** Mare re-evaluates old suspects. (S1, ep6)
1.15 **The Wire** Valchek strikes a deal with Burrell. (S2, ep2)
2.20 **Euphoria** Cassie spends time with David. (S1, ep6)
3.20 **Game of Thrones** (S7, ep3)
4.30 **In Treatment** (S1, ep2)
5.00 **to 6.00** AM **Urban Secrets**

Sky Comedy

Sky 114 (Wales 115) Virgin 112

8.00 AM **Will & Grace**
9.00 **The Conners** (S5, ep22)
9.30 **Young Rock** (S1, ep1)
10.00 **Bloods** (S2, ep1)
10.35 **Bored to Death**
11.35 **Veep** Double-bill.
12.55 PM **High Maintenance**
2.10 **Togetherness** Double-bill.
3.20 **Veep** Double-bill.
4.30 **Bloods** (S2, ep2)
5.00 **Will & Grace** Grace receives a letter from ex-fiancé Danny. (S1, ep22) **5.30** A new start beckons for Grace. (S2, ep1)
6.00 **The Office (US)** Sitcom. (S8, ep20) **6.30** (S8, ep21)

7.00 Young Rock Dwayne pretends to be rich to impress a girl. (S1, ep2) **7.30** Rocky's wrestling career takes off. (S1, ep3)

8.00 Will & Grace Will has a beauty treatment. (S5, ep7) **8.30** 1 of 2. Leo and Grace get married in Central Park. (S5, ep8)

9.00 Romantic Getaway Deacon and Allison fall out with Kethan. (S1, ep5) **9.30** Deacon and Allison try to escape. (S1, ep6)

10.00 Chris Ramsey: Live from London A stand-up performance at the Royal Court Theatre in London's West End.

11.00 **Sex and the City** Sitcom. (S1, ep3) **11.35** (S1, ep4)
12.10 AM **The Tonight Show Starring Jimmy Fallon** New edition Chat show.
1.10 **Divorce** Double-bill. (S1, ep3) **1.50** (S1, ep4)
2.30 **Veep** Comedy double-bill. (S1, ep7) **3.05** (S1, ep8)
3.40 **to 5.00** AM **Silicon Valley**

Gold

Sky 110 (Wales 111) Virgin 124

7.20 AM **The Fosters** Sitcom.
8.15 **Open All Hours** Comedy.
8.55 **The Green Green Grass**
9.35 **Last of the Summer Wine**
10.15 **Hi-de-Hi!** Comedy series.
11.00 **Open All Hours** Comedy.
11.40 **Last of the Summer Wine**
1.40 PM **The Green Green Grass**
2.20 **Open All Hours** Sitcom.
3.00 **Dad's Army** Comedy.
3.40 **Hi-de-Hi!** Comedy series.
4.20 **Last of the Summer Wine**
5.40 **Open All Hours** Arkwright finds he has a love rival.
6.20 **The Green Green Grass** The farmhands concoct a virility potion for the bull.

7.00 Dad's Army Jones buys some black-market pigeons from Walker. **7.40** Mainwaring camps the platoon in a barn in the middle of a firing range.

8.20 Blackadder the Third Edmund falls foul of Dr Johnson. With guest star Robbie Coltrane.

9.00 Gavin & Stacey Pam and Mick host a beer and curry night for the friends.

9.35 Not Going Out A confused old woman wanders into Lucy's flat, so Lee throws her out.

10.15 Detectorists Russell and Hugh try to recover the mayor's chain of office.

11.00 **Inside No 9** A woman and a professor commence a battle of wits for a puzzle.
11.40 **Toast of London**
12.15 AM **Gavin & Stacey**
12.50 **Not Going Out** Sitcom.
1.30 **Detectorists** See 10.15pm.
2.20 **Inside No 9** See 11.00pm.
2.55 **Toast of London** Comedy.
3.20 **to 4.00** AM **The Fosters**

FRIDAY

7 PM

8 PM

9 PM

10 PM

Sky Crime

Sky 122 (Scot 123) Virgin 121

6.00 AM **Brit Cops**
7.00 **Road Wars** Vehicle crime.
8.00 **UK Border Force**
9.00 **Caught on Dashcam**
10.00 **Highway Cops**
11.00 **Killer in My Village**
12.00 NOON **Killer Siblings**
1.00 PM **The Killer Within**
2.00 **Catching the Killer**
3.00 **Most Evil Killers**
5.00 **Twisted Killers**
6.00 **Killer in My Village**
7.00 **World's Most Evil Killers** A German man jailed in 2016 for killing his wife.
8.00 **Britain's Most Evil Killers** Murderer Mick Philpott.
9.00 **The Murders at Starved Rock** Documentary exploring the murders of three women in 1960.
12.30 AM **Most Evil Killers**
1.25 **New York Homicide**
2.20 **Snapped** Documentary.
3.10 **Love You to Death**
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Motorway Patrol**

Sky Documentaries

Sky 121 (Scot 122) Virgin 188

6.00 AM **The Eighties** Television.
7.00 **Discovering** Peter O'Toole.
8.00 **Directors** Nicolas Roeg.
9.00 **Navajo Police: Class 57**
10.00 **The Jinx Part Two**
11.00 **Faye** Biopic.
12.45 PM **My Icon** Sporting idols.
1.00 **Spielberg** Documentary.
3.50 **My Icon** Shaun Gayle.
4.00 **Directors** Nicolas Roeg.
5.00 **Discovering** Peter O'Toole.
6.00 **Navajo Police: Class 57**
7.00 **The Jinx Part Two** Durst's lawyer Stewart Altman takes the stand.
8.00 **Urban Secrets** The sights and sounds of Glasgow.
9.00 **Black Widow** The crimes of Dena Thompson.
10.00 **Mission to Burnley** The club sign new players in a frantic transfer window.
11.00 **Giroud** A profile of French footballer Olivier Giroud.
12.30 AM **The Two Escobars**
2.30 **The Lawman**
4.00 **Directors** Nicolas Roeg.
5.00 **to 6.00** AM **Discovering**

Sky Nature

Sky 124 (Scot 125) Virgin 189

6.00 AM **Gangs of Lemur Island**
7.00 **Monkey Life** Double-bill.
8.00 **Wildlife Rescue**
9.00 **Guardians of the Wild**
10.00 **Undiscovered Vistas**
11.00 **Secret Life of Kangaroo**
12.00 **Mysteries of the Mekong**
1.00 PM **Monkey Life**
2.00 **Wildlife Rescue**
3.00 **Guardians of the Wild**
4.00 **Undiscovered Vistas**
5.00 **Mysteries of the Mekong**
6.00 **Into the Wild: Colombia**
7.00 **Monkey Life** Double-bill.
8.00 **Orangutan Jungle School** New edition A nursery-class orphan disappears.
9.00 **Super Shark Highway**
10.00 **Into the Wild: Colombia**
11.00 **Mysteries of the Mekong**
12.00 M'T **Big Cats: An Amazing Animal Family** 2 of 2.
1.00 AM **Deadly Australians**
2.00 **Orangutan Jungle School**
3.00 **Super Shark Highway**
4.00 **Wildlife Rescue**
5.00 **to 6.00** AM **Guardians of the Wild**

Sky Max

Sky 113 (Wales 114) Virgin 111

6.00 AM **Legends of Tomorrow**
7.00 **SEAL Team** (S5, ep5)
8.00 **Supergirl** (S2, ep17)
9.00 **Stargate SG-1** Double-bill.
11.00 **Legends of Tomorrow**
12.00 NOON **Supergirl** (S2, ep19)
1.00 PM **NCIS: New Orleans**
3.00 **Hawaii Five-0** (S9, ep10)
4.00 **S.W.A.T.** (S7, ep13)
5.00 **SEAL Team** (S5, ep4)
6.00 **Stargate SG-1** Sci-fi series. (S9, ep7) **7.00** (S9, ep8)
8.00 **An Idiot Abroad 3** A tour from Italy to China.
9.00 **Funny Woman** New episode Sophie returns to rehearsals with the boys. (S2, ep3 of 4)
10.00 **A League of Their Own: Mexican Road Trip**
11.00 **The Walking Dead**
12.00 M'T **The Force: North East**
1.00 AM **Brit Cops: UK**
2.00 **Road Wars** Vehicle crime.
3.00 **Hawaii Five-0** (S9, ep10)
4.00 **S.W.A.T.** (S7, ep13)
5.00 **to 6.00** AM **Highway Patrol**

Alibi

Sky 109 (Wales 110) Virgin 114

7.10 AM **Murdoch Mysteries**
9.00 **Miss Fisher's Murder Mysteries** (S1, ep13)
10.00 **Shakespeare & Hathaway**
11.00 **Hudson & Rex** (S4, ep4)
12.00 NOON **Father Brown**
1.00 PM **Death in Paradise**
2.00 **Murdoch Mysteries**
4.00 **Shakespeare & Hathaway**
5.00 **Father Brown** Drama.
6.00 **Hudson & Rex** A professor is murdered. (S4, ep4)
7.00 **Elementary** Sherlock and Joan question Shinwell's role in a murder. (S5, ep18)
8.00 **Death in Paradise** The host of a charity fundraiser is shot dead.
9.00 **Beyond Paradise** A house is burgled while the main suspect is in custody.
10.20 **Death in Paradise** The governor is poisoned.
11.20 **Elementary** (S5, ep18)
12.20 AM **Hudson & Rex** (S4, ep4)
1.15 **Justified** Drama. (S2, ep7)
2.20 **to 4.00** AM **Murdoch Mysteries**

PRIME-TIME

Key to episode numbers: ***(S1, ep1 of 10)*** *= Series 1, episode 1, and there are a total of 10 episodes in the series*

SPORT

TNT SPORTS 1
Sky 410 Virgin 527

4.45 AM Live **Test Cricket** **India v Bangladesh**. Coverage of the second day of the first Test in the two-match series staged at MA Chidambaram Stadium in Chennai.
1.00 PM **Football** Champions League.
2.00 **Cricket** Highlights of a match in the Caribbean Premier League.
2.30 **Italian Football** Serie A.
3.00 **Baseball** MLB highlights.
5.00 **The Fantasy Show** FPL insights.
5.30 **Premier League Netbusters**
6.00 **Premier League Big Interview**
6.30 **Premier League Preview**
7.00 Live **Rugby Union** **Bath Rugby v Northampton Saints**. Coverage of the Premiership match staged at The Recreation Ground, kick-off is at **7.45pm**.
10.00 **Football** Champions League.
10.30 **Premier League Preview**
11.00 **The Fantasy Show** FPL insights.
11.30 **Boxing** Fight Night Face Offs.
12.00 M'T **WWE SmackDown** Wrestling.
1.00 AM Live **WWE SmackDown** Wrestling action from the US.
3.00 to 8.00 AM Live **Badminton** Coverage of the semi-finals of the China Open which is staged at Changzhou Olympic Sports Centre.

TNT SPORTS 2
Sky 411 Virgin 528

6.00 AM **Sailing** America's Cup highlights.
6.30 **Carl Frampton Meets** Interviews.
6.45 **Boxing** Fight Night Features.
8.00 Live **Motorcycling** The MotoGP Emilia Romagna Grand Prix free practice session at Misano World Circuit Marco Simoncelli in Italy.
10.45 **Boxing** Fight Night Features.
12.15 PM Live **Motorcycling** The MotoGP Emilia Romagna Grand Prix second practice in Italy.
3.15 **Italian Football** Serie A.
3.45 **Fishing** On the Bank.
4.45 **TNT Sports Reload** Highlights.
5.00 **Cricket** Falcons v Knight Riders.
5.30 **Baseball** MLB highlights.
7.00 Live **Baseball** **Chicago Cubs v Washington Nationals**. The MLB match from Wrigley Field, start-time at **7.20pm**.
10.15 **Boxing** Joshua v Dubois preview.
11.00 **Carl Frampton Meets**
11.15 **TNT Sports Cricket Reload**
11.30 **Sailing** America's Cup.
12.00 M'T **Rugby Union** Premiership.
1.00 AM Live **Baseball** **Texas Rangers v Seattle Mariners**. The MLB match, start-time **1.05am**.
4.15 **Cricket Reload 4.30 Football**
5.30 to 6.00 AM **Sailing** America's Cup.

TNT SPORTS 3
Sky 417 Virgin 529

5.00 AM Live **Test Cricket** **Sri Lanka v New Zealand**. Coverage of day three of the first Test at Galle International Stadium.
1.30 PM **Baseball** MLB Highlights.
2.30 **Football** Champions League.
5.30 **Boxing** Fight Night Features.
7.00 **Cricket** Caribbean Premier League.
7.30 **Australian Rules Football** AFL.
9.30 **Test Cricket** India v Bangladesh.
10.30 **Test Cricket** Highlights from Sri Lanka v New Zealand in Galle.
11.30 Live **T20 Cricket** **Guyana Amazon Warriors v St Kitts and Nevis Patriots**. The Caribbean Premier League match at Providence Stadium in Guyana.
3.45 AM **Test Cricket** India v Bangladesh.
4.45 to 1.00 PM Live **Test Cricket** **India v Bangladesh**. Coverage of day three of the First Test in Chennai.

sky sports MAIN EVENT
Sky 401 Virgin 511 (501 HD)

5.00 AM Live **Tennis** Coverage of day three of the Chengdu Open and the Hangzhou Open on the ATP Tour, and day five of the Korea Open and Thailand Open 2 on the WTA Tour.
8.30 Pick Live **Golf** Coverage of the featured groups in the second round of the PGA Championship which is staged at Wentworth in Surrey.
12.00 NOON Pick Live **Golf** Coverage of the second round of the PGA Championship which is staged at Wentworth in Surrey.
5.00 PM **Boxing** The weigh-in for Anthony Joshua v Daniel Dubois.
6.00 Live **Golf** Coverage of the second round of the Queen City Championship staged at TPC River's Bend in Cincinnati, Ohio.
7.30 Live **Rugby League** Coverage of a fixture in the Super League, as the competing teams continue their efforts to succeed Wigan Warriors as champions.
10.15 **Boxing** Joshua v Dubois weigh-in.
11.15 **Sky Sports News** Headlines.
4.00 to 6.45 AM Live **Tennis** The fourth day of the Chengdu Open and the Hangzhou Open, and day six of the Korea Open and Thailand Open 2.

sky sports FOOTBALL
Sky 403 Virgin 513 (503 HD)

6.00 AM **EFL Play-Offs Finals 18/19**
9.00 **Greatest Games** Archive action.
10.00 **Championship Retro** A replay of Watford v Leicester City from 2013.
12.00 **EFL Championship Highlights**
12.30 PM **German Football** Bundesliga.
1.00 **EFL Championship Highlights**
1.30 **Scottish Premiership** Highlights.
1.45 **SPFL Highlights** Scottish action.
2.00 **EFL Championship Highlights**
3.00 **German Football** Bundesliga.
3.30 **EFL Championship Highlights**
4.00 **Scottish Premiership** Highlights.
4.15 **SPFL Highlights** Scottish action.
4.30 **EFL Championship Highlights**
4.45 **German Football** Bundesliga.
5.15 **EFL Highlights** Championship
5.30 **Greatest Games** Archive action.
6.00 **EFL Championship Highlights**
7.00 Live **EFL** **Stoke City v Hull City**. Coverage of the Championship match staged at bet365 Stadium, kick-off at **8.00pm**.
10.30 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro** Manchester City v Liverpool in the 2016 final.
2.45 AM **Greatest Games** Archive action.
4.00 **Championship Season Review**
5.00 to 6.00 AM **EFL Rivalries** Highlights.

sky sports GOLF
Sky 405 Virgin 515 (505 HD)

6.00 AM **DP World Tour** Event highlights.
7.00 **European Challenge Tour**
7.30 **DP World Tour** PGA Championship.
8.30 Pick Live **DP World Tour** The featured groups in the second round of the PGA Championship staged at Wentworth in Surrey.
12.00 Pick Live **DP World Tour** Further coverage of the second round of the PGA Championship.
6.00 PM Live **LPGA Tour** Coverage of the second round of the Queen City Championship staged at TPC River's Bend in Cincinnati, Ohio.
9.00 **DP World Tour** The second round of the PGA Championship.
10.00 **Rose Ladies Series** The Rose Ladies Open in Hertfordshire.
11.00 **DP World Tour** Event highlights.
2.00 AM **Tee Time Tips 3.00 DP World Tour**
5.00 to 6.00 AM **Tee Time Tips**

sky sports PREM LEAGUE
Sky 402 Virgin 512 (502 HD)

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Best Premier League Goals**
9.00 **Premier League 100 Club**
10.00 **Total Football** Headlines.
5.00 PM **Premier League Best Goals**
6.00 **Premier League 100**
7.00 **Premier League Preview**
7.30 **The Big Interview**
8.00 **The Fantasy Show** FPL insights.
8.30 **Gary Neville's Soccerbox**
9.00 **Premier League Preview**
9.30 **The Big Interview**
10.00 **Premier League Icons**
11.00 **Premier League Years** 2004/05.
1.00 AM **PL Retro** Manchester United v Arsenal at Old Trafford from 2003.
3.00 **PL Greatest Games** Archive matches.
4.00 **Best Premier League Goals**
5.30 to 6.00 AM **Premier League 100 Club**

sky sports CRICKET
Sky 404 Virgin 514 (504 HD)

6.00 AM **One-Day International** Highlights of England v Australia at Trent Bridge.
7.00 **The Women's Hundred** A replay of Oval Invincibles v London Spirit.
10.45 **The Hundred** A replay of Southern Brave v Birmingham Phoenix.
2.15 PM **The Hundred** Brief highlights.
2.45 **The Women's Hundred** Another chance to see of Welsh Fire v London Spirit in the final at Lord's.
6.30 **The Hundred** Another chance to see Oval Invincibles v Southern Brave in the final staged at Lord's.
10.30 **The Hundred** Brief highlights.
11.00 **One-Day International**
12.00 M'T **The Hundred** Brief highlights.
1.00 AM **One-Day International**
2.00 **How the 2015 World Cup Was Won**
4.00 **One-Day International**
5.00 to 6.00 AM **Women's T20 World Cup**

sky sports TENNIS
Sky 407 Virgin 537 (520 HD)

4.00 AM Live **WTA & ATP Tour** Coverage of day three of the Chengdu Open and the Hangzhou Open on the ATP Tour, and day five of the Korea Open and the Thailand Open 2, which are on the WTA Tour.
2.30 PM **WTA All Access** Magazine.
3.00 **Tennis** US Open men's final.
4.00 **Tennis** US Open women's final.
6.00 **WTA & ATP Tour** Highlights from this week's four tournaments.
2.15 AM **US Open** The 2012 singles final.
2.30 **Tennis** The WTA ecotrans Open final.
2.45 **US Open** The 2022 final.
3.00 **WTA Tour** The Jasmin Open final.
4.00 **ATP Tour** The DC Open men's final.
5.00 to 6.00 AM **WTA Tour** The DC Open.

sky sports MIX
Sky 416 Virgin 510

6.00 AM **Golf 7.00 American Football**
8.00 Live **Rugby Union** **Hawke's Bay v Taranaki**. Coverage of the NPC match, kick-off **8.05am**.
10.00 **Golf** Open De Portugal. **10.30 Cricket**
12.30 PM **American Football** NFL.
1.00 Live **Golf** The La Sella Open.
4.00 **American Football** Highlights.
5.00 **Boxing** Joshua v Dubois weigh-in.
6.00 **American Football** Highlights.
7.15 **German Football** Bundesliga.
7.20 Live **German Football** **FC Augsburg v FSV Mainz 05**. Bundesliga, kick-off is at **7.30pm**.
9.30 **American Football 10.15 Boxing**
11.15 **Golf 12.15** AM **Martial Arts**
12.45 **American Football 1.00 Golf**
2.00 **Cricket 4.00 American Football** NFL.
4.30 to 6.15 AM Live **Rugby League** **St George Illawarra Dragons v Brisbane Broncos**, kick-off **4.30am**.

What's on TV Pick of the day

Golf: PGA Championship
SS Main Event/SS Golf, from 8.30am
New Zealander Ryan Fox continues the defence of his title in the second round of this flagship event at Wentworth.

sky sports NFL
Sky 408 Virgin 517 (507 HD)

6.00 AM **American Football** NFL highlights.
1.00 PM **Good Morning Football**
3.00 **American Football** Highlights.
6.00 **Pro-Football Talk** NFL talk show.
8.00 **49 Hours** San Francisco 49ers.
8.15 **American Football** Highlights.
11.00 **NFL Fantasy** In-depth stats.
12.00 M'T **The Insiders** NFL updates.
1.00 AM **American Football** NFL highlights.
2.00 **Pro-Football Talk** NFL talk show.
4.00 to 6.00 AM **American Football** NFL.

sky sports +
Sky 412 Virgin 518 (508 HD)

4.00 AM Live **Tennis** Coverage of day three of the Chengdu Open and Hangzhou Open, and day five of the Korea Open, and Thailand Open 2.
10.50 Live **Rugby League** Coverage of an NRL semi-final.
12.50 PM Live **Tennis** Coverage of day three of the Chengdu Open and Hangzhou Open, and day five of the Korea Open and Thailand Open 2.
2.30 **Total Football** News and features.
5.00 **Boxing** Joshua v Dubois weigh-in.
6.00 **Sky Sports News** Headlines.
7.30 Live **Rugby League** Coverage of a match in the Super League.
10.15 **Sky Sports News at Ten**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News** Headlines.
2.00 to 6.00 AM Live **Boxing** **Jaime Munguia v Erik Bazinyan**. Coverage of the bout from Desert Diamond Arena in Glendale, Arizona.

EUROSPORT 1
Sky 413 Virgin 521

6.00 AM **Snooker** English Open.
8.00 **Cycling** Tour of Luxembourg.
9.00 **Mountain Biking** Val di Fassa.
9.30 **Snooker 147s** Gary Wilson 2024.
9.45 **Snooker** English Open highlights.
11.45 Live **Snooker** Coverage of the opening English Open quarter-finals at the Brentwood Centre in Essex.
6.00 PM **Snooker** The English Open.
6.45 Live **Snooker** The concluding English Open quarter-finals staged at the Brentwood Centre in Essex.
10.00 **Snooker** English Open highlights.
12.00 M'T **Motorsport** Six Hours of Fuji.
1.00 AM **Cycling** Highlights. **2.00 Snooker**
4.00 to 6.00 AM **Motorcycling** Highlights.

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SKY/VIRGIN MOVIES 20 September FRIDAY

Premiere
Sky 301 Virgin 401

6.55 AM **Barber** (2023, 15) ★★★
8.35 **I Used to Be Funny** (2023)
10.35 **Paint** Comedy. Stars Owen Wilson. (2023, 12) ★★★
12.20 PM **Hounds of War** (2024)
2.00 **Madame Web** Fantasy adventure. (2024, 12) ★★★
4.00 **Aquaman and the Lost Kingdom** See 9.45pm.
6.05 **I Used to Be Funny** Comedy drama. (2023, 15) ★★★

PRIME-TIME

8.00 Premiere **Hounds of War** Action. A mercenary seeks revenge after a mission goes wrong. Stars Frank Grillo. (2024) ★★★

9.45 **Aquaman and the Lost Kingdom** Fantasy. The hero sets out to defeat a mercenary. Stars Jason Momoa. (2023, 12) ★★★

12.00 M'T **If You Were the Last** Comedy. (2023, 15) ★★★★
1.45 AM **The Three Musketeers: Milady** (2023, 12) ★★★★
3.45 **to 5.25** AM **Barber** (2023)

Comedy
Sky 308 Virgin 408

6.20 AM **It's Complicated** (2009)
8.30 **I Love My Dad** See 9.55pm.
10.10 **Ride Along** (2014, 12) ★★
11.55 **Ride Along 2** Comedy sequel. (2016, 12) ★★
1.40 PM **The Holiday** Romantic comedy. (2006, 12) ★★★
4.00 **It's Complicated** Romantic comedy. (2009, 15) ★★★★
6.10 **The Hangover Part II** Comedy. (2011, 15) ★★

8.00 **The Hangover Part III** Comedy sequel. Three friends are captured by a mobster. Stars Bradley Cooper. (2013, 15) ★★

9.55 **I Love My Dad** Comedy. An estranged father cons his son in an attempt to reconnect. Stars Patton Oswalt. (2022, 15) ★★★

11.35 **Dear Elizabeth** (2020) ★★★
1.10 AM **Ride Along** (2014) ★★
2.55 **Ride Along 2** See 11.55am.
4.40 **to 6.05** AM **A Night at the Roxbury** (1998, 15) ★★

Ultimate
Sky 307 Virgin 407

6.30 AM **The Three Musketeers: D'Artagnan** (2023) ★★★★
8.45 **The Meg** See 9.50pm.
10.45 **Warcraft** See 2.15am.
12.55 PM **Black Adam** Fantasy adventure. (2022, 12) ★★★
3.05 **The Dark Knight** Action thriller. (2008, 12) ★★★★★
5.40 **American Sniper** Biopic of US Navy Seal sniper Chris Kyle. (2014, 15) ★★★★

8.00 **Mad Max** Action thriller. A cop sets out to avenge the murder of his family by a gang. Stars Mel Gibson. (1979, 15) ★★★★★

9.50 **The Meg** Action thriller. A deep-sea submersible vessel is attacked by a giant shark. Stars Jason Statham. (2018, 12) ★★★

11.50 **Meg 2: The Trench** Thriller sequel. (2023, 12) ★★★
2.15 AM **Warcraft** Fantasy. Stars Travis Fimmel. (2016) ★★★
4.25 **to 6.00** AM **The One** (2001)

Family
Sky 306 Virgin 406

7.40 AM **The Next Karate Kid**
9.40 **Goosebumps** See 6.00pm.
11.35 **The Lord of the Rings: The Fellowship of the Ring**
2.35 PM **Big Fat Liar** See 11.05pm.
4.05 **Save the Cinema** Drama starring Samantha Morton. (2021, 12) ★★★
6.00 **Goosebumps** Fantasy adventure starring Jack Black. (2015, PG) ★★★

7.55 **The Lord of the Rings: The Fellowship of the Ring** Fantasy. A hobbit must destroy a magical ring. (2001, PG) ★★★★★

11.05 **Big Fat Liar** Comedy. A 14-year-old schoolboy confronts a Hollywood producer. Stars Frankie Muniz. (2002, PG) ★★★

12.45 AM **The Next Karate Kid** Drama. (1994, PG) ★★
2.40 **Paulie** (1998, U) ★★★
4.25 **to 6.15** AM **The Secret Kingdom** (2023, PG) ★

Animation
Sky 305 Virgin 412

6.20 AM **DC Super Hero Girls: Intergalactic Games**
7.40 **Boonie Bears: Back to Earth**
9.30 **Barnyard** (2006, PG) ★★
11.10 **Storks** (2016, U) ★★★
12.50 PM **Surf's Up** (2007) ★★★★
2.20 **Justin and the Knights of Valour** (2013, PG) ★★
4.00 **Shrek** Animated comedy. (2001, U) ★★★★★
5.45 **Home** (2014, U) ★★★

PRIME-TIME

7.30 **Extinct** Animation. Two animals find themselves transported through time from 1835 to modern day Shanghai. (2021, U) ★★★

9.10 **Lego Aquaman: Rage of Atlantis** Cartoon. The hero battles foes in the air, on land and in the Seven Seas. (2018, PG) ★★★

10.40 **DC Super Hero Girls: Intergalactic Games** (2017)
12.05 AM **Boonie Bears: Back to Earth** (2022, PG) ★★
1.55 **to 3.35** AM **Extinct** (2021)

Drama
Sky 310 Virgin 410

6.35 AM **Whiplash** Music drama. (2014, 15) ★★★★★
8.25 **Lady Bird** (2017) ★★★★★
10.05 **Jackie** See 10.30pm.
11.50 **Gorillas in the Mist** (1988)
2.05 PM **The Unlikely Pilgrimage of Harold Fry** (2023) ★★★
3.55 **Magic Mike's Last Dance** Comedy. (2023, 15) ★★★
5.55 **The Danish Girl** Period drama. (2015, 15) ★★★

8.00 **A Beautiful Mind** Biopic of Nobel Prize-winning mathematician John Nash. Stars Russell Crowe. (2001, 12) ★★★★

10.30 **Jackie** Drama. Jacqueline Kennedy battles with grief after JFK's assassination. Stars Natalie Portman. (2016, 15) ★★★★

12.20 AM **Suburbicon** Black comedy. (2017, 15) ★★★
2.20 **Magic Mike's Last Dance**
4.25 **to 6.45** AM **Gorillas in the Mist** (1988, 12) ★★★★

Sci-Fi/Horror
Sky 311 Virgin 411

6.55 AM **The War of the Worlds** Sci-fi. (1953, PG) ★★★★
8.30 **Continuum** (2013, 15) ★★★
10.05 **The Island** (2005, 12) ★★★
12.25 PM **After Earth** (2013) ★★
2.10 **Star Trek: First Contact** Sci-fi. (1996, 12) ★★★
4.10 **Blade Runner** Sci-fi thriller. (1982, 15) ★★★★★
6.15 **The First Purge** Thriller prequel. (2018, 15) ★★

8.00 **The Matrix** Sci-fi thriller. A computer hacker joins rebel fighters. Stars Keanu Reeves and Carrie-Anne Moss. (1999, 15) ★★★★★

10.20 **Star Trek: Insurrection** Sci-fi. Picard uncovers a plot to take over a peaceful planet. Stars Patrick Stewart. (1998) ★★★★

12.10 AM **Wifelike** Sci-fi starring Doron Bell. (2022, 15) ★★★
2.00 **After Yang** (2022) ★★★★
3.45 **Next Exit** (2022, 15) ★★★
5.40 **to 7.20** AM **Silent Running**

Hits
Sky 303 Virgin 403

6.20 AM **Monday** (2020) ★★★★
8.20 **Superbad** (2007, 15) ★★★★
10.20 **The Matrix** Sci-fi action thriller. (1999, 15) ★★★★★
12.40 PM **Mission: Impossible** Thriller. (1996, PG) ★★★★
2.40 **Galaxy Quest** Sci-fi comedy. (1999, PG) ★★★★
4.40 **Hancock** (2008, 12) ★★★
6.20 **Arcadian** Horror thriller. (2024, 15) ★★★★

8.00 **The Matrix Reloaded** Sci-fi thriller sequel. Neo returns to end the war with machines. Stars Keanu Reeves. (2003) ★★★★★

10.20 **Mission: Impossible II** Thriller sequel. A secret agent attempts to prevent a deadly virus. Stars Tom Cruise. (2000, 15) ★★★

12.30 AM **American Beauty** Comedy. (1999, 18) ★★★★
2.40 **Ferrari** Biopic. Stars Adam Driver. (2023, 15) ★★★
5.00 **to 7.10** AM **Superbad** (2007)

Greats
Sky 304 Virgin 404

7.20 AM **Far and Away** (1992)
9.45 **Shakespeare in Love** Period comedy. (1998, 15) ★★★★
11.50 **The Sting** Comedy drama. (1973, PG) ★★★★★
2.00 PM **The Big Heat** Drama. (1953, 15, b&w) ★★★★
3.35 **Far and Away** Romantic drama. (1992, 15) ★★★
6.00 **Top Gun** Action drama. (1986, 12) ★★★★

PRIME-TIME

8.00 **Erin Brockovich** Drama. A single mother becomes an unlikely environmental crusader. Stars Julia Roberts. (2000, 15) ★★★★

10.15 **Layer Cake** Gangster thriller. A drug dealer finds himself in trouble when a deal goes sour. Stars Daniel Craig. (2004, 15) ★★★★

12.05 AM **Darkman** Thriller. Stars Liam Neeson and Larry Drake. (1990, 18) ★★★
1.45 **Shakespeare in Love** (1998)
3.50 **to 6.00** AM **The Sting** (1973)

Revenge
Sky 302 Virgin 402

6.45 AM **Vendetta** (2022, 15) ★★
8.25 **Poker Face** (2022, 15) ★★★
10.05 **57 Seconds** (2023, 15) ★★★
12.00 NOON **Now You See Me** Thriller. (2013, 12) ★★★
2.00 PM **Hounds of War** Action thriller. (2024, 15) ★★★
4.00 **The Equalizer 3** Thriller sequel. (2023, 15) ★★★
6.00 **Promising Young Woman** Thriller. (2020, 15) ★★★★

8.00 **John Wick** Action thriller. An ex-assassin embarks on a mission of revenge after his pet dies. Stars Keanu Reeves. (2014, 15) ★★★★

10.00 **Scream VI** Horror sequel. Survivors of the Ghostface killings are hunted once again. Stars Courteney Cox. (2023, 18) ★★★

12.05 AM **Sick** Horror. Stars Gideon Adlon. (2022, 18) ★★★
1.35 **Darkman** (1990, 18) ★★★
3.15 **The Old Way** (2023, 15) ★★
4.55 **to 6.30** AM **Assassin** (2023)

Thriller
Sky 309 Virgin 409

7.35 AM **The Sum of All Fears** Thriller. (2002, 12) ★★★★
9.45 **Hanna** Thriller. Stars Saoirse Ronan. (2011, 12) ★★★★
11.40 **No Country for Old Men** Thriller. (2007, 15) ★★★★
1.45 PM **Dead Shot** Thriller starring Aml Ameen. (2023) ★★★
3.25 **Vanilla Sky** See 1.50am.
5.45 **Marnie** Hitchcock thriller. (1964, 15) ★★★★

8.00 **Layer Cake** Gangster thriller. A drug dealer finds himself in trouble when a deal goes sour. Stars Daniel Craig. (2004, 15) ★★★★

9.55 **Promising Young Woman** Crime drama. A troubled woman seeks vengeance. Stars Carey Mulligan. (2020) ★★★★

11.55 **Every Breath You Take** Thriller. (2021, 15) ★★★
1.50 AM Thriller starring Tom Cruise. (2001, 15) ★★★
4.15 **to 6.35** AM **Marnie** (1964)

Movies 24
Sky 312 Virgin 419

7.00 AM **Love in Winterland** Romance. (2020, PG) ★★
9.00 **A Royal Runaway Romance** Comedy. (2022, PG) ★★
11.00 **Love, Classified** (2022) ★★
1.00 PM **A Slice of Chicago Romance** (2022, PG) ★★
3.00 **Romantic Rewrite** Romantic comedy. (2022, PG) ★★
5.00 **Flowers and Honey** Romance. (2021, PG) ★★

7.00 **The Attraction Test** Comedy. A professor is challenged to take a test to find love matches. Stars Tara Wilson. (2022) ★★

9.00 **His and Hers** Drama. Married lawyers find their relationship strained by a divorce case. Stars Lacey Chabert. (2024, PG) ★★

11.00 **Love & Where to Find It** Comedy. (2021, PG) ★★
1.00 AM **The Best Version of Love** Comedy. (2023, PG) ★★
3.00 **to 5.00** AM **Love's Playlist**

RADIO

FRIDAY

RADIO 1 FREEVIEW 700
Sky 0101 Virgin 901 Freesat 700

5.00am Early Breakfast with Sam & Danni. **7.00** Breakfast with Greg James. **10.30** Nat and Vicky. **12.45pm** Newsbeat. **1.00** Summer on Radio 1. **3.00** Radio 1's Party Anthems. **4.00** The Official Chart with Jack Saunders. **5.45** Newsbeat. **6.00** Radio 1's Dance Party with Danny Howard. Featuring club music **8.00** Radio 1's Future Dance with Sarah Story. **12.00m't** Radio 1's Essential Mix. **2.00am** Radio 1 Dance Presents. **3.00** Danny Howard Club Mix. **4.00 to 7.00am** Radio 1 Dance Morning.

RADIO 2 FREEVIEW 702
Sky 0102 Virgin 902 Freesat 702

6.30am The Zoe Ball Breakfast Show. **9.30** Vernon Kay. **12.00noon** Jeremy Vine. **2.00pm** Scott Mills. **3.30** Scott Mills' Wonder Years. **4.00** Sara Cox. **7.00** Michelle Visage. **8.30** Michelle Visage's Handbag Hits. **9.00** The Good Groove with DJ Spoony. **11.00** The Rock Show with Johnnie Walker. **12.00m't** Romesh Ranganathan: For the Love of Hip-Hop. **1.00am** When Bruce Met Ball. **2.00** Pop: Top 10. **4.00 to 5.00am** Sophie Ellis-Bextor's Kitchen Disco.

RADIO 3 FREEVIEW 703
Sky 0103 Virgin 903 Freesat 703

6.30am Breakfast. **9.30** Essential Classics. **1.00pm** Classical Live. **4.00** Composer of the Week: Holst. **5.00** In Tune. **7.00** Classical Mixtape. **7.30** Radio 3 in Concert. The semi-finals at Leeds University. **9.45** The Essay: Five Kinds of Amadeus. **10.00** Late Junction. **11.30** 'Round Midnight. **12.30 to 6.30am** Through the Night.

RADIO 4 FREEVIEW 704
Sky 0104 Virgin 904 Freesat 704

6.00am Today. **9.00** The Reunion. **10.00** Woman's Hour. **11.00** The Food Programme. **11.45** Book of the Week: The Siege. **12.00noon** News. **12.05pm** AntiSocial; Weather. **1.00** The World at One. **1.45** Uncharted with Hannah Fry. **2.00** The Archers. **2.15** Drama: Central Intelligence. **2.45** Buried. **3.00** Gardeners' Question Time. **3.30** BBC National Short Story Award. **4.00** Last Word. **4.30** More or Less. **5.00** PM; Weather. **6.00** Six O'Clock News. **6.30** The News Quiz. **7.00** The Archers. **7.15** Add to Playlist. **8.00** Any Questions? **8.50** A Point of View. **9.00** Free Thinking; Weather. **10.00** The World Tonight. **10.45** Book at Bedtime: Still Lives. **11.00** Americast. **11.30** A Good Read. **12.00m't** News and Weather. **12.30am** Book of the Week: The Siege. **12.50** Shipping Forecast. **1.00** As BBC World Service. **5.20** Shipping Forecast. **5.30** News; Prayer for the Day. **5.45 to 6.00am** Glued Up: The Sticky Story of Humanity.

RADIO 5 LIVE FREEVIEW 705
Sky 0105 Virgin 905 Freesat 705

5.00am Wake Up to Money. **6.00** 5 Live Breakfast. **9.00** Nicky Campbell. **11.00** Chiles on Friday. **1.00pm** Elis James and John Robins. **2.00** Matt Chorley. **4.00** 5 Live Drive. **7.00** Premier League Kick-Off with Darren Fletcher. A look ahead to the weekend's action. **10.00** Rima Ahmed. **1.00 to 5.00am** Lisa McCormick.

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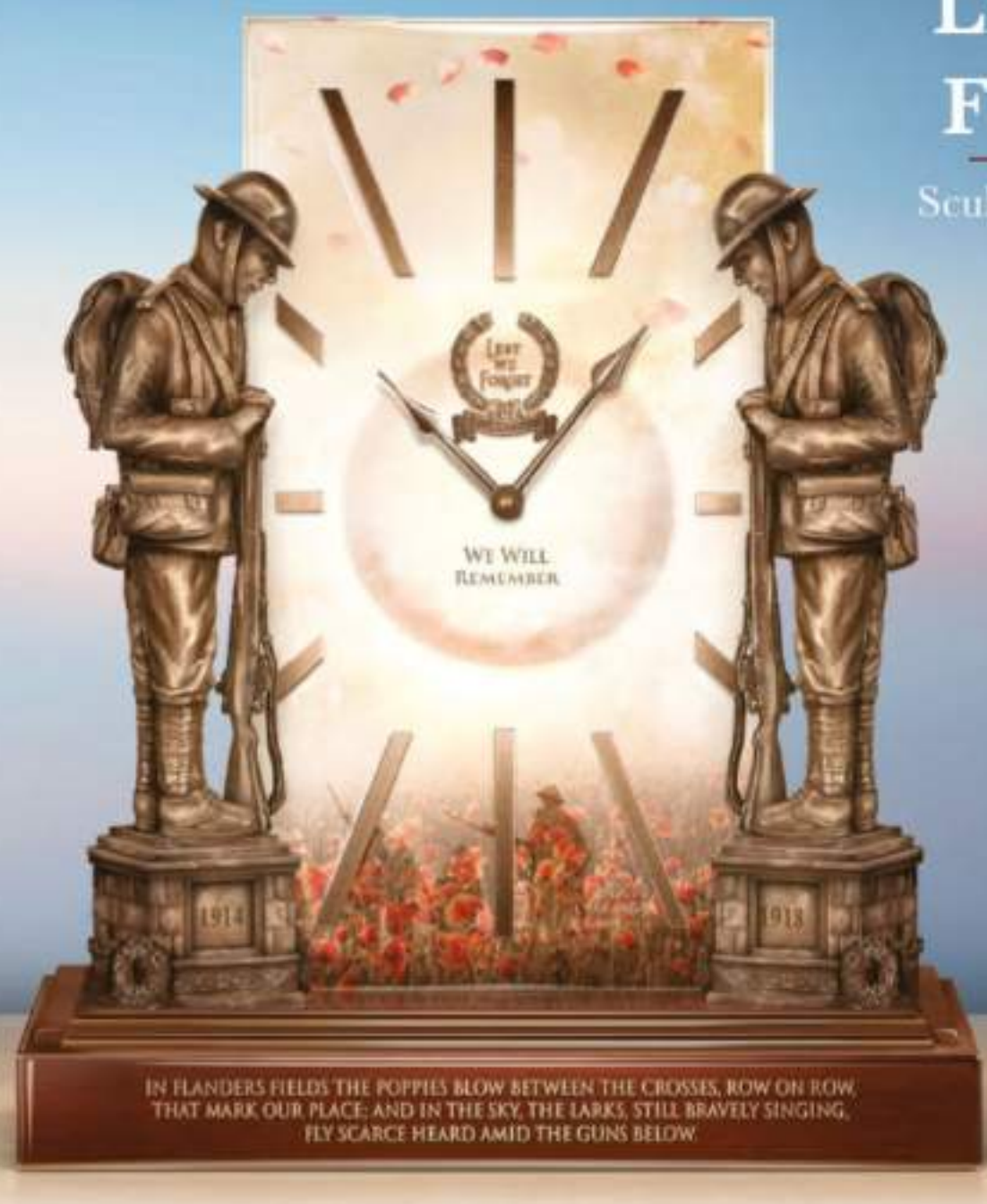

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INSTA-Relieve Helps to RELIEVE lower back PAIN After just one use!

Insta-Relieve Acupressure Pad relieves both short term and chronic sciatic back pain

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Donald B. ★★★★★

"Extremely pleased with my hedge trimmer. My hedge which used to take a day to cut was completed in one full charge of the g tech."
William L. ★★★★★

The secret to a beautiful hedge is regular trimming – Gtech's innovative cordless HT50 makes trimming hedges a pleasure.

No cord, no fuss

Moving around your garden is a joy with the HT50's extended 60 minutes of run time.* There are no cables, or petrol engines to refill, just freedom to roam. A high torque 18V motor, supplies the HT50 with power directly when needed, while the lightweight but strong drive system is precise and quiet to run. But don't be fooled – the laser cut precision blades power through branches up to 25mm thick – encouraging growth of a healthy, luscious hedge.

Extra reach

With an adjustable head that rotates through 135°, the HT50 gives you ultimate control over cutting your hedge. Adjust the head downwards so you can cut the top of your hedge easily, and upwards to slice through thorny branches without scratching your arms. The 50cm blade helps you reach up to 10ft†, cutting flat along the top of hedges for an immaculate finish. Power through foliage, leaving behind clean cut, healthy stems which will bud into a beautiful, rich textured hedge.

Perfectly precise

Weighing only 2.94kg and accompanied by the harness, you can move freely around your garden without feeling anchored down. The HT50 is well balanced giving you a more enjoyable gardening experience without worrying about the weight.

Individual RRP of the HT50 is £249.99 and Branch Cutter is £24.99 which gives a total RRP of £274.98. Offers valid until 31/10/2024 or while stocks last and cannot be used in conjunction with any other offer. 30-day money-back guarantee, excluding £10 collection fee. Limited 2-year warranty. †Depending on the height of the user. Order before 7pm for Next Day Delivery to UK mainland (excludes Scottish Highlands). See website T&Cs for details. *Runtimes quoted may vary depending on condition of branches being cut.

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Inventor & Owner, Nick Grey

"We designed the HT50 with a longer blade, so you cut a bigger area at once. This means you'll spend less time working and have more time to enjoy your garden – ideal."

Nick

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dpd

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NOW WITH £65 OFF

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This Heated Electric Airer is the perfect solution for indoor drying during the winter months or unseasonal cold spells. It's ideal for smaller homes or if you have no access to outdoor drying space...

ENERGY EFFICIENT
Costs less than 8p per hour to run with a low 220 wattage. Perfect if you also want to use it for instant room heat in the winter months.

COMPACT FOOTPRINT
Just fold this airer down when not in use for easy storage anywhere in your home.

HUGE DRYING CAPACITY
Large space – This has 18 bars and a 15kg capacity for you to pop your washing on to dry in no time at all.

FOLDS AWAY FLAT
After use, simply fold the airer down for easy compact clutter-free storage to keep it well out of your way.

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Made from premium quality aluminium, this lightweight airer is so easy to set up in your home. Weighing-in at just 2.8kgs, anyone can move it from room to room easily.

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Mrs Edith Maine, Edinburgh

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- *Water-repellent silicone head for reduced mess*
- *Wall-mountable design for organised storage*
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Z2H66123	2 X Heated Electric Clothes Airers	£129.98		
H66484	ECOEGG HY-BRUSH GREY	£8.99		
	Mainland UK (3-5 working days)	£4.99		
	Express Delivery (available for Mainland UK only, 1-2 working days)	£7.99		
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ACROSS

1 Old American sitcom set in a Boston bar (6)
5 British action-movie star, Jason ------- (7)
7 See picture clue: *Iris* star, Dame ---- Dench (4)
8 ---- Ephron, late American filmmaker who directed *Sleepless in Seattle* (4)
9 *EastEnders*' Linda Carter, Kellie ------ (6)
10 *Good Morning Britain* co-host, ------- Reid (7)
13 James Bond film starring Roger Moore (9)
16 *Strictly* ---- *Dancing*, long-running BBC series (4)
18 George Takei's *Star Trek* role, ---- (4)
19 Comic whose real name is Jim Moir (3,6)
21 *EastEnders*' Sonia Fowler, Natalie ------- (7)
23 The ------, band fronted by Danny O'Donoghue (6)
27 'Smarter than the average' cartoon bear (4)
28 Iconic Lord Andrew Lloyd Webber musical (4)
29 Model and TV presenter, ------- Messenger (7)
30 *The Simpsons* voice artist, Hank ------ (6)

DOWN

2 *Blade Runner*, *Hobo with a Shotgun* and *The Hitcher* star, Rutger ----- (5)
3 Family name in *Dallas* (5)
4 Actor who has starred in *No Angels* and *Casualty*, ------- Sarker (7)
5 Radio and TV presenter, ---- Cox (4)
6 ----- Mullally, actor known for starring in hit American sitcom *Will & Grace* (5)
11 2009-2012 Lynda La Plante TV series starring Ciarán Hinds and Kelly Reilly, ----- *Suspicion* (5)
12 Early hit by Blondie (5)
14 Docuseries, *Special ---: Crime Squad UK* (3)
15 Brother of Frasier Crane in sitcom *Frasier* (5)
17 Jodie Comer and Sandra Oh series, *Killing* --- (3)
20 *Parks and Recreation* star, ------- Jones (7)
22 See picture clue: Fred Thursday in *Endeavour*, Roger ----- (5)
24 ----- Moorjani, Kamala in *Never Have I Ever* (5)
25 American Broadway star, ----- LuPone (5)
26 *Star Wars* Jedi (4)

Puzzle answers for week 34

1 £100 CROSSWORD ***Anita Rani***
ACROSS **1** *Muntz* **5** *Extra* **7** *Toast* **8** *One* **9** *Major* **10** *Pia* **12** *Nicks* **14** *Uncle* **15** *Sonja*
DOWN **1** *Matt* **2** *Nia* **3** *Zeta-Jones* **4** *Jane* **6** *Thor* **9** *Marc* **10** *Paul* **11** *Isla* **13** *Can*
2 SPOT THE SHOT ***Page 8 (Brassic)***
3 £500 CROSSWORD ***Rory Kinnear***
ACROSS **1** *Logan* **4** *Lorraine* **6** *Adie* **7** *Good* **8** *Brand* **9** *Applause* **12** *Richard Madden* **15** *Peaky Blinders* **18** *Remember* **19** *Tanya* **22** *Star* **23** *Thaw* **24** *Anjelica* **25** *Ardal*
DOWN **1** *Lederer* **2** *Green* **3** *Naga* **4** *Leonard* **5** *Neilson* **10** *Andie* **11** *Gary* **13** *Chase* **14** *Anne* **15** *Preston* **16** *Loretta* **17** *Skyfall* **20** *Apted* **21** *Arya*

Sudoku

7	5	8	2	6	4	9	3	1
4	1	9	6	3	1	7	5	2
3	9	2	8	1	7	4	6	5
6	4	1	7	5	9	3	2	8
9	1	7	5	2	3	4	8	6
5	8	6	9	4	7	1	3	2
4	2	3	6	8	1	5	7	9
8	7	5	3	9	2	6	4	1
2	6	4	1	7	5	8	9	3
1	3	9	4	6	8	2	5	7

THIS WEEK'S FUN PUZZLES
Wordsearch **Romance** **Wordwise** **Literally**
Other words that can be formed include: Airy, Alley, Ally, Arty, Early, Lately, Layer, Lily, Rally, Reality, Really, Relay, Rely, Tally, Tray, Tyre, Year, Yell

Sudoku

		8			6		1	4
	9					7	6	
		1		5	9	3		
9		7					8	
5			9	4				2
	2					5		9
		5	3	9				1
	6	4			5	8		
	3		4			2		

To solve the puzzle, each row, column and 3x3 box must contain the numbers 1 to 9. No single digit can appear twice in any one row, column or 3x3 box. Find answers on this page. It's just for FUN!

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WRITE your answers in the spaces provided below and send to: ***What's On TV*** **Competitions No 38, PO Box 502, Leicester LE94 0AB**

PHONE (£1 PER CALL, PLUS NETWORK CHARGE) your answers, with your name, address & phone number, on our hotline – **09012 930 402**

TEXT (£1 PER TEXT, PLUS NETWORK CHARGE) the following to **64343: WOTVB** (space) then your answers, your full name, house number and postcode. You can enter as many competitions as you like with just one text! For example, you could text the following:
WOTVB (space) Bad Girls (space) 17 (space) Tess Daly (space) Margaret Jones (space) 14 (space) NN01 LLL

1 **CROSSWORD** (pg 11)

2 **SPOT THE SHOT** (pg 82)

3 **£500 CROSSWORD** (pg 97)

To enter for **FREE**, visit **comps.whatsontv.co.uk/puzzles** You will need to register

Name (Mr/Mrs/Miss/Ms) .....
delete as applicable
Address .....
.....
Postcode .....
Daytime phone No .....

Text/phone closing date: 27 Sept 2024 **Post closing date:** 30 Sept 2024

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PHOTOS: GETTY

What's on TV HAVE YOUR SAY

Write to: Have Your Say, *What's On TV*, 121-141 Westbourne Terrace, London W2 6JR

Email us: wotv.postbag@futurenet.com Please remember to include your full postal address in your email

We pay: £10 for every letter or rant printed and £25 for the Star Letter!

A lasting legacy

It was truly captivating to see the late Michael Mosley in Channel 5's *Michael Mosley: Wonders of the Human Body*, one of his last documentaries filmed before his sudden passing. His passion for exploring medical science shone brightly through his engaging storytelling. The legacy he left behind will continue to educate and inspire new generations.
Idrees Ahmed, Leicestershire

Rant of the week...

Food for thought

When I'm watching a travel programme, I want to see the beautiful scenery or activities available, not the presenter cooking, eating or drinking wine. The worst is travel shows about Cornwall in which the presenter has scones and asks if the cream or jam goes on first – who cares?
Gary Walton, Greater Manchester

Travel shows... Scone too far?

Thinking positive

As someone who's had a breast-cancer recurrence after 12 years, I was impressed that *Coronation Street* is showing that not all cancers are deadly. My recurring cancer is 'intentionally curable', according to my hospital team. I hope Toyah's storyline encourages viewers to think about how they can help cancer research. Currently, my husband and I donate books we've read to cancer charity shops. There is real hope if we all have more awareness and positivity.
Mary Marlow, West Midlands

Heart-warming and groundbreaking

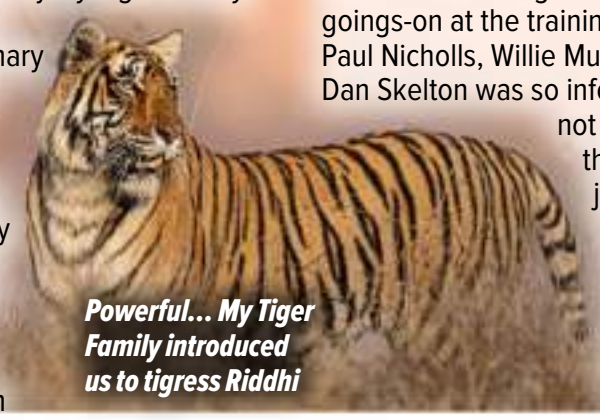
STAR LETTER!

The BBC have a groundbreaking comedy drama on their hands with *We Might Regret This*. The story of Freya, a talented tetraplegic artist, is profoundly moving and inspiring. Having watched the show with my disabled partner, we must say that it is beautifully crafted, allowing us to empathise with Freya's struggles. *We Might Regret This* is a must-watch – a thoroughly heart-warming and thought-provoking series.
Cameron Camilla Boyle, Leicestershire

No regrets... (From left) Stars Darren Boyd, Kyla Harris, Edward Bluemel and Elena Saurel

Tiger tales

BBC2 documentary *My Tiger Family* was one of the most extraordinary animal stories I've ever witnessed. It featured and was narrated by Valmik Thapar, who in the 70s travelled to Ranthambore National Park in India to help the 'Project Tiger' conservation initiative, then never left. Hearing and seeing the deeply personal connection Valmik has with these majestic animals was so moving.
John Carlos Manuel, East Sussex


Powerful... My Tiger Family introduced us to tigress Riddhi

Riding high!

What a joy it was to watch ITV1's *Champions: Full Gallop*, a series about horse racing. Seeing the goings-on at the training yards of Paul Nicholls, Willie Mullins and Dan Skelton was so informative, not to mention the risks the jockeys take on a daily basis. More of the same, please!
Helen Clough, Tyne and Wear

We welcome your letters, but all contributions to *What's On TV* must be original, not copies or duplicated to other publications. The editor reserves the right to edit them. We can only reply to readers' letters published in Have Your Say. Please do NOT send an SAE as we cannot reply personally. Future Plc or associated companies reserve the right to re-use any submissions sent to the letters page of *What's On TV* magazine in any format or medium. If you require any other issue(s) of Future Plc magazines, these are available for purchase online at magazinesdirect.com

YOUR STARS

14-20 September 2024 with Sally Trotman (sallytrotman.com)

ARIES *(21 March-20 April)*
As the first sign of the zodiac, you're an inspiring leader. Now is the time for new beginnings. Seize opportunities!
STARLINE: 0905 817 0426*

TAURUS *(21 April-21 May)*
As an earth sign, you can feel stuck. You know you need to make a change, but are resistant. Push through your comfort zone!
STARLINE: 0905 817 0427*

GEMINI *(22 May-21 June)*
You prefer to get things done and dusted ASAP. However, not everything can be resolved overnight, so exercise patience.
STARLINE: 0905 817 0428*

CANCER *(22 June-22 July)*
Use your inner strength to make the changes you want. Embrace your warrior spirit and find a new way forward.
STARLINE: 0905 817 0429*

LEO *(23 July-22 August)*
Love is in the air for you. You have a big heart and generosity is your middle name, so you attract admirers easily.
STARLINE: 0905 817 0430*

VIRGO *(23 August-22 September)*
Endings are difficult, especially for you as an earth sign, but everything happens for a reason. A new beginning awaits you.
STARLINE: 0905 817 0431*

LIBRA *(23 September-22 October)*
Someone wants to help you out, so let this person try, and know that they have your best interests at heart.
STARLINE: 0905 817 0432*

SCORPIO *(23 October-21 November)*
There may be a surprising change coming. If so, embrace the new routine and enjoy some more time to yourself.
STARLINE: 0905 817 0433*

SAGITTARIUS *(22 November-20 December)*
While you can be an impulsive spender, there is a sensible side to your nature. Find ways to budget appropriately.
STARLINE: 0905 817 0434*

CAPRICORN *(21 December-19 January)*
You are balancing several responsibilities. While this is admirable, make enough time for the things you enjoy doing.
STARLINE: 0905 817 0435*

AQUARIUS *(20 January-19 February)*
Something is draining your energy and time. You know what it is, though, so stay strong in your boundaries.
STARLINE: 0905 817 0436*

PISCES *(20 February-20 March)*
Being grounded in your approach to life can be a challenge. Find ways of creating daily routines that give you structure.
STARLINE: 0905 817 0437*

What's on TV NEXT WEEK'S ISSUE On sale Tue 17 Sept

THE GREAT BRITISH BAKE OFF
Paul Hollywood and Dame Prue Leith return to judge the contest

LUDWIG
David Mitchell and Anna Maxwell Martin in a new comedy drama

CORONATION STREET
Bethany fights for her life after a botched operation

COMPILED BY JO LEWIS. PHOTOS: ALAMY, BBC, C4, ITV

*For a more detailed reading of your stars, ring your sign's Starline. Starlines are updated every Thursday. Calls cost 80p per minute plus your telephone company's network access charge and last about three minutes. You must have the bill payer's permission. Users must be 18+. SP: Spoke 0333 202 3390

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Shown with February birthstone

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